



The Bow Times

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DUNBARTON NEWS ON PAGES 15-16

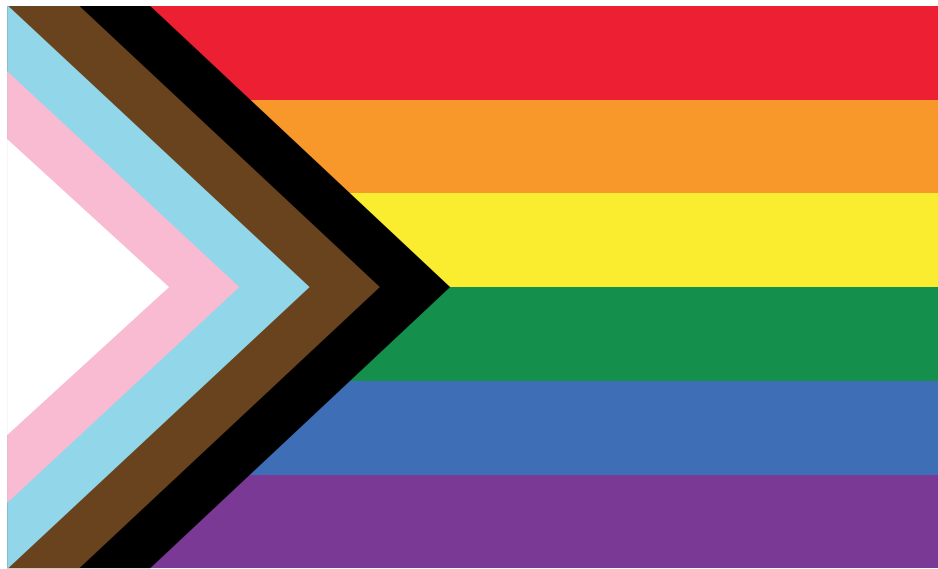


FEDERAL COURT SCHEDULES PINK ARMBAND CASE FOR A HEARING

The United States District Court for New Hampshire has scheduled an evidentiary hearing for November 21st and 22nd in the armband case. Judge Steven McAuliffe has also ordered the Bow school defendants to produce body camera footage from September 17 for the plaintiffs to review.

In the suit filed by Kyle Fellers and others against Marcy Kelley and the Bow School District, they allege the ordered removal of the XX pink armbands was a selection of political thought based upon a disagreement with a message of no boys on girls' sports teams.

In an amended complaint, filed October 22, 2024, they argue that the school is not neutral on this issue, but has taken sides in violation of the First Amendment. Their argument is based, in part, on a large Pride flag displayed in the music room at Bow High School.



The Plaintiffs in their Second Amended complaint say: “Displaying the Progress Pride flag amounts to passive sociopolitical commentary on the issue of transgender inclusion and women’s sex-based rights, similar to wearing a pink wristband with the letters XX, although from a different viewpoint. In addition to representing a different viewpoint, the Progress Pride flag displayed in the Bow High School music room also was much larger, more prominent, and more visible than Plaintiffs’ wristbands.”

BAKER FREE LIBRARY WELCOMES NEW DIRECTOR, KAITLIN CAMIDGE!



The Baker Free Library Board of Trustees and Director Hiring Committee have selected Kaitlin Camidge as BFL’s new Library Director.

Kaitlin joins us from Epsom Public Library, and is an accomplished librarian who holds a bachelor’s degree in history and sociology from SUNY Geneseo and earned her Masters of Library and Information Sciences from University at Buffalo. She has nearly twenty years of library experience, and the Board of Trustees is very pleased to have her serve in this important position.

Kaitlin succeeds Martin Walters, who served as Baker Free Library’s director for five years. She will assume her new role mid-November 2024.

Please join Baker Free Library and the Town of Bow in welcoming Kaitlin as she begins her next chapter here at BFL.

Eric Anderson | Photo

HOPKINTON-CONTOOCOOK NEWS ON PAGES 8-9

HARRIS AND AYOTTE PREVAIL IN NOVEMBER 5 ELECTION



VOTERS OUT IN RECORD NUMBERS!

Eric Anderson | Photo

Ticket splitting was in vogue as Vice President Harris and former Senator Kelly Ayotte carried New Hampshire in the November 5, 2024, general election.

AYOTTE (R) 436,000
HARRIS (D) 418,000

CRAIG (D) 360,000
TRUMP (R) 395,000

Governor-Elect Ayotte ran 41,000 votes ahead of the top of her ticket while Joyce Craig was 58,000 votes behind Kamala Harris.

Locally, Dunbarton went for Trump 1,173 to 899 while Bow was 3,093 to 2,246 for Harris. Ayotte carried both towns by a total of 4,032 to 3,342 for Craig.

A new United States Representative will go to Washington in January succeeding Ann Kuster. Maggie Goodlander (D) prevailed 53% to 47% over Lily Tang Williams (R), who ran a stronger than expected race.

Tara Reardon became the new State Senator for Bow, Concord, and Hopkinton defeating Pam Ean of Concord. Four Bow and Hopkinton State Representatives in a combined district all went Democratic. Muriel Hall (5,227 votes), Eleana Colby, David Luneau and James Newson prevailed over Matt Poulin (3,961 votes), David Germain, Darlene Gildersleeve and John Martin.

A total of 5,457 ballots were cast in Bow and 2,122 in Dunbarton. According to Secretary of State David Scanlon there was a record turnout statewide with 834,651 voters at the polls.

WINNER OF THE BOW ROTARY CLUB SCHOLARSHIP RAFFLE



Eric Anderson | Photo

Mridula Naik won the Bow Rotary Annual Scholarship Raffle. Mike Gula, Scholarship Auction Chair, presented Mridula with a check for \$1,862.00

WINNER OF 25 NH PRESS ASSOCIATION AWARDS

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LETTERS TO THE EDITOR

Dear Bow, with Regard to the XX Symbol

There is a stench in this town.
 It lingers in the air.
 The terrible stink of hate.
 On our clothes, in our hair.

There is hostility growing wild.
 A vitriolic creed.
 It is popping up on lawns,
 An insidious, cancerous weed.

There is cold-blooded cruelty here.
 It is colored pink and black.
 Displayed outside of homes,
 Child innocence attacked.

There is rancor at our doorsteps.
 Suffocating our humanity.
 Spewing toxic poison clouds
 Infecting our community.

There is cowardice in our ranks.
 It hides behind our laws.
 Meant to shield our sacred people,
 From hate's intolerant claws.

There is shame enough to share,
 When reluctance seals our mouths,
 And we look the other way,
 As hatefulness abounds.

There is blame to go around.
 When we just pretend
 There's nothing we can do to help
 This child we must defend.

There is time to salvage what is right.
 To stand up for integrity.
 To vanquish hatred from our midst,
 And fight this crude brutality.

There is strength and courage to be found,
 Together make our voices clear.
 Ask our neighbors to make room,
 To love all children here.

By Brianna Rowley, Bow

As an attorney, I understand the fundamental importance of open public debate and free speech to the preservation of our Democrac. I also believe that when we, as human beings, become untethered from the basic tenets of goodness and morality, we lose any opportunity to participate in honest, intellectually-sound, thoughtful debate.

Dear Parents

I want you to know that I do not hate your trans gender child. Honestly, I don't. If your son wishes to identify as a female, and you are at peace with it, then so am I. I will call your child by whatever name or pronoun he/she wishes. I don't care which bathroom he/she uses. I will cheer your child's success in art, music, drama, math league, spelling bees, and many more endeavors. He/She will be welcomed into my house.

But while I will support your child in so many different areas of school life, I don't want him/her running into my granddaughter on the soccer field or on the basketball court. I don't want him/her spiking a volleyball or hitting a field hockey ball or tossing a lacrosse ball at my granddaughter either. I wouldn't want him/her swinging a softball bat or tennis racket any where near my granddaughter. And I certainly wouldn't want him/her punching my granddaughter in the boxing ring.

I base this decision on 50 years of experience coaching and teaching boys and girls from little league through high school. Most especially coaching and watching my daughter play. She was a fierce competitor. When she turned nine years old, she realized that there was no softball in our area. So, she decided to play baseball with the boys. She was the only girl in the league and she did ok. She got bounced around a bit but not too badly since a number of the boys hadn't hit puberty yet. When she entered high school, it was softball with the other girls. In fact, my daughter played three sports in high school and two in college. During this period, she sustained two concussions and underwent two knee surgeries while competing against female players. Only the good Lord knows what would have happened if there were biological males competing also.

However, there is another, potentially even more significant, reason to prohibit biological males from competing with females. For many years girls and women fought to gain the same respect as their male counter parts in the field of athletics. To have their own standards, their own records to chase and be proud of. Credit the young women who rose early to swim, or run, or work-out in the gym before school to improve, so that maybe someday they might distinguish themselves in their own sport. To have a biological male step in and break these records and replace aspiring young female athletes is at the least unfair and at worst a slap in the face of those women who, for so long, fought and worked to establish their own levels of achievement and respect.

Biological males, as a rule, are bigger, stronger, and faster than biological females. Any one who denies this basic scientific fact is either obtuse or disingenuous. Or, shamefully, perhaps seeking a political advantage. It is easy to label this letter as hate speech. Much easier than understanding and appreciating different opinions. For some it's much easier to say **"If you don't agree with me, you are hateful."** Those that cry HATE are, more often than not, guilty of it themselves. **Paul Pomeroy, Bow**



"The worst offense of this kind which can be committed by a polemic, is to stigmatize those who hold the contrary opinion as bad and immoral men."

JOHN STUART MILL | ON LIBERTY

LOCAL BUSINESSES WIN PROJECT BIDS

The Town solicited proposals to remove the air conditioners in the three meeting rooms and the Clerk’s office with new heat pumps that are capable of supplying both cooling and heating functions. In addition, it will be adding one new unit in the Finance Director’s office to replace the window air conditioner.

The three lowest bids ranged from \$30,698 from ReVision Energy of Brentwood, NH to \$31,984 from Bow Plumbing and Heating of Bow.

Town Facilities Manager Chris Andrews said: “If I were to recommend a proposal from the lowest bidder I would recommend ReVision, however that there is a benefit to award the proposal to Bow Plumbing and Heating. Bow Plumbing and Heating is a small family-owned business from Bow whom I utilize for routine maintenance and repairs in all of the Town’s facilities and would be responsible for maintaining these units once installed. I feel that it would be well justified to support our local businesses when able.”

Likewise, when it came to a project to renovate basement storage areas to improve the financial records room as well as create a new secure area for the Town Clerk’s files.

The proposals were; \$31,458.00 from Sheepdog Enterprises LLC of Bow and \$38,629.23 from Amoskeag Maintenance Services also of Bow.

“It is encouraging to see Bow businesses take interest in our projects and I would certainly find both companies to be satisfactory, and it should be noted that the two bids are within the budget previously approved for this project. As he is the lower of the two bids, I would recommend that we enter into a contract with Sheepdog Enterprises, LLC,” said Andrews and the selectmen agreed.

WREATHS ★ ★ ★ ★ ★
ACROSS
DUNBARTON ★ ★ ★ ★ ★

Saturday, December 14, 2024 marks the 8th Annual Wreaths Across Dunbarton at 10:00 AM. The event kicks off with opening ceremonies on the Dunbarton Commons by the Statue of Major Caleb Stark. The New Hampshire Sons Of The American Revolution Honor Guard will be participating with a Musket Salute.

This is followed by the placing of Christmas wreaths on the graves of Veterans in the Center Cemetery (144), East Cemetery (19), Pages Corner Cemetery (48) and Stark Cemetery (7).

The public is invited to help place the wreaths. If you have a Veteran buried in any of the cemeteries, we will let you go in first to place their wreath. The event will be held regardless of weather.

If you would like to help fasten the bows on the wreaths Thursday, December 12th at 1:00 PM, at 32 Birchview Drive, Dunbarton, contact Don Larsen at 603-774-3500 or LarsenMedia@Gmail.com to volunteer.



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- ❖ Holiday Crafts
- ❖ Themed Gift Baskets
- ❖ Gifts for Pet Owners
- ❖ Silent Auction Items
- ❖ Jewelry Table
- ❖ Christmas café with breakfast and lunch items
- ❖ Christmas Elf Craft Room for the kids!

Enjoy the day with us!

Saturday, November 16, 2024
9:00 AM to 2:00 PM

Bow Mills United Methodist Church
 505 South Street, Bow
Visit the Fair and get a Free Holiday Gift!



FRIDAY, NOVEMBER 15TH

AT NHTI CONCORD'S COMMUNITY COLLEGE

MERRIMACK COUNTY SAVINGS BANK (The Merrimack) is celebrating the importance of skill trade jobs by sponsoring the NH Bringing Back the Trades & Tradeapalooza Career Fair. The event, created to help boost New Hampshire's skilled trade workforce, will take place on Friday, November 15th at NHTI-Concord's Community College.

"This event is a great opportunity for young adults to explore job opportunities and make valuable connections," said Linda Lorden, President of The Merrimack.

The Tradeapalooza Career Fair will feature special guest, **Mike Rowe**, host of the TV show **Dirty Jobs**, along with dozens of companies ready to talk about available careers in the trades. The event also includes \$50,000 in scholarships awards to New Hampshire applicants.

For more on the event, visit nhbringingbackthetrades.org.

Bring Back the Trades, Inc. is a national non-profit based in Rye, New Hampshire, dedicated to promoting careers in the trades. Established in 2017, Bring Back the Trades educates and highlights the pressing need for a new generation of skilled trade workers and raises funds to award scholarships to trade school students across the United States.

BOW
CRAFT FAIR

Saturday, November 23, from 9 AM to 4 PM
Sunday, November 24, from 9 AM to 1 PM

At Bow High School, 55 Falcon Way

The **45TH ANNUAL BOW PTO CRAFT FAIR** will feature over 150 artists who sell and showcase their unique handmade artwork and crafts. **Admission \$5 at the door.** Come enjoy this annual tradition and help us raise money to support all three public schools in Bow. Visit Bow's PTO's website at www.bowpto.org.

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Maj. General David J. Mikolaities, commander of the NH Army National Guard.

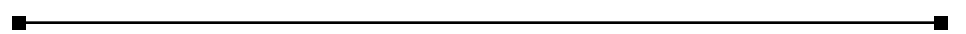
BOW HIGH SCHOOL PAYS TRIBUTE TO VETERANS WHO SERVED

On Friday, November 8th, students and staff at Bow High School came together to learn about Veterans Day and pay tribute to the men and women who had served in the nation's armed forces. Principal Matt Fisk welcomed students by talking about the selflessness of veterans. Senior Joseph Albushies sang the national anthem and Maj. Gen. David J. Mikolaities, the commander of the New Hampshire Army National Guard, gave the keynote address.



Seniors Trevor Abel and Bella Cattabriga spoke next and talked about the POW/MIA flag which would be raised over the school for the first time. The entire assembly moved outside where Maj. Gen. Mikolaities, along with math teacher and United States Marine Veteran Dr. Paul Cohen, helped raise the American, POW/MIA, and state flags. The POW/MIA flag will fly over Bow High School as a reminder of the enduring sacrifices of veterans and their families.

All photos courtesy Eric Anderson



SAVE THE DATE
for White Rock Senior Living Community's
Fall CRAFT SALE

Saturday, November 23 from 9AM to 2PM
6 Bow Center Road, Cliff House Community Room (Bld.1)

- FREE Admission
- 15+ tables of crafts for sale
- Outside vendors are welcome to participate

For information contact: Lucille Arsenault 603.724.6269
Barbara Hays 603.582.3361 or Pamela Warren 603.724.6797



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SHOP LOCALLY FOR THE HOLIDAYS

Planning to spread some cheer? Focus on community during the holidays and purchase a one-of-a-kind creation from your local small businesses in New Hampshire. By doing so, you'll be giving a gift that keeps on giving—local economic prosperity.

Did you know that for every \$100 you spend at locally owned businesses, **\$48 out of every \$100** is returned to the local economy compared to just \$14 when you shop at a national chain? Or that the country's 32.5 million small businesses create **62% of net new U.S. jobs** annually? So, when you shop locally, you're not only putting your hard-earned dollars to work in your community; you're supporting the engines that fuel our national economy.

Independent, community-serving businesses typically consume less land, carry more locally made products, and create less traffic and air pollution, so it's good for the environment too. And locally sourced goods and services like those found in New Hampshire are often crafted by local artisans and are exclusive to our region, making for memorable gift-giving during the holidays and beyond.

If you prefer your gifts without a shiny bow, gift an "experience" to an outside concert, pick up a meal from the local family-run restaurant, or host an intimate party with friends and family. These memory makers are a great way to stay connected and continue to support small businesses that help sustain our local economy.

Post a picture or video of your favorite locally sourced product and share it on social media as inspiration for others. Better yet, continue the movement beyond the holidays. Show support for entrepreneurs and small businesses throughout the year by shopping locally and encouraging your neighbors to do the same.

Source: Federal Deposit Insurance Corporation

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Travel with The Bow Times



Bow residents Grechen Askins and Greg Donahue at the Whitsunday Islands in Australia after touring the Great Barrier Reef.



Joe and Karen Giaquinta traveled to Sao Miguel, Azores islands, off the coast of Portugal in October. After visiting the hot springs and botanical gardens, they stopped in for lunch and by the Sunset Beach Restaurant & Bar.



The Binders and the Pierces packed up an edition of The Bow Times and traveled to Santorini Greece! Pictured L-R: Bud Binder, Linda Pierce, Erle Pierce and our own "Travel Time" editor Chase Binder.

Remember to pack up a copy of The Bow Times when you travel! Send us your travel photo and we will share it with our readers. Please submit your photos to nmannioni@comcast.net



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Donate to our annual Mitten Tree Drive!

Now until New Year's Eve, we're collecting new handmade or store-bought mittens, hats and scarves to be donated to local schools and nonprofits. For every donation we collect, we'll give \$2 to local food banks. Drop off donations in any Merrimack branch lobby during regular business hours through 12/31.



Thank you for decorating our tree and warming heads, hands and hearts this holiday season.

Scan for branch locations and lobby hours.

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MERRIMACK COUNTY SAVINGS BANK

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DOCTOR'S CORNER
by Dr. Richard Johnson Dunbarton



HAVING A GRATEFUL SPIRIT

Many in America will spend some time during November and December giving lip service to being thankful. What do we mean when we say we are “thankful?” Are we thankful for having, or being given what we want? Is being thankful only about my personal peace and happiness? I would like to suggest that true thankfulness goes deeper than that, and that having a thankful attitude that is present in the tough times as well as the good times is therapeutic.

Some have defined ‘gratitude’ as a general appreciation of life, and ‘thankfulness’ as a response to a particular event or experience. John Ortberg has written: “Gratitude is the ability to experience life as a gift.”

For many in America possessions and health are expectations rather than blessings. To that point Passmore & Oades have written that “Gratitude has, for many, been replaced by disappointment, anger, and resentment when these expected ‘blessings’ either do not appear or they disappear.”

Having an attitude of gratitude and being thankful act as a shield against envy and greed. Being intentional with a grateful attitude and looking to give thanks is a practice that transforms our perspective.

This quote sums it up well:

The exercise of gratitude is considered a strong therapeutic tool for positive psychology in obtaining responses that combat disorders and other issues related to depression and anxiety. In addition to being a psychotherapeutic instrument, gratitude is considered essential for forming the personality and character of an individual.

When expressing gratitude, people avoid pessimism, unhappiness, complaints of malaise and pain, toxic emotions such as anger, hurt, and fear, feelings of loneliness, isolation, and lack of engagement. A grateful individual focuses on positive practices of solidarity and attention to others and gains a sense of well-being in return.

<https://journal.einstein.br/article/the-effects-of-gratitude-interventions-a-systematic-review-and-meta-analysis/>

“Oh, give thanks to the Lord, for he is good, for his steadfast love endures forever!” – Psalm 107:1 ESV



MERRIMACK COUNTY SAVINGS BANK

THE MERRIMACK WELCOMES MARC FILS-AIME



Merrimack County Savings Bank (The Merrimack) welcomes Marc Fils-Aime as Branch & Business Development Manager of its Concord branch at 1 Integra Drive. In this role, Fils-Aime will oversee branch operations and community involvement initiatives.

“We’re excited to have Marc join the team at Integra,” said Rachel Perri, RVP Branch Manager for The Merrimack’s Central Regions. “He comes to us with knowledge in banking and experience with local businesses and non-profits.”

Prior to joining The Merrimack, Fils-Aime served as Branch & Business Development Manager for The Merrimack’s affiliate, Meredith Village Savings Bank in Center Harbor. Before making the switch to banking, he worked in medical sales as a territory account manager for the New England area.

Outside of the office, Fils-Aime is active in the community, serving as a Board Member for Interlake Community Caregivers and the Lakes Region Visiting Nurse Association, as well as Co-Chair for the Sandwich Fair Kids Tractor Pull. As an Exercise Science graduate from Norwich University, Fils-Aime is an aspiring amateur kick boxer. He resides in Epsom with his wife Leanne and their two dogs, Glock and Draco.

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STAYING ON TRACK DURING THE HOLIDAY SEASON

by Jim Olson

It's officially the "Season of Eating!" Thanksgiving is just around the corner soon followed by Christmas. It's time for family, friends, food and GRATITUDE. This year more than ever we are appreciative of our IF clientele, our amazing community and our team. Thank YOU for being a part of it all.

The holiday season can be a challenge but with a little planning and preparation, you can enjoy it while still staying on track with your health goals. Here are a few tips to help you:

SET REALISTIC GOALS

If you're trying to lose weight, set a goal for how much weight you'd like to lose per month. Then, break that down into smaller goals per week. Schedule workouts into your calendar so you don't miss them.

STICK TO A ROUTINE

Don't overdo it. The holidays are a time for celebration, but moderation is key. Try to maintain your normal routine during the holiday season. This will help you stay organized and stress-free.

MAKE HEALTHY HOLIDAY CHOICES

When you're at a holiday party or family gathering, fill up your plate with healthy options first. This way, you'll be less likely to indulge in less healthy choices. And when you do indulge, do so in moderation.

KEEP A FOOD JOURNAL

Recording everything you eat will help you stay accountable and make sure you're not eating too many unhealthy foods.

DRINK PLENTY OF WATER

Dehydration can often be mistaken for hunger, so drink plenty of water throughout the day to stay hydrated and help keep your appetite in check.



Jim Olson

FIND A WORKOUT BUDDY

Having someone to hold you accountable will help you stick to your fitness goals. Find a workout buddy and commit to working out together a few times each week. Not only will you be more likely to stick to your workouts, but you'll also have more fun doing it!

STAY ACTIVE

Even if you can't stick to your regular workout routine, try to find other ways to be active. Take a walk after dinner, go ice skating, or play some winter sports with friends and family.

TAKE BREAKS

If you're feeling overwhelmed by all of the holiday festivities, take a break or go for a walk. This will help rejuvenate you so you can continue enjoying the holiday season.

GET ENOUGH SLEEP

During the busy holiday season, it's easy to let your sleep schedule slide. But getting enough sleep is important for both your physical and mental health. Make sure you're getting at least 7-8 hours of sleep each night so you can feel your best during the day.

YOU GOT THIS...

The holidays don't have to be a time when all of your healthy habits go out the window. If you need some help getting started or staying on track, we're here for you! Schedule a free consultation today. Concord 603-224-8096 ~ Manchester 603-836-5745



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1144 Bound Tree Road	4 Bedrooms 2 Baths	1916 Square Feet	4.79 Acres	\$163,000
79 Park Avenue	3 Bedrooms 3 Baths	2378 Square Feet	.61 Acre	\$499,000
1141 Pine Street	4 Bedrooms 3 Baths	2592 Square Feet	2.00 Acres	\$500,000
46 Stonybrook Lane	4 Bedrooms 3 Baths	3008 Square Feet	3.75 Acres	\$695,000
248 Wildwood Drive	3 Bedrooms 3 Baths	3416 Square Feet	2.76 Acres	\$729,000
409 Maple Street	3 Bedrooms 3 Baths	2621 Square Feet	3.10 Acres	\$799,900
1300 Hopkinton Road	2 Bedrooms 3 Baths	1942 Square Feet	2.30 Acres	\$899,900
212 College Hill Road	3 Bedrooms 4 Baths	4248 Square Feet	91.06 Acres	\$1,710,000

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WITCHING HOUR PROVISIONS

EARTH FRIENDLY ESSENTIALS



IMPACT NUMBERS for 2024 through September are in at Witching Hour in Contoocook. You’ve refilled over 58,000 ounces and kept over 3,600 plastic bottles out of landfills shopping with Witching Hour Provisions. Why does this matter? Because each plastic bottle can take over 450 years to decompose. Plastic was invented in 1907, this means that every bit of plastic made in the last 120 years is still with us today. Let’s break down how much plastic we use, looking at three everyday items: laundry detergent, dish soap, and hand soap. The average family of four uses about 7 bottles of laundry detergent, 12 bottles of dish soap, and 12 bottles of hand soap each year. By committing to refilling these three products, you’re keeping over 30 plastic bottles out of landfills every year. So keep going! The goal isn't perfection, the goal is consistency.

70 N Main St. Concord
902 Main St. Contoocook
www.indigobluesandco.com

HOPKINTON Town Crier

two villages ♥ one heart

by Kathleen Butcher
kathb123@comcast.net 603-724-3452



Photo Eric Anderson

HOPKINTON BOOK GROUP The book selection for the November is *Tomorrow, Tomorrow, Tomorrow* by New York Times best selling author Gabrielle Zevin. Hard copies of the book are available at the Library. Mention the book group at Main Street Bookends in Warner or at Gibson's Book Store in Concord, for a discount. Book discussion will be at the Hopkinton Town Library on Wednesday November 20 at 1:00 and 4:30 PM. Information at: <https://www.hopkintontownlibrary.org/> and 603-746-3663.



THE FARMERS' MARKET has moved inside Maple Street School for the winter. The market is open on Saturdays from 9am-12pm. Updates and information available at Contoocook Farmers' Market on Facebook.

FAMILY STORYTIME has returned at the Hopkinton Town Library! You are invited to join us at the library on Tuesdays at 10:30. We'll have themed stories, songs, and activities for young children and their families. Information on this and other programs and events: <https://www.hopkintontownlibrary.org/>



THE OLDEST COVERED RAILROAD BRIDGE Located in the heart of Contoocook Village, Riverway Park includes the world's oldest surviving covered railroad bridge, the Contoocook Train Depot, a 1907 vintage passenger coach, and a late 1800's section house. For more information visit our website <https://www.contoocookdepot.com/>



THE GIRLUP CLUB Hopkinton Middle High School is running a Hygiene/Toiletries Drive. Items being collected include: toilet paper, baby wipes, used hats & gloves, socks, new underwear, first aide supplies, feminine hygiene products, travel-size personal hygiene items. Donations may be dropped off until November 22 at the Town Library, Witching Hour Provisions, and the main office at Hopkinton Middle HS. Items collected will be distributed to the Concord Coalition To End Homelessness and Family Promise of Greater Concord. Email Ella at eperry25@sau66.org or Mrs Reigeluth at kreigeluth@sau66.org for more information.



HUNTING SEASON HAS STARTED in NH and all walkers should wear bright colors when on trails. Deer season hunting dates - Archery: September 15-December 15, Muzzleloader: November 2-November 12, and Regular Firearms: November 13-December 8. Hopkinton's conservation lands are primarily managed as multi-use land, which means hunting is allowed on most properties. If you do not feel comfortable hiking in areas where hunting is allowed, hunting is prohibited in the following areas: Kimball Lake (includes section of Hopkinton Village Greenway), Hawthorn Forest (includes section of Hopkinton Village Greenway), Brockway Preserve and adjacent Carson property on Farrington Corner Road, and Beyer property adjacent to Smith Pond Bog. For more information about these properties and all conservation lands in town see the Conservation Commissions's website: <https://hopkintonconservationland.org/>

NOVEMBER NIGHT HIKE You're invited to join us for a night hike on Saturday, November 23rd from 7-815pm. For ages 16yrs and up this November Night Hike with naturalist Linden Rayton is always a treat! It's not a full moon, so it's a great night for stargazing, and maybe even viewing passing meteors from the Leonid meteor shower as we hike along the trails of Ransmeier Woods! See link to register. www.HopkintonRec.com.

TWO VILLAGES ART SOCIETY "My Artistic Legacy" runs through November 16 at The Two Villages Art Society. Gallery hours are Thursday through Sunday 12-4 p.m. Admission to exhibits is free. For more information: <https://www.twovillagesart.org/>

CAPPING OFF A FLAWLESS SEASON THE HOPKINTON HAWKS WIN THE D-III SOCCER CHAMPIONSHIP!



The Hawks celebrated a jubilant victory in front of the large green throng in the stands! Senior Michael Pantano, lifts the Division III championship trophy after beating Mascoma Valley, 2-0.



HOPKINTON POLICE DEPARTMENT

OCTOBER 2024 ARREST LOG

3 Arrests • 5 Accident • 259 Traffic Stops

- 10/05** Edward Shippee-Malloy, 33, of 5 Persham Road, Phillipston, MA was arrested for Aggravated DUI; 30+mph over speed limit.
- 10/09** Ben Guilmette, 28, of 54 Windsong Hts, Weare, NH was arrested for DUI-2nd and DUI-Aggravated 0.16+.
- 10/30** Elizabeth Taylor, 30, of 210 Pleasant Pond Rd, Hopkinton, NH was charged with Drive After Revocation/Suspension and Suspension of Vehicle Registration.

BOW POLICE DEPARTMENT



BOW POLICE DEPARTMENT OCTOBER ARREST LOG

- 10/6** Noah Carrier, 19, Bow, was summoned for operating without a valid license
- 10/7** Toufic Raad, 38, Chelsea, MA, was arrested for issuing bad checks
- 10/8** Amy Jenson, 35, Manchester, was arrested for receiving stolen property, driving after suspension
- Mark Blair, 49, Concord, was arrested on a superior court warrant for failure to appear
- 10/11** Jaritza Galvin, 23, Bow was arrested for aggravated driving under the influence
- 10/15** Samuel Trofort, 31, Montreal QC, was summoned for operating after suspension; Chase Wing, 21, Bow was indicted on charges of child abuse images; sell, transfer
- 10/16** James Currier, 38, Goffstown, was arrested for breach of bail
- 10/21** Jenna Sullivan, 36, Hooksett was arrested for theft by unauthorized taking; Tyler Payne, 39, Homeless, was arrested for breach of bail, and domestic- violence-related stalking
- 10/22** Matthew Knee, 33, Allenstown, was arrested for violation of a protection order, theft by unauthorized taking and unauthorized use of a motor vehicle
- 10/24** David Browell, 25, Homeless, was arrested on a warrant for failure to appear
- 10/25** Wesley Xavier, 22, Fitchburg, MA, was summoned for operating a vehicle after suspension; Phillip Bernard, 44, Nashua, was summoned for operating without a valid license
- 10/29** Jordan Asselin, 30, Bow, was arrested for Driving Under the Influence, Open Container, and a Bench warrant
- 10/30** Wesley Xavier, 22, Fitchburg, MA, was summoned for Operating After Suspension.



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Happy *Thanksgiving* from all of us at E. Cooke Plumbing & Heating LLC



BOW POLICE DEPARTMENT & BOW ATHLETIC CLUB

BOW'S 14TH ANNUAL 5K TURKEY TROT FEAST MODE 2024

**WOBBLE BEFORE
YOU GOBBLE!**

**THURSDAY, NOVEMBER 28
55 FALCON WAY, BOW
8:00 AM START TIME
FOR ALL EVENTS.**

Race Packet may be
picked up *before or*
day-of the race
at Bow HS.

**5K-Adult
\$38.10**

**5K-Youth
\$32.80**

**5K-Kids
\$27.50**

*Prices include
Sign Up fees.*

**Same-day
Registration
begins at**

7:00 AM

**Price increases
after November 27.**

See you at the finish line!

<https://runsignup.com/Race/Events/NH/Bow/BowAthleticClubTurkeyTrot>

Honoring loved ones that we hold dear in our hearts.



SEASON OF REMEMBRANCE HONOR ROLL



New this year: A handblown glass keepsake ornament from Granite VNA's Jeff Lamy will be sent to those who make a gift of \$250 or more. This custom-made piece is infused with 14k gold and created especially for our Season of Remembrance Campaign.

HONORING OUR LOVED ONES

Remembering loved ones who have passed away has been an important tradition for Granite VNA. Each winter we take pride in providing an opportunity for our community to pause during a typically busy time of year to remember those no longer with us.

Based on feedback we have received, we have reimagined our annual hospice remembrance campaign that honors and remembers loved ones. We are pleased to introduce: Season of Remembrance.

You are invited to help us continue this meaningful tradition. Join us in celebrating hospice services and remember those close to you who have died by placing their name(s) on our online honor roll. The people you remember as part of Season of Remembrance need not have been part of the Granite VNA Hospice program, they only need to hold a special place in your heart.

Your donation to Granite VNA supports our hospice services and provides the means needed to serve all in our community regardless of a patient's ability to pay.



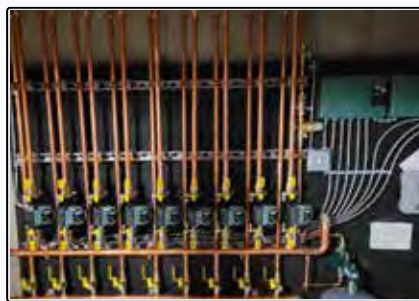
www.granitevna.org/ways-to-give/season/



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THE Poetry PLACE

THE TRIP

by Bow Resident Paul Pomeroy

I am an old man now
And I have made this trip many times
Thus my fears embarrass me
I hope my fellow travelers cannot sense my apprehension

Many times this trip...
Rationally I know it is safer now
But I still remember
Previous excursions more perilous

I have suffered
And I cannot shake the past memories
Even as I prepared
I knew that I would fail

I will sit quietly
Hoping that my fellow travelers
Will not hear my heart
As it tries to beat its way to freedom

I will try to look serene
Hoping that my fellow travelers
Will not see hands shaking
Or notice sweat on lips and brow

How can they sit here so calmly
Do they not know
The things that can go awry on this treacherous trip
I want to shout – to warn – to flee...

But then the door opens
And the dental assistant says **you're next Paul!**

and on the light side...

DO YOU HAVE IT IN 60 EXTRA LONG?

I have grown both weak and weary
Of the silly modern theory
That in order to be known as chic,
One must not look well fed.
According to the magazines
If one cannot wear tapered jeans
One might as well wear saddle bags
'Cause socially you're dead.

Now, just because some lazy gland
Has gotten some what out of hand
And caused me to expand
Into the shape in which you find me,
I see no cause to hide my face,
I've got my share of manly grace
It just got wadded in one place
And some got stuck behind me.

To me it's inconceivable
That one could find believable
The thought that one must have a shape
Exactly like his chum.
I simply won't apologize
For being of a grander size –
When everyone's a seedless grape
It's great to be a plum.

And if the girls refuse to dig me
Just because I'm not a pygmy,
Then I try to make them see my view
That beauty comes in barrels too;
And precious gemstones grow in clumps
And treasures can be found in dumps
And silver hides in heaps.
To heck with all your fashion trends,
I'd rather be myself, my friend,
I love to be a limousine when all the rest are jeeps.

by Victor Buono | It Could Be Verse



It's likely that you experienced a change this year, either to your plans, your finances or even something more. Though you can't always predict your current situation, a comprehensive financial plan can help in times of uncertainty, allowing you to adapt and find your financial footing when circumstances change.

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BOW HIGH SCHOOL PERFORMING ARTS PRESENTS



PERFORMANCES AT BOW HIGH SCHOOL AUDITORIUM

Tickets: \$10 Each for Staff & Students \$15 Each for General Audience

Friday, December 20th at 7pm

Saturday, December 21st at 7pm Sunday, December 22nd at 2pm



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BOW HIGH SCHOOL SPORTS SPOT

by Matthew Mampuzha, Bow Times Sports Editor ➔ Photos | Chip Griffin



Senior captain Ella Gray vs Souhegan

GIRLS FIELD HOCKEY

Bow's girls field hockey team, the 4th seed in Division II with a record of 12-3-1, beat No. 5 Souhegan 3-1 at home in the quarterfinals and had a bye in the first round of the playoffs. In the victory, sophomore Shire Kelley, senior Sophie Coombs, and junior Josie Johnson all scored goals in that order.

The Falcons then faced Division II No. 1 Hollis-Brookline in the semifinals. Hollis-Brookline's regular season record was 15-1. Hollis-Brookline's sole loss came against the Falcons, 0-1, on September 20th. However, Hollis-Brookline defeated the Falcons in the semifinals 3-0 at Bill Ball Stadium in Exeter, ending their season. Bow has a young team with 14 underclassmen, so the team only looks to improve from here in future seasons.



Senior captain Thomas Sargent

BOYS/GIRLS CROSS COUNTRY

Bow's cross country team attended its state meet on October 26 in Derryfield Park in Manchester. On the girls team, senior Hannah Pawlowski finished 11th out of 97 Division II racers with a 5K time of 21:30, and the girls team as a whole placed 10th out of 17 teams. Additionally senior Lena Thompson placed 36th with a time of 23:52.

The boys team featured junior Wyatt Worcester placing 21st out of 114 Division II racers with a time of 18:12, and freshman twins Sam and George Kohl finishing 35th and 37th with times of 18:55 and 18:58, respectively. As a team, the boys finished 7th out of 17.

Pawlowski and Worcester then raced in the Meet of Champions in Alvirne. Pawlowski received 31st place with 19:46 in the girls race, and Worcester received 65th place in the boys race with a time of 16:59.

COED GOLF

The golf team finished 5th out of 8 Division II teams at its tournament on October 15th, although it had consistently ranked among the top 3 in the conference of 15. The tournament was held in Windham. Souhegan High School took first place, Winnacunnet High School received second place, and Portsmouth High School took third.

BOYS FOOTBALL

The Falcons' football team is quickly closing out its regular season. Although they lost at Plymouth 0-34 and at Kennett 28-31, they defeated John Stark at home 19-14 and won at Pembroke 40-16.

The Falcons will probably be the No. 6 seed in the postseason. Plymouth and Pelham are No. 1 and No. 2. It is anticipated that there will be a couple of other teams ranking higher than Bow going into the playoffs, with Bow, John Stark, and Manchester West all hovering around the same gray area. Bow needs at least the No. 8 seed to reach the playoffs.



Junior Miles Miller vs John Stark



Carter Weiss against ConVal

BOYS SOCCER

The boys soccer team's season is over after a 3-2 loss to No. 1 Campbell. The team managed to hang on to its postseason hopes by nabbing the No. 9 seed out of the 11 teams making it to the playoffs and 17 teams total, despite having a tough regular season. Although the team had seemingly found its footing late in the regular season by beating John Stark 3-2 and defeating No. 7 Hollis-Brookline, Bow fell to the ConVal Cougars 2-1 and tied Kennett and Souhegan 0-0 and 2-2, respectively, to close out the regular season.



Gabriella Tarsa against Kennett

GIRLS SOCCER

After a win over Souhegan 2-0, Bow's girls soccer team claimed the No. 2 seed in the upcoming tournament. The only team above Bow was undefeated Hollis-Brookline. The Hollis-Brookline Cavaliers have a 16-0 record and won against the Falcons 4-1 in their regular season game on October 11th. Nevertheless, Bow hoped to bounce back from its loss against Hollis-Brookline in the regular season

FALCONS FLY FOREVER!



NOVEMBER News

Baker Free Library | 509 South Street
Bow, New Hampshire 03304
Visit our online Calendar to sign up for
upcoming programs and events
at bowbakerfreelibrary.org



2025 Visions of Bow Calendar

Baker Free Library is so excited to announce our second annual calendar fundraiser! At \$15 a calendar, this is a perfect gift for the holidays and a great opportunity to support your local library. All photos in this year's calendar are, once again, exclusively from Eric Anderson! Stop by the library to pick up your copy today!

100 Acres More or Less

by David Bundy is now available for purchase at BFL!

Baker Free Library was established in 1914, but did you know that was almost 200 years after the Town of Bow was first founded?

Back in the '60s, David Bundy published a book titled '100 Acres More or Less' as a way to share the Town's rich history and backstory, and we are so excited to announce that this book is now available for purchase at BFL! For \$20 a book, you can relive some of the greatest stories from Bow's past. All funds from purchases of this book will directly benefit the Bow Heritage Commission and support them in their mission to preserve Bow's history.



The Baker Free Library will close at 4:00 PM on Wednesday, November 27th for Thanksgiving, and remain closed Thursday the 28th and Friday the 29th. The Library will reopen Saturday, November 30th at 10am.

YOUTH PROGRAMMING

Storytimes

Every Thursday November 14 – December 19th | 10:30am & 1pm

Thursday mornings in November and December, explore a new topic each week with stories, songs and rhymes designed to spark your child's imagination and create the foundations for early literacy, or encourage school readiness with an afternoon storytime for active bodies and minds! Explore interactive stories, songs, and activities that help to promote early literacy learning while addressing attention, coordination and motor development.

Recommended age for Thursday *Morning* Storytime is 18 Months - 3 years.
Recommended age for Thursday *Afternoon* Storytime is ages 3 – 5 Years.

Saturday Storytime | November 23rd | 10:30am

A special, Saturday morning storytime for children and families, offered once per month. Enjoy stories, songs, movement activities and instrument play, followed by open play time with the library's collection of toys and manipulatives. Registration is not required for Saturday Storytimes.

Nature Explorers

Wednesdays, November 20th & December 18th | 4pm

Become a nature explorer with this after-school club, meeting on the third Wednesday of each month! This group will learn about animals, weather and the natural world, and explore the great outdoors with hands-on art projects and activities. Recommended for Grades 2 and Up. Please register each month to reserve your spot.

Art Lab | Wednesday, December 4th | 3:30pm

A program for young artists and creators! Take part in sensory, art, and engineering activities designed to inspire our creativity and curiosity. Activities may include mixed media projects and painting, so come prepared to get messy. Recommended for Grades K-4, in the company of a parent or caregiver. Younger children may need assistance with certain projects. Registration is required each month. Registration is required each month. Please register for every session you wish to attend..

Polar Express Holiday Party | Saturday, December 14th | 10:30am

Wear your pajamas and hop on board to hear *The Polar Express* by Chris Van Allsburg, read by Santa and Mrs. Claus! After the story, enjoy a cup of hot chocolate while making a holiday craft. And don't forget to bring your wishlist—you'll have a chance to meet Santa and Mrs. Claus and take a holiday picture! Registration is not required for this event, but supplies are limited.

BOOK CLUBS

Whodunits | Tuesday, December 3rd | 1:00pm

Love mysteries? Join the Whodunits to sleuth through a new one every month! This mystery-exclusive book club meets at White Rock Senior Center on the first Tuesday of every month.

December Book Discussion: *The Plot* by Jean Hanff Korelitz

Book Talk at BFL | Tuesday, December 10th | 12:30pm & 6:30pm

Do you love to read? Are you willing to try books outside your comfort zone? Do you enjoy talking about books with others? Then our monthly Book Group is for you!

December Book Discussion: *The Heaven and Earth Grocery Store*
by James McBride

White Rock Book Group | Tuesday, December 17th | 1:00pm

Do you want to read outside of your comfort zone? Do you enjoy talking about books with others? Then our monthly Book Talk at White Rock Senior Center is for you!

December Book Discussion: *The Heaven and Earth Grocery Store*
by James McBride

IN THE GALLERY

Featuring work from BFL's own Christina Landry-Boullion, Ashley Audet, and Eric Anderson.

ABOUT THE ARTISTS:

Christina Landry-Boullion: I am an international Artist and Art Educator and Baker Free Library's own Youth Programming Assistant. I don't want you to just fall in love with Art. I want you to fall in love with the process of making art. I want you to see that your failures are just as important as your successes. To see that process is more than just a finished product. This statement is evident if your child has attended any of the Art Lab or Nature Explore programs at Baker Free Library.

Ashley Audet: I am an Illustrator and Designer, who works in both Graphite and Ink. I am also your Baker Free Library morning Circulation & Technical Services Assistant! At a young age I had always been encouraged by family to practice and improve my skills in art. As a child who often found myself moving towns and starting new schools, I was able to work with many new art instructors. These educators are who I credit my skill developments to. At the age of 18 (my senior year in High School), I had a still life drawing hung in an art exhibit at Plymouth State University. During that same year, I had two pieces published in the Lakes Region Community College's art publication. I credit this push from my Laconia High School art teacher, Linda Danielovich, to be the thing that got me where I am today. As well as the never wavering encouragement I received from my mother. In March of 2019, I created my own brand called A Door Unlocked and started taking on commissioned requests. Just a few weeks in, I was able to call myself an international designer after landing my first commissioned logo design from the UK. From there I have consistently had projects lined up and continue to add products to my e-commerce site, where you can purchase prints and other items featuring my work.

Eric Anderson: My tie-in with the Baker Free Library is currently that of a BFL Trustee, serving as its Treasurer. Historically, I have served two prior terms as a BFL Trustee including its chair from time to time. I served on the BFL Lower Level Building Committee and helped raise \$300,000 privately of the \$600,000 total raised for the Lower Level project. In addition, I was a founding member of the BFL 501-c-3 Foundation that continues today to help meet some of the needs for improvements at the BFL. As an aside, I have routinely provided photographs to the BFL Monthly Newsletter since its inception. As a BFL Staff fundraising initiative, I have also provided photographs taken throughout the Town of Bow, illustrative for each of the twelve months. I believe that I may have been the first BFL one-person photo exhibitor years ago and several times since. And finally, I am the chair of the Bow Heritage Commission having an interest in overseeing the Henry Baker collection on the Lower Level.

Eric Anderson | Photo



DUNBARTON POLICE DEPARTMENT

SEPTEMBER 2024 ARREST/CHARGE LOG

Please note that juvenile arrests/charges are not included (RSA 169-B:35), the identity of those taken into protective custody are not included (RSA 91-A:5, IV), and all defendants are presumed innocent unless and until proven guilty in a court of law.

10/3: Peter Herrholz, 39, Dunbarton, was taken into custody for negligent discharge of a firearm and disorderly conduct.

10/4: A juvenile petition was filed for a felony offense as well as several misdemeanor/violation level offenses.

10/6: Joseph Demers, 48, Dunbarton, was processed on a Concord PD arrest warrant for simple assault.

10/13: Jay Wadsworth, 55, Dummer, was charged with driving after revocation/suspension, operating with a valid license - subsequent offense, misuse of plates, and unregistered vehicle.

10/15: An individual was taken into protective custody for a mental health evaluation.

10/20: Pamela Gzehoviak, 61, Hudson, was taken into custody for driving or operating under the influence of alcohol or drugs and yellow line.

10/27: Daniel Scott, 21, Dunbarton, was charged with driving after revocation/suspension and speeding.

10/27: Alaina Ferguson, 52, Dunbarton, was taken into custody on an electronic bench warrant for non-appearance in court on the original charge of possession of a controlled/narcotic drug - subsequent offense and a superior court arrest warrant for non-appearance in court for a violation of a court order hearing on the original charge of credit card fraud. She was also charged with two counts of possession of a controlled/narcotic drug - subsequent offenses (suspected fentanyl and crack cocaine).

In addition, during the month of October, 12 traffic citations were issued for offenses that included non-inspection, unregistered vehicle, speeding, yellow line, and misuse/failure to display plates. Some citations may have been issued in conjunction with an arrest.

Visit our Facebook page at [Facebook.com/DunbartonPolice](https://www.facebook.com/DunbartonPolice) or website at dunbartonnh.org/police-department/pages/monthly-reports



ACTIVE SHOOTER RESPONSE TRAINING

All full-time, Dunbarton Police Department officers, completed active shooter response/slow search techniques training in October. Many thanks to Sgt. Tyler for instructing!

Ongoing training and career development is an important aspect of a professional law enforcement agency and promotes employee retention. In addition, properly trained law enforcement officers are better equipped to serve their community and reduce the Town's risk of liability exposure.



IT WAS NEVER ABOUT THE BEARD.



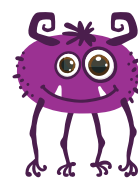
Organized by the Granite State Children's Alliance

A DECADE OF SUPPORTING GRANITE STATE VICTIMS OF CHILD ABUSE



Members of Dunbarton's Police Department participated in the Granite State Children's Alliance ("GCSA") and Merrimack County Advocacy Center's "Blue for Bucks" fundraiser from October 7th through October 21st. The fundraiser sought to raise funds and awareness for the work that advocacy centers do all over the state.

The Dunbarton Police Department is proud to partner with the GSCA and Merrimack County Advocacy Center to support this initiative. We sincerely appreciate everyone who donated - thank you!



DUNBARTON ELEMENTARY SCHOOL HALLOWEEN PARADE



Always ready and willing to take part, in community celebrations and events, members of the Dunbarton Police Department were on hand to assist with the Dunbarton Elementary School's Annual Halloween Parade.

They also passed out candy and glow sticks, and helped maneuver little, trick-or-treaters cross Rt 13 in the area of the Town Common.



NORA'S DUNBARTON NEWS



THE DUNBARTON GARDEN CLUB would like to thank our incredible community for the support during our 2024 year with our best ever fall mum sale and our ten-year anniversary daffodil bulb sale. Wishing you a happy holiday season, and we look forward to seeing you in 2025! Be sure to save the date for our first meeting on April 14, 2025.



As we enter 2025, the Dunbarton Garden Club is pleased to offer a \$1,500 scholarship to a graduating Dunbarton senior in good academic standing who attends Bow High School. This scholarship is open to any applicant who is attending an institute of higher learning to study any of the following: horticulture, agriculture, floriculture, botany, conservation, environmental sciences, forestry, plant sciences, garden history and design, landscape architecture, pollinator research, conservation, and ecological restoration. The deadline for applications is April 01, 2025. Full details (including application) may be found on our website under about us, dunbartongardenclub.org.

CHAIR YOGA WITH SHERRY, sponsored by the library. Sherry will conduct gentle chair yoga sessions the following Thursday mornings starting at 11:00 a.m. November 21, December 12 and 26. Meet upstairs. Dress in layers. If you have questions, contact the library.



READ TO DOGS is a program designed to improve children's reading skills, but also a wonderful opportunity to be with the comfy pet, Charlie. Children in grades K to 4 who register will have a 20-minute session at the library. Sessions run 2:30 pm to 4:00 pm on the following Thursdays: November 21, December 5, December 19. If you'd like to confirm dates are open, or need more info, or to register, call the library, 603-774-3546.

DES ANNUAL TURKEY TROT Dunbarton Elementary School Turkey Trot, sponsored by the PTO will be held Tuesday, November 26, 1:30pm to 2:15pm. Come cheer-on all the runners as they prepare for the Thanksgiving holiday break. The next PTO meeting will be on Monday, December 2, 6:30 to 7:30 pm in the elementary school's teacher's lounge. A Zoom option is available, if you are unable to attend in person. For more information, or to confirm PTO events contact: dunbartonpto@gmail.com



HOLIDAY CLOSINGS: Town offices and schools will be closed Thursday, November 28 and Friday, November 29, for the Thanksgiving Day Holiday.

BEYOND THE BOOK is scheduled for Thursday, December 5th. Beyond the Book, sponsored by the Congregational Church, will meet at 7pm in person at the Church Vestry in the town center to review books read this year. Contact Barbara: bbennett@dunbartonucc.org for info or questions about the meeting.

LIBRARY BOOK GROUP will meet on Wednesday, December 18 at the library, at noon for the "No Book" Book Party. Come together to pick the selections for 2025. Always check the Library's FB or website to confirm no changes in dates or times.

CONCORD COACHMEN CHORUS HOLIDAY CONCERT, sponsored by the library, will be held Thursday, December 5 at 6:30 pm in the Upper Town Hall. The Concord Coachmen Chorus is a fine group of men that have been delighting audiences since 1957. Enjoy a holiday performance in the barbershop style. Get into the holiday spirit! Wear your holiday sweaters! Always check the Library's FB or website to confirm no changes in dates or times.

CHRISTMAS CONCERT Dunbarton Congregational Church will present its annual Christmas Concert on Sunday, December 8, 2014 from 4pm to 6pm. Tickets at the door: \$10 each, \$24 per family. Refreshments will be served. Check their website for more details (<https://www.dunbartonucc.org/>) and updates will be posted on their FB page (<https://www.facebook.com/DunbartonUCC>) after November 15.

ART EXHIBIT Stop by the library to view their latest Art Exhibit. Enjoy beautiful watercolor paintings by Eleanor MacLellan. Year-Round Puzzle and Game Exchange. And check out the puzzles and games galore to swap out, trade, or just take. They currently have most all levels and sizes of puzzles. Thanks to all for the great donations. They are set for now.

RESTORATION OF STARK CEMETERY FINIALS In the fall of 2022, the Dunbarton Historical Society undertook a repair project at the beautiful Stark Cemetery. The cemetery was moved from its original site by the Army Corps of Engineers in 1962 as part of the Everett Flood Control Area. Since that time, the metal and granite fence surrounding some of the grave-stones suffered deterioration. Misaligned granite posts snapped the top rails, and many pickets were missing their ornate spade-shaped finials.



Where could replacement parts for a fence manufactured over 200 years ago be found? The answer came not in finding the parts, but instead in finding someone to replicate the parts. Mitch Rosen, a local craftsman and metal artist, was the answer to our problem. Mitch, had the knowledge and means to create molds of the missing parts and pour molten metal to recreate them. An accomplished machinist, he finished and rejoined his newly created parts with the remaining pieces for replacement.

DHS members Addison Chase III, Dave Heisler and Wayne Mills worked truing up granite posts and installed the new components. Welding expert Edward Mysona, of Quality Equipment Repair Dunbarton, made easy work of our difficult welding repairs.

The Stark Cemetery fencing repairs are now complete, and its beauty restored. Thanks to all who brought this project to fruition, and a special thank you to our good neighbor Mitch Rosen for his efforts!



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REAL ESTATE SALES IN BOW – OCTOBER 2024 *Serving the areas in and around Merrimack County.*

ADDRESS	BEDROOMS / BATHS	SQUARE FOOTAGE	ACREAGE	PRICE
38 Grandview Road	2 Bedrooms 1 Baths	1300 SquareFeet	.82 Acres	\$287,000
27 Evergreen Drive	3 Bedrooms 2 Baths	1592 Square Feet	1 Acre	\$450,000
22 Bow Bog Road	3 Bedrooms 1 Baths	1242 Square Feet	1.03 Acres	\$465,000
5 Grandview Road	5 Bedrooms 3 Baths	2254 Square Feet	.95 Acre	\$490,000
18 Robinson Road	3 Bedrooms 4 Baths	2676 Square Feet	5.52 Acres	\$599,900
926 Route 3A	3 Bedrooms 3 Baths	3060 Square Feet	.86 Acres	\$665,000
43 Sterling Place	3 Bedrooms 5 Baths	8347 SquareFeet	6.50 Acres	\$807,000

REAL ESTATE SALES IN DUNBARTON – OCTOBER 2024 *We are ready to help you on your next journey.*

ADDRESS	BEDROOMS / BATHS	SQUARE FOOTAGE	ACREAGE	PRICE
40 Stark Highway North	3 Bedrooms 2 Baths	1699 Square Feet	2.66 Acres	\$588,000
176 Grapevine Road	4 Bedrooms 3 Baths	2072 Square Feet	5.51 Acres	\$728,000
63 County Road	3 Bedrooms 3 Baths	2520 Square Feet	5 Acres	\$855,000
34 Gile Hill Road	4 Bedrooms 3 Baths	2415 Square Feet	5.22 Acres	\$855,000

Sales Data for OCTOBER 2024 is provided by the NHMLS.



4 NE Avenue, Bow New Hampshire 03304 603-333-0070 www.hometown603.com

NEW LISTING
72 Stone Sled Farm
in Bow
Listed by Ann Dippold




Details: 2 Bedrooms, 2.5 Baths, custom built-ins, finished walkout basement, private 3-season room and open deck off the back. Move in ready! Offered at \$615,000



NEW LISTING
42 Putney Road
in Bow
Listed by Bianca Contreras




Details: Built in 2010, this home has 4 Bedrooms, 3 Baths, with over 2,000 square feet of finished space, and 3+ acres of privacy and solar!



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**FAST STATS...
SINGLE FAMILY
RESIDENCE
SALES
IN BOW
OCTOBER 2024**



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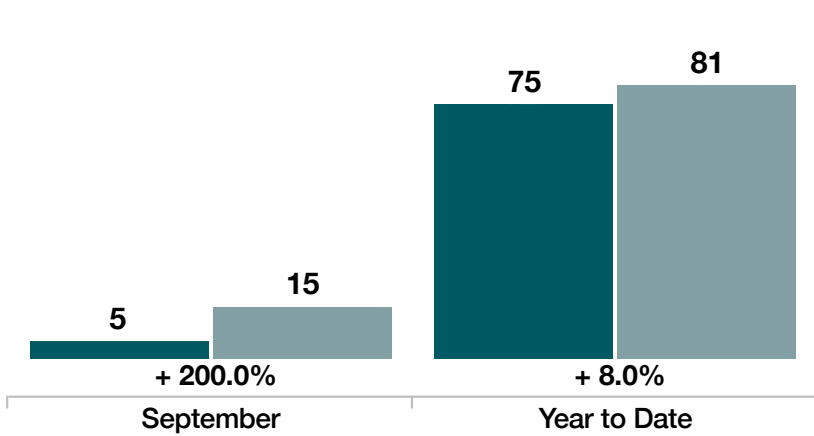
4 NE Avenue, Bow New Hampshire 03304 603-333-0070 www.hometown603.com

Single Family Residence Key Metrics	September			Year to Date		
	2023	2024	% Change	Thru 9-2023	Thru 9-2024	% Change
Closed Sales	5	15	+ 200.0%	75	81	+ 8.0%
Median Sales Price*	\$720,000	\$680,000	- 5.6%	\$556,000	\$640,000	+ 15.1%
Median List Price	\$799,900	\$599,900	- 25.0%	\$575,000	\$650,000	+ 13.0%
Volume of Closed Sales	\$3,549,999	\$9,923,500	+ 179.5%	\$43,047,832	\$55,930,678	+ 29.9%
Days on Market Until Sale	10	15	+ 50.0%	14	16	+ 14.3%
Pending Sales	5	7	+ 40.0%	75	90	+ 20.0%
Months Supply of Inventory	2.6	1.7	- 34.6%	—	—	—
New Listings	7	11	+ 57.1%	92	106	+ 15.2%
Inventory of Homes for Sale	20	15	- 25.0%	—	—	—
Percent of Original List Price Received*	101.7%	98.9%	- 2.8%	104.8%	101.7%	- 3.0%

* Does not account for sale concessions and/or downpayment assistance. | Percent changes are calculated using rounded figures and can sometimes look extreme due to small sample size.

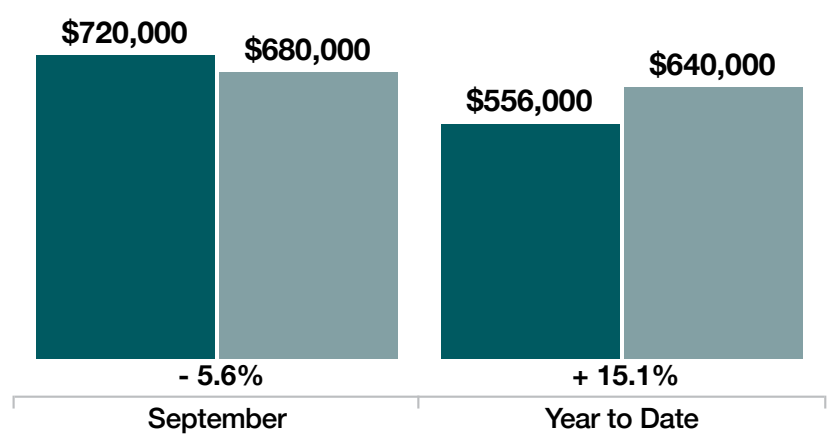
Closed Sales

■ 2023 ■ 2024

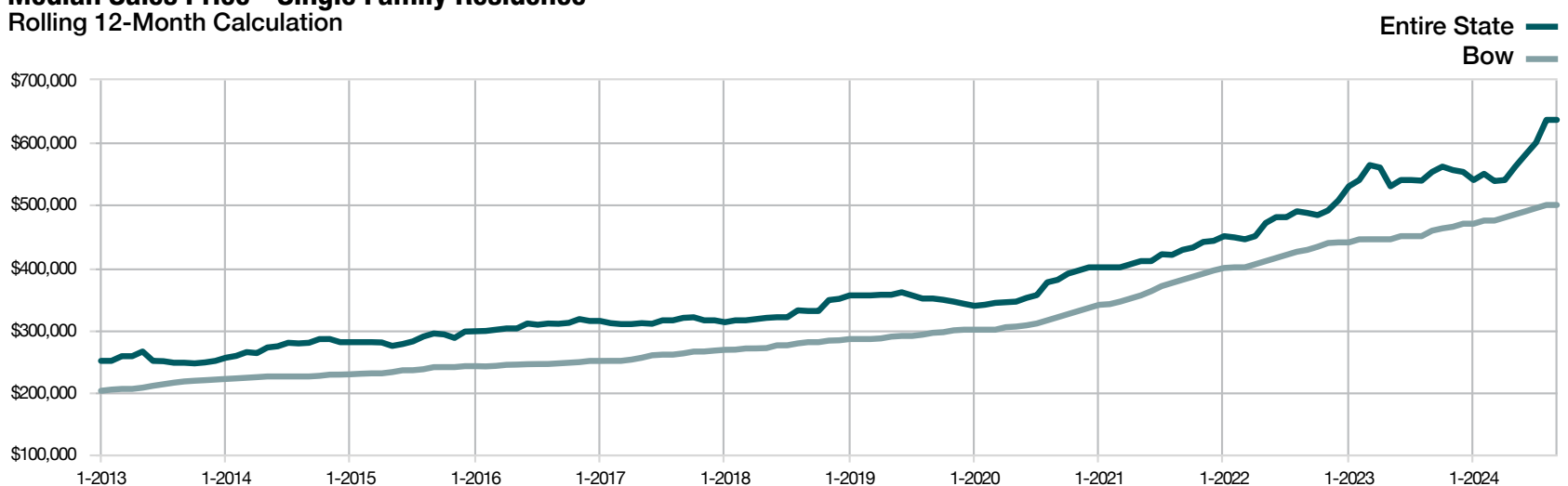


Median Sales Price

■ 2023 ■ 2024



Median Sales Price - Single Family Residence
Rolling 12-Month Calculation



A rolling 12-month calculation represents the current month and the 11 months prior in a single data point. If no activity occurred during a month, the line extends to the next available data point.



TEMPTING LIBATIONS FOR THANKSGIVING

There is something wonderful about the aromas in the house when cooking a turkey and all the fixings to start the Holiday Season. Everything about this holiday makes me excited from getting the first piece of crispy turkey skin, perfectly salted prior to carving the prized bird, to making way too many side dishes for family to enjoy. Of course, a favorite part of mine is finding the ultimate beverages to serve, to compliment this gracious meal. Fall is in the air and winter is just around the corner. The day after Thanksgiving we eat our delicious leftovers, which is another fabulous thing about cooking too much food. It is also a day for selecting our Christmas tree at the tree farm and getting the house decorated for the magical month of December with all the magical festivities yet to come.

A fun cocktail to make for guests upon arrival, that you can make ahead of time in a pitcher, is an Apple Cider Smash with New Riff Bourbon. Add bourbon, apple cider, muddled orange slices with cinnamon sugar and dashes of black walnut bitters, and then mix it together, serve over ice with Luxardo cherry garnishes - A fun twist on an old fashion.

NEW RIFF KENTUCKY STRAIGHT BOURBON WHISKEY #4914 \$44.99-\$42.99 SAVE 2

Broad, Full mouth feel, leading to sweet vanilla accents, with notes of rye spices: cloves, cinnamon, mint, and dark berries into a long lingering finish.

Two of my favorite wines for Thanksgiving:

FAMILLE HUGEL GENTIL WHITE, ALSACE, FRANCE #24971 \$17.99-\$14.99 SAVE \$3

Making wine for over 370 years and 13 generations, this is an introduction to the winery that makes grand cru wines in this region. Perfectly dry, very fresh with notes of sliced pears, lemons, and white peaches plus a touch of white pepper spice and chamomile. It is medium- to full-bodied with bright acidity. Blend of 33% gewurztraminer, 30% sylvaner, 17% pinot blanc, 7% riesling, 7% pinot gris and 6% muscat. The wine "revives an ancient Alsace tradition whereby a wine assembled from a range of noble grapes called 'Gentil.'"

SIDURI PINOT NOIR, WILLAMETTE VALLEY, OREGON #25210 \$35.99-\$33.99 SAVE \$2

The Greek Goddess of Wine, Siduri seems fitting for my table and guests on this day. Aromas of cranberry, sage, blackberries, and forest floor with flavors of tea leaf, bright raspberries, clove, dried dark fruits and a juicy texture of delicate tannins and spice. The best wines from Oregon are known to rival those of the Burgundy Region in France.

I hope you all have a memorable Thanksgiving with your family and friends. Be grateful for all the wonderful things this time of year brings. Stay tuned for more holiday mixology, wine pairings, and bubbly in December.



Annie Kenney is a General Sales Manager for MS Walker Wines & Spirits in Bow, NH where she has been passionate about her career for the last 23 years.

Wine and Spirits Education Trust Level 2 Certified and a proud Board Member of the New Hampshire Lodging & Restaurant Association. Annie is a lover of fine wines and spirits and resides in Bow, with her daughter Lexi and her fiancé Brock.



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Our warmest wishes for a Happy Holiday shared with those you love!

Whether you're new to Bow or a long-time resident, having the appropriate home value on your insurance policy is critical.

Contact Allied Insurance for a complete review of your homeowner's policy.



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WHY ? Do We Say...

"Spin doctor"

Meaning: usually in politics, the individual who attempts to manipulate public opinion to guide it in a new direction.

Origin: A pitcher who can manipulate the spin on the ball in such a way as to confuse the batter.

"Put a sock in it"

Meaning: to be quiet; stop talking.

Origin: Gramophones, the predecessors of record players, had large horns used to amplify the sound. Since they had no volume control, if the sound was too loud, listeners were forced to stuff a wadded-up sock inside the horn.

"Caught red handed"

Meaning: caught with the evidence of the act still on them.

Origin: This 15th-century Scottish phrase has changed a bit over the years (it used to be "with red hand"), but it refers to being caught with blood on your hands from murder or poaching.

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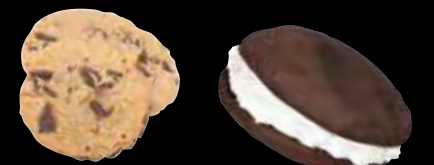
250 South Street, Concord **603.856.8020**

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Saturday 8:00 AM – 3:00 PM

STORE OPEN Mon - Fri
6:30 AM – 6:00 PM
Saturday
8:00 AM – 3:00 PM

Closed Sunday



OBITUARIES

THERESA FERULLO

Theresa Ferullo age 65 of Bow, died November 3rd at Concord Hospital with her family by her side. She was born in Tewksbury MA, daughter of the late Daniel and Marie L. (Campbell) Valley. She was a graduate of Malden High School. She worked as a Quality Control specialist at Blue Cross & Blue Shield of MA.

Theresa enjoyed cooking for her family, rooting for the Bruins, Patriots and Red Sox. She especially loved spending time with her grandchildren.

She is survived by her husband Anthony "Tony" Ferullo, two daughters; Theresa Malonson and her husband Michael, Janine Tomeo and her husband Christopher.

DAVID A. FOREST

David A. Forest, 82, of Contoocook, passed away peacefully on November 4 under hospice care at home, per his wishes.

David was born in Concord, in 1942, the son of the late Albert and Arline (LaPlante) Forest. He graduated from St. John's High in 1961 and later graduated from Wentworth Institute and Northeastern University with degrees in Electrical Engineering and was a lifetime member of ASEE.

David worked for Sanders/BAE for many years and had a rewarding career as a professor at UNH Durham and Manchester for over 35 years. He also enjoyed a sabbatical at McGill University in Montreal. David lived a life of service, sharing his time and talents in his church, the Boy Scouts, the Hopkinton Lion's Club, the Granite State Symphony Orchestra, various academic advisory boards, and other organizations.

He is survived by his loving wife of 55 years, Lorraine, and his children James Forest of North Canton, OH; Kathleen Forest (James Oliver) of Arlington, VA; Christine (Michael) Schelble of Brunswick, ME; and Karen (Michel) Florentino of Contoocook.

In lieu of flowers, donations can be made in his memory to the American Red Cross (Blood Services) or the Fidelco Guide Dog Foundation.

WILLIAM J. GAGE

William J. Gage, 81, of Dunbarton died October 24, 2024. He was born in Manchester July 28, 1943, the son of Joseph and Thelma (Nelson) Gage.

Prior to his retirement he was a supervisor at Moore Business Forms. He was extremely proud of his classic car collection. Family members include his wife of 58 years, Lucille (Cotnoir) Gage of Dunbarton, three sons; David Gage of Contoocook, Kenneth R. Gage of Eagle River, AK, Stephen M. Gage of Dunbarton, two grandchildren; Tyler S. Gage of Manchester, Brianna M. Gage of Henniker, and several nieces, nephews and cousins.

In lieu of flowers, donations may be made to an Alzheimer's Association of one's choice.

JANE ELIZABETH LEWELLEN

Jane Elizabeth Lewellen of Contoocook, passed away on September 15, 2024, at the age of 104 after a long fulfilling life. She was smart, curious and gracious.

Born on March 19, 1920, in Indianapolis, she was the daughter of Arthur Stettler and Blanche Trissel. She graduated from Butler University in 1942 and went on to teach Latin and English. In 1943 she married Robert (Bob) Lewellen upon his graduation from the Naval Academy and she began her life as wife, mother, traveler and a devoted supporter of her husband's Navy career.

After Bob's retirement, they settled at Flintlock Farm in Dunbarton where they developed a pick your own farm growing strawberries, peaches and blueberries. Jane became the farm's "Superstar" picker.

When they retired from the farm life they moved to Contoocook. Jane enjoyed community activities, including church life. She particularly enjoyed the Hopkinton band concerts at the town band gazebo, which was built and named in her honor.

Jane was predeceased by her husband of 77 years, Robert Lewellen, Capt. USN. She is survived by her children, her daughter, Rebecca Jane and her husband Sir William Purves living in London. Her son, Arthur Simpson Lewellen and his wife Susan living in Sanbornton. Her Granddaughter, Brittney (Lewellen) Peterson and her husband Corey Peterson and her Grandson, Robert Lewellen.

PETER RHINES

Peter Rhines, 66, of Hopkinton, died peacefully and painlessly the morning of October 24th.

Peter was born on June 18, 1958, in Plainfield, NJ. He earned a B.A. in Economics at the University of New Hampshire, and subsequently owned and operated his own painting contractor business, New Hampshire Painting, for 40 years. Peter loved working for himself and the freedom it afforded him to raise his kids and be with his family.

Peter was an avid hiker and summited all of the 4,000-footers in NH, many times. He also ran seven marathons, including the Boston Marathon four times. Above all, Peter will be remembered for his quick humor.

Peter leaves behind his wife Holly Kimball; his children Sarah (Tom) Gregory, Megan (Addison Bigelow) Kimball Rhines, and Cooper Kimball-Rhines; his grandchildren Isabella and Olivia Gregory and his five siblings: Rosemary (Steve Worley) Berwald, Rebecca Huckabay, William (Linda) Rhines Jr., Ann (Fernando) Corrales, and Mark (Elizabeth) Rhines.

The family requests that donations be made in lieu of flowers to the Society for the Protection of New Hampshire Forests, Annual Fund, at www.forstsociety.org, with Peter Rhines as Tribute.

CAROLYN WADE

Carolyn Wade, 90 of Contoocook, passed away on Friday, October 4th.

Born November 27, 1933 in Brookline, Massachusetts, she was the daughter of W. Stuart Young and Peggy Young of Wellesley Hills, MA.

Carolyn attended Smith College in Northampton MA. She loved cooking, gardening and sewing, especially creating beautiful quilts. She loved sailing on Lake Winnepesaukee and in Casco Bay around Bustin's Island off the coast of Maine. A devout Christian, she taught Sunday School at St. Andrews Church and she regularly read scripture during services at the Contoocook United Methodist Church.

Her career included six years as assistant to US Senator Gordon Humphrey and assistant to the director of the Advanced Studies Program at St. Paul's School in Concord.

She is predeceased by her parents W. Stuart Young and Mabel (Peggy) Young as well as her first husband Donald P Jones Sr and her second husband Harold H Wade.

Carolyn is survived by her three children, Donald P Jones Jr and fiancé Martha Jak of Tucson, AZ and Joshua Tree, CA, Jeffrey S. Jones of Contoocook, NH and Alison S. McLean and husband Warren C. McLean Jr. of Pembroke, NH, as well as grandchildren Bradley S. Jones of Durango, CO, Jessica J. Jones of Montrose, CO, Nicholas D. Jones of Telluride, CO and her brother Edward D. Young of Lake City Florida.

She was a very loving mother who will live in our hearts forever.

In lieu of flowers, donations to VNA, VNA Hospice or Contoocook United Methodist Church, in the name of Carolyn Wade would be appreciated.



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GRIEF SUPPORT
GROUP

HEALING HEARTS — A GRIEF SUPPORT GROUP FOR CHILD LOSS

Tuesday, November 26 from 5:30 to 7:00 PM

Bow Mills United Methodist Church, 505 South Street

A monthly support group for parents who have suffered the death of a child at any age due to any circumstance and whether the loss was recent or some time ago. Parents are encouraged to come individually or with partners, spouses, or co-parents, to connect and journey toward healing alongside other bereaved parent figures who are on this path of grief – to listen, to share, to remember, and to give and receive support.

Registration and a brief screening is required. All community members are welcome. This program is offered at no charge.

Masks optional. For more information, please call (603) 410-9861.

To register, call (603) 410-9861 or visit www.granitevna.org

AVOID HOLIDAY SCAMS

Being aware of common scams can help you avoid them. However, scammers are always coming up with new tactics. It's important to take additional steps to protect yourself this holiday season. Here are some useful tips.

- Beware of deals that are too good to be true. Unreasonably low prices, especially on hard-to-find items, are a red flag for scams.
- Stick with retailers you trust. One of the best ways to avoid scams is to shop only with well-known retailers. If you see deals advertised online for retailers you're not familiar with, search the company names online along with the word "reviews," "scam" or "complaint." You may also, visit BBB.org to see reviews of companies.
- Don't click on links in emails or text messages, even if they appear to come from trusted retailers. Visit retailers' sites directly to see if you can find the deal that you've been notified about. And if you've ordered items online, use the package tracking information provided to you in your purchase confirmation email.
- Don't click on ads for discounted items. Instead, go directly to the retailer's site. If you don't find the advertised deals on the official site, the ad likely was fake.
- Make sure websites are legitimate and secure by checking the URL for misspellings and extra letters or characters. Look for the padlock icon in a web browser's address bar which indicates that the connection between the browser and the website is secure. Also, look for customer service contact information. If you can't find any or if it directs you to a generic email address, avoid making purchases from that site.
- Use a credit card for online purchases. Credit cards offer more protections than other forms of payment if you need to get your money back for fraudulent transactions and for purchases that merchants aren't willing to refund.
- Monitor bank and credit card accounts very carefully for unauthorized charges, because there's still a chance that scammers could get your credit or debit card information even if you take the steps to stay safe.



TEST YOUR HOLIDAY SAVVY

An AARP poll posed the following questions to its participants: Take this true-false test to see how savvy you really are.

1. Online retailers like Amazon and eBay will request your login information to provide customer support.
2. Ordering a free trial offer from an online retailer (with a small shipping charge) is a good way of trying out a product before you buy it.
3. Peer-to-peer payment apps like Cash App, Zelle and Venmo have the same consumer protections as your credit card.
4. When searching online for customer support, the first customer service phone number that appears on your search results will connect you with a legitimate person from that company.
5. Peer-to-peer payment apps like Cash App, Zelle and Venmo are only intended to be used to transfer money with people you personally know, like family, friends, the babysitter or the lawn service.
6. It's safe to pay for a vacation rental found on apps like Airbnb or VRBO outside of the app – for example, sending money with a P2P app instead.
7. Ads for merchandise that you see on social media, such as Facebook or Instagram, or other places online are trustworthy.
8. The safest way to make purchases online is with a credit card.
9. Regularly updating software on your devices provides protection against fraud.
10. If you are directed to send someone money by converting cash to cryptocurrency at a convenience store kiosk, it is a scam.

ANSWERS: 1. False (33); 2. False (38); 3. False (39); 4. False (45); 5. True (62); 6. False (51); 7. False (56); 8. True (55); 9. True (62); 10. True (60).



BOW FIRE DEPARTMENT
NOVEMBER 2024 BULLETIN
www.bow-nh.gov



CHIEF'S MESSAGE FROM CHIEF DENNIS COMEAU

October saw a significant increase in call activity with a total of 87 calls for service, eclipsing last months total by 16.

Basic Life Support
Transports: 21

Advanced Life Support
Transports: 23

Non-Transports: 20

Paramedic Intercepts: 0

Fires/Hazardous
Conditions/Alarms: 11

Service Call Incidents: 6

Overlapping Incidents: 16

Total Activity: 87

It's our commitment to provide excellent emergency response, with care and professionalism is paramount.

Thank you for allowing our family to serve yours!

We want to welcome **Jackson Crosby** to our department! Jackson joined us October 21st, from the Goffstown Fire Department. He has 7 years of career service and has had no problems meshing with our family!



Our setup for Trunk or Treat was amazing!
It was Wicked Spooky Fun — and we had the best treats!

Trick or Treating in Bow is always one of the best nights of the year! Our crews were able to remain call-ready, and get out into the community to be a part of Trunk or Treat, at Bow High School. Thank you for your commitment to fire safety. Together, we can make our community a safer place for everyone. **STAY SAFE!**

Bow Rotary Club



Christmas Trees & Wreaths for SALE

In the Community Center
Parking Lot

Sale Starts Nov 30th
Mon-Fri 4:00 to 7:00
Sat-Sun 10:00 AM - 7:00 PM

Fraser & Balsam Trees \$60
Decorated Wreaths \$35

Limited number of trees!
Usually sold out within two weeks.
Details at bowrotary.org

Money raised from tree sales goes to the Bow Rotary Foundation, which supports the local community.



Pick up a copy of
The Bow Times
at one these 28 locations!

- | | |
|------------------------------|----------------------------------|
| Baker Free Library | Hampton Inn |
| Blue Seal Feeds | Hopkinton Village Store |
| Bow Mobil | Individual Fitness |
| Bow Recreation Building | Irvings Circle K |
| Bow Town Offices | Johnson Golden Harvest |
| Chen Yang Li | Lakehouse Tavern |
| Colonial Village Supermarket | Merrimack Co. Savings Bank |
| Curios on the Common | Nina's Bistro, Hall St., Concord |
| Concord Chamber of Commerce | Pages Corner Store |
| Concord Food Co-Op | Riverside Pizza |
| Crust and Crumb | School Street Café |
| Dunbarton Town Office | South Street Market |
| Everyday Café | Sugar River Bank, Concord Hts. |
| Flanagan's South Ender Deli | Tucker's Restaurant |



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Bow Young at Heart Club

DECEMBER 11, 2024 11:30 AM - 2:30 PM

Annual pot luck luncheon. Guests are welcome.

All meetings are held at Old Town Hall, 91 Bow Center Road.

Bring your own lunch at 11:30, desert is provided. Presentations begin at 12:30. **The public is welcome to attend meetings.** Membership is open to all residents 55 and older. For more information, please contact Peter Cherici at (603) 774-7682 or email fairfield_a@hotmail.com.

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