

THE Music LADY

FOR THE LOVE OF MUSIC



How's this for an impressive list of musical compositions: "Diana," "Lonely Boy," "My Way," "Puppy Love," "Put Your Head On My Shoulder," "You Are My Destiny," "You're Having My Baby," "She's A Lady," "The Times Of Your Life," the theme song for The Tonight Show with Johnny Carson, and many, many more totaling 900! All of these songs were written by Paul Anka.

Paul was born in Canada in 1941 into a very supportive family that encouraged him to pursue his dream of becoming a singer, songwriter and actor. He became a teen idol in 1957 when he wrote and recorded "Diana," which became a #1 hit song in Canada and the US. This was followed by four more hits that made it to the top 20 in 1958. In 1959 he wrote "It Doesn't Matter Anymore" for Buddy Holly, which Holly recorded just before he died in a plane crash. Paul gave Holly's heartbroken widow all of his composer royalties. "It's the least I can do."

In the 1960's Paul wrote the lyrics for "My Way" for his close friend, Frank Sinatra, which became one of Frank's biggest hits. In the 1970's Paul wrote "She's A Lady" for Tom Jones and that recording became Tom's biggest hit. Many other famous singers have recorded Paul's songs, including Michael Jackson, Celine Dion, Kenny G, Patti LaBelle and Peter Cetera. Paul is credited for discovering fellow Canadian, Michael Buble.

At age 82, Paul Anka's touring concerts are scheduled well into 2024. He has sold 10 million albums globally over his six-decade career. The highlight of his career was writing for Frank Sinatra. "There's been a lot of songs, a lot of notes, but there was nothing like writing for Ol' Blue Eyes."



BEAVER DAM | CONTINUED FROM PAGE 1

Bow Pioneers Snowmobile Club removed a beaver dam in Bow to reduce the risk of flooding to a bridge that is used by snowmobiles in the winter.

Almost a year has passed since the removal of the beaver dam and efforts to restore the drained pond are still ongoing, including a recent meeting between the town and state Department of Environmental Services.

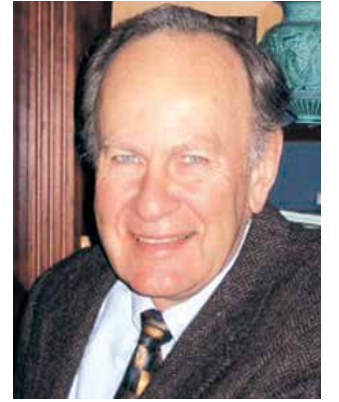
Concerned abutters from Page Road, Pepin and Pine Crest Drive, as well as members of the select board sought strategies from state officials to encourage water to collect in the pond situated on town-owned land, which could attract new beavers to live there.

Mark Sanborn, the Assistant Commissioner of DES, clarified that the role of the state agency is to provide guidance on what is permissible within the statutes and regulations, rather than give advice on specific courses of action.

After hearing several concerns, Sanborn urged the town and abutters to reach a consensus and put forth a formal document, allowing the state agency to review the proposal and provide feedback during a pre-application meeting.

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JUNETEENTH

Since I am writing this article on Juneteenth, (you will read it in July!) I thought it would be good to take a break from disease and trauma and acknowledge the great contributions that African American physicians have made in the advancement of medicine, research, and public health in the US. In no way will I do justice to the countless African Americans who have made the world healthier, but I will introduce you to four. I suspect you will not have heard of them, but I trust you will find yourself thanking them for their efforts to make our collective lives better.

Myra A. Logan, M.D. was born in Tuskegee, Alabama in 1908. She got her medical degree from New York Medical College. Most of her surgery was done at Harlem Hospital. In 1943 she was the first woman to perform open heart surgery. She was a classical pianist and a strong advocate for antidiscrimination legislation. ⁽¹⁾

Samuel Lee Kountz, M.D. was born in Arkansas in 1930. He earned his M.D. degree from the University of Arkansas School of Medicine. He completed a surgical residency at Stanford, and then served on the faculty. He was known and awarded for his work in renal transplantation. ⁽²⁾

Jane C. Wright, M.D. earned her medical degree, with honors, from New York Medical College in an accelerated three-year program. She was director of Cancer Chemotherapy Research at New York University and a founding member of the American Society of Clinical Oncology (ASCO), which today has over 40,000 oncology professionals members. In 1967 she became a full professor of surgery and associate dean at NY Medical College making her the highest ranked Black woman at a medical institution. ⁽³⁾

Omari Hodge, M.D. earned his medical degree from Morehouse School of Medicine and is certified by The American Board of Family Medicine. He has been an associate program director with North Georgia Health System, worked with refugees and provided medical care in third world countries. He is currently President-Elect of the Christian Medical and Dental Associations which has over 15 thousand members worldwide.

Although Blacks make up 13.6% of the US population, only 5.7% of US doctors are Black. ⁽⁴⁾ According to the National Academies of Sciences, Engineering and Medicine, there are more African American students attending medical schools today compared to 30 years ago; that increase is due to more black women. The proportion of men among African American medical students has decreased by more than 38 percent over this same period. In fact, fewer black men entered medical school in 2014 than in 1978. As we celebrate Juneteenth and freedom and equality and equal opportunity, we acknowledge the great contribution of Black physicians. We have much more work yet to do.

1. www.nymc.edu/school-of-medicine-som/som-alumni-profiles/alumni-in-memorium/myra-adele-logan/
2. www.chaamp.virginia.edu/node/4146
3. www.nymc.edu/school-of-medicine-som/som-alumni-profiles/alumni-in-memorium/jane-cooke-wright/
4. CNN 21 February, 2023

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