

DUNBARTON NEWS

By Nora LeDuc



◆ **POLICE BICYCLE RODEO** The 4th Annual Dunbarton Police Bicycle Rodeo is scheduled for SUN, Aug 29, 2pm to 4pm on 20 Robert Rogers Rd. Don't miss Free Bicycle Helmets, Tune Ups and more. FMI contact Sgt. Christopher Remillard -ChrisRemillard@gsinet.net.

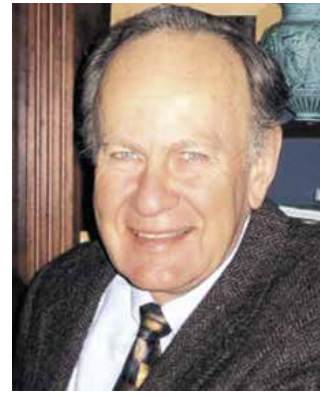
◆ **BACK TO SCHOOL!** First day of school is Mon. Aug 30. No School Mon. Labor Day Sept 2.

◆ **DCC BOOK CLUB** The DCC Book Club is reading in The Slender Margin by Eve Joseph. The book will be discussed Thur. Sep 2, 7pm to 8pm on Zoom.

◆ **DUNBARTON LIBRARY** Leslie the Gourmet prepares a Bountiful Harvest Meal from the Garden Tues, Sept. 14, 6:30 pm via Zoom. Join the host, Leslie Cercier, organic farm to table, vegetarian chef, teacher and cookbook author in this hands on, organic farm to table, vegetarian cooking class. Leslie will prepare a meal from our bountiful harvest. For over 30 years, Leslie Cerier, "The Organic Gourmet," Farm to Table Chef and Recipe Developer has been teaching culinary nutrition and hands-on vegetarian cooking for health and vitality. Leslie is also a nationally known cookbook author, photographer and a popular TV Chef, Motivational Speaker, and trains chefs worldwide. She focuses on eating local, seasonal, organic foods that are not just good for you, but also pleasurable, delicious, and good for the planet. To register please call the library, 774-3546 or email dunlib@gsinet.net.

◆ **FISHING REMOTE PONDS** Also at the Dunbarton Library: Fishing Remote New Hampshire Ponds with a Fly Rod and a Float Tube on Thurs, Sept 23, 6:30 pm via Zoom. Presented by Scott Biron (NH Fish and Game-Let's Go Fishing Program) and NH FlyTyer, Fishing Remote Ponds in New Hampshire is like tapping into a Hidden Jewel! Scott's presentation will cover most aspects an angler needs to have a positive fishing experience. What the angler should expect, equipment and flies needed, and how to fish the ponds. Call or email the library to register.

◆ **\$1,000 GRANT!** Thanks to the Allstate Insurance Agent, Crystal-Lee Thompson for donating another \$1,000 Helping Hands Grant from the Allstate Foundation to the Dunbarton PTO. Small schools like Dunbarton rely on the active participation of our volunteers and community for all the activities that the PTO is able to host. With the help of this grant from the Thompson Insurance Agency, more can be done for our kids! Allstate recognizes that it's important now, more than ever that we continue to support each other. Dunbarton parents, if you're able to lend a hand, please join the PTO, have some fun, and participate in your school & community. School starts soon and the PTO is looking for local parent/teacher volunteers.



WHERE DO YOU DRAW THE LINE?

For over a year we have been dealing with a world wide COVID-19 problem. This has brought the science of 'public health' to the forefront of our awareness causing diverse and polar feelings of anxiety and relief. I was struck by the insightful quote from Anne Sosin, (a Policy Fellow at Dartmouth's Nelson Rockefeller Center) which appeared in NHPR 27 July 2021⁽¹⁾ *"The notion of medical freedom is inconsistent with the fundamentals of public health. Our health is interconnected, we live in communities, we work in shared settings, we live in households with other people."*

Charles-Edward A. Winslow, a bacteriologist at Yale, defined Public Health in 1920 and his definition is still cited as the standard. *"Public Health is the science and the art of preventing disease, prolonging life, and promoting physical health and efficiency through organized community efforts for the sanitation of the environment, the control of community infections, the education of the individual in principles of personal hygiene, the organization of medical and nursing service for the early diagnosis and preventive treatment of disease, and the development of the social machinery which will ensure to every individual in the community a standard of living adequate for the maintenance of health organizing these benefits in such fashion as to enable every citizen to realize his birthright of health and longevity."*

Securing a scientific basis for public health has given consistency for its involvement in sanitation, epidemiology, vaccinations, maternal and child health and care of the poor. But the successes in solving public health problems have not happened without controversy.

The 10th Amendment gives states the right to make laws relating to public health. But the 14th and 4th Amendments exist to protect our civil liberties. Hence an inevitable tension develops and these issues are usually settled in the courts.

Here are a few examples of Public Health policies that most accept:

Ordinances that prohibit storage of gasoline within 300 feet of any dwelling (Pierce Oil v Hope, 1919).

Prohibiting the sale of food preservatives containing boric acid (Price v Illinois, 1915).


The Safe Drinking Water Act of 1974 sets EPA Standards for our water.

DTaP (diphtheria, tetanus, pertussis), Polio, and MMR (measles, mumps rubella) are vaccines required in all states for school enrollment. Most states have an 'exception' only for religious or medical reasons.

At the other end of the spectrum we have all seen or experienced resistance to wearing a mask during the current pandemic, and there is considerable vaccine 'hesitancy.' We want the freedom to consume two of the substances that contribute to much of our public health problems – alcohol and cigarettes, even when the medical and financial fallout from their use goes well beyond our own bodies.

Public Health tries to educate people to change their habits for better health for themselves and our shared human community. *Where will you draw the line? Just around your own desires or will you include your community?*

1. www.nhpr.org/2021-07-27/nh-covid-19-vaccination-access-public-facilities



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