The Bow Times

"Of the People, By the People, For the People"

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DUNBARTON NEWS ON PAGES 19-20

HOPKINTON-CONTOOCOOK NEWS ON PAGES 14 -15

AI Center | Hartford, CT

GOVERNOR AYOTTE OPPOSES BIG AI CENTER IN BOW

A massive data center could be headed to the town of Bow, according to Federal Energy Regulatory Commission filings and a social media post from New Hampshire's consumer advocate.

The public filings describe an agreement for a preliminary study on the "viability" of connecting a 350-megawatt project to the grid. The study, according to the filings, was to be conducted by Eversource Energy, which owns the region's electric transmission system, at the request of Granite Shore Power, LLC, owner of Merrimack Station, a former coal-fired power plant in Bow.

New Hampshire Consumer Advocate Donald Kreis described the possible large-load facility as a data center in a tweet on August 31, describing a meeting among staff from his office, NH Department of Energy personnel, and Eversource Energy employees. During the meeting, an Eversource executive mentioned that a developer was considering a data center project of "up to 200 MW" for Bow, Kreis wrote in the post.

New Hampshire Gov. Kelly Ayotte spoke out against data centers, saying she supports a moratorium on their construction in NH.

"I will always advocate for our towns to decide what's best for them, but with too many unknowns surrounding these facilities, I think it is best for us to institute a moratorium for the time being," she said in a statement to the New Hampshire Bulletin on Tuesday.

The site is not listed in the documents. But Granite Shore Power's physical address in Bow is the site of Merrimack Station, which was the last coal power plant operating in New England until its closure in late 2025. At the time, Granite Shore Power executives said they would repurpose the approximately 400-acre parcel to host solar power and batteries.

Asked on September 1 if he had knowledge of any data center discussions, Bow Select Board Chairman Kip McDaniel declined to comment. But he said Bow had long been positioning itself to welcome developers and spoke about a data center as a potential source of tax revenue.

Continued on Page 4

BOW FIRE DEPARTMENT & PUBLIC WORKS UPDATES

AMBULANCE: The Department is currently down to one ambulance. The other ambulance continues to have problems with the electrical system. Everyone has worked hard in-house to make the required repairs but will be taking it to a company specializing in this area.

GRANTS: The Department has submitted an application for a federal "100%" grant for a ventilator. The grant is for up to $25,000. They are working on an application for a grant for the purchase of gear for new hires. Captain Craig Beulac is spearheading these efforts.

DOT PAVING: The State is scheduled to begin conducting grinding and paving operations on August 31.Pike Industries will be paving Logging Hill Road, Bow Center Road, and portions of Bow Bog Road.

SEPTEMBER 8 RESULTS

U.S. SENATE RACE WILL BE SUNUNU VERSUS PAPPAS

In a no surprise primary former U.S. Senator John E. Sununu will tee it up in November against outgoing First District Congressman Chris Pappas. Democrat Pappas got 62% of the vote against Krishma Manzur and Sununu beat fellow Republican Scott Brown 70% to 25%.

GOVERNOR AYOTTE AGAINST CINDI WARMINGTON

No surprises in the two parties pick of Governor Ayotte against Democrat Warmington in a 2024 repeat race.

SECOND CONGRESSIONAL RACE

Maggie Goodlander of Concord will again take on Republican, and Free Stater, Lily Tang Williams of Weare for Congress.

MERRIMACK COUNTY ATTORNEY

While Democrat Steve Endres ran unopposed, Republican Meghan Hagaman of Bow won her three-way race for the nomination:

	Hagaman	Rogers	Raich
BOW	317	119	160
DUNBARTON	106	87	73
HOPKINTON	188	120	68
3 Town Totals	**611**	**326**	**301**

Meghan won enough votes in the other towns and cities to carry the county.

BOW PARENTS WIN ARMBAND APPEAL

Two years ago, in November federal judge Steven McAuliffe declined to protect the First Amendment rights of some Bow parents who put on pink wristbands at halftime during a girls' soccer match at Bow High School. The pink "XX" showed their opposition to males playing in female student athletics.

Bow High's athletics Director asked the parents to remove the wristbands or leave the game.

The First Amendment law is clear that when it comes to public policy disagreements the government must be neutral when it seeks to suppress expression of views the public officials oppose. The smoking guns were the School Superintendent Marcy Kelley who said the XX symbol was "anti-trans" and "exclusionary," as well as High School Principal Matt Fisk who said the "XX" symbol was "hateful and anti-trans."

The three judges of the United States Court of Appeal in Boston concluded: "the record evidence demonstrates the likelihood that the school district imposed sanctions on the appellants' wearing the wristbands because it disagreed with the protest message conveyed. This went beyond mere content neutrality," required by the First Amendment.

As this newspaper warned two years ago in its prize winning editorial, "Banned in Bow," the end result would be a check to pay the plaintiffs and their lawyers. That time has now come.

WINNER OF 30 NH PRESS ASSOCIATION AWARDS

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Must include the author's name, address, and a daytime phone number for purposes of verification in order to be considered for publication. Only the author's name and the town in which they reside, will be published. It is the sole prerogative of the Editor to determine whether a submission satisfies our requirements and decency standards, and letters should be less than 200 words.

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GUEST EDITORIAL

TRIBUTE TO A LADY WHO SHINED ALL OVER

I can't think of anyone who embodies the spirit of etiquette better than Dolly Parton. She carried an acute, generous awareness of people, and she used it to build inclusion for every demographic she encountered. That's the part that mattered most: not just the awareness, but what she did with it.

She looked at people. She made them feel seen. She never judged.

Everything she built seemed to carry a sense of purpose: How would this benefit people and place? Books mailed to children to promote literacy. A theme park and resort to create jobs and stimulate economic growth in rural Appalachia. A museum in the works to educate and inspire.

She knew she had a story worth telling, rags to rhinestones, and she used it, and the platform it gave her, for good.

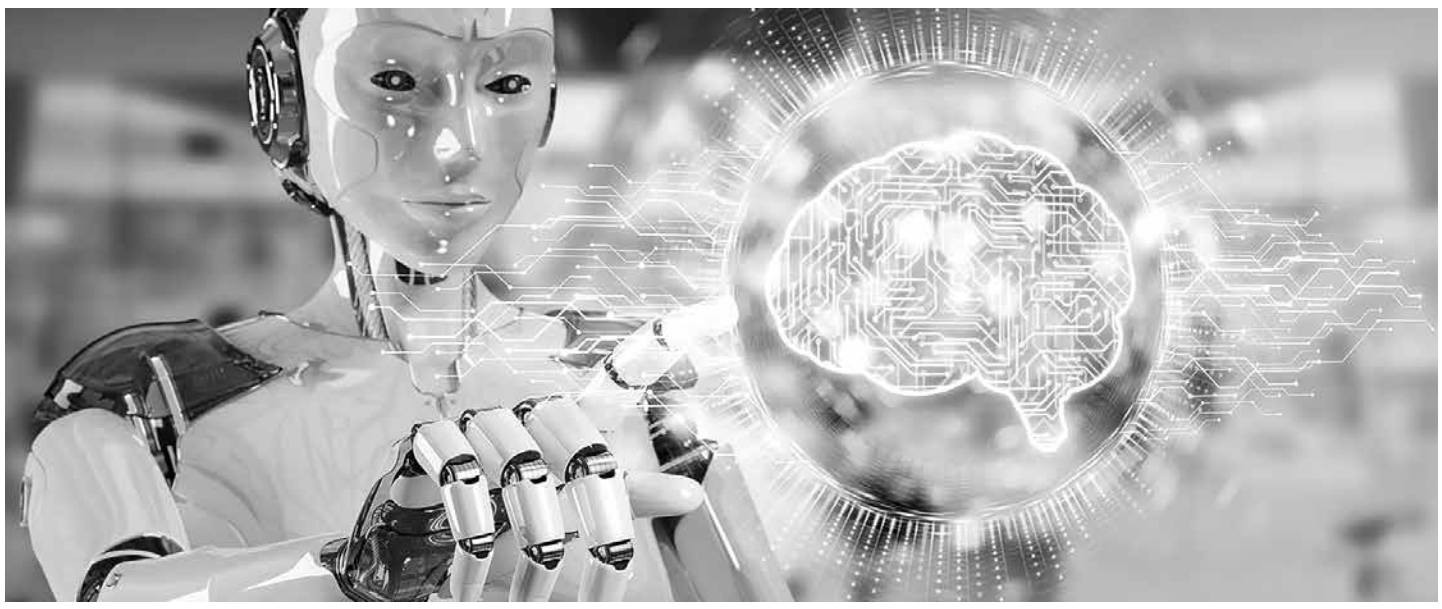
That is the etiquette she modeled. Inclusivity. Dressing for the occasion.

Professionalism. A lyricist of thoughtful, moving words. The genuine article of what it means to live a Christian life, not performed, but practiced. Civic engagement and an open invitation for others to engage with their own communities, too. "Shine where you are. You are enough." she said. A whole career spent promoting the quiet idea of self-belief.

And of everything she leaves, it's her exemplification of inclusivity, kindness and decency that will forever be the umbrella over her whole body of work. Tributes have poured in from every direction, from the Saddle Lake Cree Nation to the British Royal Family, from stars and neighbors alike, most of them offered through genuine emotion and a tear shed. That reach is the mark of a giant: someone known, consistently, only for good, never touched by scandal, held by all of us in the light, Charitable. Humanitarian. Without judgment. The model of how to be. The one we all, in our own ways, aspire to.

Bizia Greene | The Etiquette School of Santa Fe

BILL GATES IS WARNING THAT A.I. IS MORE DANGEROUS THAN BIG TECH WILL ADMIT



In an interview by Karen Wiese of The New York Times at the end of August, the founder of Microsoft and an ultimate geek, said artificial intelligence or A.I. poses a grave threat to jobs and human life.

Gates acknowledged that he was in an odd spot: He has arguably done as much as anyone in the world to evangelize for and shape the modern computer industry. But now he is warning that the technology it is creating presents global risks.

"I don't like bringing bad news to people, and I don't like saying that innovation may be a net negative" he said. "But that's where we are."

Technological breakthroughs in the past created more jobs than they eliminated, Mr. Gates said. But he is in disbelief that industry boosters say that will happen again this time.

The A.I. era is "utterly, absolutely, completely, totally different," he said. He acknowledged that this unpopular opinion (in tech circles) was "a hell of a claim, and I'm staking everything I know - everything - saying, 'Are you kidding?'

He said mass job losses, if not addressed, were inevitable because A.I. would spread across the economy and leave little room for one industry to absorb the refugees from another. The biggest tech companies in the world, including Microsoft, are racing to help corporate customers adopt A.I., which could replace many workers.

Mr. Gates said that companies were just responding to market incentives, but that those incentives might conflict with what was best for society.

He argued for new international agreements to set clear criteria to monitor and restrict extreme risks like bioterrorism. He said it could take only a few people with access to advanced A.I. to develop new pathogens.

He said he would happily debate anyone who argued against mandatory reviews of any A.I. system that could be weaponized to make new molecules and unleash a pandemic. Mr. Gates added that he was dumbfounded by the kind of voluntary measures that the White House and industry leaders were developing.

"Self-regulation on the most dangerous tool ever invented?" he said incredulously. "No, thanks!"

Mr. Gates said he was in a "state of shock" as to why there was not more urgency on these issues. Many of his concerns echo those raised by the Anthropic co-founder Dario Amodei, but Dr. Amode's warnings have put him at odds with the Pentagon, the White House and much of the tech industry!

GUEST EDITORIAL

BEWARE THE GATHERING SOCIALIST STORM

In a few short months Americans will go to the polls in what could be the most consequential midterm vote in modern times. It is critical that we carefully consider political reality before casting our valuable votes.

All across our country, a socialist tide is rising. This is nothing new; proponents of socialism have been developing their strategy and laying their foundation for years. Today, they have gained enough power and influence to begin dictating policy to the Democratic Party. To those who may dismiss this, there is ample objective evidence if only people will put their preconceptions aside and consider the facts.

The socialist movement in our country is led by the Democratic Socialists of America (DSA). They have recently concluded a months-long process to update their positions and policy prescriptions entitled ***Workers Deserve More*** (https://program.dsausa.org/).

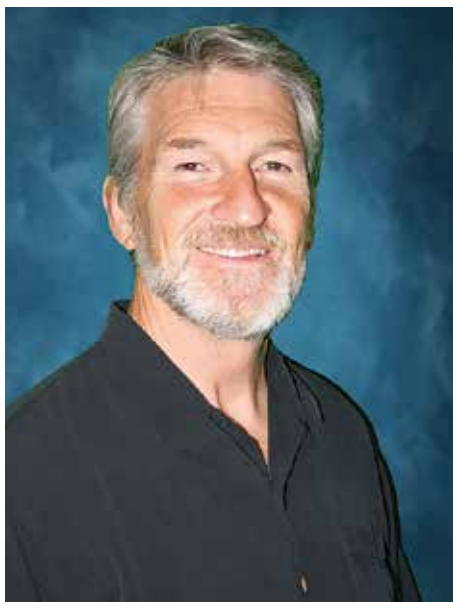
There are a lot of lofty-sounding proclamations of their intent to create a better world. But looking at actual proposals, it is clear they do not call for incremental change but the destruction of the status quo and a total societal transformation rooted in failed socialist systems of the past 100 years. Consider some key provisions. In terms of concrete changes, here are some of the most disruptive: public housing and universal rent control, "free" health care including "gender affirmation;" enacting reparations, "fully abolishing the police and prison system;" passing a federal jobs guarantee; defunding the Department of War, "free Palestine;" abolishing ICE, replacing the President and Supreme Court with leaders chosen by Congress, abolishing the U.S. Senate, and expanding the House of Representatives. If that is not enough, they also want to draft a new constitution, establish "worker-dass" ownership of major corporations, and grant full amnesty to noncitizens while allowing "workers" to freely migrate between countries.

There is no ambiguity here; these people are deadly serious. Their program represents a complete destruction of the current order and substitutes policies only Marx, Engels, Lenin and Mao could support. Clearly they presume to lead and control the new system. Ask the Chinese and Russians how that worked for them in the 20th century. It has never worked in the past and it will not work now.

What must be recognized is the degree of influence the DSA has established over the Democratic Party. New York and Seattle have elected mayors committed to all or much of the DSA agenda. Leading so-called progressives in Congress have aggressively recruited candidates to run on their platform, and many have knocked off more moderate opponents in primaries and will be running in November. Alexandria Ocasio-Cortez, elected to Congress in 2018, is now considered a leading contender for president in 2028.

All of this is out there for anyone with an open mind and open eyes to see. Where socialists have taken power, major cities have often become crime-ridden and overrun with homeless encampments and open drug use. Their confiscatory tax policies are driving away economically successful taxpayers who have created jobs and paid a hugely disproportionate share of state and local taxes. This loss of revenue will inevitably result in more of the tax burden falling on the less well-to-do constituents that socialists claim to support.

More moderate and long-standing Democrats see the writing on the wall and are loudly calling for an end to the socialist drift in their party, with some threatening to leave. But it is too late. Without the "progressive" vote, their party simply cannot win elections. So in their endless drive for power, they will continue to knuckle under to these demands, and if power is restored to their party, they will dance to the DSA's tune.



Certainly, many Democratic Party candidates are good, moderate-minded people. But if elected, once the votes are counted, they will have little influence in Washington. The DSA lusts for power, and once they obtain it they will relentlessly wield it.

KEN HILTON OF SOMERSWORTH
Vice-chairman,
NH Republican Party

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AYOTTE OPPOSES BIG AI CENTER IN BOW | Continued from page 1

"Bow has spent the last 15 years trying to court appropriate development, and I think we've become a town that people want to work with," McDaniel said. "…I'd also say that people who know about data centers know that they can be valued very highly, and in a town where, we are obviously (in) a property tax-based state, that can be hugely beneficial."

AYOTTE RESPONDS

On September 2 Governor Ayotte took questions after a Governor and Council meeting in Durham and said she will be introducing a moratorium against Artificial Intelligence date centers in the state's next budget because "we don't have the energy to do it," and said she wants to bring electric prices down, not up. "I don't support that; in fact, I will be including a moratorium in HB2 because we don't have the energy to do that. I want to reduce energy prices and the amount of energy a data center takes will raise energy costs."

Polling on whether you would support a homeless shelter near you comes in at 64% support but AI Data Centers are opposed by 70% according to a Gallup Poll.

This paper has asked the Town Manager if any Non-Disclosure Agreements have been signed by Town Officials non have.

McDaniel, who also sits on the Bow Planning Board as the select board representative, said the process would involve opportunities for public comment. "This will go through, like any other development, it will go through a very robust planning process," he said.

MANY TOWN PROJECTS UNDERWAY IN BOW

Community Building

Residents Jeff Knight, Harry Judd, Glenn Dugas, and Colleen Hunter appeared before the Board to provide an update on their efforts to develop an affordable Community Building for the Town.

The group is requesting authorization to issue a Request for Proposals (RFP) to obtain a firm design-build cost estimate that can be presented to taxpayers in March 2027. The proposed facility would be approximately 17,000 square feet and include a full-size gymnasium. The location of the building has not yet been determined.

The group received $7,500 to retain an independent third-party professional to act on behalf of the Town. This consultant would review the RFP for completeness and evaluate the proposals received to ensure the pricing is reasonable and consistent with current market conditions.

The group intends to bring the project's future to voters, placing it on next year's town warrant so residents can decide for themselves.

Knight said this approach - hiring a third party to help with the request for proposals - was used previously by a resident group during construction of the town's Safety Center. He said that many members of the Community Building resident group had also been part of that earlier group.

Bow already has significant funds set aside for the effort. The Community Building's fund currently stands at approximately $2.13 million, giving residents a substantial foundation as they begin exploring what the town's next community center could look like.

Extend Water From Concord

On August 11, the Board of Selectmen held a public hearing to discuss the acceptance of a grant from the New Hampshire Department of Environmental Services to extend a water main from the City of Concord Municipal Water Systems to Bow Junction to address PFAS, Chlorides, lead and copper corrosion, arsenic, radon, hardness and MtBE present within the system.

The $1,500,000 in state funding was approved.

One of the most important steps you can take to protect your financial identity is to make shredding a habit. You can purchase a low cost shredder about the size of a small trash can. Some banks and municipalities also offer either shred bins or "shred days" Shred items containing this information:

- **Social Security Numbers**
- **Account Numbers**
- **Financial Information**
- **Passwords**
- **Credit Card Information**
- **Your Signature**
- **Medical Records**
- **Legal Records**

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50 YEARS

of the

BOW YOUNG AT HEART CLUB

50 years of friendship, fellowship, and community connection.

This year, the **Bow Young at Heart Club** is proud to celebrate 50 years of friendship, fellowship, and community connection.

Since 1976, the club has brought adults age 55 and older together for social activities, shared programs, and opportunities to stay active and engaged in Bow and nearby communities. We are grateful for the members, volunteers, and friends who have helped keep the club going strong for five decades.

To mark this milestone, the Bow Young at Heart Club will hold a

50th Anniversary Celebration on October 14, 2026, at the Bow Old Town Hall.

The event will include a light lunch, anniversary program, shared memories, and a "Taste of 50 years of staying Young at Heart."

We invite club members, past members, friends, neighbors, and anyone interested in learning more about the club to join us for this special afternoon. Friendship, laughter, and community truly do help keep us young at heart.

Please RSVP by October 7, 2026, to Judy Klotz at jlklotz48@gmail.com or 603-224-2428.

50 Years Young At Heart Club

Visit

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FAMILY FUN

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SEPTEMBER 23

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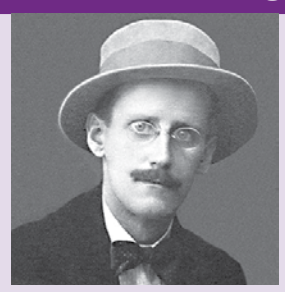
SEPTEMBER 30

JAPAN:
Spirited Away
with
Marlin Darrah

OCTOBER 7

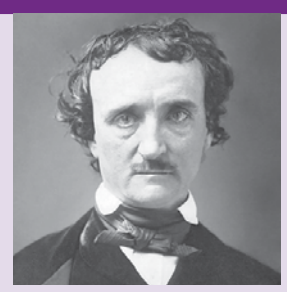
Beatles Tribute with Studio Two

OCTOBER 21



Irish Voices with Stephen Collins

&



Edgar Allan Poe's *The Raven* with Jeffrey Zygmont

OCTOBER 28

An Evening of Bluegrass with the Southern Rail Bluegrass Band

NOVEMBER 4

Connie Converse: Concord's Cassandra with Howard Fishman

HANDEL'S MESSIAH

Open rehearsal at St. Paul's Church
Saturday, December 12 • 10:00 AM

Performance at St. Paul's Church
Sunday, December 13 • 6:00 PM

HOWS TO EXERCISE WITHOUT FEELING LIKE YOU'RE EXERCISING

by Jim Olson

It is no secret that as we age, it becomes increasingly more difficult to find the motivation to exercise. We become busier with work and family obligations, and before we know it, years have passed since we last worked out.

However, getting older doesn't mean we have to give up on our fitness goals. There are plenty of ways to get in a good workout without feeling like we're exercising. Here are just a few tips:

Jim Olson

FIND AN ACTIVITY YOU ENJOY

If you don't enjoy what you're doing, you're not going to want to do it for very long. There are tons of different ways to get active, so find one that suits your interests and personality. If you like being outdoors, try hiking or cycling. If you prefer being indoors, try a dance or yoga class. The options are endless!

MAKE IT SOCIAL

Working out with friends or family members can make the experience much more enjoyable and help you stay on track. Plus, it's always more fun to achieve fitness goals together!

TAKE THE STAIRS INSTEAD OF THE ELEVATOR

Taking the stairs offers a number of benefits that you might not be aware of. First of all, walking up a flight of stairs is a great way to get your heart rate up and get some exercise, even if you don't have time for a full workout. Secondly, taking the stairs can help to improve your balance and coordination. And finally, climbing stairs can give you a mental boost by increasing your level of concentration and focus.

PARK YOUR CAR AT THE BACK OF THE PARKING LOT

Whether you're running errands or going to work, parking your car just a little bit farther away than usual will force you to walk more, which is great exercise.

This extra walking might not seem like much, but it can add up over time. Walking can help to improve your cardiovascular health, and it is also a great way to strengthen your leg muscles. Walking can also help to boost your mood and reduce stress levels. So next time you're heading to the mall or the grocery store, take a few extra steps and park at the back of the lot.

GO FOR A WALK AFTER DINNER

Walking after dinner is a great way to help digest your food and get in some extra steps. Studies show that going for a walk after eating can actually help you burn more calories and improve your digestion. Not only will you boost your metabolism, but you'll also get some fresh air and quality time with your family or pets. And, who knows, you might even enjoy it so much that you make it a nightly habit!

DO YARD WORK OR HOUSEWORK

Yard work and housework are both great ways to get in a little extra activity during the day. So next time you're feeling lazy, put on some gloves and get to work! You'll be surprised at how much of a workout you can get just by doing some simple chores around the house.

THE IF WAY

If you're looking for ways to get fit without feeling like you're working out, then try incorporating these exercises into your life. These may seem like small things, but they make a big difference over time. So next time you're feeling lazy, remember that there are plenty of ways to get moving and improve your health without having to go to the gym or go for a run. Just be creative and have fun with it!

DISCOVER YOUR NEXT STEP

If you're interested in getting started on a fitness program, but you're not sure where to start, contact us for a free consultation. Our experts will help you get started on the right path and create a program that's perfect for you.

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- A personalized cardio program prescribed how you need it to be
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Rocky, the Aussie shepherd

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It is important to have someone local who specializes in Medicare options who can answer your questions about penalties, and questions like:

- Is a MediGap or Medicare Advantage plan right for my needs?
- When is the right time to leave my work plan and join Medicare?
- What about my spouse—how will they be covered?
- What about drug coverage?
- What are my stand-alone dental and vision plan options?
- How do I avoid penalties and enroll on time?

WE FOCUS SOLELY ON NEW HAMPSHIRE MEDICARE, OFFERING KNOWLEDGEABLE GUIDANCE AND IN-DEPTH COUNTY INSIGHT.

30 South Main Street, Concord, NH 03301 ▪ 603-499-4399 ▪ www.woodpeckermedicare.com

By submitting your information, you acknowledge an independent licensed insurance agent (Christian Troy or Larissa Troy) may contact you by phone, email, or mail to discuss and quote Medicare Advantage Plans, Medicare Supplement Insurance, or Prescription Drug Plan. Christian Troy (Lic #: 21379781) ▪ Larissa Troy (Lic #: 21381136)

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MLS# 5103826

83 Ferson Road, Francestown
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Rachel de Thomas c: 603.748.1800
MLS# 5103810

65 Pound Road, Wilmot
4 beds | 3 baths | $525,000
Rachel de Thomas c: 603.748.1800
MLS# 5105602

386 Pembroke Street, Pembroke
5 beds | 3 baths | $499,000
Steven Lundahl c: 603.496.3364
MLS# 5098006

304 Bean Road, Warner
3 beds | 3 baths | 3.5 acres | $489,000
Sally Lobdell c: 603.731.7513
MLS# 5097809

14 Ridgeway Drive, Newbury
3 beds | 2 baths | 3.3 acres | $415,000
Ashley Feleen c: 603.477.2995
MLS# 5096258

Waterloo Street, Warner
2.3 acres | $170,000
Rachel de Thomas c: 603.748.1800
MLS# 5098534

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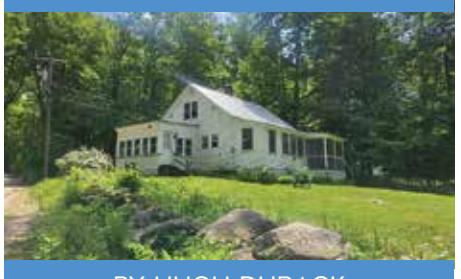

BY HUGH DURACK
C: 603.305.0310

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BY ROLF GESEN C: 603.856.4117

CONCORD OFFICE: 603.525.7123

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Baker Free LIBRARY

Baker Free Library
September/October News

509 South Street
Bow, NH 03304
See our online Calendar at
bowbakerfreelibrary.org
to sign up for upcoming
programs and events.

Baker Free Library will be closed Saturday, October 3rd, the BFL staff will be attending the NH Book Festival in Concord!

Baker Free Library will be closed on Monday, October 12th for Professional Development.

ADULT PROGRAMMING—FALL SCHEDULE

Cryptids of New England
Thursday, September 17th | 6pm

Dive into mysteries of New England's Cryptids with Aleksander Petakov, a NH based documentary filmmaker and crytozoology enthusiast!

Across New England, strange stories of Cryptids (unknown or undiscovered creatures) have run rampant for centuries. From historical sea monster cases seen by hundreds, to a small being like the Dover Demon seen by just a few, from Bigfoot to mystery Big cats, the variety is vast.

Filmmaker, adventurer and seeker of the unknown Aleksandar Petakov will chronicle many of these stories. From the folkloric and mythical to the very plausible, no story is left behind in this pursuit."

Registration is required.

New to Medicare/Turning 65 Seminar | Monday, Sept. 21st | 6pm

Educational Medicare program hosted by Woodpecker Insurance.

Navigating the 2026 Medicare Fall Enrollment Period (AEP)
Monday, October 5th | 6pm

Christian Troy, licensed agent, of Woodpecker Insurance will be on hand to review Medicare and its upcoming changes. He will go over best practices for preparing for AEP, and discuss members' rights as they navigate the plan changes that may be coming to the market for plan year 2027.

Genealogy Workshop | Thursday, October 8th | 5:30pm

Struggling to find that missing branch on your family tree? Looking for an overseas ancestor? Just beginning your genealogy journey and need help getting started? We can help!

The Buntin-Rumford-Webster DAR Chapter (Daughters of the American Revolution) presents a genealogy workshop! Get one-on-one help with specific research questions, or stop by to learn more about genealogy in general. **Register if you're planning to attend.**

Digging Into Native History in NH | Thursday, October 15th | 6pm

The Abenaki history has been reduced to near-invisibility as a result of a conquering culture that placed little value on the Indian experience, and a strategy of self-preservation that required many Abenaki people to go "underground," concealing their true identities for generations to avoid discrimination and persecution.

Robert Goodby reveals archaeological evidence that shows their deep presence here, inches below the earth's surface. This program is made possible by New Hampshire Humanities. **Registration is required.**

YOUTH PROGRAMMING—FALL SCHEDULE

Teen Advisory Group | Monday, September 14th | 4:30pm

We're creating something just for teens, and we want your input! Join us for snacks, conversation, and a chance to vote on the programs and events you want to see at the library.

Help plan events, meet other teens, earn volunteer service hours, and turn your ideas into real programs.

The Teen Advisory Group meets on the second Monday of the month at 4:30pm. **Please register to let us know you're coming!**

PJ Storytime
Every Wednesday, September 16th – October 28th | 6pm

Get cozy with us for a bedtime edition of our weekly storytime! Wear your favorite pajamas and enjoy stories, songs and rhymes, designed to help little ones unwind before bedtime. Recommended for children aged 2 - 5, in the company of a parent or caregiver. **One-time registration is recommended** to reserve your space each season.

Books on the Big Screen | Monday, September 21st | 3:30pm

Join us for Books on the Big Screen, a seasonal movie series celebrating films adapted from beloved children's books!

Selected movies correspond to books read with our Connections Family Book Club, but screenings are open to all of our patrons. Popcorn and refreshments will be provided by the library, and movie-goers are welcome to bring their own snacks from home. **Registration is appreciated.**

In September, we'll be watching ***The Wild Robot*** (2024). This movie is rated PG, with a runtime of 1 hour and 42 minutes.

Community Costume Swap | Saturday, October 17th | 10 – 11:30am

Stop by our annual Community Costume Swap to browse donated items and accessories on Saturday, October 17 from 10:00 - 11:30AM. Residents are also welcome to browse Concord Public Library's Costume Swap on Saturday, October 10!

Costume Drop-offs:
Donated costumes & accessories will be accepted at the Baker Free Library between October 1 and October 15, anytime the library is open. Please bring your items to the Main Desk. Do not leave items outside the library or in the Book Drop. All donated items should be clean and undamaged. Any items still unclaimed at the end of the event will be donated.

BOOK CLUBS

Whodunits | Tuesday, October 6th | 1pm

Love mysteries? Join the Whodunits to sleuth through a new one every month! This mystery-exclusive book club meets at White Rock Senior Center on the first Tuesday of every month.

October Book Discussion:
Devotion of Suspect X by Keigo Higashino

Adult Book Talk at BFL | Tuesday, October 13th | 12:30 & 6:30pm

Do you love to read? Are you willing to try books outside your comfort zone? Do you enjoy talking about books with others? Then our monthly Book Group is for you!

October Book Discussion:
Me and Earl and the Dying Girl by Jesse Andrews.

White Rock Book Group
Tuesday, October 20th | 1pm

Do you want to read outside of your comfort zone? Do you enjoy talking about books with others? Then our monthly Book Talk at White Rock Senior Center is for you!

October Book Discussion:
Me and Earl and the Dying Girl by Jesse Andrews.

BOW
HERITAGE COMMISSION

ROAD GRADER & JIG STONE

Article by Cheryl Mortimer | Photos Eric Anderson

According to a group of bicyclists in the late 1800s, it was better to avoid riding in Bow on account of poor road conditions. One comment from ***One Hundred Acres More or Less:*** The history of the land and people of Bow, New Hampshire by, David A. Bundy).

"A feeble attempt has been made to repair them but dirt was scarce so they raked all the leaves and twigs into the middle of the road and they are kept from blowing away by piling rocks on them."

In the early days of Bow, for fifteen cents per hour, residents did the unsustainable back-breaking work of removing large stones and filling deep ruts to make roads passable by carriage. Wheelwrights had no shortage of work fixing and replacing busted spokes and rims.

Then in 1884, Bow took a gamble by purchasing a newfangled contraption touted by an agent in Boston — the horse-drawn "road machine." With a driver at the front guiding a team and a controller at the back adjusting the blade, dirt roads quickly became a thing of beauty. So impressive was it that the following year taxpayers voted to buy another.

By 1905 when Bow was ready to purchase a third road machine, the Thompson & Hoague hardware store on Depot Street in Concord carried a new model called, the "Russell Junior." Using this rugged earth mover's array of levers and gears, operators masterfully tilted and turned the six-foot blade, narrowing and widening the wheels' span according to each road's width.

Transportation continued to improve with the addition of state gravel roads and the use of snow rollers that made winter roads traversable by horse-drawn sleighs. In 1927, for the first time, Bow's roads remained open year-round after the purchase of a snowplow and tractor.

Today, you can visit our relics of this era. In front of the Public Works Department at 12 Robinson Road, is the Russell Junior grader and the granite wheel jig stone used by Edward Cheney, Bow's Wheelwright from 1895-1918. At 2 Woodhill Road, is a snow roller, a granite horse trough owned by one of Bow's equipment and workhorse drivers, and granite steps from a Concord Coach stop in Bow.

Join us in preserving Bow's history. Contact the Heritage Commission to share memories and photos we can scan, donate or lend antiques for public display, volunteer, or make a monetary contribution.

In 1996 Bow's Public Works Dept. restored the rusted Russell Junior donated by the Hanson family. Pictured left to right is the crew that refreshed the paint in 2025 - Mike Hague, Rick Wombolt, and Duane Resse. Photo | Eric Anderson.

In 2013 Arthur Cheney donated the jig stone originally from his grandfather's Woodhill Road Blacksmith/Wheelwright Shop. Pictured left to right is Photographer Eric Anderson, Clark Craig, Noah Lacasse, and Tyler Aborn. Photo courtesy of Tim Sweeney.

Bow Young at Heart Club

SEPTEMBER 23, 2026 | 11:30 AM – 1:30 PM

Rebecca Rule will present ***"Moved and Seconded: Town Meeting in New Hampshire, the Past, the Present, and the Future,"*** an overview of the traditions, rituals, history, and humor of New Hampshire's annual town meetings..

OCTOBER 14, 2026 | 11:30 AM – 1:30 PM

The Bow Young at Heart Club will hold its ***50th Anniversary Party.***

Meetings are at Old Town Hall, 91 Bow Center Road. Bring your own lunch at 11:30, dessert is provided. The public is welcome! Membership is open to all residents 55 and older.

For more information contact Peter Cherici at (603) 774-7682 or email at fairfield_a@hotmail.com.

Bow Police Officer Matt Pelletier could not contain his excitement for his first day of school!

He couldn't be happier to start his first year as the School Resource Officer in the Bow School District.

As students return to campus, our School Resource Officer is ready to welcome them back and help keep our schools safe.

Wishing all students, teachers, and staff a safe & successful school year!

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REAL ESTATE SALES IN BOW — AUGUST 2026

Serving the areas in and around Merrimack County.

ADDRESS	BEDROOMS / BATHS	SQUARE FOOTAGE	ACREAGE	PRICE
108 River Road	2 Bedrooms | 1 Baths	1184 Square Feet	2.03 Acres	$411,000
5 Holly Circle	2 Bedrooms | 2 Baths	1418 Square Feet	CONDO	$499,900
87 Woodhill Road	3 Bedrooms | 2 Baths	1816 Square Feet	5 Acres	$545,000
6 Bona Vista Drive	4 Bedrooms | 2 Baths	2205 Square Feet	1.12 Acres	$585,000
178 Bow Bog Road	4 Bedrooms | 2 Baths	1687 Square Feet	2.47 Acres	$640,000
17 Woodhill Road	4 Bedrooms | 2 Baths	2907 Square Feet	2.88 Acres	$640,000
17 Tonga Drive	4 Bedrooms | 3 Baths	2532 Square Feet	2.33 Acres	$675,000
26 Jonathan Lane	4 Bedrooms | 4 Baths	2903 Square Feet	1.03 Acres	$700,000
36 Tonga Drive	4 Bedrooms | 3 Baths	3196 Square Feet	2.56 Acres	$775,000

REAL ESTATE SALES IN DUNBARTON — AUGUST 2026

We are ready to help you on your next journey.

ADDRESS	BEDROOMS / BATHS	SQUARE FOOTAGE	ACREAGE	PRICE
121 Twist Hill Road	2 Bedrooms | 2 Baths	1120 Square Feet	1 Acre	$450,000
13 Barnard Hill Road	3 Bedrooms | 2 Baths	1232 Square Feet	1.5 Acres	$455,000
10 Armands Way	3 Bedrooms | 2 Baths	2740 Square Feet	5.01 Acres	$525,000
254 Robert Rogers Road	3 Bedrooms | 2 Baths	2424 Square Feet	5.10 Acres	$645,000
1003 School Street	4 Bedrooms | 3 Baths	4274 Square Feet	.91 Acre	$650,000
250 Grapevine Road	4 Bedrooms | 3 Baths	3216 Square Feet	5.03 Acres	$715,000

Download our Strategic Pricing Guide and learn how smart sellers price to maximize value.

THE BOW TIMES **Tale*Spinner***

SNOOPY

by Bow Resident Paul Pomeroy

Our friends had to put their beloved dog down the other day. They apologized for being so emotional. No need to apologize to us.

We are dog lovers. But It did bring back memories of not so long ago…

SNOOPY

Our dog died last night. We had gone out to dinner, and when we got home I found her on her pillow in the family room. I knew something was wrong as soon as I entered the house. Her laboured, raspy breathing, which had defined her existence these past months, was missing. I knelt down and petted her and called her name softly as I so often did. But this time there was no response. I wrapped her in her blanket, and we took her to the animal hospital.

Her last car ride.

The Doctor shook my hand and told me that they would take good care of her. I was too distraught to ask his name so that I could thank him later. As we drove home I couldn't help but notice all the dog hair in our car. That damn dog left hair everywhere.

I couldn't fall asleep for a long time last night. But at least I would be able to sleep later tomorrow morning since there wouldn't be a damn dog barking at 5:30 to be let out. Funny thing is I got up at 5:30 anyway. I went to the family room half expecting her to be there staring up at me.

Trish and I had been debating for weeks when we should put Snoopy down. Her quality of life had diminished significantly. She would walk slowly. She was deaf. She had lumps and warts and had trouble breathing. But each time we decided it was time, Snoopy would rebound enough for us to delay the inevitable.

Snoopy was two years old when my daughter Melissa asked us to watch her for a while. Snoopy was Melissa's dog. "***A while***" turned into 14 years.

Snoopy had a good life. She slept with us up until the last 18 months. She couldn't manage the steps anymore and began to have "accidents." So we made a place for her in the family room both at home and at the shore. She was always with us. We had to rearrange the furniture and pull up the carpets to accommodate her. Trish slept in the family room the past three weeks to keep Snoopy company. This summer had been hard on Snoopy. The heat and humidity were difficult for her. And the frequent storms would just terrorize her.

She's at peace now.

This morning I sat on the porch and tried to remember the Snoopy of old. She was a joy most of the time. But occasionally she would get on a scent and take off. More than once we had to scour the neighborhood searching for that damn dog. Snoopy loved to walk and wrestle with us. Trish and I took her everywhere with us. But now, all I keep seeing in my mind is the image of her lying there on that pillow. I hope she didn't suffer at the end.

How could I feel so bad about some damn dog?

I don't know. But I loved that damn dog.

And I miss her.

The Bow Times **Tale*Spinner***, is a forum for local authors to submit anecdotal short stories and poetry. We invite writers of tales and yarn to send in narratives (fictional and nonfictional) to be featured in our newspaper. Please limit your content to 500 words or less, and email your story to: nmannion1@comcast.net.

Restaurant Review

by Debra Barnes

Angelina's
Ristorante Italiano in Concord

11 Depot St., Concord NH
603-228-3313
CALL FOR RESERVATIONS
AngelinasRestaurant.com

Debra Barnes is a graduate of the Cambridge School of Culinary Arts. She is an avid gardener and lives in Bow with her husband Randy. Follow her on Instagram: #EAT603

Three Decades of Italian Comfort in Concord

Some restaurants are built around the latest culinary trend. Others earn their reputation the old-fashioned way—by consistently putting well-executed food on the table and giving diners a reason to return. Angelina's Restaurant in Concord falls into that second category.

Chef and owner **Rick Dennison** has been at the helm of Angelina's for **30 years**, creating an Italian restaurant that has become a familiar destination for diners looking for a broad menu and traditional flavors.

Angelina's menu is extensive, offering enough variety of flavors for every appetite. Customer favorites include the **Calamari Fritti**, **Agnolotti Crema Rosa**, and **Tiramisu**. While we did not sample the calamari on this visit, its popularity among regulars certainly makes it worthy of a future order.

Angelina's sources its pastas and many other items from Italy, while the ravioli is **made fresh daily**. That distinction matters. Pasta is one of those foods where texture can tell you a great deal about the care that went into the preparation, and freshness is a key part of that equation.

Another detail I appreciate is that the dishes are prepared from scratch, giving diners some latitude when ordering. If you prefer a little more heat—or considerably less—the kitchen can accommodate your palate. That sort of flexibility is a welcome touch, particularly when the goal is to create a meal that suits the individual diner rather than simply delivering a predetermined plate.

Recently I dined with **Annie Kenney, The Bow Times Wine Expert**, and we sampled the **Linguine Frutti di Mare** and **Pollo Angelo**. The Linguine Frutti di Mare was the standout for me. The dish arrived generously populated with fresh **calamari, shrimp, clams, and mussels**, so there was no shortage of seafood competing for attention. It was a robust, seafood-forward entrée with plenty of character and brightness. **Pollo Angelo** offered a completely different experience. Comprising of silky olive oil and garlic sauced chicken, sliced sausage, pepperoncini and perfectly cooked penne. It was hearty and well-balanced. It demonstrated the versatility of a kitchen working from a menu designed to appeal to a wide range of tastes.

One of the restaurant's more notable features is something that is becoming increasingly uncommon: **soup or salad are included with many of the entrées**. In today's dining landscape, where even the simplest accompaniments can become an additional charge, this felt refreshingly generous.

Angelina's turns every plate into a culinary performance. Chef Rick and his long-time team focus is on **flavorful, thoughtfully prepared Italian fare**, generous selection, and the ability to make a diner feel comfortable ordering exactly what appeals to them.

There is also something to be said for a restaurant that understands its audience. This chef is genuinely passionate about his customers. He personally embraces the countless special and moving occasions of his dedicated following. They are what is at his core and desire to cook from his heart.

And for anyone planning a visit, take this food editor's advice: **make a reservation**! Angelina's strongly recommends them and so do I! Love to dine at the bar? You can reserve there as well. The restaurant seats 30 and 8 at the bar. Don't forget to check out their catering menu. *They do ask for a 48 hour notice for all catering requests.*

Angelina's succeeds year after year because it offers something many diners are looking for: a substantial menu, recognizable Italian favorites, fresh pasta preparations, attentive cooking, and enough variety that everyone at the table can find something appealing.

Look for Recipes and Resturant Reviews by Debra Barnes, Food Editor, online at www.TheBowTimes.com

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Annie's CORNER

FABULOUS WINE & SPIRIT PAIRINGS at *Angelina's*

The Wine & Cocktail List here has variety to please most oenophiles, one who likes wine, the specialty cocktails are unique with a couple seasonal surprises. **Chef Dennison** hand selects the list twice a year with **MS Walker** to see what is new, classic, and would pair well with his dishes. He is a lover of Zac Brown Band music, the Z. Alexander Brown Wines are served as House Wines, alongside Italian & Mediterranean selections. Local Spirits a focus on the menu; Mad River Rum, VT, Allen's Cold Brew & Grainger's Deluxe Organic Vodka, MA, and Cold River Blueberry Vodka, ME creating fun mixology creations. Upon my recent visit here with **Chef & Gardner Debra Barnes, Bow Times Food Editor** we had a great time exploring the pairings together, as chef and sommelier friends **always** do.

The Pollo Angelo Pasta with spicy sausage and a garlic EVOO screamed for a bright, crisp white wine - **Tieffenbrunner Pinot Grigio, Alto Adige, Italy $12 glass/$48 bottle** - this took the dish to another level, salivating for more. Next up the Fruit de Mare Pasta, a classic seafood and tomato sauce entrée with a glass of red - **Poggio del Concone, Tuscany Blend of Merlot, Sangiovese, and Cabernet Sauvignon $12 glass/$44 bottle** - the tannins were soft enough with a pop of acidity.

Lastly, when **Chef tells you, "Save room for dessert,"** that's exactly what you do… a **Seasonal Lemon Tiramisu** appeared before us that was like a heavenly cloud puff with light whipped lemon layers, mascarpone cheese, topped with fresh blueberries, raspberries, and blackberries oozing into cream. Stunning and delicious with the **#1 selling Spritz on the menu – Blueberry Limoncello Spritz** made with Cold River Blueberry Vodka, Limoncello and Mionetto Brut Prosecco with Maine Blueberries & Lemon garnish. I have had the regular Tiramisu with a Chocolate Espresso Martini, but this for summertime, **absolutely divine!** This is a reservation you will want to make, seating is limited as Rick has longtime customers for over 30 years, having the Best Italian food in Concord for 25 years running awarded, you won't want to miss it! ~ Ciao ~ Annie

Annie Kenney is a General Sales Manager for MS Walker Wines & Spirits in Bow, where she has been passionate about her career for the last 23 years. Annie is Wine and Spirits Education Trust Level 2 Certified, and a proud Board Member of the New Hampshire Lodging and Restaurant Association.

Annie is a lover of fine wines and spirits and resides in Bow, with her daughter Lexi and her fiancé Brock.

travel with The Bow Times

"Bonjour de Paris!" Bow residents, Suzy and Matt Sheppard send greetings from Paris to our readers.

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HOPKINTON Town Crier

two villages ♥ one heart

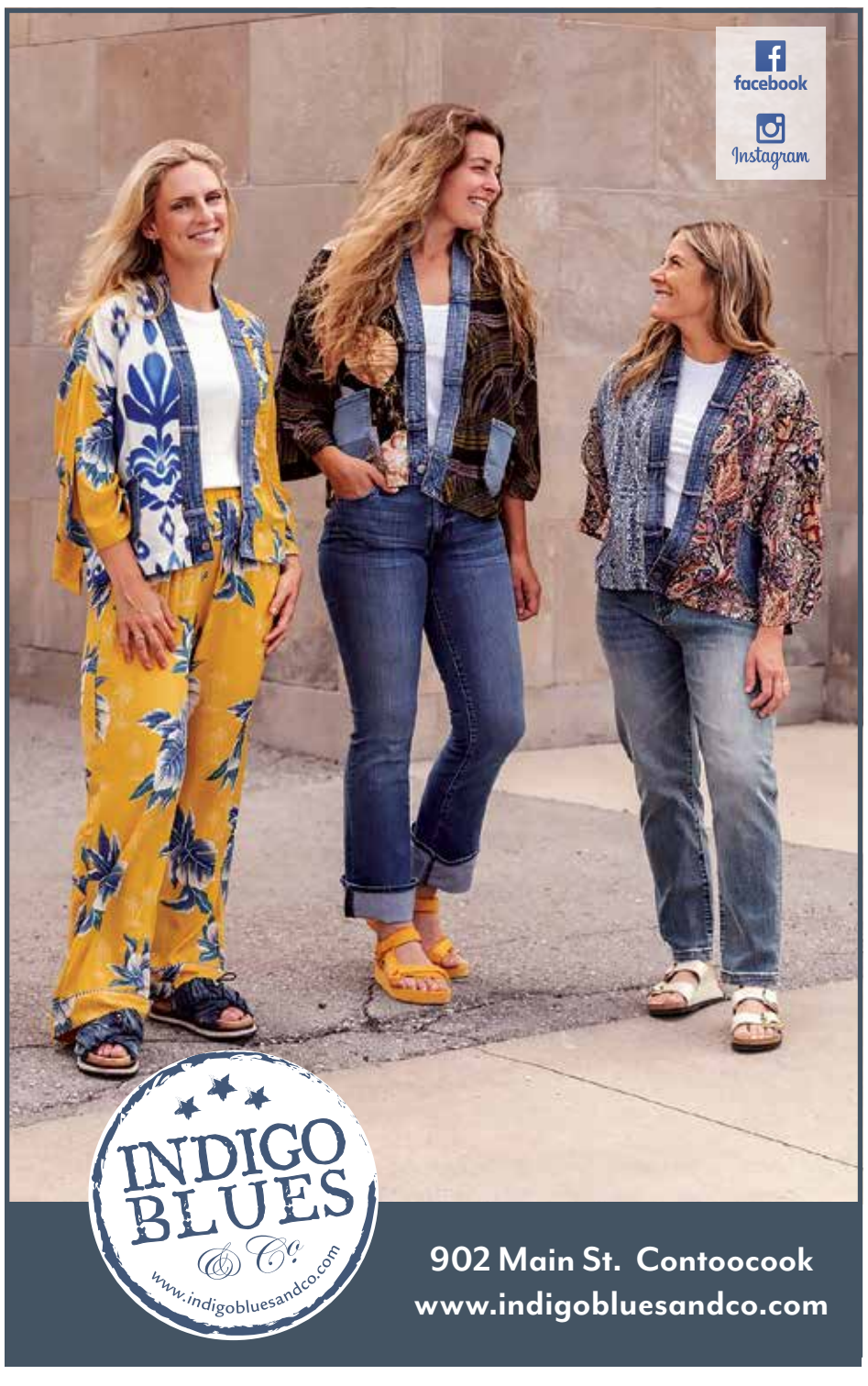
by Kathleen Butcher
kathb123@comcast.net 603-724-3452

Photo Eric Anderson

THIS YEAR'S CEMETERY WALK will take place on October 17 & 18 at 2:00 rain or shine at the Old Hopkinton Cemetery located beside the Hopkinton Town Hall. Tickets are $10 for members of the Society and $15 for non-members. Tickets will be available at the event or in advance at the Society. Over the past decade, the Society has produced nine Cemetery Walks. While walking through the graveyard, the audience hears about the lives of town residents now long gone, and learn historical facts in an engaging, creative, and memorable way. In 2019, the Society received a national history award from the American Association for State and Local History in recognition of its work on the Putney Hill Cemetery Walk.

HOPKINTON COMMUNITY FOOD PANTRY (new name, same mission) is accepting donations to help families in need. Donations Needed: Canned meats, tuna, chicken. Canned stews, soups, hash, chili. Canned fruits, vegetables. Canned pasta, pasta sauce, canned beans. Spaghetti, noodles, ramen, instant potatoes, and rice mixes. Baking Mixes: cakes, brownies, cookies. Pudding and Jell-O snack packs. Cereal (hot and cold). DROP OFF:TUESDAYS – THURSDAYS 9AM-2PM @ The Slusser Center (41 Houston Drive, Contoocook NH) or in the drop box under the carport in the back of the Slusser Center building. The food pantry cannot accept expired, opened or damaged products.

CONTOOCOOK FARMERS MARKET is set up at Riverway Park around the gazebo through October. Join us every Saturday, 9-12, rain or shine. Live music. Updates on Facebook.



FLAGS OVER HOPKINTON If it makes you proud to see American flags flying in our community — the Rotary invites you to participate in Flags Over Hopkinton. For a $45 annual subscription, Hopkinton Rotary will place a flag at your property on the following holidays: Memorial Day, Flag Day, Independence Day, Labor Day, 9-11, and Veterans' Day.

Flag subscriptions can be made at any time. The flag fundraiser supports Rotary projects in our town and beyond. To sign using a credit card go **www.zeffy.com/en-US/ticketing/2026-flags-over-hopkinton**. For check payments, mail your check for $45.00 payable to Hopkinton Rotary to Hopkinton Rotary, PO Box 243, Hopkinton, NH 03229. Please include your name, address and email or cell phone number.

We will place a flag at the end of your driveway unless otherwise instructed. For questions or more information, email **hoprotaryflags@gmail.com.**

SPOOKY TOOKY Hopkinton PTA can't wait to join the Hopkinton Recreation Department in bringing Spooky Tooky back on October 17! We want your help to make this event another success! Whether it's joining our committee meetings, helping construct the haunted forest walk in the days leading up to the event, or volunteering the day of, we need your help! Interested? Email us at connect@hopkintonpta.org to join the committee.

NOTICE TO OUR *Readers*

Due to a scheduling conflict at Elm Brook Park, the **5th Annual Hopkinton Fall Festival** has been rescheduled. The new date is **Saturday, September 26.**

The **Rain Date Sunday, September 27.** Please help us spread the word!

Thank you for your understanding! We are looking forward to seeing everyone in September!

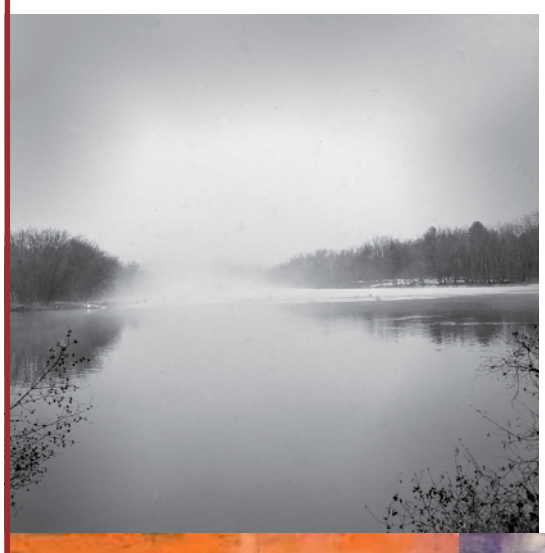
Refer to Police Officers Assoc. of Hopkinton Facebook page for updates.

2 VILLAGES ART SOCIETY

"Crossing Thresholds"

Exhibit Runs
September 12 – October 10

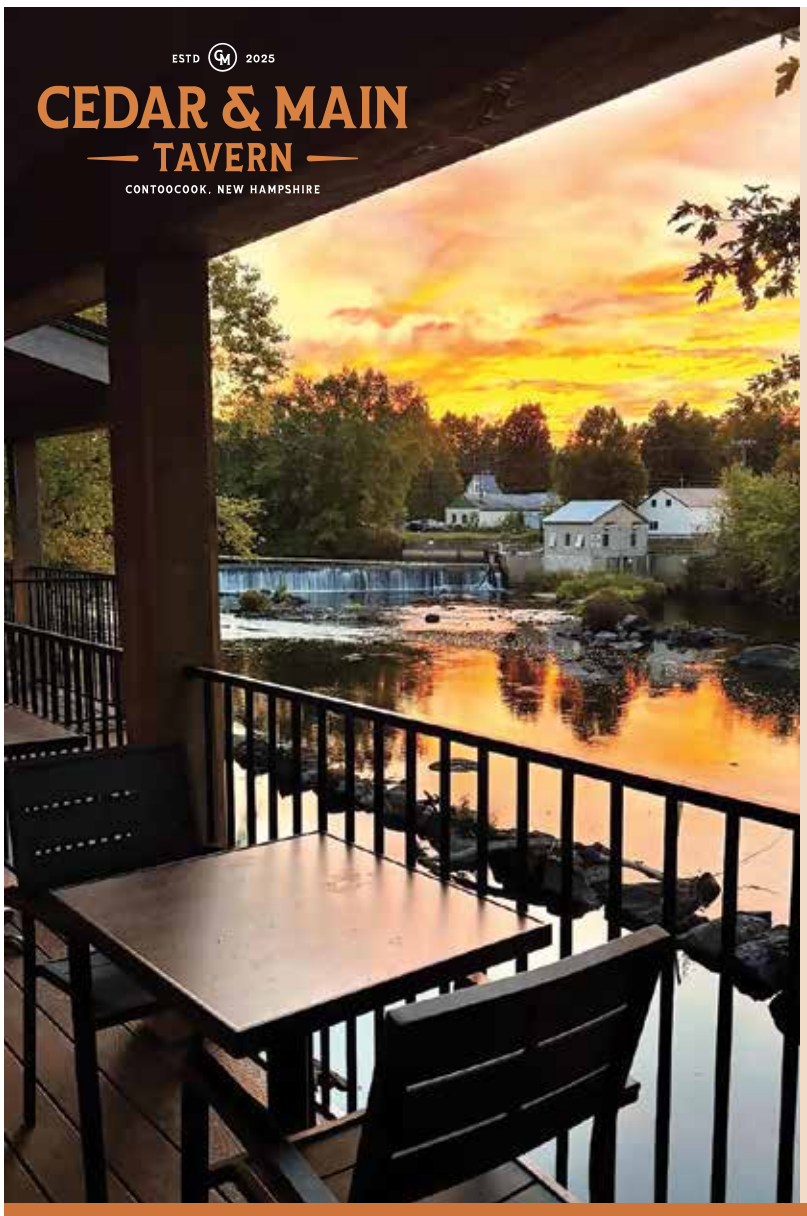
Come step into a space of transformation and literally cross into an immersive display of work by seasoned artists John Hoglund, Sher Kamman and Ann Saunderson, who have collaborated for over five years. The natural world is a common theme connecting the three artists.



Photographers Kamman and Hoglund join painter Saunderson to create a space alive with possibility, where perception shifts and imagination takes root, where thresholds are not barriers but invitations to unfamiliar ways of seeing.

"We see this exhibit as hopeful," Hoglund says. "You might not see what's coming but it may be something new and better."

TVAS Gallery is open
Free of charge
Thursday – Sunday
from 12:00 – 4:00 PM
846 Main Street in the village of Contoocook.
www.twovillagesart.org



Good times start here at Cedar & Main Tavern, the go-to destination known for its inviting rustic atmosphere, hometown charm, and laid-back tavern style dining.

Our spacious deck overlooks the scenic banks of the Contoocook River featuring picturesque views of Contoocook Falls and the historic Contoocook Railroad Covered Bridge.

If you're a local or visiting for the first time, you'll find our menu filled with bold tavern fare and classic favorites, all served with our exceptional service and hospitality.

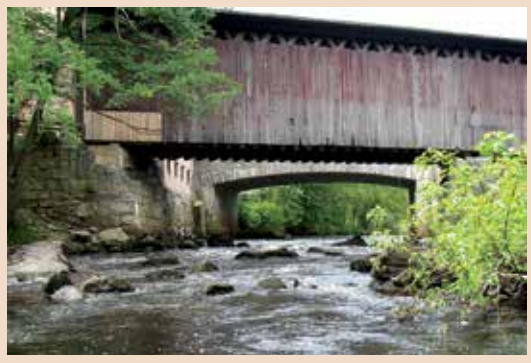
We love seeing guests enjoy their time at Cedar & Main Tavern! Whether feasting on the Black & Blue Steak Tips from our entrée menu, raising a pint of finely crafted beer, or sipping a smooth, quality whiskey, you can create your favorite moments with us.

CEDAR & MAIN TAVERN HOURS:

Closed Mondays
Tuesday-Thursday: 11:30 AM – 9 PM
(kitchen closes at 8 PM)
Friday-Saturday: 11:30 AM – 10 PM
(kitchen closes at 9 PM)
Sunday: 11:30 AM – 9 PM
(kitchen closes at 8 PM)

DAILY & WEEKLY SPECIALS

We offer call ahead seating and reservations for parties of 6 or more.



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BOW POLICE DEPARTMENT
www.bow-nh.gov

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A Message from CHIEF MILLER

As the new school year begins, remember to drive carefully near schools and at bus stops. Slow down, watch for children crossing, and follow speed limits to help keep our students safe.

Please join us in welcoming our new School Resource Officer, Matt Pelletier. He has already made a positive impact with students and staff. If you see him at school, be sure to say hello and make him feel welcome!

A recent network security incident in Merrimack County has affected system access for local public safety agencies. At present, we cannot process Right-to-Know or police report requests because our Records Management System is down. We do not yet know when full access will return. Emergency 911 dispatch is still working as usual. Thank you for your patience as county officials and cybersecurity experts work to fix the problem.

As fall approaches, watch for more wildlife on local roads. Deer are especially active now, so stay alert and be extra careful, especially during early morning and evening commutes.

Together, let's make our town a safer community for all.

YIHONG SPA IN BOW UNDER HUMAN TRAFFICKING INVESTIGATION

On September 8, 2026, the Bow Police Department, with assistance from the Department of Homeland Security, executed a search warrant at Yihong Spa, located at 699 Route 3A in Bow. This action was the result of a months-long investigation into human trafficking and prostitution-related offenses.

The Bow Police Department thanks the New Hampshire Attorney General's Office for their support. The investigation remains ongoing, and criminal charges are pending.

Chief Ken Miller said, "This case should serve as a reminder that these crimes can happen anywhere. The Bow Police Department encourages anyone with information to come forward and help us protect our community."

If anyone has information about Yihong Spa, please contact Det. Sgt. Tyler Coady at the Bow Police Department at **tcoady@bownhpd.gov**.

You may also provide anonymous tips at the Concord Crime Watch website at **crimewatch.net/us/nh/merrimack/crimeline**.

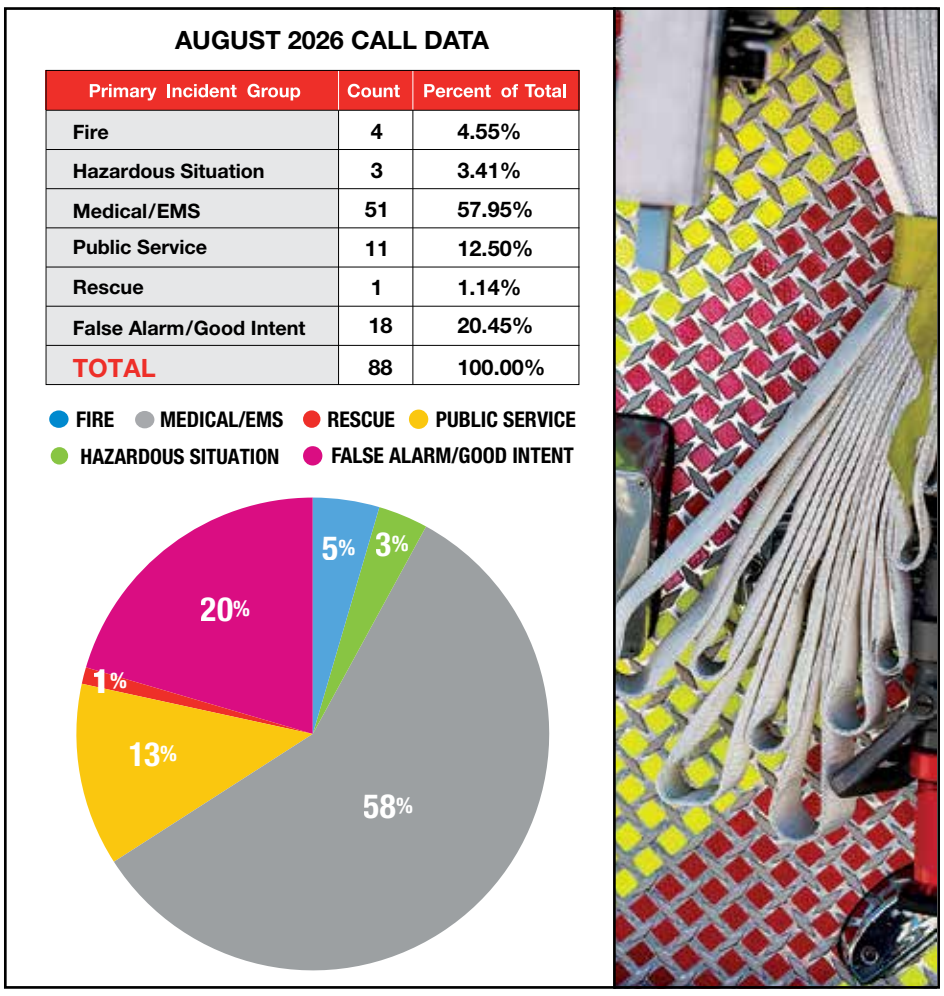
BOW FIRE DEPARTMENT
www.bow-nh.gov

Protecting lives, property, and the environment, with effective and safe responses to all emergencies and calls to service.

DEPARTMENT AUGUST 2026 CALL DATA

AUGUST 2026 CALL DATA

Primary Incident Group	Count	Percent of Total
Fire	4	4.55%
Hazardous Situation	3	3.41%
Medical/EMS	51	57.95%
Public Service	11	12.50%
Rescue	1	1.14%
False Alarm/Good Intent	18	20.45%
TOTAL	88	100.00%



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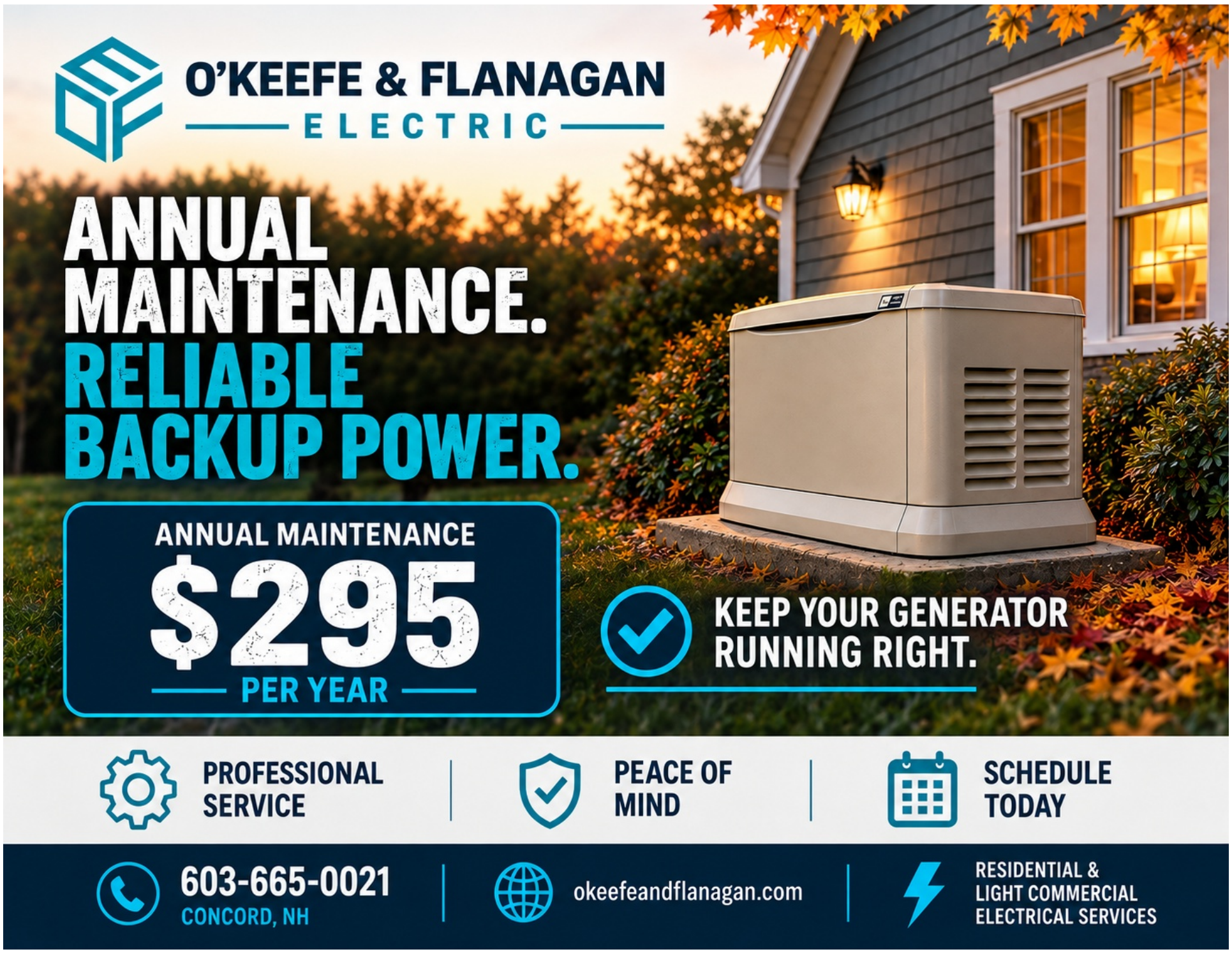
Cats sit on a computer keyboard to keep a close eye on the mouse.



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Bow Community Mens Club
ANNUAL LOBSTER FEST

Saturday October 3, 2026, 5:00 - 7:00
Bow Community Building
There will be dine-in and grab-and-go options.

MENU INCLUDES:

Lobster Plate, $35.00
Extra Lobster, $15.00
"Fresh Off The Boat" 1½ lb. Lobster
Bowl of Fresh Clams
Clam Chowdah
Or
Chicken Plate, $16.00
½ Barbecue Chicken
Potato Salad

Both Meals Include:
Fresh New Hampshire Corn on the Cob & Beverage

Kid's Plate, $2.00 Hot Dog, Chips & Corn on the Cob & Beverage

Tickets can be pre-ordered on our website: bowmensclub.org
Or you may contact: Dik Dagavarian at 603-856-7268.

Nora's DUNBARTON News

COME TO CHAIR YOGA, 11 am to noon, second floor of the Town Hall, on Thursdays: September 17 and 24 and Thursdays: October 8,15, and 22. ***Please*** checkout the library's Facebook page or website for any updates. Please Dress comfortably. Bring water!

KNITTING FOR ADULTS The group will hold their first after summer meeting on the third Friday, September 18, 6:30 to 8:30 pm, in the vestry next door to the Dunbarton Congregational Church (in the town center.) Everyone and all levels of knitting are welcome to join. Contact **Tammy572003@gsinet.net**.

OPEN MIC The Congregational Church's coffee house the Spireside Open Mic is scheduled for Saturday, September 19 at the church in the town center. Doors open at 4:30 pm for sign-ups. Suggested donation is $5. Music starts at 5:00 pm and continues until everyone has shared their talents. Enjoy complimentary coffee, tea, soup, and snacks while connecting with neighbors and friends. Donations for snacks are welcome. For more information visit **www.community-dunbarton.org/spireside-coffeehouse.**

RICH ARALDI'S CONCERT Come to local musician Rich Araldi's concert, which includes music of the vibraphone, on Tuesday, September 22, 6:30pm to 8pm, on the second floor of the library. He will tap into his roots as a drummer, the first instrument he played. Wth the addition of percussion pads Rich will add a whole other level of excitement, plus a myriad of additional sounds and textures made on a keyboard. Please confirm the time and date of this concert on the library's FB or website.

READ TO HARRY at the library. Reading to Dogs is a reading program designed to improve children's reading skills. Harry is a certified/registered therapy dog who visits with his owner/handler, Peggy. Harry is soft and comfy and loves to be read to. He will be back on the following Thursdays that start at 2:45 pm: September 24, October 8, October 22. Please call the library for more information, or to reserve your spot.

CHILDREN'S THEATER Join the Dunbarton Children's Theater for a fun and creative 6-week program exploring imagination, voice, movement, character, storytelling, and collaboration through playful games, creative exercises, and ensemble-building activities. The program will culminate in an original performance of Stone Soup, a story of community and ingenuity. Led by the amazing Carey Cahoon of Theatre Kapow, students will build confidence, develop performance skills, and work together to bring their own story to life on stage. Rehearsal Dates: Mondays, Sept 28 to Nov 9, 2:30 to 4pm. Performers: Dunbarton Students Grades 1 to 3 and 4 to 6. Children will be escorted by an adult after school dismissal to the town hall. The Stone Soup Show will be Saturday, Nov 14, at 4pm before the PTO Harvest Moon Supper. Contact Natalie about registration or with questions at dunbartonrec@gmail.com.

NHSAVES BUTTON UP WORKSHOP sponsored by Plymouth Area Renewable Energy and presented by Andy Duncan on Tuesday, September 29, 6:30 pm, in Upper Town Hall. The popular home energy savings workshop, a presentation on how to improve the energy efficiency of your home, is coming to Dunbarton! . Conducted by a certified energy auditor and covers basic building science principles as well as examples of whole house weatherization measures that will button up your home for the heating and cooling seasons. Please email or call the library with questions. Always confirm their time and date with the library's FB page or website.

NHsaves Button UP
your home | your comfort | your savings

CARING FOR CARE GIVERS will be on Thursday, October 1, 2026, 6:30 pm, Upper Town Hall. Many of us find ourselves in caregiving roles, supporting a variety of needs for family members and friends. Caregiving involvement and commitments can quickly consume our time and energy, as well as our emotional reserves, often leading to overwhelm and burnout.

Numerous surveys and studies show people are suffering, having to make difficult choices between major life areas such as jobs and family member's care, increasing stress levels. n this interactive workshop, we will explore:

- **How to identify signs of caregiver overwhelm and stress.**
- **Easy strategies to create and implement effective self-care routines.**
- **Incorporating simple nature connections for increased well-being.**

Please confirm the time and date of this presentation on the library's FB page or website.

BEYOND THE BOOK, sponsored by the Dunbarton Congregational Church, meets Thursday. October 1, 7pm to 8pm to discuss ***The Emperor of Gladness*** by Ocean Vuong. "The instant New York Times bestseller; Oprah's Book Club Pick; A Goodreads Choice Awards finalist; Named a Best Book of 2025 by TIME, The New Yorker, Harper's Bazaar, USA Today, NPR, People, Christian Science Monitor, Scientific American, and Kirkus Reviews; Winner of the Nautilus Book Award; Vuong listed for the 2026 Andrew Carnegie Medal for Excellence." Contact Barbara for link and/or more info: **bbennett98@comcast.net**. The Google Meet link is sent the week of the discussion.

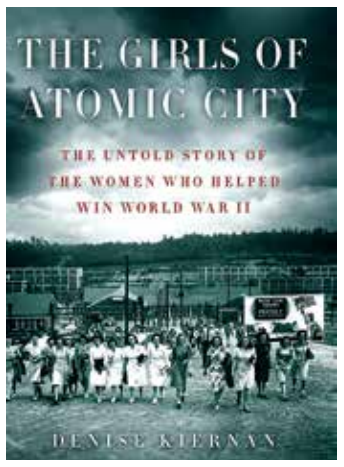
ART EXHIBIT at Dunbarton Congregational Church: the Dunbarton Congregational Church will host an art exhibit in the Vestry during October. ***"Crying in the Wilderness, An Immigrant's Journey in Detention"*** is a powerful collection of photographs, artwork, and poetry that illustrates the emotional and physical toll of detaining and tracking an immigrant who requested asylum. New Hampshire photographer and author Becky Field documented the life of an asylum seeker "Antony," a pseudonym, for a year. Large black and white photographs on canvas chronicle his experience, along with words of his poetry. Open House at 6 Stark HWY North will be October 4th from 3:00 to 5:00pm. Additional exhibit hours are October 11, 18, and 25 from 1:00 to 3:00pm. For more information, Contact: **joyce@joyceraybooks.com.**

A SEARCH FOR EXTRATERRESTRIAL INTELLIGENCE: A short history and a recent experiment with Skip Crilly will be on Tuesday, October 13, 6:30pm, Upper Town Hall. Since 2014, Skip Crilly (a Dunbarton resident) has been a volunteer engineer at the Green Bank Observatory, where the world's largest fully steerable radio telescope (100 meters in diameter) is located. Skip has worked with leading researchers in the radio search for extraterrestrial intelligence (SETI) field, for six decades. He will present a short history of SETI, show the results of his SETI experimental work since 2017, and answer questions. Please check the library's FB page or website to confirm time and date.

DUNBARTON BOOK GROUP will be reading The ***Girls of Atomic City*** by Denise Kiernan for discussion on Wednesday, Oct. 22, at noon, at the library.

This book is a New York Times Bestseller. "The incredible story of the young women of Oak Ridge, Tennessee, who unwittingly played a crucial role in one of the most significant moments in U.S. history."

Books are provided. ***Please*** look at the library's Facebook page or website for any updates.



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DUNBARTON POLICE

AUGUST 2026 ARREST/CHARGE LOG

08/01: Abigail Alvarez, 27, Manchester, was charged with suspended registrations, driving after revocation/suspension, driving without giving proof, and unregistered vehicle.

08/04: Male, 17, Dunbarton, was taken into custody for aggravated driving while intoxicated, driving or operating under the influence of drugs or liquor, unlawful possession and intoxication, negligent operation, and possession of license required.

08/08: A runaway juvenile was taken into protective custody.

08/15: Benjamin Hustus, 45, Manchester, was charged with driving after revocation/suspension and yellow line violation; Janessa Pinard, 21, Hooksett, was charged with disobeying a police officer, motorcycle endorsement required, and speeding 21-25 over.

08/21: Robert Brogann, 20, Manchester, was charged with driving after revocation/suspension - subsequent offense, driving without giving proof, speeding 21-25 over, and change of address.

08/22: Travis Cassin, 41, Concord, was charged with suspended registrations, driving after revocation/suspension, and misuse of plates.

08/27: Andrew Leduc, 47, Dunbarton, was taken into custody on a Dunbarton PD warrant for four (4) counts of default or breach of bail conditions and one (1) count of stalking; Zachary Person, 44, Dunbarton, was taken into custody on a NH State Police warrant for reckless conduct.

08/31: Charles Frazell, 63, Dunbarton, was taken into custody for criminal threatening - domestic violence (felony), criminal threatening - deadly weapon (felony), simple assault - attempted, and simple assault - domestic violence - attempted.

Defendants are presumed innocent unless and until proven guilty in a court of law.

Police also issued 21 traffic citations for various offenses including, but not limited to speeding, unregistered vehicle, stop sign, equipment violation, and motorcycle endorsement required, and 3 Fish and Game citations for operating on a public way (2) and unregistered OHRV (1).

Please note that some citations may have been issued in conjunction with an arrest. Some of our activity as reported during the month of June includes, but is not limited to:

911 Hang Up: 6
Animal Complaint: 4
Assist Dunbarton Fire/EMS: 10
Assist Other Agency: 5
Burglar Alarm: 3
Business Check: 7
Civil Matter: 3
Court: 2
Court Order Violation: 3
Criminal Threatening: 1
Criminal Trespassing: 1
Domestic Disturbance: 1
Failure to Register: 1
Follow Up: 8
Found/Lost Property: 3
Harassment/Stalking: 2
Internet Crimes Against Children: 1
Motorist Assist/Disabled: 2
Motor Vehicle Collision: 2
Motor Vehicle Complaint: 5
Motor Vehicle Lockout: 1
Motor Vehicle Stop: 139
OHRV: 3
Paperwork Service: 4
Police Courtesy/Assist Citizen: 6
Search Warrant: 5
Suspicious Activity/Person/Vehicle: 4
Theft/Fraud/Scam: 4
Vacant Property Check: 13
VIN Verification: 2

Rotary Club of Bow

BOW ROTARY WELCOMES 2 NEW MEMBERS

Stacey McDowell and Chase Hagaman, both of Bow, joined Bow Rotary on Friday, August 21.

Stacey McDowell is a Real Estate agent with **Better Homes and Gardens Real Estate The Masiello Group** and a professional home organizer. She has been an active participant holding leadership positions in her children's school PTA's as well as within her church and the Women's Relief Society. She and her husband Dave have been married for 30 years and have five children and four grandchildren. She has lived in Bow for five years.

Chase Hagaman is Managing Director of the **Homeownership Division for New Hampshire Housing**. In previous roles, he has served as the Department of Business and Economic Affairs' director of the Division of Economic Development and the deputy director of the Governor's Office for Emergency Relief and Recovery. He and his wife Meg have two children. Hagaman has lived in Bow for three years.

The Bow Rotary Club welcomes new members throughout the year. The club now has 45 active members, plus three honorary members.

Bow Rotary meets Friday mornings from 7:30-8:30 a.m. at Old Town Hall in Bow. If you are committed to community service and interested in learning more, reach out through its website at **BowRotary.org.**

Stacey McDowell and Chase Hagaman became members of Bow Rotary Club on August 21. Shown with them in the middle, is Club President Tanya Frost.

BOW ROTARY SEEKS SUPPORT FROM BUSINESSES FOR SCHOLARSHIP AUCTION

Bow Rotary is looking for sponsors and item donations for its annual auction. Sponsorship opportunities come in four tiers:

Keystone $1,500, Brick & Mortar $1,000, Pillar $500 and Foundation $250. This year's theme is Building Dreams, Building Futures.

Each year, Bow Rotary Club awards scholarships for college, trade school and nontraditional learning to deserving high school graduates from Bow High School as well as to Bow and Dunbarton residents who attend private high schools. Financial support for children attending camp are also beneficiaries of auction proceeds.

As of 2026, Bow Rotary has awarded more than $500,000 in scholarships and over $60,000 in camperships to local children and their families.

All sponsors will be recognized with a full-page ad in the December edition of the Bow Times with company logos and support levels.

More information about sponsorships and item donations can be found at **BowRotary.org** under the auction tab.

The auction will be held November 4–7. Please call (603) 682-6798 or email **run4it72@gmail.com** with any questions about the auction.

THANK YOU TO BOW ROTARY FREE CONCERT SERIES SPONSORS

The Bow Rotary Summer Concert Series concluded on August 13. The concerts would not have been possible without the sponsors.

The club would like to thank **Grappone Automotive Group, Bow Baker Free Library, Delta Dental Insurance Company, Allied Insurance Agency, Century 21 Circa 72 and Thompson Real Estate, Cobb Hill Construction, Matt Dodge CFP, The Merrimack, ROG Next Level, and Valpey Financial Services** for their support.

Overall, about 600 people attended the concerts and the club raised almost $3,000 to go toward supporting community projects.

THE Music LADY
FOR THE LOVE OF MUSIC

A TRIBUTE TO DOLLY PARTON

Today we applaud the achievements of one of the most talented figures in our musical history of the last one hundred years. There is just NO one, never HAS been anyone, and probably never WILL be anyone like Dolly Parton. As we honor her musical achievements, we'll also get to know her a little as the down-to-earth, lighthearted and insightful humorist that she is, by quoting some of her true-to-life and sometimes self-deprecating humor about herself.

Dolly has amassed a fortune of 600 million dollars as a Country singer, a songwriter, a multi-instrumentalist, a record producer, an actress, an author, a business woman and a humanitarian. Her life is the quintessential "rags to rhinestones" story. As Dolly says, "Rhinestones sparkle just as good as diamonds." She was the fourth of twelve children born to a poor family in the Smokey Mountains of Tennessee in 1946. She quipped that "After mama gave birth to the twelve of us, we put her on a pedestal. It was mostly to keep Daddy away from her." She began performing as a child, singing on local radio and TV programs. She became known for her talent, her sparkling eyes, her Southern accent and her electric smile as she rose to global super-stardom.

Dolly wrote over 3,000 Country songs, including "I Will Always Love You," "Jolene," "Islands In The Stream," "Here You Come Again," "9 To 5," and so many more huge hits. Her platinum blonde hair and her well-endowed breasts became her trademarks, the latter of which she reportedly has insured for $600,000. She jokes that she was the first woman to burn her bra, and that it took the fire department four days to put it out. She is not at all offended by "dumb blonde" jokes, because she knows that she's not dumb, and that she's not blonde. She jokes that it "Costs a lot of money to look this cheap." She describes her looks as, "A blend of a blonde Mother Goose, Cinderella and the local hooker". She says she has little feet because "Nothing grows in the shade." She openly talks about her plastic surgery. "If I ever see some saggin', baggin' or dragin', I'm gonna have it nipped, tucked or sucked."

As much as Dolly would have LOVED to sing with Elvis Presley, she declined his offer to sing "I Will Always Love You" as a duet with him because she'd have had to give him half of the royalties. That's how Elvis split all his duets. That turned out to be a multi-million-dollar decision for Dolly because when Whitney Houston sang it in 1992 it became a MEGA hit and sold over 24 million records worldwide, and Dolly collected a lot more than just half of the royalties. "My songs are like my children - I expect them to support me when I'm old."

She has won 10 Grammys, a Lifetime Achievement Award, 10 Country Music Awards, the Entertainer Of The Year Award, 5 Academy of Country Music Awards, 4 Peoples' Choice Awards and 3 American Music Awards.

Dolly has made a decision not to inflict her political points of view on her audiences, allowing us to escape the worries and pressures of life and just enjoy her and her music.

"I just want to go and go and then drop dead in the middle of something I'm loving to do. And if that doesn't happen, if I wind up in a wheelchair, at least I'll have my high heels on."

Dolly, we will "Always Love YOU."

The Bow Athletic Club 5th Annual BACtober Fest

SATURDAY, SEPTEMBER 26, 2026

AT 4:00 PM

35 Albin Road (Hanson Park)

For information and to register go to:

runsignup.com/bactoberfest5k

After the race meet us at Gergler Field for the best block party in town which features: BBQ, Cornhole, music, and a beer tent... and Fireworks!

ADULT $40 5K YOUTH $30 KIDS GOSLING GALLOP $10 POST RACE CELEBRATION

Are you wondering what to do with your kids? Don't worry, we've got lots of fun activities planned for them!

Community After Party 5:00 PM at Hanson Park Gosling Field.

EMILY DORMAN provides essential behind-the-scenes support to Town departments, helping serve Bow residents effectively through her initiative, teamwork, and positive attitude. Since joining the Town Facilities Department in February, she has contributed to major projects including the phone system upgrade and recreation center addition, managed work at the Municipal Building and Baker Free Library during a short-staffed period and quickly built strong relationships across departments.

At the library, she keeps spaces clean, fixes and rehabilitates furniture, and seeks practical ways to improve the environment for staff and visitors. Emily demonstrates a deep commitment to being part of the library community, including making handcrafted flowers to celebrate National Librarians' Day and leaving treats to be shared with staff.

Emily's reliability, adaptability, and commitment make her an outstanding asset to the Town of Bow. **Thank you, Emily!**

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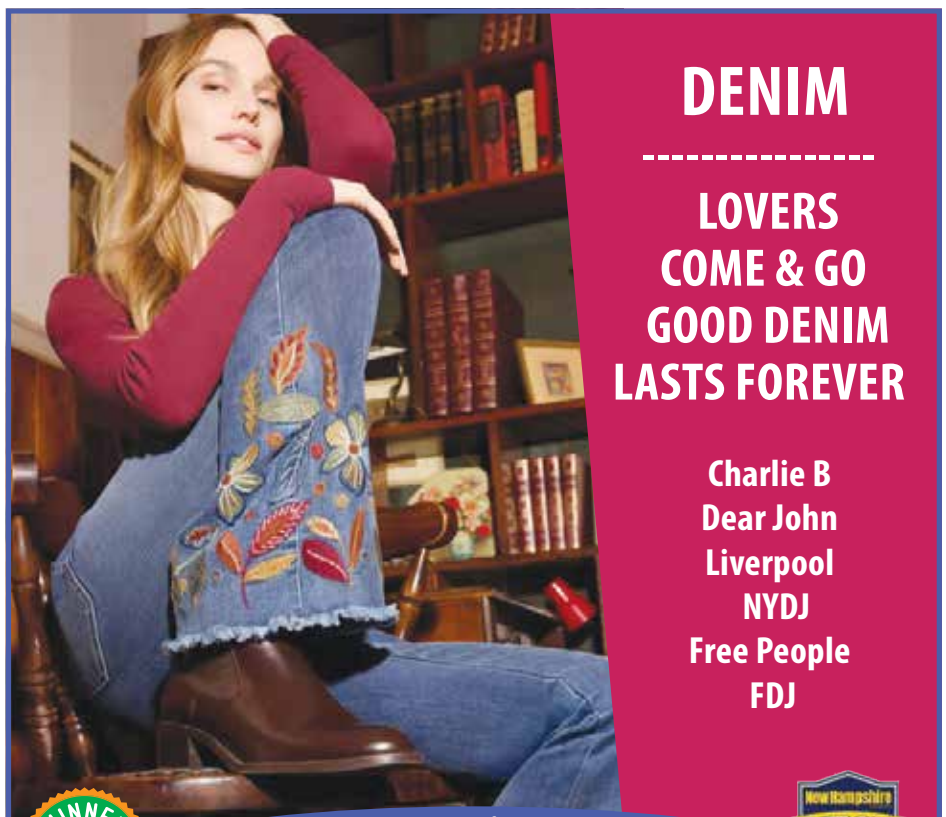

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travel with The Bow Times

"Saluti da Roma!" Bow residents Aaron, Zoey, & Casi Jewett of Bow, at the Colosseum in Rome, Italy.

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SAU 67 CONNECTED COMMUNITY EXPO

Find resources. Discover opportunities. Get connected.

Friday, September 25

4:30–6:30 PM

Outside Main Entrance of Bow High School
Inside the BHS lobby if weather does not cooperate

Meet local community partners

Explore resources, programs & upcoming events

Discover jobs for high school students

Stay for the BHS Varsity Homecoming Football Game at 7:00 PM!

Carla Holden

On July 26, Carla S. Holden lost her battle with cancer.

She is predeceased by her parents Amelia S. and Carl F. Holden Jr., brother, Jay Cutler and sister, Lee Lane. Carla leaves behind her husband, John LaPlante; grandson, Cole Mathieu, both of Dunbarton; daughter, Sunny and son-in-law, Michael Donohoe, of Merrimack; stepson, Dennis LaPlante of York, ME; brothers, Ted Holden of Dracut, MA and Rip Holden of Manchester, and her beloved grandchildren.

Carla worked in the hospitality business for over 40 years and was well-known. The last restaurant she worked at was Julian's in Manchester, where she brought a smile to many over the years. She could often be seen outside tending to her flower gardens with her dog or riding horses next door. Despite multiple adversities, Carla always rose to support family, friends, and neighbors. She loved her town and neighbors.

She will be missed by all those who knew her.

In lieu of flowers, consider a donation to any organization helping those battling cancer or addiction.

OBITUARY SUBMISSIONS

- Funeral homes and cremation service providers should handle submission and payment for obituaries.
- If a family is not using a funeral home or cremation service provider, they can email the obituary text and photo to info@thebowtimes.com.
- Payment must be submitted before print date.

DEADLINES: The obituary deadline for monthy editions is indicated on The Bow Times Media Calendar available upon request.

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The Bow Times reserves the right to edit for accuracy and adherence to newspaper standards.

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FUN TRIVIA FACT from Quote Investigator

"LOL" used to be an acronym for "little old lady."

Long before anyone laughed out loud on the internet, "LOL" was in use by virtue of a different phrase: "little old lady." The acronym was popularized in the 1960s by San Francisco Chronicle columnist Herb Caen, who used it in many of his works. In his 1960 book ***Only in San Francisco***, for instance, he described an outfit that included a tricorn hat topped with a bird as the "regalia of the authentic LOL."

DOCTOR'S CORNER
by Dr. Richard Johnson
Dunbarton

ORAL HEALTH

The health of your mouth, teeth, and gums is a good predictor of your health in general. According to the CDC, more than half of all children and adolescents have had cavities in their permanent teeth, and almost all adults have had cavities in their permanent teeth. So, what is the problem with a dental cavity? Think about tooth decay as occurring in stages. Demineralization is the first stage. Then comes enamel decay and a cavity may become noticeable. Dentin decay is next. This is the layer just beneath the enamel. It is much "softer" than enamel, and once bacteria get to this level cavities are rapidly formed and may be sensitive. The pulp is the innermost layer of a tooth, and in this layer travel the nerves and blood vessels. With a cavity reaching this depth you most likely will experience pain and there may be swelling and tenderness of your gums. If all this is left untreated a pocket of pus will form (abscess) at the tip of the dental root. This infection can spread to other parts of your body. The popular saying: "An ounce of prevention is worth a pound of cure" is certainly true here. Good oral hygiene is essential. Brushing your teeth with a fluoride toothpaste after every meal, or at least morning and evening, is the first step. Then there is the flossing that, if you are like me, can be hard to incorporate into the ritual of brushing. I am always reminded by dental professionals of the importance of getting rid of food and plaque between the teeth!

Should we get rid of the bacteria in our mouth. No! There are over 700 different kinds of bacteria in our "oral microbiome," and many are there for our defense and to aid in the digestion of food. The problems arise when there is an imbalance and "bad" bacteria feed on sugar and starch producing acids that erode enamel and start the process of forming a dental cavity.

Oral cancer is more common in men and older people. Tobacco and alcohol use are among the leading causes of oral cancer. In North America and Europe, human papillomavirus infections are responsible for a growing percentage of oral cancers among young people. Trauma can cause significant dental problems; hence one should use protective equipment when engaging in sporting events.

The 3-3-3 rule for oral hygiene is a good starting point: brush three times a day, for three minutes each session, and replace your toothbrush or brush head every three months. Having a dental exam at least once a year will not only identify and treat cavities; it is also a good way to screen for gum disease and oral cancer. Your personal dentist is a gate keeper for good oral health and healthy living.

Information for this article was gleaned from:
my.clevelandclinic.org/health/diseases/10946-cavities
www.who.int/news-room/fact-sheets/detail/oral-health

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