



The Bow Times

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FREE



GIRLS STATE AND BOYS STATE LET STUDENTS LEARN CIVICS BY GOVERNING

The American Legion and its Auxiliary sponsor a great program for girls and boys called Granite Girls State and Granite Boys State if they have completed their Junior year of high school.

Boys State and Girls State is a mythical state where the young men and women learn town, city, county and state government by active participation in the running of their town, or city, and county. They all learn how to write bills and in the later part of the week they actually go into House and Senate sessions to discuss the bills they have prepared.

They also learn by running for the various offices, holding elections, and holding mock meetings. It is a very intense week of learning for both the boys and girls. There are some differences in the two programs but the learning is the same. Two from each program will be selected to attend Boys Nation and Girls Nation, with all expenses paid by the American Legion and the Legion Auxiliary.

GirlsStateandBoysStateisfundedbytheAmericanLegionPosts and Auxiliary Units across the state. There is a process fee of \$50 for the girls and \$25 for the boys that might have to be paid by the parent. Some local Posts might pay that or reimburse it after the boy or girl attends the sessions.

There are scholarships too. There is one given by the National Organization for approximately \$1,000.00 to a Boys State and ALA Girls State Citizen from every state. Those go on to be judged by the National American Legion Education Committee and they award up to 6 scholarships of up to \$20,000.00 each year for college.

This year's session of ALA Granite Girls State is being held at Franklin Pierce University in Rindge and Granite Boys State is being held at St. Anselm's College in Goffstown. Both are to be held the week of June 23rd.

Interested parents/students can go online to www.legionnh.org and click on the appropriate box to get the applications.

HOPKINTON – CONTOOCOOK NEWS ON PAGES 15-16

WHAT HAPPENED TO THE I-89 EXIT 1 SAFETY IMPROVEMENT STUDY?

by Chuck Douglas

Last year the State Department of Transportation announced that an Exit 1 “safety review would involve our Safety Engineer, State Traffic Engineer and District Maintenance staff. We would anticipate that the Town would be represented by Police, Fire, Planning and Administration. We will coordinate with Dave Stack on who will attend.”

D.O.T. said the review “would basically start with a review of the existing conditions, crash history, issues/driver behavior observed that cause concern, etc. Then there will be a brainstorming of ideas that may mitigate or resolve some of the issues. These could involve modified signing, striping, tree trimming/cleaning , etc. Really anything that raises driver awareness of the roadway, ramp and side road. Usually for this type of review the outcome is a series of short, medium, and long term solutions to the issue.”

So where is it? This paper filed a Right to Know Law request on April 25 to see the report. On May 1 the slo-mo response was they needed 14 more days “to review documents.”

It may be faster to get the redactions in the Mueller Report than D.O.T.'s plans. Ain't bureaucracy great?

EVELYN HATEM RECEIVES STUDENT LEADERSHIP AWARD



Evelyn Hatem, BHS Junior

The National WWII Museum in New Orleans has named Evelyn Hatem of Bow High School as a 2019 Billy Michal Student Leadership Award recipient. The national honor is awarded annually to one student in every state who has maintained a strong record of volunteerism, demonstrates school and community activism, and helps implement creative solutions to recognized problems. Each honoree will be flown to New Orleans to participate in the Museum's American Spirit Awards program taking place May 22-23.

The leadership award, which the Museum first presented in 2017, was created in honor of Billy Michal, who was a child living in Louisiana during World War II. At only six years old, Michal helped his one-room school win a statewide scrap paper-collection contest during the war, proving that every citizen could contribute to victory. Michal's achievement demonstrated the positive impact the American spirit could have on the Home Front war efforts, and he continues to inspire students across America today.

Evelyn Hatem is a junior at Bow High School where she is president of the student senate, vice-president of National Honor Society, student representative to the School District Wellness Committee and motivated student, three-season athlete and dancer. She volunteers on the trails committee of Bow Open Spaces and participated in the Appalachian Mountain Club and Wilderness Society's inaugural environmental advocacy program last summer. This summer she will travel to the Dominican Republic for a three-week environmental global discovery program on “Building Eco-Solutions to Empower Communities.”



SCOUTS HELP PICK UP ALONG BOW ROADS APRIL 27

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EDITORIALS

SCHOOL CHOICE SURVIVES DESPITE WALZ

State Representative Mary Beth Walz of Bow has been stymied in her attempt to end school choice for those in the lower economic bracket. Her HB 632 to eliminate the program was tabled in the House which should kill it for this session.



Walz and her husband Harry Judd believe in school choice for the rich which is why their children went to Choate Rosemary Hall prep school in Connecticut rather than local schools. The current cost to attend is only \$59,110. No wonder Ivanka Trump went there. Any hypocrisy here dear readers?

*Chuck Douglas
For a free press, je suis
Charlie*



GIRLS ON THE RUN NEW HAMPSHIRE to Host Two 5k Celebrations for Thousands of Runners

Girls on the Run New Hampshire will host two end-of-season 5k events this spring on June 1st in Portsmouth and on June 8th in Concord. The spring events will include a total of 1,845 girls and 425 coaches representing 125 teams from across the state of New Hampshire. Additionally, over 1,000 family and community members will join in each 5K celebration!

The New Hampshire community is invited to run, walk or volunteer for both of the events. 150 volunteers are needed to ensure safe celebrations for all of the girls. Visit <https://www.girlsontherunnh.org/5Ks> for details.

The 5k is a non-competitive event that concludes the 10-week program, with all participants either walking or running the 3.1 mile course. This event gives the program girls a tangible sense of accomplishment as well as a framework for setting and achieving life goals.

LETTERS TO THE EDITOR

I want to thank the Bow POPS for supporting my love of music. They offer an enrichment award for students who are looking to pursue and develop their skills in any area of the performing arts outside of the school environment. They have given me an enrichment award to help fund my attendance at a week long summer music camp with middle school students, like myself, from all over New Hampshire. I am looking forward to playing music with other kids that are as serious about music as I am. Thank you Bow POPS!

Bow POPS works hard at raising funds for the performing arts students of Bow. I want to encourage anyone that would like to help support middle and high school students to further their education in the performing arts to make a donation of any size to the Bow POPS Enrichment Fund. Checks can be sent to Bow POPS Enrichment Fund at 55 Falcone Way, Bow, NH 03304. Help make another student's dream a real possibility.

Krissy Perry
Bow

Bow Bog Road Subdivision Plan Not for Bow

The 130-acre property at 23-27 Bow Bog Road that abuts the Nesbitt, Ogden, Smokey, Bow Bog, Dunnmoore, Laurel and Robinson neighborhoods is the subject of an application for approval of an Open Space Residential Subdivision Plan filed by developer G. Gardner Contracting LLC. The developer has agreed to purchase the land and plans to build 34 four-bedroom houses there.

The property contains large wetland systems, including areas of wet soils, upland hardwood forests, vernal pools and an intermittent stream, and it connects to the Town Forest. According to New Hampshire 2015 Wildlife Action Plan maps, it's classified as the highest-ranked wildlife habitat in New Hampshire, and it's a valuable natural resource.

The Town's Master Plan highlights the value residents place on Bow's rural character, its natural resources and recreation, and their desire to preserve, protect and enhance open spaces, recreational trails and water resources. Residents want to keep housing development compatible with Bow's existing rural character. The Zoning Ordinance confirms that its purpose in implementing open space residential development is to further the Master Plan's goals of promoting open space conservation, protecting the natural and scenic

(Continued to page 21)

THOUGHT FOR THE DAY

"The ultimate tragedy is not the oppression and cruelty by the bad people, but the silence over that by the good people."

Martin Luther King, Jr.

BOW HERITAGE COMMISSION



Congressman Henry Baker's Home. Current location of the New Hampshire Auto Dealers Association. Congressman Baker donated the funds to build the Baker Free Library.

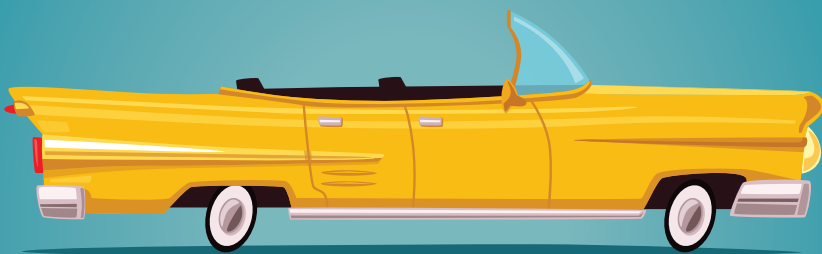


This dwelling was known until recently as the Donald Stevens home. It was previously owned by the Brown and White Families. The Hampton Inn is now situated at this location.

The Baker Heritage Room will be open May 18, 2019 from 10:00 am to 2:00 pm. The Heritage Commission appreciates input regarding hours of operation, and staffing volunteers are always welcome. Contact Faye Johnson 603- 228-8149.

THE ANNUAL BOW ROTARY CAR SHOW

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PICTURES NEXT ISSUE OF THE WINNERS

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Monday, June 24, 2019

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Registration available at bowboosterclub.com

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Travel with The Bow Times



On April 19-27 my mom Stephanie and I traveled to France with The Bow Times. Here's us in front of the Eiffel Tower! Thanks for all you guys do. We always enjoy reading through our monthly issue! - **Torrie Lemon**
Send us your picture with a Bow Times and we will share it with all of Bow!

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Learning for the fun of it!

What's Happening In OLLI?

by Jacki Fogarty

With the long-awaited Spring still seemingly out of reach, OLLI at Granite State College is unbelievably closing in on the last month of the Spring semester. Seniors, age 50+, can still take part in remaining classes. Three courses are of particular interest in this next month



David Hess

One of OLLI's most prolific presenters, David Hess, will lead members through a detailed examination of the D-Day invasion on two consecutive Tuesdays, the second of which marks the 75th anniversary of that fateful day. Hess is a former Assistant Attorney General of NH under Warren Rudman and David Souter and, with a passion for history and politics, offers some of OLLI's most popular courses every term.



John Greabe

Another notable presenter, John Greabe, Director of the Warren Rudman Center and full time faculty of UNH's School of Law, will offer one of the last courses of the term. Deliberately scheduled as late as possible, Greabe will walk his eager OLLI students through the key decisions of the current term of the U.S. Supreme Court as they are available right up to the day of the course.

And in a complete change of pace, renowned singer, Eric Ruthenberg, and the Concord Coachmen Chorus will delight and inform their audience with live performance and video clips all about Barbershop Harmony. Ruthenberg's long list of honors and awards will be overshadowed once his beautiful baritone voice and fascinating information about Barbershop kick off. This course is one of a few evening classes offered by OLLI, starting at 6 p.m. on June 6.

Registration is required for all classes; nonmembers can call the OLLI office at 513-1377; members may register online.

The end of the Spring Term means just a short wait before the special summer program offered in cooperation with Osher at Dartmouth begins. More on the six-week lecture series will be offered in the next issue.

Summer plans for OLLI include a volunteer recognition ice cream party. Concord OLLI has over a hundred volunteers who develop and support the various programs offered to its members. A theatre trip to Peterborough Theatre in August will lead the organization right into the first of the Fall Term classes.

OLLI Ambassadors, a small group of members who speak about OLLI to clubs and service organizations, will speak at the Bow Community Men's Club on May 23. Dan Fogarty and Ed McMonagle, both long-time OLLI members and Bow residents will provide information about OLLI and answer questions in a 20-minute appearance.

OLLI at Granite State College is a volunteer-driven membership organization featuring a broad variety of cost-effective courses and social activities for active engaged adults age 50+. Information about OLLI can be found on the organization's website, olli.granite.edu. Or, with well over 50 members in Bow, Hopkinton, Contoocook and surrounding towns, chances are your neighbor can tell you all about it.

www.OLLI.granite.edu

BOW ELEMENTARY GROWING

Bow Elementary School Principal, Lori Krueger, told the School Board in April that Kindergarten registration is at 100, which equates to 20 students per room. If enrollment gets to 110, she will have to look at adding another classroom. The pros and cons of using Bow Youth Center space were discussed. There are many pros to using the space, but it may be something they will want to study for a year before using it. There are some concerns about the accessibility and safety of the building. There was Board discussion on space needs at BES becoming critical and the type, extent and cost of any BES building project.

BOW BUSINESS CORRIDOR TIF ADVISORY BOARD CHOSEN

The Selectmen have appointed the following members to the TIF Advisory Board:

1 YEAR TERM

Don Berube – Business Development Committee

2 YEAR TERM

John Fournier – Concord Group Insurance

Kathy Garfield – Public Member

3 YEAR TERM

Larry Haynes – Grappone Automotive Group

Wendy Gazaway – Allied Insurance

GRANITE STATE RINGERS CONCERT



The Bow Mills United Methodist Church will host the Granite State Ringers Concert on Saturday, May 18, beginning 7:00 PM. The concert series will feature music from movies from all genres, including Mamma

Mia!, The Magnificent Seven, and the crowd favorite Les Miserables. Tickets at the door. Cost: \$10 adults, \$8 seniors, \$5 kids; \$20 family group. All proceeds benefit the Wanakee Campership Fund. Intermission and refreshments! For information, contact the church office at 224-0884.

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**All proceeds from the sale
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PROTECTING THE ELDERLY FROM FINANCIAL ABUSE

May 15th is "National Senior Fraud Awareness Day." You, or someone you know, could become the victim of a growing crime in America – financial abuse of older Americans. Seniors are increasingly becoming targets for financial abuse. As people over 50 years old control over 70 percent of the nation's wealth, fraudsters are using new tactics to take advantage of retiring baby boomers and the growing number of older Americans. Senior financial abuse is estimated to have cost victims at least \$2.9 billion last year alone.

WHAT IS ELDER FINANCIAL ABUSE?

It's a crime that deprives older adults of their resources and ultimately their independence. Anyone who sees signs of theft, fraud, misuse of a person's assets or credit, or use of undue influence to gain control of an older person's money or property should be on the alert. Those are signs of possible exploitation. Older Americans that may have disabilities or rely on others for help can be susceptible to scams and other fraud. Advances in technology can also make it difficult for seniors to know who to trust and what's safe.

Despite these threats, taking simple steps to safeguard personal information and being aware of warning signs can protect aging men and women from financial abuse.

TIPS FOR SENIORS:

What should you do to protect yourself?

- Plan ahead to protect your assets and to ensure your wishes are followed. Talk to someone at your financial institution, an attorney, or financial advisor about the best options for you.
- Shred receipts, bank statements and unused credit card offers before throwing them away.
- Carefully choose a trustworthy person to act as your agent in all estate-planning matters.
- Lock up your checkbook, account statements and other sensitive information when others will be in your home.
- Order copies of your credit report once a year to ensure accuracy.
- Never give personal information, including Social Security Number, account number or other financial information to anyone over the phone unless you initiated the call and the other party is trusted.

- Never pay fees or taxes to collect sweepstakes or lottery "winnings."
- Never rush into a financial decision. Ask for details in writing and get a second opinion.
- Consult with a financial advisor or attorney before signing any document you don't understand.
- Get to know your banker and build a relationship with the people who handle your finances. They can look out for any suspicious activity related to your account.
- Check references and credentials before hiring anyone. Don't allow workers to have access to information about your finances.
- Pay with checks and credit cards instead of cash to keep a paper trail.
- Feel free to say "no." After all, it's your money.
- You have the right not to be threatened or intimidated. If you think someone close to you is trying to take control of your finances, call your local Adult Protective Services or tell someone at your bank.
- Trust your instincts. Exploiters and abusers often are very skilled. They can be charming and forceful in their effort to convince you to give up control of your finances. Don't be fooled – if something doesn't feel right, it may not be right. If it sounds too good to be true, it probably is.

IF YOU ARE A VICTIM OF FINANCIAL ABUSE:

- Talk to a trusted family member who has your best interests at heart, or to your clergy.
- Talk to your attorney, doctor or an officer at your bank.
- Contact Adult Protective Services in your state or your local police for help.

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TAKE OWNERSHIP OF YOUR TIME!

by Jim Olson

There's been this concept of work-life balance floating around for years now.

It's this idea that there's a magical ratio of work hours to home life hours to relaxation.

And it's elusive to most people because it doesn't truly exist. Like everything else in life, your perfect balance is something YOU have to create.

What does exist, however, is our ability to take ownership of our time, to schedule what works best for us, and to honor our commitments to that schedule.

What will work for one person and make them feel balanced will be entirely different for another.

So, to create some order in your life and give you a better sense of balance and control, here are a few suggestions:

- ① Utilize a calendar. Literally everything from sleep time to workouts to downtime goes in that calendar. You won't have to do this forever – just until the routine feels freeing, natural, and “balanced.”
- ② Don't cross work and down time. This means bringing your work home with you. When there is no separation between work and home life, you always feel like you're on the clock.



Jim Olson

- ③ Ensure you schedule doing things you LOVE every week. Interestingly so much of our free time gets wasted with things like social media and TV, but including things that you really love and set your soul on fire will make you feel far more rejuvenated.

Instead of hoping the mystical work-life balance finds you someday, try the some of these suggestions instead and see how much more productive and energized you find yourself!

If you find that your workouts are often the first thing to be put on the back burner, it's time to change that.

So, let us help you.

When it comes to work-life balance, take ownership of your time, to schedule what works best for you, and to honor your commitments to that schedule.

We help our clients make the time in their busy schedules to exercise and eat correctly! If you would like help with this or any part of your fitness and nutrition, please contact me today at jim@individualfitnessllc.com

Committed to Your Fitness,

Jim



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WHO IS BEN KINIRY AND WHAT IS ELDER LAW?

BY BEN KINIRY, ESQ.

What is Elder Law?

Just in case you missed it, following is the first article I wrote for the Bow Times back in 2015, with a few changes. Enjoy!

You planned for college, for the job interview, the purchase of a new car, your vacation to Florida, you even made a plan for the weekend, but did you plan for your eventual decline in health, incapacity and death? Ask yourself, if you could only create a plan for one of these things, which one would be most important to you and your family today?

Fellow residents of Bow, I'm Attorney Benjamin John Kiniry and I have made it my goal to educate all of you about the fascinating world of Elder Law. If you just thought to yourself "huh?", then you are far from being alone. In fact, this is the overwhelming response I receive from those who make the mistake of asking what area of the law I practice in. Typically there is a very polite "oh, I see" or "that's nice," but on occasion a few truly inquisitive souls will respond with something like, "elder what?"

So in an effort to explain how an Elder Law Attorney can make a significant difference in your life and the lives of those you love the most, I will be submitting writings to the Bow Times on this very crucial legal practice specialty (I believe this is the 47th article), which, unfortunately for many families, is underutilized



by the general public.

I have been at this a long time and very well understand that no one wants to hear me speak at length explaining what it is that Elder Law Attorneys actually accomplish on behalf of their clients. Experience has shown me that at the start of an explanation those attempting to listen go immediately into a hypnotic like state. I don't blame them mind you, I completely get it. Though I love what I do for my clients and find the planning interesting, most sane people might very well prefer watching paint dry, unless it is their family that is benefitting from the forward looking, client centered planning process.

So you want me to get to the point and explain in just a few lines what Elder Law Attorneys actually do for clients. What is

my elevator speech you ask? I don't have one, Elder Law is far too complicated and diverse to give a thirty second explanation, and it certainly wouldn't give justice to this highly specialized area of the law. In my own words and in rather simplistic terms: Elder Law is the use of state and federal law to create a plan that best suits a family's needs and wishes for controlling what happens in the event of a family member's decline in health, incapacity, eventual death and the final disposition of their assets.

Did you fall asleep just now?

Money Talks: What if I told you Elder Law Attorneys save clients thousands of dollars, tens of thousands and there are those clients who have saved significantly more. Money talks, I get it.

What about stress? What value do you

place on not having stress or decreasing it as much as one can with careful planning? One of obvious benefits of planning is the alleviation of stress, significant amounts of it. There is a saying in the estate planning realm, and it goes something like this "if you don't plan, don't worry, the state has a plan for you." The state does have a plan and it works, just not the way you would have planned if you were in charge, which you would have been, but you didn't plan. Now comes the stress, and lots of it. If you don't believe me, just ask your neighbor.

Saving Families: What is more important is that often Elder Law Attorneys save families. Families who don't plan, often fight to the end. When they fight it

(Continued to page 13)

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YES, YOUNG, GROWING FAMILIES CAN SAVE AND INVEST!

by Dominic Lucente

That may be unlikely, but the program does face financial challenges.

Will Social Security run out of money in the 2030s? You may have heard warnings about this dire scenario coming true. These warnings, however, assume that no action will be taken to address Social Security's financial challenges between now and then.

It is true that Social Security is being strained by a gradual demographic shift? The Census Bureau says that in 2035, America will have more senior citizens than children for the first time. In that year, 21% of us will be age 65 or older.¹

As this shift occurs, the ratio of workers to retirees is also changing. There were three working adults for every Social Security recipient in 1995. The ratio is projected to be 2.2 to 1 in 2035.²

Since Social Security is largely funded with payroll taxes, this presents a major dilemma.

Social Security may soon pay out more money than it takes in. That has not happened since 1982. This could become a "new normal" given the above-mentioned population and labor force changes.³

When you read a sentence stating, "Social Security could run out of money by 2035," it is really referring to the potential depletion of the Social Security Administration's Old Age, Survivors, and Disability Insurance (OASDI) trust funds – the twin trust funds from which monthly retiree and disability payments are disbursed. Should Social Security's net cash outflow continue unchecked, these trust funds may actually be exhausted around that time.⁴

Social Security is currently authorized to pay full benefits to retirees through the mid-2030s. If its shortfall continues, it will have to ask Congress for greater spending authority in order to sustain benefit payments to meet retiree expectations.⁴

What if Congress fails to address Social Security's cash flow problem? If no action is taken, Social Security could elect to reduce retirement benefits at some point in the future. Its board of trustees notes one option in its latest annual report: benefits could be cut by 21%. That could help payouts continue steadily through 2092.²

No one wants to see benefits cut, so what might Congress do to address the crisis? A few ideas have emerged.

***Expose all wages to the Social Security tax or increase it at certain levels.** Right now, the Social Security tax only applies to income below

\$132,900. Lifting this wage cap on the tax or boosting the tax above a particular income threshold would bring Social Security more revenue, specifically from higher-earning Americans.⁵

***Raise Social Security's full retirement age (FRA).** This is the age when people become eligible to receive unreduced retirement benefits. The Social Security reforms passed in 1983 have gradually increased the FRA from 65 to 67.⁵

***Calculate COLAs differently.** Social Security could figure its cost-of-living adjustments (COLAs) using the "chained" version of the Consumer Price Index, which some economists believe more accurately measures inflation than the standard CPI. Its COLAs could be smaller as a result.⁵

Social Security could be restructured in the coming decades. Significant reforms may or may not fix its revenue problem. In the future, Social Security might not be able to offer retirees exactly what it does now, and with that in mind, you might want to reevaluate your potential sources of retirement income today.

Dominic Lucente may be reached at 603.645.8131 or dominic.lucente@LPL.com or Dlucente.com

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99 Woodhill Road	2 BR	2 BA	1.03 acres	1566 square feet	\$255,000
6 Clough Road	4 BR	3 BA	1.14 acres	2098 square feet	\$290,000
3 Fiddlehead Circle	2 BR	2 BA	CONDO	1732 square feet	\$340,500
4 Wheeler Road	4 BR	3 BA	2 acres	2220 square feet	\$345,000
164 Woodhill Hooksett Road	3 BR	3 BA	1.83 acres	2265 square feet	\$349,900
26 Albin Road	3 BR	3 BA	2.6 acres	2580 square feet	\$425,000
138 Peaslee Road	4 BR	3 BA	1.01 acres	2780 square feet	\$639,900



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APRIL 2019

19 Kelsea Drive	3 BR	1 BA	1.02 acres	1584 square feet	\$270,000
60 Clifford Farm Road	3 BR	2 BA	5.01 acres	1689 square feet	\$273,500
11 Stephanie Road	3 BR	2 BA	.70 acres	1940 square feet	\$301,000
30 Long Pond Road	5 BR	4 BA	14.91 acres	4294 square feet	\$369,000
66 Jewett Road	4 BR	3 BA	6.5 acres	2296 square feet	\$400,000
3 Tucker Hill Road	4 BR	4 BA	3.39 acres	3200 square feet	\$518,000



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TRAVELING ABROAD ON YOUR OWN

by Chase Binder

Bud and I, along with travel pals Chuck and Debra Douglas, are about to leave on a self-drive road trip through Scotland with a stopover in Iceland. Yes, you read that right—a road trip. We are each independent sorts, and the idea of a package tour and being herded on and off a bus every day is unappealing.

I've written about the advantages and disadvantages of this type of travel (FIT or Foreign Independent Travel) before. On the plus side, you have the freedom to control your own travel routes as well as your pace of travel. Freedom is a huge benefit for the four of us. On the negative side for this particular trip, you need to be able to drive on the "wrong" side of the road and take roundabouts "inside out and backwards." Two of the four of us can do that, so we're good! (But you could hire a driver if that doesn't work for you).

You also need to be able to manage the booking process, start to finish. That means flights, car rentals and lodging. Bud and I have been doing this for decades, but, as always, new things popped up.

Flights: We always start with flights—this nails down arrival and departure dates for all other bookings. Indeed, some car rental agencies require incoming/outgoing flight info to confirm rentals. For this trip, we wanted to explore Iceland Air's "Stopover" program, where you pay a single price for flights from Boston to Scotland (via Reykjavik) and can



Chase Binder

stop over in Reykjavik for up to five days for no extra fees/fare. Right away I found round trip flights for \$400 per person. Great! But I had two issues with online booking—I couldn't find a way to link all four of our tickets using two credits cards and the process for booking the stopover wasn't very intuitive.

I solved the problem by picking up the phone and calling Iceland Air—no charge! The agent walked me through the stopover process—carefully describing the screens as I worked on the computer. But she explained that linking all four tickets, required the use of a single credit card. This can be critical, especially when booking many months in advance. If flights change, we'll be kept together, not split up on different flights.

Car Rentals: Back in 2010, when we were young'uns, we were enjoying dinner by the Charles

River in Prague and started chatting with an older couple. They were furious because their car rental company refused to honor their booking—the husband was 73, "too old"! Bud is 74 this year, crazy as it seems, so he knew to look for age restrictions as well as extra driver fees since we'll have two drivers. It took a few hours and, again, some phone conversations. But he was able to find a van, big enough for all our luggage and comfort on the road, for about \$450 for just over two weeks in Scotland. Split between two couples—a bargain, especially for a 7-seater Vauxhall Zafira! Check out the company at www.easyrentcars.com.

Accommodations: This is my bailiwick. I look for room size, ceiling height, lodging location, noise potential and more---and I always, always insist on current photographs. After a few powwows with the Douglas's to fine tune our itinerary, I did a deep dive into VRBO, Airbnb, and several tourism websites. I secured stays in lovely 2-BR apartments in Edinburgh and Reykjavik but ended up in a confusion of small hotels and B and B's from the south all the way to the Isle of Lewis and back to Glasgow.

Time for my tried-and-true method of locating the best lodging—finding an in-country expert to assist. Mike at www.secret-scotland.com provided extensive help in vetting more remote accommodations, many of which had just two or three rooms. He suggested that I just "ring up" the lodgings. Brilliant, but expensive,

I thought. Incredibly, a call to Verizon let us add unlimited international calling to the UK for under \$5 (total!) for the remaining two weeks of our billing cycle. The best idea ever! While chatting with a B & B near Inverness, I found that king beds in Scotland are actually what we call queens in the US. The equivalent of our king bed is called a super king. Aha! Back to the phones to make sure the bed configurations were what we needed. I made 15 or more phone calls to Scotland, got to know some B & B owners and got some great info—all for under \$5.

All this has led me full circle back to the phone. Yes, the internet is crucial in planning and booking travel... but using the phone for one-on-one human conversation added an unexpected level of problem-solving, depth and anticipation. I can't wait to meet Charles who owns our B & B in Pitlochry, or Jillian who runs the stunning cliff-edge B & B on the remote Isle of Lewis.

All of this is work. You either love it... or not. If not, try Penny Pitou Travel (www.pennypitoutravel.com) in Laconia or AAA Travel right in Concord's Fort Eddy Square (228-0301). These are two remaining walk-in travel agencies where actual people with actual experience stand ready to help.

Finally, I won't be doing a Travel Talk for June—we'll be enjoying Scotland and Iceland. But look for a full report in July's issue, complete with pictures.

BANK OFFERS ASSISTANCE TO HOME BUYERS



Ledyard National Bank has been selected to participate in the Federal Home Loan Bank of Boston's Equity Builder Program, which assists local home buyers

with down-payment and closing costs as well as home buyer counseling and rehabilitation assistance.

The \$3.6 million program provides grants to financial institutions to assist households at or below 80 percent of the area median income. Borrowers are eligible to receive up to \$15,000 in assistance on a first come first serve basis. Buyers must also complete a home buyer counseling program.

"We are pleased to be able to offer this assistance to help ease some of the challenges associated with a home purchase. Homeownership is key to building wealth and creating financial stability, and programs that assist home buyers are a critical component in ensuring that our communities continue to thrive," said Mike Urneis, Senior Vice President, Consumer Lending and Mortgage Lending Officer at Ledyard National Bank.

We are seeking compassionate, dependable individuals to provide personal care in the Merrimack County area to assist consumers in their homes for various shifts located in Bow, Concord, Hooksett, & Pembroke. **Please contact Ashley at (603) 568-4930 or at atruong@gsil.org**



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BAKER FREE LIBRARY NEWS

by Lori Fisher

DIRECTOR LEAVING FOR NH STATE LIBRARY



Lori Fisher. Photo by Eric Anderson.

Lori Fisher, our Library Director for almost 11 years, is leaving to take the position of Administrator of Library Operations/Assistant State Librarian at the NH State Library in Concord. According to Fisher, "I love the Town of Bow, and am lucky enough to live here. While I won't be the library director at Baker Free any longer, I will still be an active Baker Free Library user and member of the Bow community. You'll still see me around!" The Library Board of Trustees will

conduct a search for a new director, hopefully having someone in the position by late August. We all wish Lori the best in her new position!



David Withers (Library Board Treasurer) presents Chris Carey, departing Library Trustee, with a token of appreciation. Photo by Eric Anderson.

CHANGES TO TRUSTEE BOARD

In April we said "goodbye" to Christine Carey, Library Trustee. Chris was instrumental as a trustee during our final push for the Lower Level Renovation fund raising, and served as Chair of the Library Board during 2018/19. Her work ethic and ability to tackle a wide variety of challenges will be missed by the Board and staff!

NEW LIBRARY TRUSTEE

Eric Anderson was elected Library Trustee at March Town elections! Eric served as a Library Trustee in the late 1990s, during the push to do the addition and renovation to the library (completed in 1999/2000). We are happy to have his expertise and institutional memory back on the Board.

FREE COMMUNITY YOGA CLASSES

Sunday 5/19, Sat 6/1, and Sunday 6/30. Due to a collaboration with Yoga NH, the library is pleased to offer FREE 1-hour yoga classes each month to Bow residents and library card holders! These classes are suitable for all levels, and the classes for May & June will be held from 9 am to 10 am on Sunday 5/19, Saturday 6/1, and Sunday 6/30. We'll be taking a hiatus for the summer, but then will be back with community yoga classes in September. If less than three people are registered to attend within 48 hours of class start time, we will cancel class (notifications on the library web site and Facebook page). Non-Bow residents can attend for a fee of \$12 per class. Pre-registration and payment is required through <http://yoganh.com>. We CANNOT accommodate drop-ins for non-Bow residents, so registration and payment is required prior to the class through the Yoga NH web site.

Classes are held in the Library's Merrimack County Savings Bank Room in the Lower Level. Because these classes are being held outside of library operating hours, participants will need to enter through the Lower Level door near the handicapped parking and ramp. Bow residents, please register in advance by contacting info@bakerfreelib.org or calling 224-7113. Thank you to Yoga NH for giving back to the Bow community as part of their paid use of our facilities for events and workshops! If this is your first time attending our community classes, please arrive by 8:45 am so that you have time to fill out the liability waiver and get set up. Namaste!



SUMMER READING KICK-OFF PARTY SAVE THE DATE!

Friday, 6/21 from 4 pm to 7 pm! This year's theme is "A Universe of Stories," and we'll be featuring Astronaut Training Camp activities

at our Kick-Off party. All ages can participate (those children who cannot yet read on their own can participate in our year-round 1000 Books Before Kindergarten program). Come enjoy dinner and re-connecting with your neighbors and friends! Questions? Call the library at 224-7113 or email info@bakerfreelib.org.

LIBRARY CLOSURES IN MAY

The Library will CLOSE EARLY at 2 pm on Saturday 5/25 for the annual carpet cleaning of the facility, and remain CLOSED through Memorial Day 5/27. We'll re-open at 10 am on Tuesday 5/28. There will be no meeting room reservations accepted for any meeting rooms beginning at 7 am Saturday 5/25 through 11 pm Monday 5/27.

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Okay, I realize for many, this could well be the first Joy of Aging. To that, I say, please, put them in any order that seems to resonate better with you. I am writing them in the order in which they come to me.

So, why courage? Doesn't that come at most any age? Yes, it does. However, in older age, it comes with all of the previous joys of aging: wisdom, the ability to speak your mind with confidence (filterlessness), respect and time. With youth, courage comes generally from a lack of most of those other things.

When you are older you have done the bold, daring, and sometimes reckless things that younger people feel is courageous and you have learned from them. The courage of the aged comes from a smarter, well-rehearsed, heartfelt, life-lived place. Aged courage comes with more kindness and love, less foolhardiness and less selfishness. It comes with more consideration of others.

The courage of the aged allows them to trek on after some of their closest and dearest friends

are moving away or passing on. It allows them to bravely face their own future. To look at the life they've lived and decide how best to move forward to continue to enjoy it, while at the same time continuing to build the legacy they will eventually leave behind when they too pass on.

It moves them through the day-to-day challenges in entirely different ways. Courage is a daily gift the older we get. It shows up in many different ways. Courage is going out and living your life when your partner of 50+ years is no longer by your side. Courage is listening to your well-meaning friends, neighbors and adult children when they are trying to help you but you see it as them shrinking your world and your freedoms on you – or keeping your right where you are versus allowing you to grow and move forward.

Courage is watching your family make their own life choices, holding your breath and your tongue and letting them make their own courageous decisions. It is watching them succeed and watching them sometimes fail. It

is finding the ways to love yourself and others and it is overcoming things you were taught and the life you have lead to become the next greatest version of yourself.

Courage at any age is beautiful and challenging and promotes growth for you and those around you. Courage in older age simply looks different, especially to those of other ages – they don't necessarily see it as courage, but as long as you do, that is what is most important.

I hope you embrace your courage. I hope you look at the diversity in your life, the challenges and see them for what they really are – chances to flex your courage and embrace where you wish to be and where you wish to go. Courage is standing up for what matters to you.

As you age, please don't lose that courage. Use your courage to lead by example to those younger than you who don't yet understand your version of courage.

All my best, Donna



WHITE ROCK NEWS



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(What is Elder Law cont'd. from pg.8)

often leads to permanent severed family ties. The fights are about money, health care, who is in charge, who is the favorite child, who doesn't deserve... The list of WHY families fight is long and often about things that you would never have guessed. A rug, knickknack, license plate... but more often than not, all actually based on childhood disagreements that have never been resolved.

Future columns: If you take the time to read my future (now past columns as well) columns, and I hope you do, you will learn how a relationship with an Elder Law Attorney will benefit you and your loved ones (you can now read them all on the Bow Times website). The columns will discuss various issues and answer questions you have, such as: What is a Power of Attorney, Health Care Directive and Last Will & Testament and how do they benefit me and my family? What is the Probate process? How can I control what happens with my estate after I'm gone and why would I want to? What is a retirement account “stretch” trust? What is the best way to apply for Social Security benefits? What is the Medicaid program and why should I care (if you are over age 60, you should learn about all of these topics! Do this while you are healthy and of sound mind, don't wait for a triggering event!).

A little about me. I was born in Claremont New Hampshire and raised in Newport. I spent most of my youth either playing or working on my grandfather's farm located across route 10 from the Newport airport. I attribute much of who I am today in large part to having been privileged to have worked side by side with my grandfather, uncle, aunts and cousins, all of whom participated in caring for the farm.

I served in the Army after high school, attended Keene State College and graduated from the University of Connecticut School of Law. My first employer out of school was an Elder Law Firm in Connecticut. In fact, the specialty of Elder Law is the only area of the law that I have ever practiced in.

Today I'm am blessed to have been married for 20 years to the most wonderful person I know, Tammy Kiniry, as well as having two children, Dylan (14) and Madison (13), who attend our great schools.

No animals were harmed in the drafting of this article.

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BOW GARDEN CLUB

by Joyce Kimball

June 10th Meeting Program "ART IN THE GARDEN"

The garden club's own Beverly Gamlin will provide us with a program on creating art in the garden using glassware permanently glued together in interesting shapes and combinations and then staked, to adorn your garden. Feel free to bring your own plate, bowl, cup or vase combination to work with or you can pay a \$5 materials fee (per person), selecting items from the supply of glassware Beverly will bring to the meeting. Or just come to watch! Either way, it promises to be a fun and productive night! Beverly has a wonderfully creative background in many areas of art, including sketching, painting, sculpting and playing with colors and textures in her gardens. All are welcome to Bow Garden Club meetings and new members are encouraged! Bow Garden Club meetings are held at the Old Town Hall, 91 Bow Center Road, beginning at 6:00 PM for refreshments and social time, followed by the evening's program at 6:30 PM. and a brief business meeting at 7:30 PM. Please visit www.bowgardenclub.org or contact BGC President Lorraine Dacko at 774-3596 or ldacko@gsinet.net for more information.



SPRING PLANT SALE

Saturday, May 25th 8:00 AM to Noon

Bow Community Center

Mark your calendars and plan to arrive early for the best selection of perennials, annuals, herbs, veggie starters, hanging plants, grasses, etc.

"Ask a Gardener"! We will have our most experienced gardeners on hand to help you make your selections, to give you advice on "where to plant what", and how to create impressive container gardens, etc.

All proceeds will benefit the club's civic beautification projects around Town, that include Rotary Park, the Gazebo, the Old Town Hall, town cemetery planters, etc.



Come One, Come All!



Just one of many rows of vibrant plantings from last year's plant sale.



A wide view of the Community Center during our 2018 plant sale.



WHO: Bow Garden Club and Baker Free Library
WHAT: A creative floral design exhibit interpreting books
WHEN: Friday, August 9th (5:30 - 8 PM)* and Saturday, August 10th (10 AM - 2 PM)
WHERE: Baker Free Library, 509 South Street, BOW

*Light refreshments will be available until 7 PM

Members of the Bow Garden Club, in cooperation with the Baker Free Library, will hold their second "Books in Bloom" floral design exhibition, at the library on August 9th and 10th.

Members of the Bow Garden Club, library personnel and others will pre-select a book from the library and then create a floral arrangement reflecting some facet of the book. In choosing their design, the floral arrangers may opt to reflect the book's title, a particular character in the book, its cover or whatever inspires them, interpreting it with the flowers and structures they work into their designs.

This year the garden club will join the library incorporating the theme of the National Summer Reading Program, "A Universe of Stories" with their designs interpreting books about space travel, stars, the plan-ets, sky, and more. Each book and its accompanying floral arrangement will be displayed together on ta-bles set up in Library's lower level for viewing.



The exhibit will be open to the public Friday evening from 5:30 to 8:00 PM. Light refreshments will be available from 5:30 to 7:00 PM. The exhibition will re-open on Saturday with "Family Day" from 10:00 AM until 2:00 PM. Special children's activities will be available.

Note: This event is free and open to the public.



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405 Stickney Hill	2 Bedrooms / 2 Baths	2,099 square feet	2.7 acres	\$185,000
1106 Penacook Road	3 Bedrooms / 2 Baths	1,608 square feet	1.7 acres	\$245,000
406 River Grant Drive	2 Bedrooms / 2 Baths	1,344 square feet	CONDO	\$201,000
50 Evergreen Lane	2 Bedrooms / 2 Baths	1,114 square feet	Mobile Home	\$47,500

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Welcome to the Hopkinton - Contoocook TOWN CRIER!

by Kathleen Butcher

► **LOOKING FOR A GARDENER** to care for the Flowers on the Bridge in downtown Contoocook. Contact Elaine Millerick at 746-1346.

► **HOPKINTON HISTORICAL SOCIETY** needs donations of framed art, tools, old silver, furniture, china, jewelry, etc. for its 4th Vintage Yard Sale scheduled for Sa., May 18 from 8-1 pm. If you have items to donate, the Society can pick them up, or you can drop them off. Please call 746-3825 or email nhas@tds.net with any questions or to schedule pick-up or drop-off of your items.

► **FLEA MARKET AND OPEN BARN** Saturday May 25th, 2019 8am - 2pm. Dawn Mar Ranch, 64 Stumpfield Rd, Hopkinton. Photo booth with a horse for a donation. Flea market \$10 space - bring your own table or reserve a table here - limited number of tables available - you have the option to set up the day before and the building will be locked overnight. Will be held rain or shine. Please leave your dogs home. Contact Kath Butcher at kathb123@comcast.net or call/text 603-724-3452.

► **INSTITUTE FOR YOUNG WRITERS** The 7th annual Summer Institute for Young Writers is happening the weeks of June 24 and August 12. Camp takes place at Maple Street School and runs Monday through Friday 9:00 am to 3:00 pm with Friday camp ending at noon. Students entering grades 3 through high school are welcome. For more information contact Trish Walton trishwalton65@gmail.com or Joan Follansbee joanfollansbee@yahoo.com.

► **REGISTRATION** 2019-2020 school year - for children who will be 3yrs old and 4yrs old on or before September 30th are eligible to attend preschool at the Harold Martin School. Preschool is a tuition based program and enrollment is filled by lottery. Children who will be 5yrs old on or before September 30th are eligible to attend

(Continued to page 16

HOPKINTON POLICE LOG

TOWN OF HOPKINTON POLICE DEPARTMENT

APRIL 2019 STATS

04/01 Anjelica Olivo, 27, 123 Union Street, Laconia, NH was arrested for Driving after Revocation/Suspension.

04/04 Corey Sherman, 30, 23 Birchwood Terrace, Henniker, NH was arrested for Driving After Revocation/Suspension and Suspension of Vehicle Registration.

04/05 Victoria Petricca, 19, Homeless was arrested on Warrants.

04/05 Sheree Fournier, 26, 37 Carriage Lane, Hopkinton, NH was arrested on Warrants.

04/06 Eduardo Lages, 31, 63 Harrington Ave, Manchester, NH was arrested for Transporting Drugs in a Motor Vehicle, Control of Premise Where Drugs are Kept and Possession of a Controlled Drug .

04/17 Cody Stanford, 24, 131 Pembroke Street, Pembroke, NH was arrested for Possession of a Controlled Drug.

04/23 Samuel Chase, 19, 98 Pinewood Drive, Hopkinton, NH was arrested on a Warrant.

04/23 Elizabeth Gordon, 32, 28 Butler Street, Hillsboro, NH was arrested for Driving after Revocation/Suspension and Suspension of Vehicle Registration.

04/24 William Fifolt, 47, 766 Jewett Road, Hopkinton, NH was arrested for DUI-4th and Operate after Certified as Habitual Offender.

04/25 Corey Sherman, 30, 23 Birchwood Terrace, Henniker, NH was arrested on a Warrant.

04/28 Scott Campbell, 35, 386 Clinton Road, Antrim, NH was arrested on a warrant.

(Town Crier cont'd. from pg.15)

kindergarten at the Harold Martin School. Children who will be 6 years old *on or before* September 30th are eligible to attend first grade at the Harold Martin School. Call the school office at 746-3473 or pick up a registration packet at Harold Martin School at 271 Main Street.

► **SLUSSER CENTER SENIOR LUNCH** Wednesdays at 12 noon at the Slusser Senior Center (41 Houston Drive next to the Town Library). Suggested donation \$4. The first time a senior attends a Senior Lunch, he or she can ask for a new visitor gift certificate at the front desk, for a free lunch.

► **SLUSSER CENTER PROGRAMS FOR SENIORS** Age 50+ at the Slusser Senior Center - Knitting Group: Tuesdays, 1:30-3:30 pm. Bring your own project and materials, and share ideas. This program is free.

► **FARMERS MARKET** Sat., 10-1 at the Hopkinton Town Hall. SNAP/EBT accepted. For more information, visit facebook.com/ContoocookFarmersMarket.



OLDEST SURVIVING COVERED RAILROAD BRIDGE TO RECEIVE A FACELIFT

The N.H. Division of Historical Resources has announced that the Contoocook Covered Railroad Bridge will be stained and receive minor repairs starting now, weather dependent.

The project is expected to last several weeks, but not affect vehicular traffic flow. Pedestrians and others accustomed to using the covered bridge are encouraged to use sidewalks on the adjacent roadway bridge while work is underway. Neighboring businesses and parking areas will remain accessible.

Built in 1889 for the Concord and Claremont railroad, the Contoocook Covered Railroad Bridge is the oldest surviving covered railroad bridge in the world and served rail traffic until 1960. It was listed to the National Register of Historic Places on January 11, 1980.

The covered bridge is now owned by the state. In 2007, a wooden passenger coach was donated to the Contoocook Riverway Association and placed on rails alongside the adjacent train depot.

Capitol Paint and Wallpaper Co. in Concord has worked to develop paint for the bridge that matches its historical look. This has been complicated by the fact that environmental concerns prevent the use of the exact same paints that might have been used in the past.

DONELDA HORNE COMPETES IN THE SNAG HOLMES MASTERS INVITATIONAL

Donelda Horne of Hopkinton won **1ST PLACE** in the 75-80 age group at the Palm Beach SNAG Holmes Masters Swim Meet in Jupiter, Florida. She swam the 50 and 100 yard Butterfly, the 50, 100 and 200 yard Breast Stroke, the 100 yard Individual Medley (IM). She also swam in the Mixed 400 Yard Medley Relay and the Mixed 200 yard Medley Relay. The meet was held on March 9th and 10th, 2019.



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CRACKER BARREL GETS NEW LOOK

New owners of the Cracker Barrel Store in Hopkinton Village are hitting the ground running from new doors to new floors.

The historic store has been in need of rejuvenation for years. Now Ashley and Shaun Geary have purchased the venerable store and put in LED lights, installed new flooring and a very pleasing area to eat lunch. More specialty cheeses and foods are on the way.

Shaun Geary grew up on the Cape and served in law enforcement in Florida. At 35 Shaun hopes to increase traffic to the iconic store in the heart of Hopkinton.

We wish him success.



ANNUAL HOOKSETT HERITAGE DAY

In celebration of Preservation Month, the Hooksett Heritage Commission, Head School Society, and Historical Society will cosponsor the 15th Annual Hooksett Heritage Day on Saturday, May 18, 2019, with activities starting at 9:30 a.m.

The schoolmarms of the Head School Society will be at the school on Pleasant Street from 9:30 a.m. to 12:30 p.m. to show guests around and answer any questions they may have.

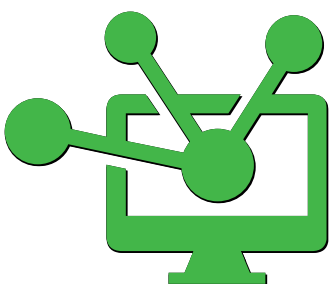
The Heritage Commission will host a program on Hooksett's town cemeteries at Head School starting at 10 a.m. Mike Horne, chair of the Hooksett Cemetery Commission, will talk about our town cemeteries, past and present.

Visit the Arah W. Prescott Historical Library (in front of the Old Town Hall), stop by any time between 11 a.m. and 3 p.m. and browse around. There are lots of great photos, objects, and memorabilia. You're sure to learn something you didn't know before.

The Prescott Tavern (circa 1794), at the junction of 3A and Pine Street, will allow visitors to tour the tavern/inn from noon to 3 p.m. In the early days, guests could buy dinner for 20 cents and those wishing to imbibe could get as many glasses of rum as they wished for 3 cents each. No dinner or rum on the 18th, but guests can view an example of conceptual plans showing the site's possibilities.

At each location (Prescott Tavern, Historical Society, and Head School) guests may fill out a raffle ticket for a copy of the newly reprinted Hooksett Historical Sketches by Charles R. Hardy, the only stand-alone history of Hooksett. The winner will be notified later that day.

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Young At Heart Club

**OPEN TO
ALL SENIORS**

Bow Young at Heart Club meets the 2nd and 4th Wednesday at 11:30 am at Bow Community Building on Bow Center Road. Members should bring a brown bag lunch. Beverage and dessert will be provided. Annual dues are \$15 for residents and \$25 for non-residents. BYAH is open to all seniors.



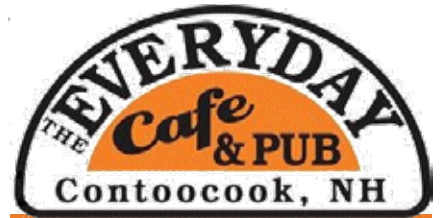
UPCOMING PROGRAMS

- | | |
|---------|--|
| May 22 | Game Day |
| June 12 | All About Bobcats w/ NH Fish & Game |
| June 26 | Strawberry Shortcake followed by
WMUR's Kevin Scarupa |

2019 TRIPS - CAROL WALTER 753-8000 MARK YOUR CALENDAR

- | | |
|------------|---|
| July 17 | \$90 - "Lobster Luau" at Foster's in York, Me with entertainment by Jim Conners. Payment is due June 26. Sign up to avoid cancellation. |
| August 15 | \$89 Luncheon Buffet Cruise in Scenic Gloucester, MA with visit to Rockport MA. Sign up soon as seats are limited. |
| December 5 | \$84 White Mountain Christmas with Joe Dudley at Indian Head Resort. |

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Tuesday 6:03am-9:07pm
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Wednesday 6:03am-9:07pm
Trivia Night Wednesday
Thursday 6:03am-9:07pm
Take-out Night Thursday
Friday 6:03am-9:07pm
Burger & Beer Night Friday
Saturday 6:03am-9:07pm
Sunday 6:03am-we close at 3pm

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BHS VEX ROBOTICS TEAM



The Bow High School VEX Robotics team competed at the World Championship in Louisville, KY April 24th through the 27th. They placed 227th out of 305 teams in the skills competition and placed 60th in their division out of 96 teams – two teams of which went on to become the world champions. Not bad for only the second year of robotics at Bow High School!

Thank you to everyone who helped make this trip possible. Please congratulate Courtney Baer, Ben Bourrie, Casey Cafasso, Lara Chern, David Hunter and Zach McDaniel for their fine work this season! These seniors are leaving a lasting legacy.



MUSIC DEPARTMENT NEWS

The music department enjoyed an incredible trip to New York City over Intersession! We saw “My Fair Lady” and “Come From Away” on Broadway, did a workshop with actors from “Come From Away,” toured Lincoln Center, The Metropolitan Opera, and Radio City Music Hall, and visited the Statue of Liberty and Ellis Island. Thanks to all our students for being so awesome to travel with!



BEAN TOWN INTERSESSION

As part of the Bean Town intersession activity, students pose for a pic with the John Harvard sculpture in bronze (by Daniel Chester French) while on a historical tour of Harvard College in Cambridge.



BOW HIGH SCHOOL

PERFORMING ARTS

BOW HIGH PERFORMING ARTS ACTIVE FOR MAY

SPRING CONCERT & MUSIC AWARDS
WEDNESDAY, MAY 22 AT 6:30 PM (BHS AUDI)

SCHOOL MEMORIAL DAY CEREMONY
FRIDAY, MAY 24 AT 9 AM (BHS AUDI)

TOWN MEMORIAL DAY CEREMONY
MONDAY, MAY 27 AT 3 PM
(BOW GAZEBO)

BMS/BHS COMBINED ORCHESTRA REHEARSAL
FRIDAY, MAY 31 AT 7:30AM (AT BMS)

EarlyAct Club

SHOWS OUR STUDENTS CARE

The students of the EarlyAct Club of **Bow Memorial School** have worked hard this year to raise funds to support their local and global community service projects. The Club is proud to announce the latest recipients of its charitable giving.

EarlyAct will donate \$500 to St. Jude Children's Research Hospital, whose mission is to advance cures, and means of prevention, for pediatric catastrophic diseases through research and treatment. The Club will also donate \$285 to Nowzad, an international animal shelter that rescues animals from war zones in Afghanistan. EarlyAct's gift will help to provide vaccines, necessities for life, surgeries and other medical needs for these animals.

Finally, EarlyAct will donate \$415 to Heifer International, which uses donations to buy animals or provide agriculture and/or values-based training for families in need around the world. EarlyAct's donation to Heifer International will be used to Send a Girl to School, to buy a flock of chicks and to buy goat.

Through their fundraising activities, the EarlyAct students are learning the value and meaning of hard work, and experiencing the joy of helping those who are less fortunate than they are.



1st row left to right: Emily Desrochers, Claire Ulrich, Bryana Szepan, Ella Trefethen, Kristen McKeen, Casey Totten. *Middle row:* Noah Brown, Alden Betterley, Eve Libby, Trevor Abel, Matthew Landry. *Standing row:* Cassandra Rathbone, Aiden Ciminesi, Krishna Katragodda, Courtney McKeen, Kendall Conti, Rachel Pelletier, Anna Abel, Jill Harpring, Amy Gregoire. *Not Shown:* Finn Bonner-Gerber, Kate Millerick, Sophia Smith, Meldina Becirovic, Arkyaa Bhusari.



Spring salmon season started about as I had thought, not many fish, but some very nice fish. The first fish came to my net on the April 19th, a fat 20" hen. The first jumper was caught on the 23rd. It was very special to see this great game fish jump three feet out of the water on a light fly rod.



I landed an Atlantic Salmon last Spring in New Brunswick that jumped 10 times. That was the most leaps that I have ever seen.

There was a lot of us who have fished Winnepesaukee for many years and have serious concerns for the future of the lake.

The biologists at region 2 are very professional and hard working, and they care very much about the fishery. The issue is, that the hatcheries are not producing salmon large enough to sustain a percentage that will survive. This has happened several years in a row. The salmon are so small that they are near the bottom of the food chain. They are nothing more than bait for the larger fish and birds. The smallest fish I landed this Spring was just under 20 inches.



The point is, there are very few small fish to replace the adult salmon. This suggests that there will be a collapse in the fishing by next Spring. I will be seeking another lake to fish after 40 years on the big lake.

Reports from Sunapee is that it's still slow fishing so far.

Pleasant Lake in Elkins has provided some good fishing. At the checking station the other day I noted some very large turkeys being registered.



With all this rain and cool weather, when it does warm up we are bound to have serious bug issues.



This cool, damp weather is very hard for new broods of woodcock and grouse.

Tomorrow is my first trip of the season for Brook Trout. The first one is always the hardest.

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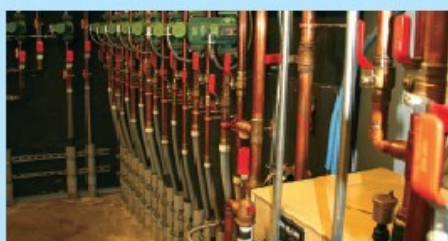
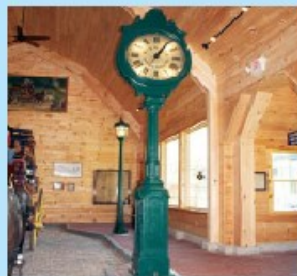
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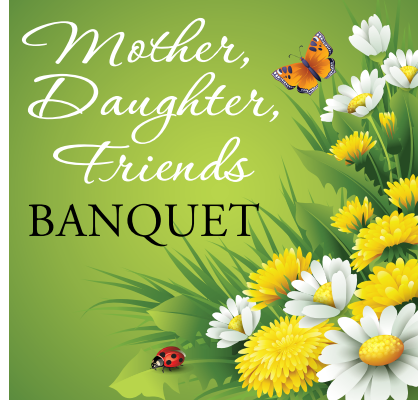
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The Bow Mills United Methodist Women will host its Mother, Daughter, Friends Banquet on May 21, with an Old Fashioned Cookout beginning at 6:00 PM. Entertainment to follow with In the Field Irish Dancers. Join the fun! Cost: \$8; \$4 for ages 6 to 12; under 6 free.

Reservations deadline is May 17th
Contact 228-1154 or 224-0884.



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WILLIAM EDWARD REEDER

William Edward Reeder, 93, died peacefully at home in Bow on April 10, 2019. He was predeceased by his beloved wife of 68 years, Ruth Crossan Reeder in 2018. Until the very end, Bill was the wise and loving patriarch of the Reeder family, quiet and humble, but firm in his convictions and moral compass. He is survived by his three children, and their spouses: David Reeder and his wife Donna, of New Boston, Susan Reeder Moss and her husband Don Moss, of Bradford, Stephen Reeder and his wife Laurie, of Wilmot. He has seven grandchildren; Beth, Christine, Tim, Will, Sam, Allie and Grant, and nieces and nephews: Sandy, Mark, Peter, Dale and Laura.

Bill was born and raised in Medford, MA, where he also met and married Ruth. During World War II he was selected to graduate early from high school to enroll in the US Navy V-12 Program at Tufts University Engineering School. He graduated in October 1945, served in active duty in the Pacific on the U.S.S. Renville in 1945-1946, and then as a Commissioned Lieutenant J.G. in the U.S. Naval Reserve from 1948-1958. Bill was a manufacturing engineer and over the years worked for Westinghouse, Raytheon, and EG&G. He also attended night school at Northeastern to earn his Masters Degree Engineering Management in 1965.

Ruth and Bill moved to Bow in 2006, and were happy that each of their children also migrated to New Hampshire over time. Bill cared for Ruth as her health declined, and developed quite a talent for cooking and baking, much to the benefit of the whole family.

Bill, never a big fan of floral arrangements, would be honored to have contributions made to The Concord VNA by visiting their website, <https://www.crvna.org/giving/donate>. Fond memories and expressions of sympathy may be shared at <https://www.BennettFuneral.com> for the Reeder family.

CHARLES P. WITASZEK

Charles "Chuck" P. Witaszek, 68, of Hopkinton passed away on April 26, 2019, after numerous years of suffering from kidney and heart failure.

Chuck grew up in West Warren, MA with his parents and four brothers. After high school, Chuck joined the US Navy, specifically riding diesel submarines.

Chuck married Sharon Jackson on June 17, 1972. After leaving the Navy, the family moved to Contoocook.

Chuck is predeceased by his father, Joseph Witaszek Sr. He is survived by his mother, Lucille; his wife, Sharon; daughters: Jennifer (Darryl) Resio, Kelli (Sanjin) Grzetic, Stacy (Stephen) Santoro; grandchildren: Daniel and Alexander Resio, Sophia and Gisella Grzetic, Isabella and Joseph Santoro. Chuck is also survived by his brothers: Joseph (Susan) Witaszek Jr., William (Madeline) Witaszek, Richard (Sherry) Witaszek, James (Alice) Witaszek; and many extended family members: nieces, nephews and cousins.

TIMOTHY J. SOBOZENSKI

Timothy J. Sobozenski of Bow passed away on April 27, 2019. He was born April 22, 1966 in Concord. He attended St. Johns School, Bishop Brady High School and graduated from Concord High School.

He was a very creative person and enjoyed decorating his parent's home. Timothy loved sports and followed all of the Boston sports teams. His interest in cars was never ending. Unfortunately, he was plagued with many health issues for many years, including kidney failure and ultimate heart failure. He fought valiantly trying to endure the various treatments and diagnoses. He will be sorely missed and is now at peace in the hands of the Lord.

Timothy's family includes his parents, Theodore Sr. and, Cynthia Sobozenski; two brothers, Theodore and his wife Min Sobozenski, Jr. and Stephen and his wife Elaine Sobozenski, along with two uncles and several cousins, nephews and nieces.

Honoring his wishes there will be no wake. A Catholic service at Bennett Funeral Home will be held for the family and special friends at the convenience of the family. Following cremation his ashes will be interred at Holy Cross Cemetery in Hudson, NH at the plot of his maternal grandparents.



THE MEASLES THREAT

I am sure you are aware that in the U.S. this year there has been a sharp rise in cases of measles. According to the CDC (<https://www.cdc.gov/measles/cases-outbreaks.html>) there have already been over 700 cases this year. This is the greatest number of cases reported in the U.S. since 1994. Measles has appeared in 22 states, including NH. Let's look at some of the history and characteristics of measles.

The word "measles" has its origin as the plural of the early 14C English "masel" meaning "little spot." A very similar word is in Dutch and German meaning "blemish." As a result of immunizing people, by the year 2000, measles was essentially eliminated in the U.S., and therefore many of us have not thought much about it.

Measles (Rubeola) is an infection caused by a virus that grows in the cells that line the throat and lungs. It is a very contagious disease that spreads through the air whenever someone who is infected coughs or sneezes. In 7 to 14 days after being infected, symptoms of fever, cough, and runny nose appear.

Tiny spots, called Koplik's spots, may appear in the mouth. A tell-tale rash is the hallmark of the disease. Later in the disease process the virus can infect the urinary tract, eyes, blood vessels and the central nervous system. Complications such as ear infection, pneumonia, and encephalitis can occur. Infected persons can spread the disease from 4 days before the rash appears until 4 days after the rash appears.

It is thought that measles had its origin in cattle in the Middle East and evolved into a human disease as early as the 3rd C. In 340 Ko Hung described the difference between smallpox and measles. A priest did the same thing in Egypt in the 7th C. In 910 the Persian physician Rhazes published a classic description of measles. When the Europeans came to the Americas they brought measles and many other diseases with them. These diseases resulted in the death of 90% of the native population living in the Americas.

If you were born before 1957, it is presumed you were exposed to measles and are therefore immune. If you were born between 1957 and 1989 you may have had only one dose of a vaccine that was not too effective, and you should get a dose of the newer MMR vaccine. If you were born after 1989 you should have had two doses of MMR (measles, mumps, rubella).

Measles is now showing up in groups of unvaccinated people. This is because unsuspecting contact has been made with someone with measles (during overseas travel or an infected U.S. citizen). There is no specific treatment for measles. Fever should be reduced with acetaminophen, drink plenty of fluids, rest and follow the advice of your own health care professional. If you are not sure about your immunization status, check with your health care professional. The measles vaccine is effective and safe, and if given to everyone, we can once again eradicate this disease.

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“FOR THE LOVE OF MUSIC” A TRIBUTE to the BOBBY DARIN

Submitted by “The Music Lady”

One of the top male performers of the 1960's was Robert Walden Cassotto, otherwise known as Bobby Darin. Even though he was only 37 years old when he died in 1973, his legacy is endless. Darin was a multi-faceted entertainer who achieved world-wide fame as a singer, songwriter, instrumentalist and actor. He originally changed his name to BOB Darin, but then he decided that name could be too easily confused with another popular singer of the day, Bob Dylan. So he changed it to BOBBY Darin.

He was born in 1936 and began his career as a songwriter for Connie Frances, and the two became romantically involved and hoped to be married, until Connie's father forbid it. To this day, Connie Frances refers to Darin as the love of her life and “the man who got away.” Darin was a mentor to Wayne Newton, and gave him the song “Danke Schoen,” which became Newton's break out hit.

Darin's first million selling single was “Splish Splash,” which he wrote and sang. This was followed by “Dream Lover” (which he also wrote), “Mack The Knife”, “Things”, “You're The Reason I'm Living”, “Bill Bailey,” “Lazy River,” “You Must Have Been A Beautiful Baby,” and so many others. Before achieving worldwide success as a singer/songwriter, Darin had originally wanted to be an actor, and he now had the name recognition to add acting to his resume, much like Elvis Presley had done. But unlike Elvis, Darin wasn't pigeon-holed into acting roles playing himself. He won a Golden Globe for acting in “Come September,” which co-starred his first wife, Sandra Dee.

Darin was politically active and worked on the presidential campaign for Robert Kennedy. He said that “Kennedy Is The Remedy,” and was present on the night of June 4, 1968 when Bobby Kennedy was assassinated. During that same year, he learned that he was raised by his grandmother, and that the woman he thought was his sister was actually his mother. He was so affected by these two events that he went into seclusion.

He was able to make a comeback, but now his heart was beginning to fail due to the multiple bouts of rheumatic fever that he suffered as a child. He was not expected to live past his sixteenth birthday. Now in his early thirties, he cranked up his musical and acting careers to the fullest while he was still young. He began to need oxygen backstage. But with his huge success, he was now able to demand more control of his own career. His family and friends begged him to slow down, but instead he cranked up his schedule to make the most of every minute he might have left to live. He had several heart surgeries, and died at age 37 following heart surgery in Los Angeles. He donated his body to medical science. Those nearest to him said that “he had a bad heart, but he was all heart.”

Darin was a master chess player, and carried a magnetic chess board on movie sets. He was a member of MENSA, with an IQ of 137, and graduated from the prestigious Bronx High School Of Science. He had a photographic memory, and could meet fans once and remember their names years later. And he was a master impersonator of many of the famous celebrities of the day.

RAPTORS HOLD MEN'S CLUB IN RAPT ATTENTION

On April 25th the Bow Community Men's Club heard a presentation from Jane Kelly of Epping who for six years has taken in injured raptors like hawks and owls to protect and rehabilitate them.



Jane Kelly with Merlin Falcon

Ms. Kelly said New Hampshire has 17 kinds of raptors from hawks to Bald Eagles and Osprey. She brought a Merlin Falcon, a Western Screech Owl and a Red Shouldered Hawk to share her work. A licensed falconer, she explained how chemicals like Roundup can take a toll on the birds. While humans have 30% of their brain devoted to the visual cortex, raptors can go as high as 58% devoted to seeing and detecting prey.

Unlike dogs, the bigger the bird the longer they can live in captivity. While small birds may live for 15 years in captivity, the eagle, the largest local raptor, can live for 50 years. The Merlin Falcon has monocular vision where one eye may focus on something close while the other sees at great distance.

Following her talk the Club voted to donate \$300 to her efforts.

Note: Dinner was a chili cook-off by eight members and best chili went to Geoff Cmar.

(Bow Bog Road Subdivision Plan con'd from pg. 2)

attributes of the land, and promoting the functionality and livability of existing and new neighborhoods – to achieve a harmonious relationship between development and the land.

Done well, this type of development can have a positive effect on a community's economic, social and recreational opportunities and reduce the environmental impacts of development. It can provide residents with accessible open space areas and protect wildlife habitats and corridors.

Done poorly, it can pack as many house lots as possible onto a parcel of land with developmental limitations (such as wetlands, steep slopes, easements and rights-of-way), and expend little effort in recognizing or mitigating the environmental impacts caused by development. “Open space” is added as an afterthought without planning for ease of use by future residents or wildlife or facilitating connection to other on- and off-site open spaces.

As proposed, the Plan falls into the latter category. Creating a subdivision of such high density on this parcel with its large wetland systems, challenging terrain and other limitations, would not achieve any of the stated goals of the Master Plan and would be a detriment to the livability of the existing abutting neighborhoods.

This Plan will have a considerable, lasting and irreversible impact on abutters, the surrounding neighborhoods, future homeowner and the Town. Abutters are relying on the Planning Board to perform its due diligence function thoroughly and completely before it takes up approval of the Plan. Whatever is done or not done here is important because it will be this Plan—not the Town's Master Plan—that will set the standard for future subdivision developments and what Bow will become in the near future and years to come.

Linda Millman, Bow

Summer CONCERT SERIES

The 2019 Bow Rotary FREE Summer Concert Series lineup.

All concerts, weather permitting, will be held at the Bow Town Bandstand from 6:00 - 8:00 PM.

Bring your chair or blanket and share these great free concerts with your friends and neighbors.

Mark your calendar!

DATE	BAND
July 14	High Range
July 21	Canyon Run Band
July 28	Concord Coachmen
August 4	Bow Junction
August 11	Bend the Ride
August 18	Honest Millie



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DUNBARTON NEWS

By Nora LeDuc



WELCOME ELEANOR KIMBALL

The Library welcomes our local artist Eleanor Kimball to the library's exhibit space. Her work will be on display the month of May.



SWEETHEARTS DANCE

Save the Date for the Sweethearts Dance at the elementary school, Saturday, May 18, from 5:00 PM to 8 PM. Girls and their special guests can dance the night away. FMI contact: info@dunbartonpto.com.

JOEY CLARK

The Spireside Coffeehouse will feature Joey Clark in a celebration of his new album "Country's What I Sing" on Saturday, May 18, 7:00 PM to 10:00 PM. Come see the regular crew of local musicians during the Open Mic part of the show. We usually have an eclectic mix of 8 to 12 local performers for your listening pleasure. Please join us for an evening of community fun, a traditional "Open Mic" Coffee House held in the intimate setting of our historic Congregational Church Vestry building situated on Dunbarton's picturesque village green.

BLESSINGS OF THE ANIMALS

Takes place on Sunday, May 19. Blessings of the Animals at the Congregational Church, 10:30 AM to 11:30 AM. Bring your animals to Church for a special blessing. We have had chickens, reptiles, sheep, and rabbits along with dogs and cats. We will hold the service outside, on the vestry lawn.

FREE PROGRAM

The Grand Resort Hotels of the White Mountains: Architecture, History and the Preservation Record, Tuesday, May 21, from 6:30 to 8:00 PM at the Dunbarton Library. Architectural historian Bryant Tolles, Jr. shares the history and architecture of the grand resort hotel phenomenon and hospitality tourism in the White Mountains of NH from the pre-Civil War era to the present. The primary focus is on the surviving grand resort hotels. Extensive illustrations document these buildings and others no longer in existence. This program is FREE and open to the public through a grant from the NH Humanities' "Humanities to Go!" speakers bureau.

SPRING CONCERT

Thursday May 23, Dunbarton Spring Concert for grades 4 to 6 at the elementary school 6:30 PM to 7:30 PM.

MORE MONTHLY CHAIR YOGA!

Super fantastic instructor, Sherry Gamble, will offer a Chair Yoga session the last Tuesday, May 28, from 10:30 AM to 11:30 AM. Strengthen your muscles, improve your balance, and increase your flexibility through a gentle, supportive yoga practice. Reap all the benefits of yoga while practicing with the stability and security of a comfortable chair. We will use our breath to bring awareness to our movements and reduce our stress, creating a sense of calm to our mind and body. Please arrive before 10:30 AM so you can all start on time!

DCC BOOK CLUB

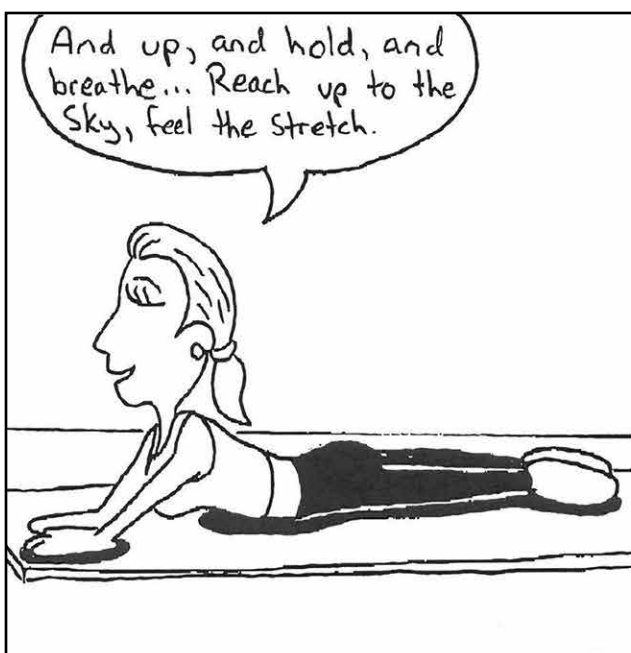
The DCC June 6th book will be *The Reason for God* by Timothy Keller, hosted by Barbara Bennett. Everyone is welcome.

DUNBARTON POLICE DEPARTMENT

The Dunbarton Police Department, in partnership with the Dunbarton Fire Department, the Dunbarton Elementary School, the Dunbarton Parent-Teacher Organization (PTO) and S&W Sports of Concord, will be hosting their 2nd Annual Bicycle Rodeo on Sun, June 9, 1pm to 3pm at the Dunbarton Elementary School (20 Robert Rogers Road - parking lot next to the gymnasium). This free family friendly event is open to all ages and levels of riding experience. Participants will have the opportunity to visit with their local police and fire departments, ride through a skills and agility course, discuss bicycle safety and enjoy some ice cream sandwiches and snacks! Thanks to a grant supplied by the Children's Hospital at Dartmouth (CHaD), the Dunbarton Police Department will be passing out a limited supply of free multi-sport bicycle helmets and bicycle safety equipment on a first come, first served basis. S&W Sports of Concord will also be conducting free bicycle safety inspections! Any questions about the event may be directed to Sergeant Christopher Remillard at chrisremillard@gsinet.net or Detective Laura Cattabriga at admindpd@gsinet.net.

Way Up North

Way Up North is contributed by Jay Martin, Bow Graphic Artist



BOW POLICE LOG

Bow Police APRIL 2019 Arrest Log

04/01 - Joshua Robinson, 38, Bow, was arrested for operating without a valid license and suspended registrations; Mark Vincent, 30, Concord, was arrested for reckless operation and stalking

04/02 - Gwenth Webber, 19, Wells, Maine, was arrested on two counts of possession of a controlled drug, and dealing/possessing prescription drugs

04/03 - Matthew Johnson, 30, Concord, was arrested for driving after revocation/suspension, and suspended registrations; An adult received a summons for possession of marijuana

04/04 - Matthew Gedney, 36, Goffstown, was arrested on two counts of stalking

04/05 - Robert Beaupre, 30, Franklin, received a summons for driving after revocation/suspension; A juvenile was arrested for possession of marijuana;

Walner Sorto-Garcia, 29, Lynn, MA, received a summons for suspended registrations

04/06 - An adult received a summons for possession of marijuana; Keenan Velasquez, 21, Manchester, was arrested on warrants for kidnapping, criminal threatening, and sales of a controlled drug

04/07 - An adult received a summons for possession of marijuana; Christopher Holland, 22, no fixed address, was arrested on a warrant for receiving stolen property, and a bench warrant for resisting arrest/detention

04/08 - Rene Welch, 48, Concord, was arrested for driving while intoxicated-subsequent offense, and open container

04/09 - Sheri Winters, 53, Canterbury, was arrested on a bench warrant for willful concealment

04/10 - Lorra Bunten, 47, Manchester, was arrested on a warrant for issuing bad checks;

Jessica Gaumond, 30, Manchester, was arrested on two counts of possession of controlled drugs, and a warrant for failure to appear; Steven Judkins, 39, Manchester, was arrested on a warrant for failure to appear

04/11 - John Pickering, 43, Epsom, was arrested for theft by unauthorized taking

04/13 - Andreanne Lefebvre, 28, Bow, was arrested for disobeying an officer, and driving after revocation/suspension-subsequent offense; Roger Pelton, 53, Bow, received a summons for allowing an improper person to operate

04/14 - Samantha Vary, 28, Tilton, was arrested for two counts of possession of a controlled drug and two counts of dealing/possessing prescription drugs; Tyler Mitchell, 27, Henniker, was arrested on a bench warrant for failure to appear

04/15 - Michael MacDonald, 36, Bow, was arrested on a warrant for theft of services

04/16 - An adult was taken into protective custody for an involuntary emergency admission

04/18 - Deshon Stone-Davis, 24, Loudon, was arrested for receiving stolen property, resisting arrest/detention, two counts of possession of a controlled drug, falsifying physical evidence, a warrant for violation of probation, a warrant for possession of a controlled drug, and a bench warrant for criminal trespass

04/19 - Tucker Carson, 26, Hopkinton, received a summons for driving after revocation/suspension

4/20 - John Pickering, 43, Epsom, was arrested on a bench warrant for misuse of plates;

Derek Thomas, 22, Deering, received a summons for prohibited sales of alcohol

04/22 - Devin Austin, 19, Penacook, was arrested for criminal liability for conduct of another and driving after revocation/suspension; Stephen Jackson, 34, Boscawen, was arrested for driving after certified as a habitual offender, and possession of a controlled drug; Erin Boutraih, 36, Pittsfield, received a summons for allowing an improper person to operate; Anthony Wiltshire, 18, Concord, was arrested for reckless conduct, disorderly conduct, and criminal mischief; Joseph Donisi, 20, Concord, was arrested on a bench warrant for unlawful possession of alcohol; Devan McFadden, 19, Concord, received a summons for allowing an improper person to operate

04/23 - Thersa Lavoie, 39, no fixed address, was arrested on a warrant for credit card fraud; Kody Osgood, 28, Concord, was arrested for receiving stolen property, resisting arrest/detention, and possession of a controlled drug

04/24 - Jillian Rollins, 28, Concord, was arrested on a warrant for violation of probation

04/25 - Jordan Odell, 22, Bow, received summonses for driving after revocation/suspension, and suspended registrations

04/27 - Adam Roz, 44, Loudon, received a summons for driving after revocation/suspension

04/28 - Shawn Travis, 19, Northfield, received a summons for unlawful possession/intoxication; Julie Provencher, 22, Concord, was arrested for driving while intoxicated and open container

04/30 - An adult received a summons for possession of marijuana

The Bow Times
can be picked up at these locations!

Alltown Gas & Store

Baker Free Library

Blue Seal Feeds

Bow Mobil

Bow Recreation Building

Bow Town Offices

Chen Yang Lee

Cimos

Colonial Village Supermarket

Cracker Barrel-Hopkinton

Concord Chamber of Commerce

Crust and Crumb

Dimitri's Pizza

Dunbarton Town Office

Everyday Café

7 Eleven on 3A

Hampton Inn

Hooksett Northbound (I-93)

Individual Fitness

Johnson Golden Harvest

Lakehouse Tavern

Merrimack County Savings Bank

Pages Corner Store

Patty Lee's Kitchen

South Street Market

Sugar River Bank, Concord Hts.

Tucker's Restaurant

Veano's, Manchester St.

White Rock Senior Center

CORRECTION

The March article on page 1 about the Planning Board said a hydrology study was not yet called for. We are informed it has been and correct that article.

The Merrimack County Stamp Collectors

The Merrimack County Stamp Collectors will hold its monthly meeting at Bow Mills United Methodist Church, 505 South St., Bow, on April 16, 2019 beginning at 1 pm. We invite all who are interested in stamp collecting to attend, share their interest, buy, sell and trade.

Meet other collectors and learn more about their hobby and enjoy the fellowship of others with varied interests in Philatelic resources and issues. Gain new insight and knowledge, sharing news articles and stories about stamp collecting. For more information call Dan Day at 603-228-1154.

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BOW COMMUNITY MEN’S CLUB

91 Bow Center Road
Bow, NH. 03304

Flags Across Bow Enrollment Form 2019

Members of the Bow Community Men’s Club will place the “Stars & Stripes” on your property near the end of your driveway, two days prior to each of the following patriotic holidays of 2019: Memorial Day, Flag Day, Independence Day, Labor Day and Veterans Day. They will be removed two days after each holiday and reinstalled for the next upcoming holiday.

The US-made flags measure 3’x5’ and are made of 2-ply spun polyester with sewn stripes and embroidered stars, and will be mounted on a 10 foot pole and inserted into a 10” high ground spike.

Your payment of \$40 will be used to support the Boy and Cub Scouts, Scholarships for Bow HS students, and charities within our community. Please make your check payable to the “Bow Community Men’s Club.” For this payment, you will share in our community’s display of all our great Nation stands for.

Mail this form and payment to:
Dik Dagavarian 2 Bela View Drive Bow, NH 03304-4600

Name
Street Address
Town
Contact Phone
Email Address

Please check preferred flag location: ☐ Your Drive Way ☐ Your Street

Identify any underground utilities, sprinklers, or other buried items in the vicinity of flag locations.

Website: www.bowmensclub.org. Email: info@bowmensclub.org



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