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## DUNBARTON NEWS ON PAGES 12-13

### BOW SCHOOL MEETING APPROVES

#### \$36,785,249 BUDGET, DEBATES RECORDING

When the March Bow Times went to press last month, the annual school meeting on March 14 resulted in spending \$36,785,249 on schools. Part of the increase was over one million dollars to cover the cost of collective bargaining salary and benefit packages for teachers and staff.

Warrant Article 21 was a citizen petitioned article for live streaming in recording of school board meetings. While the article failed to pass over the objection of the school board, Chairman Bryce Larrabee said “we’re all for recording and keeping minutes available.” On the other hand Superintendent Marcy Kelley said she would want the recordings removed after one month.

Hopkinton live streams and records its meetings and leaves them archived online.

For Bow residents, the push for the school district to adopt a policy similar to the one for selectmen was driven by the need for more transparency. Martin Jenkins believed that the petition would have solidified the rules, setting them in stone. “They adopted it after the petition, you might change it at the next board meeting,” said Jenkins. “We don’t want that. We want to say what the policy is.”

### BOW SENIOR ALBUSHIES WINS FIRST PLACE IN BOW ROTARY’S 4-WAY TEST SPEECH CONTEST



Bow Rotary held its annual 4-Way Speech Contest on March 19 at the Baker Free Library. A total of seven contestants from Bow High School participated. All contestants spoke about personal experiences in various subjects.

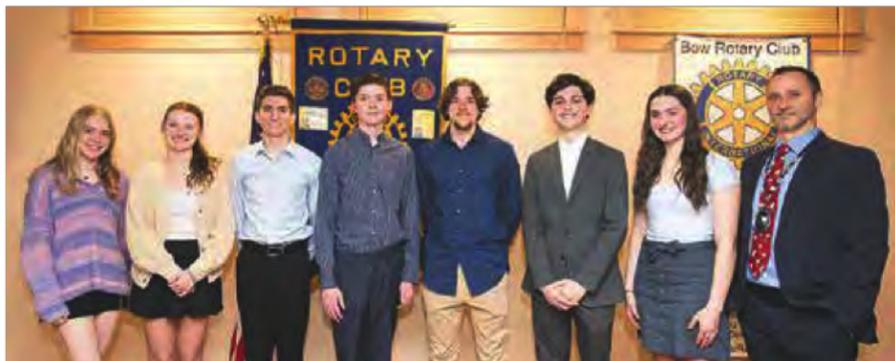
First place winner, Joseph Albushies, spoke of the need for a community center in Bow and how it would create a hub for the community to build more meaningful relationships. Matthew Kropp, who placed second, talked about homelessness, how kindness and volunteering could build goodwill for those less fortunate. Third place winner Emily Fauteux, spoke about family hardship when her aunt had cancer and how it took a village to step in to help raise the children when her aunt was in the hospital.

Prizes were awarded to the winners in the amounts of \$500, \$300 and \$200 respectively.

Four other participants included Liam Miller, Annabelle Cattabriga, Hannah Miller and Carter Monroe. Congratulations to all the participants who made their thoughtful presentations to the more than 30 attendees.

Thank you to the judges: Judy Goodnow, Ian Flanagan, Duane Ford, Matt Poulin and Mary Ann Wells.

Albushies will go on to compete in the Rotary District semifinals at the Henniker Community Center on April 6, at 1:00 PM.



From left, contestants Hannah Miller, Annabelle Cattabriga, Joseph Albushies, Carter Monroe, Liam Miller, Matthew Kropp and Emily Fauteux with Rotarian Ben Kiniry who emceed the event. Photos courtesy Eric Anderson.

## HOPKINTON-CONTOOCOOK NEWS ON PAGES 8-9



### ARE UKRAINIAN WAR REFUGEES IN NH GOING TO BE DEPORTED?

by Chuck Douglas

Almost 300 Ukrainians have come to New Hampshire as war refugees under a humanitarian parole program to rebuild their lives and provide a safe environment for young children.

However, early this month several families received an email from the Department of Homeland Security telling them to “leave immediately.”

The original email read in part, “If you do not depart the United States immediately, you will be subject to potential enforcement actions...criminal prosecution, civil fines, and penalties...Do not attempt to remain in the United States – the federal government will find you.”

Ominous in tone, it coincided with news that a Russian missile strike near a playground in Ukrainian President Volodymyr Zelenskyy’s hometown, Kryvyi Rih, that left nine children dead.

U.S. Senator Maggie Hassan, D-New Hampshire, said she was concerned about the message being sent. “The Ukrainian people have suffered for years because of the unprovoked and brutal invasion of their country by Vladimir Putin,” she said in a statement. “Instead of causing chaos and confusion for Ukrainian families living peacefully in the United States, the Trump Administration should instead stand up to Russia.”

Then on April 4, a follow up email said the prior one had been sent in error and refugee status was unchanged.

With tariffs turned on and off like a light switch the refugees live in enough uncertainty without the stress of “get out now” emails. To turn our back on these folks would be cruel, immoral, and a stab in the heart, since they are not here illegally, but were vetted as war refugees.

#### PEACE NEGOTIATIONS

How can Mr. Trump negotiate a peace when his Secretary of Defense already gave up two key points of contention before talks even began?

Russia’s Vladimir Putin has been concerned about Ukraine joining NATO and the possible use of American armed forces on the ground to keep the peace, as we do in South Korea. The Trump team conceded those points and then made it a trifecta by saying Russian gets to keep the four provinces it has taken over since 2022 in Ukraine.

How is giving Putin what he wants before talks even begin going to get leverage for a deal? Trump needs to read Putin’s book on KGB negotiating techniques called “The Art of No Deal.”

CONTINUED | on Page 10



### PIKE INDUSTRIES GIVES BOW A BREAK

In return for getting a \$609,000 contract for paving and repair of Bow roads, Pike Industries of Belmont gave Bow a \$1.50 price reduction on each ton of asphalt. Last year, Bow paid \$84.25 for a ton of asphalt, but this year the price dropped to \$82.75 a ton. The work calls for 6,887 tons of asphalt.

**CORRECTION:** In the March edition, referencing the voting outcome of Dunbarton’s elections, the Bow Times reported that Alana Lavoie defeated Ray Plante in the race for Selectman. It should have been: “In the race for a spot on the Board of Selectmen, **Dana Lavoie** beat Ray Plante 228-114.” We apologize for the error.

**WINNER OF 25 NH PRESS ASSOCIATION AWARDS**

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## EDITORIALS

### TRUMP TARIFF TAX - LIBERATION OR OBLITERATION?

Since April 3 when President Donald Trump declared "Liberation Day" and raised tariffs from \$78 billion to \$792 billion the stock market drop in assets vaporized over 6 trillion dollars in our 401(k) plans and other investments in early April.

This tax increase is far larger than the \$159 billion President George H. W. Bush signed on for in November of 1990. As a Republican member of the House of Representatives then I voted against his budget deal, but it pales in comparison to the \$792 billion that will be paid by American importers to the U.S. Treasury.

Seeing how much this can tank the economy New Hampshire's own Karoline Leavitt single handedly revived dumb blonde jokes when, on March 17, she said that "tariffs are a tax cut." As a graduate of St Anselm College, she got a softball scholarship but must have missed the Economics classes.

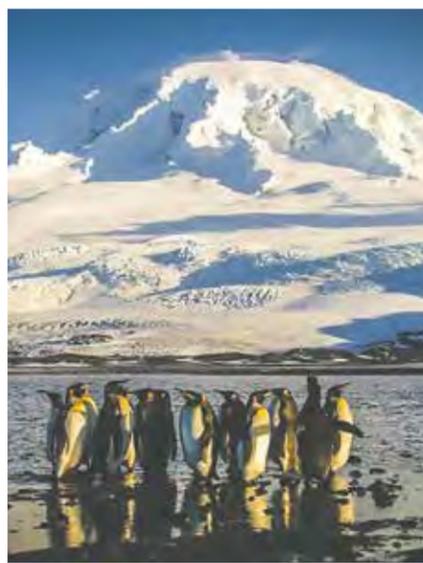
Not to be outdone Senior Trade Adviser Pater Navarro also has described the tariffs as "tax cuts."

The theory must be that saying that it is so makes it so.

While I am no fan of Elon Musk, he clearly nailed it on April 8 when he said, "Navarro is truly a moron" and "dumber than a sack of bricks."

Jamie Dimon, the CEO of J. P. Morgan Chase, sees a possible recession, as do most real economists.

Then after another drop in the markets on April 9 the President suddenly suspended the reciprocal tariffs for 90 days.



The chaos is in part caused by sloppy research by the White House. A 10% tariff is on the schedule Trump held up so confidently to include the Heard and McDonald Islands which are inhabited by penguins and no people. Thus far the penguins seem to be ignoring the tariff.

Little Norfolk Island in the Pacific is part of Australia which got hit with a 10% tariff while the 2,188 people on Norfolk have a 29% rate. More people live in Dunbarton than on Norfolk Island to put the island's economic juggernaut in perspective.

The tariff tax is collected at the border by U.S. Customs and our importers have a simple choice to make after paying it: cut profits or raise prices. That is why Canadian lumber for a house and Mexican made American cars will have huge price increases of up to \$10,000.

Sloppy work should not a tariff make but most Republican elected officials have failed to oppose this massive tax increase. The one exception is Kentucky Senator Rand Paul who called a spade a spade: "The truth is that

tariffs are taxes. They don't punish foreign governments; they punish American families. When we tax imports, we raise the price of everything from groceries to smartphones, washing machines, and every other conceivable product. It's time we saved the American people from high prices and prevent the Democrat restoration to power. It's time to terminate tariffs."

The last time Republicans went for tariffs in 1930 they lost 100 seats in the U.S. House. Speaker Hakeem Jeffries is coming our way next year unless conservatives oppose this massive tax increase now.

### TRUMP TAKES ON FLAGMAKERS AND SWAPS GREENLAND FOR HAWAII

The Flag Advocacy Group or FAG has lobbied hard for Canada or Greenland to be added as a 51st state because converting flags to 51 stars will make hundreds of millions in all new flags. The flag has not changed since 1959, when Alaska and Hawaii were admitted.

Hopes were dashed when President Trump cut a deal with Japan for higher tariffs, but gave them Hawaii. Japan has sought the islands since December 7, 1941, and they contain the highest percentage of Japanese heritage.

Said Trump: "We gave Denmark 0% tariffs and they gave us Greenland, which is actually as white as its people. Getting rid of those Asians was a good trade."

*April Fools anyone?*

*Chuck Douglas  
For a free press, je suis Charlie*

## LETTER TO THE EDITOR

If you are, as the Bow Times recently put it, an adult "waiting to exercise [their] First Amendment right to wear the XX armbands in public sporting events in Bow as soon as possible," then thank God we know who's really harassing minors. Trans people aren't the problem; grown adults with nothing better to do than harass minors are the problem. These kids just want to play sports - fearmongering and pseudoscience have convinced you they're the enemy. When Tuftonboro Republican Glenn Cordelli proposed HB 324, another in a censorious onslaught intended to protect students from content deemed "inappropriate" for school, he said: "Are these educational materials of any value ... in our school libraries?... How about schools concentrate on academics and knowledge instead of sexualizing our children?" Fascinating that Cordelli is interested in academics and knowledge, considering how many conservatives supported the massive school budget cuts sweeping through NH, and considering how little academics and knowledge support the "gender binary" debate. I would be surprised if half the parents so desperate to wear an XX armband can even describe the process of mitosis. The federal government wants us divided. Trans people are not your enemy. Leave them alone.

**Bellamy Ridinger, Hopkinton resident**



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**WHAT'S THE BOTTOM-LINE?**

by Christian Troy

In the end, after the review of the features of a product or service, whether we are buying a car, or a house, or signing up for Medicare- we all just want to know the bottom-line number. The only problem is that Medicare is a not a simple product.

Medicare is a Federal health insurance program. It is written to try and cover as many personal situations as possible which is why it needs to be so complex. For the purposes of this article, let's look at a person who is turning 65 and is eligible for Medicare (they have worked for 10 years and paid FICA taxes). In this example, this person is married filing jointly on their taxes. Let's go over the foundational costs for this person with their Original Medicare: Original Medicare has two parts: Part A and Part B.

Part A largely covers inpatient **hospital**, skilled nursing, hospice, and some health care coverage. As the person in this example has worked for 10 years (40 quarters) and paid FICA taxes, Part A does not have a monthly premium.

Part B covers medical services (**doctors**, outpatient services), preventive services, and medical equipment and supplies. There is a base monthly premium for Part B, and in 2025 that base monthly premium is \$185.00 per person. This base monthly premium can change each year. Additionally, in our example it is assumed that the person has enrolled within their specific qualified enrollment window, and as such there are no Part B penalties.

After you sign on to Medicare Part B, each year the Social Security Administration (SSA) will review your tax filing to potentially assess a Part B IRMAA and a Part D IRMAA. IRMAA stands for Income-Related Monthly Adjustment Amount (IRMAA) and these assessments are based on your Modified Adjusted Gross Income (MAGI). In our example, the person is married filing jointly in 2025. An IRMAA will be added to our person's Part B premium cost if the MAGI on their filing is \$212,000 or higher. There are four additional higher MAGI IRMAA brackets where larger IRMAAs can be assessed. Social Security re-reviews the tax filings each year with a two-year look-back period to assess IRMAAs. So, IRMAAs can fluctuate up and down.

To stay focused on our person's bottom-line costs, let's assume their MAGI is between \$212-\$266k. That person would be assessed a Part B IRMAA of \$74 a month. That person would also be assessed a Part D IRMAA of \$13.70 a month.

So in this example, the bottom line monthly cost for Original Medicare, for a person who is married, filing jointly who has filed a MAGI of between \$212-\$266k is: \$272.70 a month. This amount can be billed, or if they are taking social security, it can be automatically deducted from their social security check.

Here's the breakdown of our example above:

- Part A Premium: \$0 a month
- Part B Premium: \$185 a month
- Part B IRMAA: \$74 a month
- Part D IRMAA: \$13.70 a month

What's not included in this? Drug Coverage, which has a cost. This can be acquired by two methods: either through a stand-alone prescription drug plan (PdP), or via its incorporation inside a Medicare Part C Advantage Plan. And ancillary health coverages: Hearing. Dental. Vision. Etc. These also have costs and can be acquired via stand-alone plans.

Let's stop here as we could easily go down the Medicare rabbit hole. If you have read this far, our hunch is that you want to know what *YOUR* costs are going to be. Call us at Woodpecker. We are licensed insurance agents. We solely focus on Medicare and Medicare health plans. We are independent and we will work with you to get you *YOUR* bottom-line. Give us a call at 603-499-4399 to speak with Christian or Larissa Troy, licensed insurance agents.



Rocky, the Aussie shepherd (not a licensed insurance agent)

**We focus solely on New Hampshire Medicare, offering knowledgeable guidance and in-depth county insight.**

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**APRIL IS FINANCIAL LITERACY MONTH**

Great time to start talking about money with your kids.

How soon is too soon to talk to your kids or grandkids about money?

If they are old enough to ask for a toy or a bike, they are old enough to start learning financial lessons that will last a lifetime.

The best financial lessons are part of everyday experience. Look for opportunities to talk about money, read books aloud and play games that center around spending money wisely. Be open and honest when you discuss your financial experiences good or bad.

Here are some examples of teachable moments to help you get started:

**At the bank:** When you go to the bank, bring your children with you and show them how transactions work. Get the manager to explain how the bank operates, how money generates interest and how an ATM works.

**On payday:** Discuss how your pay is budgeted to pay for housing, food and clothing, and how a portion is saved for future expenses such as college tuition and retirement.

**At the market:** It's easy to give clear examples of "needs" and "wants" using different kinds of foods at a grocery store. Milk (for strong bones) is a need; soft drinks are a want. Explain the benefits of comparison shopping, coupons and store brands.

**Chores and allowances:** Assign chores and give them a monetary value. Discuss ways to budget and divide allowances. Encourage children to set a financial goal, such as saving for a bike, and figure out how to achieve it.

**Paying bills:** Explain the many ways that bills can be paid: over the phone, paper or by check, electronic check or online check draft. Discuss how each method of bill pay takes money out of your account. Be sure to cover late penalties, emphasizing the importance of paying bills on time.

**Using credit cards:** Explain that credit cards are a loan and need to be repaid. Share how each month a credit card statement comes in the mail with a bill. Go over the features of different types of cards, such as ATM, debit and credit cards.

**Browsing the Internet:** While online, explain to your children how valuable their personal information and privacy is to you, to them and to online predators. Discuss the risks and benefits of sharing certain information. Then, as a family, make a list of rules for keeping personal information safe online.

**Planning a vacation:** Whether you are planning an outing to a local amusement park or a once-in-a-lifetime trip, emphasize the value of saving as a family. Set a family savings goal that involves your children. Figure out the cost and discuss ways everyone can help to reach the goal.

**Remember** Always encourage your children to ask questions about money. If you don't know the answer, research it together or ask Sugar River Bank customer service for help.

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**Bow Community Men's Club**

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 Email: info@bowmensclub.org



**FLAGS ACROSS BOW  
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Members of the Bow Community Men's Club will place the "Stars & Stripes" on your property near the end of your driveway at least three days prior to each of the following patriotic holidays of 2023: Memorial Day, Flag Day through Juneteenth, Independence Day, Labor Day through 9-11, and Veterans Day. We will remove the flag three days after each holiday and reinstall it for the next holiday. Your payment of \$50 will be used to support the BSA and Cub Scouts, Scholarships for Bow HS students, Robotics Club and other charities within our community.

The US made flags measure 3'x5' and are made of 2-ply spun polyester or nylon with sewn stripes and embroidered stars, and will be mounted on a 10 foot pole and inserted into a 10 inch high ground spike.

**THERE ARE TWO OPTIONS TO ENROLL:**

1) Send a check for \$50 payable to the Bow Community Men's Club with this form to:  
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 2 Bela View Drive, Bow, NH 03304-4600  
 Phone: 603-856-7268.

2) or enroll on-line and pay \$52 via Square at https://bowmensclub.square.site/

**PLEASE NOTE:** Customer service calls this year should be directed to **Jim Weber** (new Flag Team Leader) at 603-340-3063 or email bowflags@gmail.com

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13 Van Ger Drive	3 Bedrooms   3 Baths	2168 Square Feet	1.36 Acres	\$550,000
31 Stone Sled Lane	2 Bedrooms   2 Baths	2724 Square Feet	CONDO	\$585,000
36 Putney Road	4 Bedrooms   2 Baths	1652 Square Feet	2.10 Acres	\$589,900
16 Poor Richards Road	4 Bedrooms   4 Baths	3127 Square Feet	1.00 Acres	\$625,000
59 Allen Road	4 Bedrooms   2 Baths	2060 Square Feet	5.51 Acres	\$665,000
24 Stoney Brook Road	3 Bedrooms   4 Baths	2729 Square Feet	22.15 Acres	\$830,000

**REAL ESTATE SALES IN DUNBARTON – MARCH 2025**

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44 Fairway Drive	4 Bedrooms   3 Baths	3091 Square Feet	6.36 Acres	\$1,210,000
115 Mansion Road	4 Bedrooms   6 Baths	5655 Square Feet	16.7 Acres	\$1,400,000

*Sales Data for March 2025 is provided by the NHMLS.*



# SPRING FORWARD INTO A NEW MINDSET!

by Jim Olson

The perspective from which I want to discuss this topic today has to do with cultivating a mindset that actually allows you to reach your goals.

It's easy to get fed up with your current situation – whether it be weight, a job, finances, a relationship or otherwise – and say to yourself “I'm done! Things are about to change!”

But then they don't.

Because that moment of inspiration from frustration is fleeting.

A month, a year, and 5 years go by and things are still the same...

...unless you create a new mindset that will allow you to follow through all the way to success.

Here are 5 steps you can take to do just that:

**1. IDENTIFY YOUR PAST MISTAKES.** Chances are that this thing you want to change...well, it's not the first time you've thought of tackling it. So go back and take note of why you weren't successful in the past.

**2. CREATE SMALL GOALS TO ACHIEVE ALONG THE WAY.** If you've got a pretty big goal, it can feel like you're standing at the base of Mount Everest. Overwhelm will not be helpful in getting to your destination, so setting smaller goals to work toward that ultimately add up to the big goal is important for maintaining your motivation.

**3 STAY FLEXIBLE IN YOUR PURSUIT.** Plans don't always work out like we want them to. Life throws us challenges. Most people quit as soon as things get in their way. You cannot! Be ready to adapt as you move forward.

**4. STAY INSPIRED.** The initial burst of inspiration you get to take action won't last forever, so you have to find ways to keep the inspiration. Some suggestions can be creating a vision



Jim Olson

board, having an accountability circle of others who keep you on track, or listening to/reading things that inspire you every day.

**5. ENGAGE IN A DAILY ROUTINE.** Whether it's journaling, reading, writing or saying affirmations, visualization, or a combination of all of them, having a daily routine centered around personal growth will absolutely keep you on track in pursuit of your goals.

This is a formula, not a pick-and-choose, so it's important that you do all of the above!

And if you're ready to take the next step and tackle your fitness and nutrition differently, please call or email us today so we can discuss your goals

and how IF can help you achieve them!

Helping you take your next step — Jim



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# HOPKINTON Town Crier

two villages ♥ one heart

by Kathleen Butcher

kathb123@comcast.net 603-724-3452



Photo Eric Anderson

**CALL FOR TEACHING ARTISTS.** Every summer for the past 11 years, St. Andrew’s Episcopal Church has hosted Making Your Mark, an arts day camp for local fourth, fifth and sixth graders. At camp children are encouraged to use their imaginations, experience their own creativity, and gain confidence in their ability to try something new. Since art matters, the camp focus on the arts is fun with a purpose. Children attend camp free of charge for the week. If you are available and interested in spending one morning or afternoon sharing your craft, please email [Kemerson630@gmail.com](mailto:Kemerson630@gmail.com). We continue to be deeply grateful for the efforts that artists have graciously contributed to the camp experience and to the joy of the kids who have learned from them.

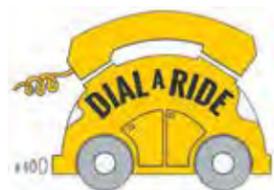
**THE HOPKINTON HISTORICAL SOCIETY** is currently accepting donations of furniture, tools, collectibles, framed art, old silver, china, jewelry, etc. for its Vintage Yard Sale on May 17 (rain date May 18), and would be happy to pick up any of these items. Please email [administrator@hopkintonhistory.org](mailto:administrator@hopkintonhistory.org) or call 603-746-3825 to schedule pick-up or drop-off of your items. Thank you for your support!

**VINTAGE YARD SALE.** Do you have too much stuff in your home that doesn’t “spark joy”? Boxes of items inherited from relatives that you don’t know what to do with? Hopkinton Historical Society would like to help you out! The Society is currently accepting donations of furniture, tools, collectibles, framed art, old silver, china, jewelry, etc. for its Vintage Yard Sale on May 17 (rain date May 18), and would be happy to pick up any of these items. Please email [administrator@hopkintonhistory.org](mailto:administrator@hopkintonhistory.org) or call 603-746-3825 to schedule pick-up or drop-off of your items. Thank you for your support!



**THE FARMERS MARKET** is inside Maple Street School on Saturdays from 9am-12pm. Ongoing updates and information available at Contoocook Farmers' Market on Facebook.

**WEDNESDAY SENIOR LUNCH.** Come to the Slusser Center every Wednesday at 12:00pm for a home-cooked meal. The Center is fortunate to have volunteer groups from all over who donate their time and efforts to cooking a wonderful meal. So come, eat, laugh, and make new friends! Suggested donation per person is \$5.00. We are always looking for groups to sponsor a meal. Call (603) 746-8265 for more information.



**THE DIAL-A-RIDE** Program was founded in 1979 by Anne Longley Slusser. This program is housed at the Slusser Center on 41 Houston Drive in Contoocook, and is available for all Senior Residents of Hopkinton and Contoocook. The Hopkinton Woman's Club

is a sponsor of this program. Transportation (by private car) is available 5 days a week (Monday through Friday) for the Contoocook/Hopkinton and Concord areas for food shopping, hospital, medical, dental and other appointments. It is necessary to give the Dial-A-Ride Office 48 hours advance notice. You can either drop in at the Dial-A-Ride Office, or call the office at 746-HELP or 746-4357. The Dial-A-Ride Office is open on Mondays, Wednesdays and Fridays from 10:00 a.m. to 12:00 noon. If you call the office at other times, please leave a message on the answering machine, and your call will be returned when the office is open. Dial-A-Ride is a service program operated totally on a non-fee, non-funded basis by a continuous network of responsible and dedicated volunteer townspeople from all areas of the Town of Contoocook/Hopkinton. They donate their time, talents, vehicles and gasoline in order to meet the needs of senior residents. Voluntary donations may be made to: Dial-A-Ride, P.O. Box 83, Hopkinton, NH 03229-0083.

**JOIN HOPKINTON RECREATION** for the spring session of Hopkinton Tiny Explorers. For ages 2-5 years. Mondays May 5, 12, 19 and June 2, 1020-1130am. Come have fun with Naturalist Linden Rayton. Register now at [www.HopkintonRec.com](http://www.HopkintonRec.com)

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**2 VILLAGES ART SOCIETY**

**3 Wood & Mixed Media Artists Exhibit Their Works**

**“Whose Woods These are, I Think I Know”**

April 26 – May 17

*“Whose Woods These are, I Think I Know” opens Saturday April 26 with a reception from 12-2 p.m. Light refreshments will be available, and live music will be performed by Craig Fahey.*

This exhibit features the work of Kathleen Dustin, Dan Dustin, and Donna Zils Banfield. The artists collaborate across different media, bringing their skills and aesthetics together in a unique exhibit. Using nature and natural forms as a base, they create mixed media and wood sculptures, jewelry, hanging pieces, and vessels that take whimsical and unexpected forms. All three are juried members of the League of N.H. Craftsmen.

**TVAS gallery is open to the public free of charge, Thursday– Sunday from 12-4 pm. 846 Main Street in the village of Contoocook.**

# HOPKINTON POLICE DEPARTMENT



## MARCH 2025 ARREST LOG

**10 Arrests • 4 Accident • 325 Traffic Stops**

- 03/02** Tricia Fosburgh, 51 of 49 Garden Drive Apt 17, Manchester, arrested for DV; Simple Assault and Criminal Mischief.
- 03/06** John Heino, 51, of 47 School Street, Warner, arrested for Drive After Revocation/Suspension-DUI, Driving without Interlock Device and Disobeying an Officer.
- 03/08** Ryan Henderson, 20, of 234 Major Potter Road, Warwick, RI arrested for Transport Alcohol by Minor; Alexa McQuaid, 19, of 79 Lawrence Road, Merrimack, arrested for Unlawful Possession/Intoxication; Ethan Donofrio, 20, of 44 Millwood Drive, Branford, CT arrested for Unlawful Possession/Intoxication; Skyler Lamphere, 18, of 214 Prim Road, Colchester, VT arrested for Unlawful Possession/Intoxication; Brycen Blair, 20, of 331 Elm Dale Road, North Scituate, RI arrested for Unlawful Possession/Intoxication.
- 03/20** Alistair Magary, 20, of 41 Stone Bridge Drive, Chester, NH was charged with DV-Criminal Threatening; Fear of Bodily Injury and Reckless Conduct; DV; Deadly Weapon.
- 03/21** Levon Blue, 39, of 21 Dustin Road, Warner, NH was charged with Willful Concealment.
- 03/25** Lewis Morin, 43, 218 Kilton Pond Road, Grafton, NH was charged with Drive After Revocation/Suspension.



**CALL IF YOU CAN**

**TEXT IF YOU CAN'T**



## WHEN HUMOR DEFINES LIFE

by Bow Resident Paul Pomeroy

My wife and I have celebrated our 57<sup>th</sup> wedding anniversary. And as I sit in my recliner, sipping my coffee, I realize that our present state of wedded bliss might be best represented in a series of Saturday Night Live comedy skits.

One skit might be titled: *Whose Blood is it anyway?*

It seems that our skin, especially after so much time in the sun, has become as fragile as tissue paper. Any bump, pull, or scratch results in a wound. So we might find a drop of blood on a towel, or on the floor, or in the sink, or anywhere. That's when we get together to determine whose blood it is anyway. We check each other over like two of Jane Goodall's chimps grooming themselves. When we go to our daughter's home to dog sit, she leaves, on the table, dog food, dog leash, doggie bags, and band-aids.

Perhaps a skit might be titled: *Can you hear me now?*

It seems our hearing, somewhat like our skin, has had better days.

"Hey look and see what this thing is on my neck"

"No way! It's too cold on the deck!"

"Not 'deck', NECK, Neck with an N"

"What are you looking for in that cabinet?"

"The rice."

The MICE?!

Not mice, rice. R-I-C-E (Sometimes spelling is the fastest way to clear up any misunderstanding.)

It used to be that we would use the closed caption option on our TV only when we watched PBS. (Could never figure out what language the English, Irish, and Scots were actually speaking). Now days we just turn up the volume and leave the CC option on all the time.

Perhaps another title: *If it's Tuesday it must be* (fill in Doctor's name here)

Perhaps another title: *You can't wear that out in public!*

Perhaps another title: *Masters of The Early Bird Special.*

And of course, there would have to be one or more dedicated to memory: Perhaps *Now where did I put my keys?* or perhaps *Did you remember my mother is coming to stay with us for a few days?*

(Sometimes I think my wife is gaslighting me. I suspect she never told me half the stuff she swears she told me.)

In one memory skit I can see an older couple watching TV. The husband gets up to get a glass of water in the kitchen. The wife asks him to bring back a small bowl of ice cream when he returns.

"But you better write it down or you'll forget."

"Nope" he says, "I got it – ice cream."

"With some chocolate syrup and a cherry. But you better write it down or you'll forget!"

"Nope" he says, "ice cream, syrup, cherry—got it."

About 20 minutes later the husband returns and places before his wife a plate of bacon and eggs.

"See!" she says. "I knew you'd forget. Where's my toast!?"

## Travel with The Bow Times



Bow residents Annie Kenney, her daughter Lexi Maiorino and Brock Ehlers, visiting Cape Coral, Florida.

Send travel photos to [nmannion1@comcast.net](mailto:nmannion1@comcast.net) and The Bow Times will share it with all of our readers!



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**UKRAINIAN WAR REFUGEES** | Continued from page 1

Leading the stellar team for the United States is Steve Witkoff, a fellow real estate tycoon. In an interview in late March Mr. Witkoff said after he met Putin “I liked him” and he didn’t “regard Putin as a bad guy.” Tell that to the millions of Ukrainians who have fled their country and the tens of thousands of dead and wounded at the hands of Putin’s army.

A peace deal by the Trump-Witkoff team will mean a sellout of Ukraine.

Most Americans were in shock after seeing the airplanes retreat from Kabul Afghanistan under President Biden that was a total disaster and a blow to America’s prestige. Biden’s poll numbers never recovered from the botched retreat.

President Trump will face the same mess when thousands of Ukrainians are rounded up and shot after Putin’s puppies deliver him “peace.”

The Trump switch began in a big way on February 24, 2025, when the United Nations General Assembly took up a resolution condemning Russia for its invasion of Ukraine. Apparently that invasion never even happened so we joined our longtime “friends and allies” Belarus, North Korea and Russia in voting against it. Are we now proud members of the Autocrats’ Axis of Evil? What Republican could ever vote with North Korea?

Voting against us were our new enemies: Britain, Canada, France, Germany, Japan, and most of the world, who are not in a coma thinking Ukraine “started the war” as Trump put it.

**HISTORY AND RONALD REAGAN**

On March 8, 1983, President Ronald Reagan referred to the Soviet Union as “the evil empire” and began a push to collapse its economy. Just two years after he left office Reagan’s dream came true and the Soviet Union collapsed in 1991 freeing a number of countries from the bear’s claws. A young KGB officer named Vladimir Putin called that collapse “the greatest geopolitical catastrophe of the century” and he pledged to rebuild the empire.

President Trump betrays the memory of Ronald Reagan by siding with Russia, Belarus and North Korea. As he sits at the resolute desk, Reagan’s portrait is on the wall to Trump’s left. It is time to take it down and stop pretending he is a Republican who fights tyranny like Reagan did.

A March 9 poll found the 65% of republicans still believe we should continue aid to Ukraine until the end of the war.

Why then does our so-called Republican President beat on his friends and suck up to the dictators? He sounds like a tough guy when he says he will “take” Canada and Greenland by force if necessary, even though they are (or were) allies and friends.

What he doesn’t do is spar with a real tough guy named Vladimir Putin because, like most bullies, Trump is afraid he’ll get decked by a real dictator.



In nature, spring is the most active time of year. There’s a buzz in the air: flowers blossom, trees turn green as they come back to life, and new growth abounds. Isn’t it time to get busy working on your financial future? Let’s craft a custom financial plan that will have you ready for everything life has in store, so you can enjoy what each new season has to offer.

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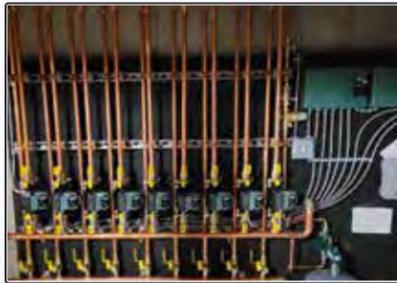
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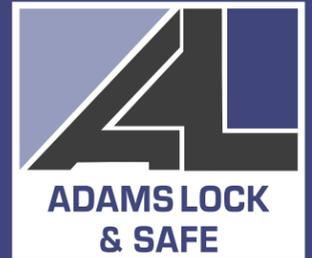
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Aaron Phinney, Kayla Phinney & Andrew Phinney

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# DUNBARTON POLICE DEPARTMENT



## SATURDAY, APRIL 26 ♦ 10 AM - 2 PM

Dunbarton PD will participate in the Drug Enforcement Administration's (DEA) National Prescription Drug Takeback Day! The event will take place on Saturday, April 26, from 10:00 AM - 2:00 PM at the Dunbarton Police Department, located at 18 Robert Rogers Road.

Residents may dispose of unused, unwanted, or expired prescription medications, with no questions asked. Please note: we are unable to accept inhalers, liquids, or needles. The proper disposal of medication helps reduce unauthorized access, theft, abuse, and damage to the environment.

**Clean out your medicine cabinets as part of your spring cleaning routine!**

## MARCH 2025 ARREST/CHARGE LOG

*Please note: "All defendants are presumed innocent unless and until proven guilty in a court of law."*

**03/03:** Andrew Cassidy, 39, Goffstown, was taken into custody for driving or operating under the influence of drugs or liquor, speeding, and 3 counts of open container.

**03/04:** Jessica Spaulding, 21, Tyngsboro, MA, was taken into custody for 2 counts of operating without a valid license - subsequent offense and default or breach of bail conditions.

**03/06:** Harley Averill, 45, Dunbarton, was charged with 2 counts of violation of a protective order; penalty and 2 counts of stalking from 2 Dunbarton PD warrants.

**03/07:** Melissa Moscaritolo, 47, Contoocook, was charged with sale of a controlled/narcotic drug - death resulting and 2 counts of falsifying physical evidence from a Dunbarton PD warrant.

**03/07:** Amy Araiza, 34, Weare, was charged with allowing an improper person to operate from a Dunbarton PD warrant.

**03/08:** Edward Dunbar, 45, Candia, was charged with disorderly conduct from a Dunbarton PD warrant.

**03/11:** Austin Bouch, 19, Dunbarton, was charged with driving after revocation/suspension and operating without a valid license.

**03/11:** Trevor Rackliff, 25, Weare, was charged with suspended registrations.

**03/29:** Allan Farrell, 44, Manchester, was taken into custody for loitering/prowling, non-inspection, and an equipment violation.

**03/30:** Cody Lang, 31, Concord, was charged with driving after revocation/suspension, operating without a valid license - subsequent offense, and speeding.

Activity during the month of March includes, but is not limited to:

Animal Complaint: 7	Missing/Lost Person: 1
Assist Dunbarton Fire/EMS: 13	Motorist Assist/Disabled: 4
Assist Other Agency: 20	Motor Vehicle Complaint: 6
Burglar Alarm: 6	Motor Vehicle Lockout: 1
Car Seat Check: 4	Motor Vehicle Stop: 192
Court: 5	Police Courtesy/Assist Citizen: 2
Criminal Threatening: 1	School Zone/Patrol: 30
Criminal Trespassing: 1	Suspicious Activity/Person/Vehicle: 7
Fingerprint Service: 3	Theft/Fraud/Scam: 2
Harassment: 1	Vacant Property Check: 25
Hit & Run: 1	VIN Verification: 2
ICAC/Computer Crimes: 2	Wires/Trees Down: 9
Illegal Dumping: 1	Welfare Check: 1



## ACTIVE SHOOTER TRAINING

Dunbarton Police Officers recently completed Active Shooter Response/Slow Search Tactics Training. We train in these vital skills at least twice per year, with a focus on effective team movements, communication, and problem solving.

A special thank you goes out to Sergeant Brian Tyler for running the training and to Capital Well for allowing us to use their buildings.



## CHILD PASSENGER SAFETY TECHNICIAN SERVICE

Dunbarton Police Sgt. Brian Tyler became certified as a Child Passenger Safety (CPS) Technician in April, 2019. Sgt. Tyler is qualified to conduct free child safety seat checks for Dunbarton residents at no cost. This is a great opportunity for parents and caregivers to receive education and hands-on assistance to ensure that their child's car seat is properly and safely installed.

**To schedule a mutually convenient appointment, please call Sergeant Tyler at (603) 774-5500.**

## GUEST READER DAY AT DES!



During the week of March 10th - March 14th, we stopped by Mrs. Wicklow's 3rd grade class at Dunbarton Elementary School for Literacy Week! Part of their festivities included hosting a Guest Reader Day. Thank you to Reading Specialist Wanda White for the invitation!

# NORA'S DUNBARTON NEWS



**HARVEY WINS KICK-A-THON** Dunbarton Elementary first grader **Harvey Nault** competed in a Kick-a-Thon at Bedford Martial Arts Academy and won \$500 for his school by completing the most kicks in a row! Harvey hopes the funds will be used to purchase fun new playground equipment.



Pictured are young Mr. Nault and Bedford Martial Arts Academy Master Instructor and owner John Stewart.

**THE ART AND HISTORY OF FLY TYING**, presented by Scott Biron: Tuesday, April 22, 6:30pm, Upper Town Hall. Join master fly tyer Scott Biron for an engaging and educational demonstration that combines craftsmanship, history and artistry. In this presentation, Scott will tie a fly while delving into its rich history and connection to the region. He'll discuss the hook and its maker, the traditional materials used in the tying process, and the cultural significance of these timeless patterns.

Scott Biron brings decades of experience and passion to the art of fly tying, having learned the craft in the 1960s in NH's North Country. A juried Master Artist in the NH Traditional Arts Program, Scott has been recognized with multiple NH Traditional Arts Apprenticeship Grants, including for his expertise in Traditional New England Streamer patterns and Classic Salmon Flies. Check the library's website or FB page to confirm date, time and place.

**CHAIR YOGA WITH SHERRY** will be on Thursday, April 24 at 11am. Upstairs in the town hall. Dress comfortably and bring water. Check the library's website or FB page to confirm date, time and place.

**DCC BOOK CLUB** This month the DCC Book Club: Beyond the Book is reading *The Ride of Her Life* by Elizabeth Letts. A true "heartwarming, and engaging folk-hero biography, of a woman who fulfilled her lifelong wish to see the Pacific Ocean by riding her horse across America." (Kirkus Reviews) Discussion will be Thursday, May 1 at 7pm. To confirm date, time and place and meeting link, email: Bbennett@dunbartonucc.org.

**PTO MEETING** Plan to attend the Elementary School PTO Meeting on Monday, May 5, from 6:30 pm to 7:30 pm in the DES Teacher's lounge. A Zoom link will also be provided for those that prefer to attend virtually. FMI and to request a link: dunbartonpto@gmail.com.

**A PHOTOGRAPHY PRESENTATION** with Drew Groves is on Tuesday, May 6, 6:30 pm in the Upper Town Hall. Come by to meet Drew. He will give a fascinating presentation on his gorgeous photography. Check out his display in the library centered on a new theme: The Vulnerable – "Those creatures I was blessed to have experienced, and that are recognized as having a precarious existence on Earth. They are listed as Vulnerable, Nearly Threatened, Threatened, Protected, Endangered, or even Critically Endangered." (Check the library's FB or website to confirm time and date.)



**PTO COLOR RUN** Come to the Color Run, a two-mile run/walk for students, families and community members on Saturday, May 10, from 10 am to 1pm. Proceeds will benefit Dunbarton Rec programming. \$20 per person. Runners get a race kit with a t-shirt, color packet, sunglasses, bracelet, color blaze sticker and temporary tattoos. To register go to <https://www.dunbartonpto.com/events>. Check-in and race kit pick-up at 9:00am at Dunbarton Elementary School.

**DUNBARTON GARDEN CLUB** will meet on Monday, May 12 in the upstairs of the library (1004 School Street). Social time will be at 6 pm, followed at 6:30 pm by Doris Bucu from UNH Extension. Doris became a Master Gardener in 2021 after working as an educator for thirty-nine years. She developed a love of gardening from her parents who had extensive flower, herb, and vegetable gardens. She'll present *Garden Strong-How to Stay Healthy as a Gardener*. Are you a gardener who spends so much time digging, weeding, watering, and hauling mulch that you are sore and tired at the end of the day? Learn some simple and important techniques for reducing stress on your body so you can garden without pain or injury. You'll also be introduced to some adaptive tools that will make gardening easier for anyone. Gardening strong and smart is the key to being able to continue to grow plants for many years. The meeting agenda will begin at approximately 7:30 pm. The Garden Club welcomes members of the public to join them for part or all of the meeting. For questions or info contact: [DGC03046@gmail.com](mailto:DGC03046@gmail.com).

**OPEN MIC NIGHT** The Spireside Coffee House will open the doors for music, poetry, comedy, storytellers etc. on Saturday, May 17, at 4:30 pm for performers to sign up. Show starts at 5pm at the Dunbarton Congregational Church, 6 Stark Highway North (Town Center). \$5.00 donation admission. Snacks are available and donations are welcome for food. Buildings and restrooms are handicapped accessible. Contact: email [Spireside@community-dunbarton.org](mailto:Spireside@community-dunbarton.org).

**DES SWEETHEART DANCE** The elementary school Sweetheart Dance (Hawaiian Style), sponsored by the PTO, will be held on Saturday, May 17, 6 pm to 8 pm in the Noyes Community Center (DES gym), 20 Robert Rogers Road, Dunbarton. This event is a fun night for students and a chaperone. It is free, but registration is needed to accommodate space. \*Please note, proper attire and appropriate behavior is expected at this formal dance. Running, roughhousing, and other disruptive activity will not be tolerated. For questions, contact [dunbartonpto@gmail.com](mailto:dunbartonpto@gmail.com).

**PAINTBALL** Join the Dunbarton PTO for a fun evening at AG Paintball in Weare on Sunday, May 18, 4 pm to 6 pm. This includes jelly ball (ages 8+), laser tag (ages 5+) and paintball lite (ages 7+). Additional games and food are available for purchase. Visit <https://www.agpaintball.com/> for more information.

**LOOKING FOR MEMORABILIA** Bill Nichols, chairman of the Dunbarton Historical Awareness Committee, is looking for photographs, news clippings, or oral remembrances of the "old ball field" that once was in the center of town on Everett Road, circa 1940-1960s. For additional information and more historical facts please call Bill at 603-774-4188, 603-320-0306 or email [snichols26@gmail.com](mailto:snichols26@gmail.com). You may also contact the Historical Awareness Committee.

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## DUNBARTON APPROVES SOLAR ARRAY

The town approved Warrant Article 17 at the Town Meeting held on March 11, 2025, to allocate \$31,592 for the purchase of the solar array at the transfer station. This purchase, which will be executed in February 2026, will save \$815/month in lease payments and also allow Dunbarton to enroll in the sale of RECs (Renewable Energy Credits) that will pay the town for renewable energy credits sold. This REC revenue is separate from the electric energy savings generated from producing power at the transfer station solar array.



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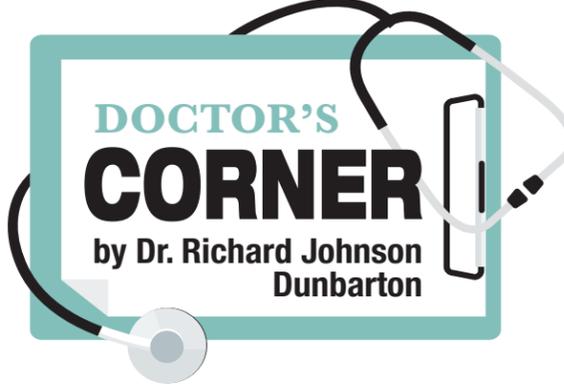
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**DOCTOR'S CORNER**  
by Dr. Richard Johnson  
Dunbarton



## YOUR SPLEEN

The origin of the word 'spleen' is at best unclear! It can be used as a noun (internal organ; seat of emotions) or an adjective (sullen, morose). Your spleen as part of the lymphatic system is a remarkable organ. Let's look at some of its well-known and not so well-known functions. Your spleen rests just above your stomach in the left upper abdomen under the left diaphragm. It is about the size of your fist, although various conditions can cause it to be larger.

It is rare, but you can be born without a spleen (congenital asplenia), leaving you at risk for life-threatening infections. As a baby develops in the womb, the spleen produces hemoglobin (the molecule that carries oxygen to all cells in the body). After birth, the spleen filters blood by removing old or damaged red blood cells (life span about 120 days) and platelets (life span 8-12 days). There are specialized cells in the spleen that can recycle the iron from the hemoglobin of damaged and old red blood cells. The spleen also makes white blood cells and antibodies that help fight infection.

The spleen is wrapped in a fibroelastic capsule which allows it to expand in size. This fibroelastic capsule is not very tough, hence the spleen can be ruptured relatively easily, and repair of the capsule is at best difficult. The substance of the spleen (called pulp) is divided into "white pulp" the main lymphoid tissue of the spleen, and "red pulp", whose primary function is to destroy the old, defective, and dead red blood cells.

Immune Thrombocytopenia Purpura (ITP) is an autoimmune condition where autoantibodies form a complex on platelets which then get broken down in the spleen leading to a low platelet count. Since platelets are the first to show up to help stop bleeding, their diminished numbers leave a person with a risk of severe bleeds. For those who do not respond to medical treatment, surgical removal of the spleen is an option. The spleen can be "overworked" filtering out abnormal red cells found in spherocytosis and sickle cell disease. Some malignant and benign conditions can infiltrate the spleen. All these conditions can cause the spleen to enlarge (splenomegaly) giving it a higher risk of rupture.

During blunt abdominal trauma the spleen is one of the most frequently injured organs. Depending on the nature and severity of the injury, the first treatment is medical; if that is not successful, surgery (splenectomy) is in order. For the person who will need to have their spleen removed, antibiotic coverage should be given before surgery. If that is not feasible, postoperative antibiotics are given. You can live without your spleen, but you will need antibiotic prophylaxis and influenza vaccinations for the rest of your life.





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# BOW HIGH SCHOOL SPORTS SPOT

by Matthew Mampuzha, Bow Times Sports Editor Photos | Chip Griffin

## BOYS BASKETBALL

The boys basketball team's season has drawn to a close after making it to the quarter-finals. Seeded 9th out of 14 teams making the playoffs, they upset No. 8 Manchester West before losing to the first seed, Pembroke Academy. The team only sees off 4 seniors, though, and has a lot of potential going forward. Its seniors are Adam Folsom, Keenan Hubbard, Harrison Denise, and Chase Royal.

## GIRLS BASKETBALL

Receiving the No. 7 seed out of 14 qualifying teams going into the playoffs, the girls basketball team was unfortunately upset in the first round by Coe-Brown Northwood Academy in a 54-46 defeat. It has 5 seniors graduating: Ella Gray, Kate McGovern, Kylie McKee, Bry Szeapan, and Gabriella Tarsa.



Goalie Lyrah Lydon guards against the Oyster River Portsmouth team.

## GIRLS ICE HOCKEY

Ranked No. 4 out of 11 playoff teams, the Bow, Bishop Brady, and Trinity co-op team defeated No. 5 ranked Lebanon-Stevens-Kearsarge co-op 2-1. However, the Falcons continued to lose to No.1 Oyster River-Portsmouth 5-1. As there are only 4 Bow students playing for the team (3 sophomores and 1 junior), all 4 will be eligible to return next year!



Senior captain Patrik Jurcins takes a shot against Keene.

## BOYS ICE HOCKEY

After sneaking into the postseason as the 10th seed out of 10 teams qualifying with a record of 6-10-2, the boys ice hockey team upset No. 7 Windham 3-2. Unfortunately, after the upset, the team proceeded to lose to No. 2 ranked Bishop Guertin 6-0. Although the team sees off 7 seniors, it's a larger team, only meaning that younger players will have to hope to improve and match their precursors' hustle.

## GIRLS LACROSSE

The girls lacrosse team is optimistic going into the coming year. The team was ranked 2nd in Division III last year and made it to the semi finals. Coached by Chris Raabe, who celebrated her 300th win last year after defeating Bishop Brady 19-2, the team has reasonably high expectations of itself for the coming season.



## BOYS LACROSSE

As always since moving to Division III, the boys lacrosse team is in a competitive spot, just like the girls lacrosse team. Coach Devin Calkins is in at head coach, and the team opens its season against Kearsarge High School, a team that Bow narrowly beat in the quarter finals last year.



## BASEBALL

The defending champions of Division II, the baseball team aims to bring itself back to the championship. The team brings back a lot of players from last year, and had only a few seniors graduating. The team, coached by Ben Forbes, starts its season at Hollis-Brookline High School on the 14th.

## SOFTBALL

The softball team is hoping to bounce back after losing in the semi-finals last year. As the No. 5 seed last year, it defeated No.12 Lebanon 12-0 and upset No. 4 ConVal 3-2 before losing 4-0 to No. 1 ranked Coe-Brown. Coach Cassidy Emerson, is in at head coach.



## GIRLS TENNIS

The 2025 season sees a huge roster for the girls tennis team! With over 20 members and only 6 varsity spots in tennis, coach Steve Langevin's team for the upcoming season will have depth and lots of rookies ready to improve.

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MLS# 5016322

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**BOW FIRE DEPARTMENT**  
MARCH 2025 BULLETIN  
www.bow-nh.gov



## APRIL 2025 RESPONSE ACTIVITY LOG

Basic Life Support Transports: 25

Advanced Life Support Transports: 20

Non-Transports Lift Assists 29

False Alarms/Service Call: 17

Fires /Hazardous Conditions 13

Overlapping Incidents: 29

**Total Activity: 121**



*Congratulations*

**STEVE ON YOUR PROMOTION!**

**Paramedic Steve Shirk has been promoted to Captain!**

Steve has been with us full time since 2021.

He lives in Bow with his wife Kim and thier two boys, Isaac and Ian.



*Congratulations*

**JAKE PAULSEN TEAM FIRE Cap't!**



**Jake Paulsen leads to win CHaD Battle of the Badges!**

Bow firefighter poses with the 2025 CHaD Battle of the Badges trophy.

Team Fire won 5-2 with Jake serving as team captain



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Just as there are only 26 letters of the alphabet that make up every word in the English language, there are only 12 notes in an octave make up every song ever written. Yes, there are 7 full octaves in the upper and lower registers on a piano, but it is the same basic 12 notes that make up each octave. It is mind boggling that there are over 200 million songs that fall into almost 6,000 different genres of music, that are all written with the same basic 12 notes.

As much as one might think that there's not too much that's new under the sun, creative composers continue to come up with fresh, new, innovative, imaginative, original songs. The charge for all songwriters is to walk the fine line between free expression and COPYING other songs too closely. Musical copyrighting infringement cases have increased dramatically in the last few decades. Most of these lawsuits end up settling out of court, but here are a few that became very public.

The Beach Boys first mega hit was "Surfin' USA," written by Brian Wilson in 1963. Shortly after it reached #1 on the Billboard Chart, Chuck Berry sued for copying his earlier 1958 hit song "Sweet Little 16," claiming that the Beach Boys "tweaked the heart of the song," and that they just put surf lyrics to "Sweet Little 16." When the Beach Boys were approached about the "theft," Brian Wilson took the high road and admitted that "Sweet Little 16" was likely in his head when he wrote "Surfin' USA," but he said that he did not intentionally copy it, thus avoiding the bad press of a jury trial. In their legal settlement, they agreed to add Chuck Berry's name as the co-writer of "Surfin' USA," along with Brian Wilson. As the story goes, the Beach Boys realized a few decades later that the royalties from "Surfin' USA" all went to Chuck Berry. But there were no hard feelings, and the Beach Boys even invited Chuck Berry to join them in their live shows.

In 2013, Robin Thicke and Pharrell Williams had a worldwide #1 hit called "Blurred Lines." The family of Marvin Gaye sued Thicke and Williams for copyright infringement for aping the "feel" of Gaye's 1977 hit "Got To Give It Up." Gaye's family won this lawsuit in a trial with a jury of 5 men and 3 women. The family was awarded 5 million dollars and 50% of all royalties from "Blurred Lines." This was the first musical copywriter case that was NOT based on plagiarism of the lyrics, musical phrases, or on the chord progressions, but purely on the theft of the "FEEL" of the song.

In 1970, George Harrison, of the Beatles, wrote and recorded a hit song called "My Sweet Lord," which follows the repeating patterns in the Chiffon's 1963 recording of "He's So Fine." Harrison was sued by Ronnie Mack, the composer of "He's So Fine", and had to pay \$585,000 in the settlement.

To prove a copyright infringement, the "ordinary observer test" is used, where each juror is asked if he or she can hear the common elements of both compositions. To guard against the increase in music infringement lawsuits, today's composers can submit their new music to a company like "JustDone," that incorporates AI to check out every detail of new songs to look for any possible overlap with any other copyrighted song. But there are no guarantees! "Que Sera, Sera."



# Flags Across Dunbarton

For only \$50, Scouts (and/or their parents) will place a U.S. Flag on your property in Dunbarton near the street end of your driveway at least three days prior to each of the following holidays:

**Memorial Day, Flag Day through Juneteenth, Independence Day, Labor Day through 9/11 and Veterans Day.**



The flag and pole will be removed approximately 3 or more days after each holiday and reinstalled prior to the next holiday. The ground stake for mounting the flag and pole will remain in place for the duration of the season. Weather may sometimes alter the schedule.

Proceeds to benefit Scouts BSA Troops 75 (boys unit & girls unit).

Be sure to select "Right side" or "Left side" when ordering. This refers to the side of the driveway the flag will be placed on when facing the house/property from the street. Also include any information about underground utilities, sprinklers or other information in the area in the space below.

Order your flag today online at <https://bowscouts.square.site>, scan the QR code, or mail this form along with payment (made out to "TROOP 75") to:

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**Side of Driveway** Circle 1 → **Left** **Right**  
(This refers to the side of the driveway the flag will be placed on when facing the house/property from the street.)



*Sign Up Today*

<https://bowscouts.square.site>



Picture above is an approximate representation of the 3' x 5' flag, pole, and ground stake.

**Additional Placement Information:** \_\_\_\_\_  
(underground utilities, sprinklers or other info)

## Bow Young at Heart Club

### UPCOMING EVENTS

**APRIL 23, 2025 11:30 AM - 2:30 PM**

**Rob Ricard**, will be presenting stories and pictures from his 2022 trip on the Great Divide Mountain Bike Route (GDMBR).

The GDMBR is a 3,100mile mountain bike route that follows the western Continental Divide from Antelope Wells, New Mexico to Jasper, Alberta Canada.

**MAY 14, 2025 11:30 AM - 2:30 PM**

**Pot luck luncheon.** All are welcome. Bring your favorite dish or just stop by to sample the cooking.

**All meetings are held at Old Town Hall, 91 Bow Center Road.**

Bring your own lunch at 11:30, desert is provided. Presentations begin at 12:30. **The public is always welcome to attend meetings.** Membership is open to all residents 55 and older.

For more information contact Peter Cherici at (603) 774-7682 or email at [fairfield\\_a@hotmail.com](mailto:fairfield_a@hotmail.com)

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# TOWN OF BOW POLICE DEPARTMENT



## BOW POLICE DEPARTMENT MARCH 2025 ARREST LOG

**3/2** Justin Murphy, 52, Concord, was arrested for operating as a habitual offender, reckless operation, two counts of possession of a controlled drug, and transporting drugs in a motor vehicle.

**3/4** Patrick Meagher, 28, Manchester, was summonsed for suspended vehicle registration, driving after suspension, and license required.

**3/5** Steffahn Dorisca, 27, Plastow, was summonsed for suspended vehicle registration, driving after suspension, and license required.

**3/9** Antonio Cajigas, 20, Manchester, was arrested for driving under the influence and unlawful possession of alcohol; Rylan Merrill, 21, Allenstown, was summonsed for suspended vehicle registration, Driving after suspension, and license required; operation with an expired license.

**3/14** Jeffrey Clancy, 37, Dunbarton, was summonsed for driving after suspension- subsequent.

**3/16** Kenneth Lewis, 30, Pembroke, was arrested for felon in possession of a dangerous weapon, carrying or selling weapons, and possession of controlled drugs.

**3/17** Mitchell Fleury, 43, Hooksett, was arrested for driving under the influence.

**3/18** Luis Javier Lata Bunay, 24, Brockton, MA, was arrested for driving after suspension- subsequent.

**3/26** Ryan Goss, 37, Concord, was arrested on an electronic bench warrant for non-appearance in court; Louise Alima, 35, Manchester, was summonsed for suspended vehicle registration, driving after suspension, driving without giving proof, and license required; Scott Sartorelli, 53, Concord, was summonsed for suspended vehicle registrations, driving after suspension, driving without giving proof, and license required.

**3/28** Sean Bourassa, 29, Pembroke, was arrested on two counts of possession of a controlled drug, two counts of transporting drugs in a motor vehicle, driving after suspension- subsequent, driving without giving proof, and breach of bail.

**3/29** Christopher Horrocks, 50, Concord, was arrested on a warrant issued by the Concord Police Department.

**3/30** Rebecca Vargas, 44, Concord, was summonsed for suspension of vehicle registrations.

*In addition,* There were two Involuntary Emergency Admissions and four violation-level arrests.



## ACCREDITATION AWARDED

The Bow Police Department is proud to announce that it has been awarded New Hampshire Law Enforcement Accreditation, a significant achievement that highlights the department's unwavering commitment to excellence and adherence to high national and state law enforcement standards.



Chief Miller and Lt. Lamy formally accepted accreditation on Tuesday, April 1, at NH Police Standards and Training. The Bow Police Department is the second NH Law Enforcement agency to achieve accreditation through the New Hampshire Law Enforcement Accreditation Commission.



**Pictured left to right: Lt. Phil Lamy, Chief Ken Miller, Director John Scippa, and Ron Ace.**

This prestigious recognition from the New Hampshire Law Enforcement Accreditation Commission showcases our dedication to professionalism, transparency, and continuous improvement in service to our community. The accreditation process involves rigorous self-assessment and policy development, requiring collaboration and thorough attention to detail from all members of the department.



**Lt. Pratt (left) and Sgt. Behning, began school bus initiative on March 20th.**

## STOPPING FOR SCHOOL BUSES

There has been a recent increase in complaints from Bow Transportation that drivers are not stopping at flashing red lights and school bus stop signs! In coordination with Bow Transportation, BPD officers will be proactively patrolling bus routes for school bus violations.

**Remember: YELLOW FLASHING – slow down, prepare to STOP!  
RED FLASHING – STOP in both directions!**

Fines for violations: Passing a school bus (first offense) \$186. Subsequent offense(s) \$310. Passing a school bus on the right \$610, and also may result in suspension of driving privileges.

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Baker Free Library  
April News

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Visit our online Calendar to sign up for  
upcoming programs and events  
at [bowbakerfreelibrary.org](http://bowbakerfreelibrary.org)



## SEASONS OF READING

**A year-long reading challenge for teens and adults!**

Seasons of Reading is a Year-Long Reading Challenge for Teens and Adults, hosted by Baker Free Library. Sign up at the library to receive your list, and work your way through a new set of reading prompts each season.

Your task is simple: over the course of one calendar year, complete as many individual reading prompts as you can. There are 40 prompts in total, each designed to help you explore new titles, authors and genres. You'll have three months to complete each season's challenge, based on the following schedule:

<b>WINTER:</b> January 1 - March 31	<b>SPRING:</b> April 1 - June 30
<b>SUMMER:</b> July 1 - September 30	<b>FALL:</b> October 1 - December 31

At the end of each season, check in with a library staff member. Every reader who completes 8 or more prompts in that season's challenge will receive a small prize. Any reading completed in 2025 can be applied toward any prompt, but only one prize can be earned per season. (This means you can read ahead if you'd like, but won't be able to claim prizes ahead of time!) Readers who complete all four seasonal challenges by the end of 2025 will win an additional prize.

## ADULT PROGRAMMING

**Tech Time with Liesl! | Every Monday from 4-6pm**

Get help with: Libby/Overdrive, Hoopla, Kanopy, EBSCOhost, HeritageQuest, Ancestry.com, Kindle, email, Google Drive, Microsoft Office, using our library catalog, and more! Walk-ins are welcome but appointments are strongly encouraged! To make an appointment please email [liesl@bakerfreelib.org](mailto:liesl@bakerfreelib.org) or give us a call!

**Seasons of Reading Spring Meet-Up Wednesday, April 16 | 6PM**

Connect with other readers in the Seasons of Reading Year-Long Reading Challenge, and share recommendations at in-person gatherings hosted by the library. At least once per season, we'll gather to swap suggestions and discuss which books we've read. Visit our online calendar to learn about the next meeting date, and please register to reserve your space!

**AARP's Fraud Watch Basics | Wednesday, April 23rd at 5:30 pm**

Have you ever been approached with a fraudulent offer or been a victim of identity theft? AARP NH is working to empower you in the fight, with proven resources and tools to help you spot and avoid identity theft and fraud. By taking a few practical steps, you have the power to fight back against fraud. This session will arm you with the latest data on fraud trends and provide tips and resources to protect yourself and your family. Please register if you're planning to attend.

**Chair Yoga with Sara! Thursday, May 1st | 8:30am**



**chair  
YOGA**

Chair yoga will be held the first Thursday of every month! You must be registered to attend, as space is limited. Please dress comfortably and bring water with you to class!

This gentle and welcoming Chair Yoga class will allow you to receive the benefits of practicing yoga while sitting in a chair or standing using the chair for balance. Through guided yoga postures and breath-work, this class will help to increase strength and range of motion, improve circulation, and deepen mental and physical relaxation. No experience needed!

Sara Withers has practiced yoga on and off for almost twenty years. She became a 200 RYT through Sharing Yoga in Concord, NH

in the spring of 2024, and is also trained in Yin and Restorative Yoga/Yoga Nidra. When she's not teaching yoga, she enjoys all sorts of adventures with her husband and two sons.

**Board Game Night Wednesday, May 7 | 5:30 PM**

Join us in celebrating the library's assortment of board games! Drop by for some snacks and socializing while exploring the library's new collection. Feel free to bring your own favorites or check out one of ours!

**Flip the Script on Aging | Tuesday, May 13th | 1pm**

This year, "Older Americans Month" is focused on promoting the importance of viewing aging not as a limitation but as a journey filled with purpose, exploration, and connection with the theme Flip the Script on Aging. Join Granite VNA as we view an inspiring TED talk and then we invite you to be part of the conversation about how we can flip the script on aging in our own lives and communities. Light refreshments will be provided.

**Craft Club | Tuesday, May 20th | 6pm**

Craft Club is back! Meetings will be held every third Tuesday of the month, downstairs in the Merrimack County Savings Bank Room. You must be registered ahead of time to attend, as space and supplies are limited. Registration for this session will open on Wednesday, April 16th at 10am.



**Whodunits | Tuesday, May 6th | 1:00pm**

Love mysteries? Join the Whodunits to sleuth through a new one every month! This mystery-exclusive book club meets at White Rock Senior Center on the first Tuesday of every month.

May Book Discussion: *The Guards* by Ken Bruen

**Book Talk at BFL Tuesday, May 13th | 12:30pm & 6:30pm**

Do you love to read? Are you willing to try books outside your comfort zone? Do you enjoy talking about books with others? Then our monthly Book Group is for you!

May Book Discussion: *Varina* by Charles Frazier

**White Rock Book Group | Tuesday, May 20th | 1:00pm**

Do you want to read outside of your comfort zone? Do you enjoy talking about books with others? Then our monthly Book Talk at White Rock Senior Center is for you!

May Book Discussion: *Varina* by Charles Frazier

## YOUTH PROGRAMMING

**Registration is required for all of BFL's children's programs.**

**Preschool Storytime**

**Tuesday Mornings at 10:30am through April 22nd**

Encourage school readiness with a storytime for active bodies and minds! Explore interactive stories, songs, and activities that help to promote early literacy learning while addressing attention, coordination and motor development. Each storytime includes stories, songs and movement activities and ends with open play time, allowing children and their families to socialize. Recommended for Ages 3 - 5.

**Family Storytime | Wednesday Mornings through April 23rd**

This multi-age storytime is perfect for families & siblings. Explore stories, songs, and activities that help to promote early literacy learning while addressing attention and motor development for both toddler and preschool aged children. Each storytime ends with open play time, allowing children and their families to socialize. Recommended for Ages 2 - 5.

**Toddler Storytime | Thursday**

**Mornings at 10:30am through April 24th**

Explore a new topic each week with stories, songs and rhymes designed to spark your child's imagination and create the foundations for early literacy. Each storytime ends with open play time, allowing families to meet, play and socialize. Select sessions will include craft and/or sensory activities. Recommended for Ages 18 Months - 3 Years; siblings welcome.

**Art • Lab | Every Other Wednesday Afternoon at 3:30pm**

A bi-weekly art program for artists and creators in Grades 3-6. Take part in sensory, process art, and engineering activities designed to inspire our creativity and expand our knowledge of celebrated artists and their techniques. Activities may include mixed media projects and painting, so come prepared to get messy. Recommended for students in Grades 3-6.

**Ready Readers | Every Other Monday Afternoon at 3:00pm**

This bi-weekly program is a "Big Kid" storytime, designed for storytime graduates and emerging or independent readers in Grades K-2.

Explore new books with a specially chosen read-aloud at each meeting, followed by crafts and activities designed to spark creativity and build early literacy skills.

**Little Makers | Every Other Thursday Afternoon at 3:00pm**

A bi-weekly program for our youngest messy makers! You're invited to take part in sensory and process art activities designed to inspire your little one's creativity and curiosity. Activities may include mixed media projects and painting, so come prepared to get messy. Recommended for children in Pre-K through Grade 2, in the company of a parent or caregiver.

**Life-Sized Candy Land | April 29 – May 1**

Play the life-sized version of the classic board game with family and friends! Reserve a time for your group to play through the game, and see who will reach the finish line first. Candy will be awarded to all participants.

Before You Play:

- Registration is required in order to reserve your time slot.
- Groups of 3-6 players are permitted. For larger groups, please contact juliana@bakerfreelib.org to ask about setting up a special session.
- Children must be 5 years or older to play. Teens and adults of all ages are also welcome to participate.
- Each group must contain at least one teen or one adult that can assist in game play, if needed (instructions will be given at event).
- All active players will be required to remove their shoes during the game, so please wear a warm pair of socks.
- Please arrive 5 minutes before your scheduled time slot to check-in and receive instructions.

Online registration is NOT available for this event. Please visit the library or call (603) 224-7113 to reserve your time slot.

Registration will open to Bow residents on April 14, 2025, and to neighboring towns on April 21.

**IN THE GALLERY****April Exhibit: 'Images of Life in Sharp Focus' by Barbara Morse**

A Connecticut native receiving her formal art training at The Paire College of Art in New Haven, the late Barbara Morse was a long-time resident of New Hampshire. Beginning her career as an illustrator, she worked for many of the top publishing houses and national publications, like Houghton-Mifflin and Yankee Magazine. She had a vision that her drawings could be more dynamic when created as works of fine arts; and she could pursue her passion of working primarily in graphite, while developing a style she considered unique and challenging: In Sharp Focus.

With time the work became more refined, adding hints of color in acrylics to bring attention to a portion that enhances the entire image. Of her process, Barbara said, "Working in graphite and sometimes adding a hint of color to attract attention to an area enhancing the entire image, no matter the level of labor intensity, I find joy and satisfaction watching a piece come to life before me. My reward, though, is not having the viewer see the work through my eyes, but their own; creating a personal and long-lasting image to be timelessly viewed and shared."

The fine works featured in the gallery are graciously provided by Barbara's husband, Alan Morse.



Heart Felt by Barbara Morse



THE *Poetry*  
PLACE

**SEED RAIDER**

by Bow Resident Bonnie Allen

Stairs cold under foot

Sun newly up

I scan the day on my backyard horizon.

The bird feeder is tilted, as if tired from

A night visitor, now absent.

Its contents spilled to the cool spring earth.

A raider and a thief, hungry and wakeful after a long nap

This New Hampshire winter, warmer than in the past

Had perhaps gently nudged the bruin from soporific slumber.

And so, seeking an easy meal,

Waylaid by chance to our randomly chosen seed box.

And now, no doubt the interloper is long gone,

scavenging the countryside's food store,

Where other spiring sustenance may satisfy his vernal hunger.

**BACKYARD SAILS**

by Bow Resident Bonnie Allen

Whirling, twirling, swirling laundry,

Dried by spring sunshine, driven by soft winds,

Beats the air with wings of multi-colored clothes

And causes resistant groans

where the pole meets ground.

Small details of daily routine

Marking its presence.

Clean, stiff and crisp, clothes

Held by brightly hued clips of plastic clips

Or raw wooden pins, worn by the elements.

It waits to be taken down, folded neatly

and left at the stairs,

For family to gather and put away

A bygone means in a rushed world.

**GRANDFATHERS ARE DEAR**

by Bow Resident Paul Pomeroy

Grandfathers are dear

For they love without conditions

Often with tears and smiles together

Sifting through their memories

But Grandfathers get old

And time fills up

With life and responsibility

And too many responsibilities

**"Don't Wait for me! I'll try to keep up!"**

A card or two

An occasional visit

Yesterday? Last week? Last Year?

A phone call for sure.

All are cherished

But Grandfathers grow older still

Life becomes simpler

But limited

Yet it is a wonder!!

For Grandfathers never die

Like the old soldiers of life that they are

They just fade away

Passing with love forever into our memories



# OBITUARIES

## JACQUELINE PHILLIPS CURRIE

Jacqueline Phillips Currie, 75, of Bow, NH passed away on March 28, 2025. She was born on to Robert and Laure Phillips on August 5, 1949.

Jacqueline attended three years of college, then found her passion in raising her children and being a grandmother. She always had a new craft she was either quilting, knitting or sewing.

Jacqueline leaves behind her husband of 51 years, Douglas Currie of Bow; her children, Jessica Mann (Justin) of Concord, Amy Tardiff (Jeremy) of Concord, Douglas Currie (Amy) of Hampstead; her sisters, Michelle Wilcox, Annette Clark, Lisa Michaud, Nancy Lambatos, Andrea Renaud; her brothers, Robert Phillips, Donal Phillips, and Henry Phillips.

A private celebration of life will be held at a later date.

Please consider making a donation in Jacqueline's honor to the Granite VNA Hospice House.

## MARGARET ANN DRAKE

Margaret Ann Drake, longtime resident of Bow, passed away on March 19, 2025, after a short stay in hospice.

Born in Paterson NJ, she moved to New England during High School. After working as a legal secretary, she married and became a mom and a homemaker.

She enjoyed skiing, bowling, painting and traveling as well as being an avid bridge enthusiast.

She is survived by her son, Robert Vose of Rye and her daughter Linda Vose of Lake Mathews CA.

In lieu of flowers, the family suggests a donation to the American Cancer Society or The VNA Hospice in Concord NH.

## LUANNE GOONAN

LuAnne Goonan, 68, of Dunbarton, passed away on March 11, 2025.

She was born July 18, 1956, in Attleboro, MA, to Louis and Jean Hodgman.

LuAnne spent 30 years being a registered nurse for Elliot Hospital, working on many different units.

She was a 4-H leader for many years alongside being the superintendent for local fairs, including the Statham, Hopkinton and Deerfield Fairs. After her children had grown, she found joy in participating in road races. She completed many 5Ks, 10Ks, half and full marathons, triathlons and even a Half Ironman.

She is survived by her spouse of 52 years, Robert Goonan; her children, Richard (Staci) Goonan and Elizabeth (Derek) St. Denis; her sister, Wendy (Michael) Dalley; her brothers, Thomas (Lindsay) Hodgman and Eric (Hilary) Hodgman.

## BETH O'NEILL

Beth O'Neill, 71 of Contoocook, passed away peacefully with her family by her side on March 5, 2025.

She was a wife, friend and life partner to her husband, Mickey. They enjoyed traveling, relaxing by a lake or ocean and road trips all around New England. Beth's love, kindness and enjoyment for life could be felt by those who spent time with her. She was fortunate to have many friends, including her "Sista's lunch group." She spent many weekends watching her grandchildren play sports and was always their biggest fan.

Beth leaves behind her husband, Mickey O'Neill; daughter, Kerry Wallace; grandson, Brycen Wallace; and her granddaughter, Brayleigh Wallace.

In lieu of flowers, her family requests that donations be made to the American Lung Association and/ or Alcoholics Anonymous.



## HENRY (HANK) ROBERTS

Henry D. (Hank) Roberts, of Bow, passed away peacefully in his home on March 17th, 2025, leaving a legacy of love, adventure, and service.

Hank was born in Concord on November 15, 1940, to Fred and Evelyn Roberts. He was a graduate of Concord High in 1958 and NH Technical School in 1969 with a degree in Electronic Engineering and spent most of his working years in that field.

In 1962, he married Heather, and in 1968, they moved raise their children.

A proud service member of the Army Reserve, Hank exemplified dedication, patriotism, and serving his country with honor and commitment.

Hank will be deeply missed by all who knew him. His warmth, laughter, and stories of his life experiences will continue to inspire us all.

In addition to his parents, he was predeceased by his sister, Sylvia Roberts Paul and sister-in-law Adair Blackmar. He is survived by his wife Heather Roberts, his brother Rodney Roberts and his wife Lee, his daughter Kristen and her husband David Hale, his son, Scott Roberts and his sister-in-law Sylvia and her husband Robert Lethbridge.

Donations in honor of Hank can be made to Granite VNA Hospice, 30 Pillsbury Street, Concord, N.H.

## NOLAN SANTY

Nolan Santy, 87, of Bow, passed away on Monday, January 20th at Granite VNA's Hospice House after a brief illness.

Nolan was born in North Haverhill Hospital on April 9, 1937. He was the eldest son of Littleton's former longtime town clerk, the late Clifford and Thelma Santy (née Demeritt).

Nolan attended UNH where he was a member of ROTC and studied forestry. After UNH, Nolan moved to Chester for work. Nolan was the head gunsmith at Riley's Guns in Hooksett for years.

Nolan served our country in the NH Army National Guard, 3643rd Maintenance Company.

Nolan served in the Bow Police Department as Special Officer.

Nolan married his dream girl, Sarah Santy (née Morrill), in 1974. They went on to share 37 amazing years together and raised three beautiful children in Bow.

His survivors include his children and their respective spouses, all of Bow, Sarah Santy and TJ Rowell; Becky Santy; and Jonathan Santy and Becci. He also leaves his adopted family; Angus and Elijah MacIver of Bow.

## JARRED RICHARD SICIAK

Jarred Richard Siciak, 35, of Bow, passed away on Saturday, March 15, 2025, in a tragic accident while working on his truck.

Born on June 1, 1989, in Concord, Jarred grew up in Bow, graduating from Bow High School in 2007. He went on to earn two associate degrees from the University of New Hampshire, Thompson School of Applied Sciences – one in business, another in horticulture technology. He graduated in 2011. While attending UNH, he met his future wife, Melanie C. Siciak of Chatham, MA.

Jarred was deeply dedicated to his work and took great pride in his craft. He worked as a landscaper at several companies, including Havenwood Heritage Heights, Aquatech, Riverfront Landscape, and Carolina Landscape. In 2019, he started his own hardscaping business, Big Bear Landscapes, where he poured his heart into creating beautiful outdoor spaces, taking time to give attention to detail and to provide perfection for each of his clients.

Jarred is survived by his loving wife, Melanie; his parents, Patricia and Richard Siciak of Bow, his brother, Tyler Siciak, and his wife Katie and their son Rowen of Milford, MA; as well as extended family members Dave and Merrilyn Lewis, Al and Janie Siciak, Marlene Furgal, and many beloved cousins.

In lieu of flowers, donations may be made in Jarred's honor to Bow Booster Club <https://www.bowboosterclub.com>, or to Good Sports <https://www.goodsports.org> or NAMI <https://www.nami.org>.

*"There are no goodbyes for us.  
Wherever you are,  
you will always be in my heart."*

**Mahatma Gandhi**

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