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THE BOW TIMES

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FREE

## DUNBARTON VILLAGE NEWS ON PAGE 13

### RED WAVE TURNS INTO RED TIDE

by Chuck Douglas

The results of the November election were a disappointment to local Republican candidates. The only Republican to carry Bow was Governor Chris Sununu who beat Tom Sherman in Bow 2,427 to 2,008. The U.S. Senate seat and 2nd congressional race went to the Democrats. While MAGA candidates Don Bolduc and Robert Burns won their primaries by two or three points they could not win over independents statewide so both seats went Democrat by 9 or 10 points each on November 8.

As for the local House seats, District 9 went to all Democratic with Muriel Hall leading the Bow- Hopkinton four seat prize with 4,647 votes to Republican Chris Lins' 3,024 votes. The three others elected were David Luneau, Mel Myles and Angela Brennan.

In Dunbarton, the Republicans fared well with Carol McGuire of Epsom and J.R. Hoell of Dunbarton winning in District 27. The Dunbarton Hooksett seats in District 10 all went Republican with wins by John Leavitt, Yury Polozov, Thomas Walsh and Stephen Boyd.



Residents pick-up ballots for 2022 Mid-term Election. Eric Anderson | Photo

### FREE ROOF AT BOW'S OLD TOWN HALL

by Sruthi Golpalakrishnan



Fontaine Construction workers replacing roof. Eric Anderson | Photo

Ryan Fontaine, a Bow resident and the owner of Fontaine Construction drives by the old town hall every day. He noticed the roof was in poor condition and needed to be replaced.

He stopped in at town hall to ask about plans to replace the roof and was told other priorities needed to be taken care of first. So he made an offer the town couldn't refuse - his company would replace the roof at the historic meeting house on Bow Center Road for free.

Fontaine, who has lived in Bow for the past 20 years with his wife and children, owns a company that specializes in remodeling, roofing, and window installation. After a successful year, Fontaine said he was in a good place to do the roof replacement at no cost. He said he strongly believes in giving back to the community.

"Roof replacement is part of our business and I offered it to the town because I thought it would be a nice thing to do," said Fontaine.

Courtesy Concord Monitor

## HOPKINTON-CONTOOCOOK NEWS ON PAGES 14-16



### BEAVER DAM REMOVAL STARTS A CONTROVERSY

A very enlarged beaver dam grew up beside a bridge the Bow Pioneers Snowmobile Club uses to connect trails near Page Road, Pepin Drive and Pine Crest Drives. After the town gave permission to trap and remove the beavers and their dam a group of neighbors vented to the selectmen on November 9. Town officials in Bow accepted responsibility and apologized on November 9 to neighbors for failing to communicate better before a beaver pond on public land was drained.

"I apologize that we didn't have some kind of other notification out to you and it's our fault that we relied on how we historically dealt with beaver dams," said Bruce Marshall, chair of the Board of Selectmen.

More than 25 people crammed into the Select Board meeting to address the removal of the beaver dam along Page Road. It has been a while since the a Selectman meeting has had such a sizable turnout.

CONTINUES | PAGE 9

### SEARCH ON FOR NEW SCHOOLS SUPERINTENDENT

After 16 years as the Superintendent of the Bow and Dunbarton School Systems Dean Cascadden of Meredith will be retiring next year.

A 20-member screening committee will be in charge of the search process, with the goal of choosing a new superintendent by March, according to a timeline that has been posted on the District website. The committee's membership will include four School Board members, as well as school administrators, teachers, support staff members and community members from both Bow and Dunbarton.

"It is just time to make a change," Cascadden said.

According to the proposed timeline, the school board will meet Nov. 7 to finalize the membership of the screening committee, as well as to finalize the application details. Board members plan to post the job notice on November 8, and keep the application site open until January 13, 2023.

In February, the screening committee will conduct interviews with candidates and narrow down the options. By March, committee members will select about three finalists who will be given the opportunity to spend the day in the district and tour the buildings.

The board hopes to make a job offer to a finalist by March 7, so the new superintendent can be introduced to the community at the March annual school district meeting.

### WINNER OF 20 NH PRESS ASSOCIATION AWARDS

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## BUSINESS DEVELOPMENT COMMISSION UPDATE

On November 2, 2022, the Bow Business Development Commission met and received a report from Town Manager David Stack. Two items worth noting were:

**New community development director:** Mr. Stack reported that the Town has hired a new community development director, Karri Makinen, and she will begin on November 16, 2022. Ms. Makinen is currently working as a community development manager for the Town of Salem.

**Flatley Project (Colby Property):** Mr. Stack and consultant Stuart Arnett have been talking with Flatley about the timing for the project and how it relates to Town Meeting approval of the issuance of a bond to construct the water line extension. Mr. Arnett recently met with Flatley representatives at their Nashun properties. Mr. Arnett and Mr. Stack mentioned to Flatley that they should consider including more commercial aspects such as a restaurant or microbrewery in their plan for the Bow site.

## EDITORIAL

### LESSONS FROM OUR SISTER STATE OF CONNECTICUT

In New England, the poster child for bad tax-and-spend governance is no longer Massachusetts. It's Connecticut. And we can learn from the Nutmeg State's nutty management and high taxes.

Connecticut used to have relatively low taxes and a strong economy. Not anymore. The Yankee Institute in Connecticut have chronicled the state's decline in a recent report titled "Left Behind: Connecticut's Lost Decade."

Among its sad revelations:

Between 2012 and 2019, the Connecticut economy shrank during 13 of 32 quarters. The US economy shrank in only one (2014 Q1).

Between 2011 and 2019, the adjusted gross income (AGI) for all U.S. taxpayers increased by 43 percent, but Connecticut's rose just 23 percent— the third-lowest growth rate.

After more than keeping pace with the country in 2010, Connecticut each year created jobs at a slower rate than the nation. From January 2011 to December 2016, Connecticut increased private-sector employment by just 5.6%, less than half of the 13.4% gain that occurred nationally.

Connecticut lost more residents to other states than it attracted every year from 2003 to 2020.

Between 2008 - 2020, Connecticut ranked 49th and private-sector wage and job growth.

From 2012-2018, Connecticut lost more high-income taxpayers per capita than any other state.

Politicians and activists often take a good economy for granted. They assume that growth and innovation are constants. This is a mistake. Connecticut shows how you can really strangle an economy with bad policies.

Thanks to the Josiah Bartlett , Center for Public Policy, for sharing this.



*Our warmest wishes for a Happy Holiday shared with those you love!*





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"A new survey found that 80 percent of men claim they help cook Thanksgiving dinner.

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Jimmy Fallon



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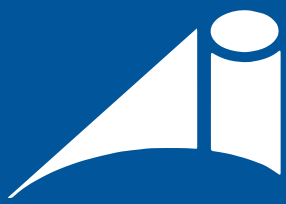
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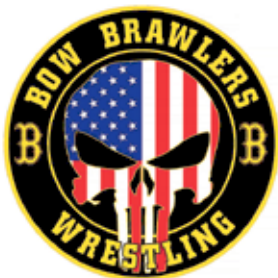
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### ABOUT THE GLUTEN-FREE DIET

The holidays at the end of the year lend themselves to enjoying wonderful meals with family and friends. For those with celiac disease (CD) this can be a challenge because one never knows if a particular dish prepared by a friend is truly 'gluten free'. November therefore is Gluten-Free Diet Awareness Month. (1) Those who are preparing meals need to be aware of all the ingredients they are using: is there gluten in any of the products that I will be using?

What is a gluten free diet? It is a diet that excludes foods containing gluten! Gluten is a protein found in wheat, barley, rye, some oats, and triticale (a cross between wheat & rye). You, the reader, may be a person who tries to avoid gluten because you have a 'sensitivity' to gluten. It may cause a variety of symptoms such as abdominal discomfort, diarrhea, constipation, headache, and many others. Maybe you have a wheat allergy, not unlike any other food allergy. These are good reasons for eating a gluten free diet. People who have celiac disease (CD) must be on a strict gluten free diet. The mucosal villi of the small intestine provide a huge absorption surface. In CD these villi become damaged, resulting in significant nutritional deficiencies as well as an increased risk of malignancy. (2) The diagnosis of celiac disease is made following careful guidelines that involve blood work, biopsy of the small bowel, and possibly genetic testing.

Here is a very brief 'history lesson' gleaned from S. Guandallni of the Univ. of Chicago Medical Center (3): Celiac disease appeared when grains (wheat & barley) were domesticated in the Fertile Crescent during the agricultural revolution. For many generations CD was a major killer of infants. Two thousand years ago a Greek physician (Aretaeus of Cappadocia) provide the first known description of CD. In 1887 Dr. Samuel Gee, in London, 'rediscovered' CD and stated that: "if the patient can be cured at all, it must be by means of diet". That is still true today, and hence the awareness campaign! In the 1950's mucosal biopsy of the small bowel became possible; in the 1990's CD was shown to have a specific genetic pattern, and in 1997 the missing autoantigen was identified – the ubiquitous enzyme, tissue transglutaminase. CD is an autoimmune condition whose trigger (gluten) and autoantigen (tissue transglutaminase) are known. Further research is ongoing at several CD centers, and progress is being made in the production of gluten free foods and correct labeling.

If you are preparing meals this holiday season, please make sure you ask if your guests have any dietary restrictions. If you know someone has CD or they tell you that they are on a gluten free diet, you must be diligent in screening all your ingredients for gluten. If the product does not say "Gluten Free", don't use it. The FDA only allows packaged foods with less than 20 parts per million to be labeled "Gluten Free". (4) Remember: 'Wheat Free' does not mean 'Gluten Free'. You must also be very careful of 'cross contamination'. It takes very little gluten to make a person with celiac disease uncomfortable at best and at worst, very sick. Any reactivation of intestinal inflammation may lead to more bowel damage.

Fortunately, there are many gluten free foods and cooking ingredients. But it takes looking at the labeling and realizing that just because it doesn't say anything about gluten, does not mean that gluten is not present. Gluten is an inactive ingredient in many products and may not be mentioned on the label. A little attention to this detail will make your gluten free guests most grateful.

1. National Foundation for Celiac Awareness
2. <https://celiac.org/about-celiac-disease/what-is-celiac-disease/>
3. [https://www.researchgate.net/publication/239782841\\_Historical\\_Perspective\\_of\\_Celiac\\_Disease](https://www.researchgate.net/publication/239782841_Historical_Perspective_of_Celiac_Disease)
4. <https://celiac.org/gluten-free-living/gluten-free-foods/label-reading-the-fda/>





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Sugar River Bank has been operating for more than 125 years and we are proud to be an integral part of the communities we serve. There are several attributes to community banking that make it so powerful and its small business banking is the backbone to any flourishing community. Sugar River Bank offers community-minded decision making, personalized attention and makes reinvestments in the communities we serve. We are at the very heart of “keeping it local.”

When you have a strong relationship with your local bank you have access to the people in your community who have the knowledge and ability to respond quickly to your needs. Sugar River Bank has a strong commitment to support businesses operating in the communities we serve. When you require responsive decision-making, we can deliver solutions that other banks cannot.

Local banking offers the personalized service you just cannot find in large, national banks, because we emphasize building personal relationships with our customers, neighbors and local organizations. Local business owners want to succeed but they also want their communities to flourish. Establishing a true partnership with our small businesses creates a solid foundation for success. By reinvesting in our small businesses and participating in local organizations we develop deeper connections with people that directly impact the community at large.

Did you know that during the Covid-19 pandemic consumers not only increased their online spending but also focused on “keeping it local” by increasing their local spending? According to a Harris Poll commissioned by NerdWallet found that “37% of Americans said they made more of an effort to support local businesses as a result of the pandemic.” In the spirit of “keeping it local,” we want to highlight Small Business Saturday that lands on November 26, 2022. You can make your gift-giving more impactful by shopping at locally-owned businesses. This annual event was created in 2010 to encourage consumers to shop locally in person and online at small businesses. Businesses everywhere are still trying to recover and maneuver through the challenging effects of the Covid-19 Pandemic. Please join us in supporting small businesses throughout the region during the heaviest shopping season of the year.

You don't have to wait for Small Business Saturday to help your local businesses. Here are 5 easy ways to be helpful through out the year: Give them a positive online review, like and follow them on social media, sign up for their newsletter, engage with their social media posts and email campaigns, and visit their websites regularly and share their URLs with friends and family. Regular positive-engagement helps them show up in online searches more frequently.

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**Sunday, November 27, 2022 from 5:00 - 6:30 PM**

Kick off the holiday season! Enjoy performances by Bow Middle School Chorus, games and crafts for children, cookies, S'more, chili and hot chocolate, and visits with Santa! Free Bus Transportation will be provided by Bow Middle School and Bow Elementary School to the Bow Community Center.  
Eric Anderson | Photo



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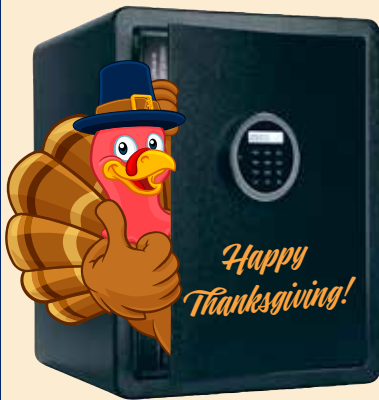
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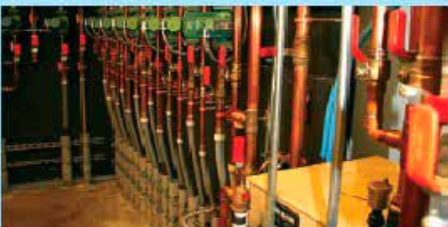


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# STAYING ON TRACK DURING THE HOLIDAY SEASON

by Jim Olson

*It's officially the Season' of Eatin'. Thanksgiving is just around the corner followed soon after by Christmas. It is time for family, friends, food and GRATITUDE. This year more than ever we are grateful for our IF clientele, our amazing community and our team. Thank YOU for being a part of it all.*

*The holiday season can be a challenge but with a little planning and preparation, you can enjoy it while still staying on track with your health goals. Here are a few tips to help you:*

## SET REALISTIC GOALS

If you are trying to lose weight, set a goal for how much weight you'd like to lose per month. Then, break that down into smaller goals per week. Schedule workouts into your calendar so you don't miss them.

## FIND A WORKOUT BUDDY

Having someone to hold you accountable will help you stick to your fitness goals. Find a workout buddy and commit to working out together a few times each week. Not only will you be more likely to stick to your workouts, but you'll also have more fun doing it!

## MAKE HEALTHY CHOICES AT HOLIDAY GATHERINGS

When you're at a holiday party or family gathering, fill up your plate with healthy options first. This way, you'll be less likely to indulge in less healthy choices. And when you do indulge, do so in moderation.

## DRINK PLENTY OF WATER

Dehydration can often be mistaken for hunger, so drink plenty of water throughout the day to stay hydrated and help keep your appetite in check.



Jim Olson

## KEEP A FOOD JOURNAL

Recording everything you eat will help you stay accountable and make sure you're not eating too many unhealthy foods.

## TAKE BREAKS

If you're feeling overwhelmed by all of the holiday festivities, take a break or go for a walk. This will help rejuvenate you so you can continue enjoying the holiday season.

## STAY ACTIVE

Even if you can not stick to your regular workout routine, try to find other ways to be active. Take a walk after dinner, go ice skating, or play some winter sports with friends and family.

## STICK TO A ROUTINE

Don't overdo it. The holidays are a time for celebration, but moderation is key. Try to maintain as much of your normal routine as possible during the holiday season. This will help you stay organized and stress-free.

## GET ENOUGH SLEEP

During the busy holiday season, it's easy to let your sleep schedule slide. But getting enough sleep is important for both your physical and mental health. Make sure you're getting at least 7-8 hours of sleep each night so you can feel your best during the day.

## YOU GOT THIS...

The holidays don't have to be a time when all of your healthy habits go out the window. If you need some help getting started or staying on track, we're here for you! Schedule a free consultation today.

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**BEAVER DAM CONTROVERSY CONTINUED FROM | PAGE 1**

The episode felt like a breach of trust, between the town and its residents, said Page Road resident Nick Watson. The town's biggest investment is in its people, he said. The town-owned pond nestled behind homes on Page Road, Pepin Drive and Pine Crest Drive served as a wildlife habitat for frogs, birds, turtles and beavers who had constructed dams.

However, the beaver dam had caused the pond's water level to rise over time which left the Bow Pioneer Snowmobile Club, concerned about potential flooding that would harm the bridge that connects to the main trail system. The club asked the town for permission to trap the beavers and clean up the debris around the pond's drainage system. Selectmen agreed in September by a 3-2 vote.

According to the Club the "stream crossing used to be so small you could jump across it. Until the beaver showed up and dammed the stream and flooded the property the pond didn't exist. The beaver, with the help of human intervention, have built a dam to excessive levels over the years.

The club has tried year after year for the last 15 years or more to maintain the water level and dam height by installing a drainage system to maintain the water level at a reasonable height. "The beaver built up mud the entire length on the drainage pipe," said the club, "we have spent countless hours trying different solutions to mitigate the issues. Keep in mind before the beaver built this pond it was a forest with a small stream running through it. The last thing we wanted to do was trap the beaver and remove the dam, but it became our only option."

Beaver ponds adversely affect the trees within 300 feet of a pond, this is due to excessive hydraulic pressure and a one-acre beaver pond can affect as much as 16 acres of forested woodlands.

The Selectmen will be reviewing procedures to handle the dam problem in the future.

**ON YOUR BEST BEHAVIOR**

by Donna Deos



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As I write this we are heading into elections – again. Personally, it is a time I dread. Not because I do not believe in voting. I absolutely do. If you don't vote, you shouldn't criticize the outcome. You had a chance and you failed to take it.

The part I dread is that, like with most things these days, there needs to be a winner and a loser. Not everyone gets to take office, someone wins and someone loses. No trophy for everybody...

This causes some people to feel great and others to feel sad or angry.

It happens every time. Can we all please just take a pause and think about this. When we win it's great. When the other side wins we think things like "how could half the country/state/town be so stupid?!" right. Well, when it swings the other way, the exact same thoughts and feelings happen, but for the other people involved.

With that in mind can we please view this like a sporting event on TV? Sure, we want our team to win. If they do, we should try to be gracious winners. If they lose, we should try to be good sports and not throw a hissy fit because we didn't get our way.

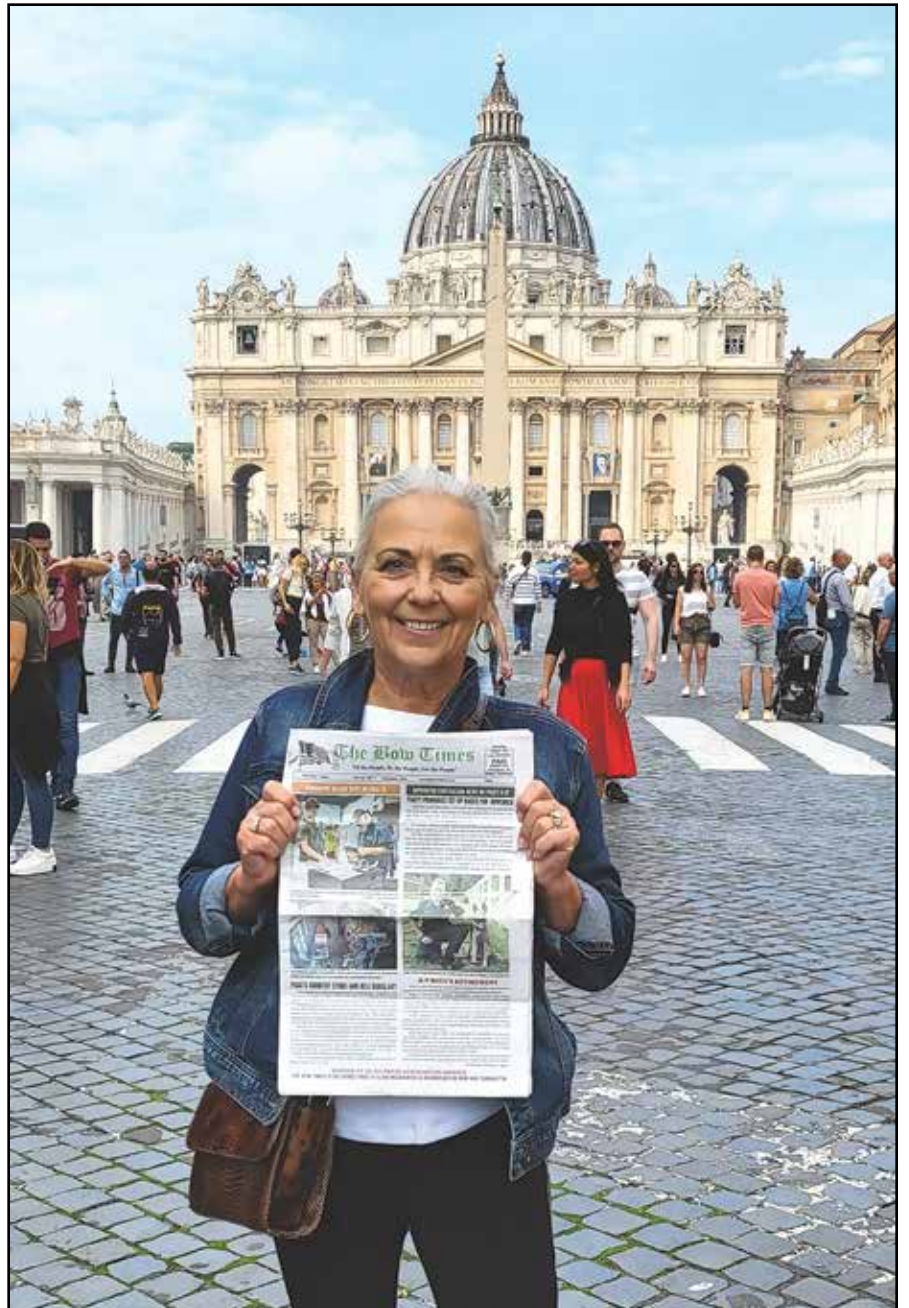
I think in the end, even though we have different ways of believing the right way to get there, we all have the same goal in mind. We want what is best for everyone. We all want peace, not war. We want happy people who are provided for rather than suffering or in lack. We all want good to win out over evil. We want positives rather than negatives.

Truly, we all want the same thing. We simply have different thoughts and beliefs on the way to get there.

Please – if you win or lose – try to be gracious with whatever position you end up in. We all know the pendulum will swing the other way in 2 to 4 years anyway!

Win or lose, you're still alright in my books!

# Travel with The Bow Times



Bill and Gisele Emerson from Bow, New Hampshire traveled to Italy in September. This picture is taken in front of St. Peter's Basilica in Vatican City.

**BOW BUSINESS EXPO 2022**

The Bow Business Expo at Baker Free Library on October 27, 2022 was a tremendous success, with a fine turnout of local businesses that took advantage of the networking opportunity.



MAIN STREET MAN Real Estate partners Tracy Crist-Lurvey & Tony LaCasse attending the Bow Business Expo. Eric Anderson | Photo



Based on the Emmy Award-Winning Television Movie by Reginald Rose

# 12 ANGRY JURORS

ADAPTED BY  
SHERMAN L. SERGEL

*A courthouse drama performed by Bow High School Students!  
A boy's life is at stake at the hands of a jury.*

**WHEN:** Friday December 2nd 7pm, Saturday, December 3rd at 7:00 PM and Sunday, December 4th at 2:00 PM.

**WHERE:** Bow High School Auditorium

**TICKETS** may be purchased at the door

**CAST MEMBERS:** Alessandra Sargent, Ella Smith, Nicholas Thissell, Shane Ess, Eliana Mears, Matthew Kropp, Teddy Barker, Lilianne Zanella, Victoria Thissell, Katie McCabe, Joseph Albushies, William Albushies.



TOWN OF *Bow* ENERGY COMMITTEE



## BOW ENERGY COMMITTEE NH ENERGY EXPO

Bow and Dunbarton Energy Committees hosted an active day of exploration into many energy-related topics at the NH Energy Expo on October 1<sup>st</sup>. This event offered ways to learn about weatherization, solar, heat pumps, and other energy-efficient technologies and strategies for your home. We were pleased to see many people chatting with electric vehicles owners, in conversation with exhibitors, and asking questions at the eight workshops held throughout the day.

Did you attend the 2022 NH Energy Expo? Let us know what you found helpful and what you'd like to see there next year. If you're interested in workshops on a particular topic, please send your suggestions. Go to [energycommittee@bownh.gov](mailto:energycommittee@bownh.gov) to sign up for our email list and to stay informed of events.



BOW GARDEN CLUB

## Swags Bows & Pots

Stop by and see our festive selection! They are all Hand Made by our talented BGC members.  
**For Sale during the Poinsettia Drive-Up & Pick-Up**

**Saturday,  
December 3rd  
Noon to 3:00pm  
Bow Community Center**

SWAGS

HOLIDAY BOWS

FESTIVE PLANTER POTS

## The Bow Garden Club

Annual Poinsettia Pre-Sale orders and will be delivered by D.S. Cole Growers for customer pick up on Saturday, December 3<sup>rd</sup> from noon to 3:00 PM at the Bow Community Center, 3 Bow Center Road.

Profits from sales go to the garden club's treasury to be utilized in underwriting the costs for our ongoing civic beautification efforts in Bow, our scholarship program, and other community projects.

New pajamas and children's books were collected over the past six weeks via "Pajama & Book Drive" collection boxes placed at the Baker Free Library and the Bow Community Center. We also accepted pajama and book contributions received from garden club members, friends and neighbors. The recipients of the majority of this year's Pajama & Book Drive were Friends of Forgotten Children and Family Promise, that provide services to families in need within the Greater Concord Area throughout the year. Additionally, we donate pajamas in specific sizes, by gender, and reading books to Bow Human Services for the families temporarily receiving their assistance.

The Bow Garden Club will gather on Saturday, December 17<sup>th</sup> to hold its final business meeting of the year, to install the new officers and to celebrate the holidays with their fellow members.

The 2023 Bow Garden Club year will officially begin in April, but we welcome new members throughout the year.

To learn about our club and all we do, please go to [www.bowgardenclub.org](http://www.bowgardenclub.org). We would welcome your participation!

Happy Holidays!







Agatha Christie's

MURDER ON THE ORIENT EXPRESS

Adapted for the stage by

KEN LUDWIG

**Concord City Auditorium, 2 Prince Street, Concord**  
**Friday and Saturday, November 18 and 19 at 7:30 PM**  
**Sunday, November 20 at 2:00 PM**

Tickets \$20 (seniors/juniors\$18), or \$16 with purchase of tickets to this and at least one other Players show this season.  
 Purchase tickets online at:

**www.communityplayersofconcord.org or at the box office**  
 Box Office Hours: Nov. 18 & 19, 4:30-7:30 PM; Nov. 20, 12:30-2:00 PM.



**BOW COMMUNITY MEN'S CLUB**  
**ROADSIDE CLEAN-UP**

This young Bow family pitched in to help the Bow Community Men's Club with roadside clean-up on Saturday, October 22.

# BOW SPORTS NEWS

## GOLF:

Bow High's Golf team won this year's Division II championship for their 11th state title in 26 years of play.  
 "It's really a testament to the players and how hard they wanted to work and the goals that they set for themselves at the beginning of the year." Bow head coach Matt Davis said of what it meant to see his team's championship in its first year at the D-II level. "It can't start in September or August when we have tryouts. It has to start at the beginning of the spring, and that's what they did."  
 "I don't remember ever seeing a score, certainly from Bow, but in the years that I've coached, where you have 5- under 67 from Hunter Duncan," Davis said. "Cam Evans had a huge day with a 1-over 73. Really great scores."

## FOOTBALL:

Nick Ouellette was honored on October 22, 2022, with a win by Bow over Pembroke 31 to 9.  
 Nick Ouellette was a 16-year old Bow High School junior football player last September when he was killed along with 6 year old brother, Gavin, in a tragic accident on Interstate 89. The Ouellettes have never left the mind of his Bow High teammates and the Bow community ever since.  
 "He's on the field with us. We already knew that," Bow senior Ryan Lover said after Saturday's victory over Pembroke Academy. "He's always out here with us. He's the 12th man on the field with us, and we've taken that to heart."  
 Lover and his teammates did their best to honor Ouellette on an emotional and special day. Lover ran for 132 yards on 18 carries with a touchdown to lead Bow to its fifth straight victory, 31-9, in a Division II contest.  
 "We definitely miss him, he's still our 12th man and he'll always be in our hearts," fellow Bow senior Hollis Jones said.  
 Bow Went on to beat Laconia 33-6 on October 28, and finally a season over Hanover 32-0 on November 5, for the quarter finals.

## GIRLS' SOCCER:

Bow's girl team overcame the John Stark Generals 4-2 in the quarter-finals of Division II. However, on November 1, the Falcon's fell short 2 to 1 playing Pembroke in the semifinals played in Nashua. Coach Jay Vogt was proud of his team for a 15-2-1 season: "They did everything that I asked them to do," Vogt said. "We dominated the game. Congratulations to Pembroke. They kept fighting and they took advantage and scored, but it's hard when you dominate a team and lose. But that's what soccer is."

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HAPPY  
*Thanksgiving*





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## PART II: ESTATE PLAN TODAY TO AVOID PROBATE TOMORROW!

If a decedent owned assets located in more than one state or country, it may be necessary to have a probate process in each jurisdiction where the assets are located. If one probate creates a financial and time burden, it makes sense that two will double the fun (this is certainly not a case of the more the merrier).

One thing you will want to know, is the court's probate files are public records. Yes, this means your nosy neighbors (not in Bow, but other towns) have the legal right to access the estate's files.

As stated previously, I now advocate for setting up a client's estate to avoid Probate. In fact, this is the key to properly setting up most estates.

**THIS IS ABOUT WHAT IS BEST FOR YOUR FAMILY.** I know what you thought, "sure, but attorneys make more money by taking this position." I can see how one might make this assumption, however, in most instances the person would be incorrect. From my experience, working with a family to avoid Probate is cost effective and not all that time consuming. Contrast this with going through the probate process, which is documentation intensive, riddled with forms needing to be completed, deadlines, multiple court hearings, not to mention the fees charged by lawyers and other professionals who are often involved. It simplistic terms, it just takes more time and money to Probate than to plan to avoid the process altogether and this does not account for all the additional stress of not planning in advance (more on this below).

Well how much does it cost? I have jokingly stated to many of my Probate avoidance resistant clients (perhaps thinking like you, that I'm in it for the money) "I look forward to the significantly larger fee helping your children navigate the probate process." Attorneys charge fees to work with families to avoid probate, but any such fee will be small in comparison to the fees and other costs of the probate process, which

can exceed 5% or more of a decedent's gross estate. This really is a case of a stitch in time save nine, or something like that.

In addition to money and time Probate can consume, stress is another factor not to be ignored. Those who are living when you are gone will be responsible for getting through the probate court maze, which is a largely unknown entity and a process having many hoops and hurdles which, in many instances, frustrate families (yes, this is an understatement). Over the years I have come to see two very different types of clients in regards to avoiding probate, those who have never dealt with it and are very concerned about "how much is this going to cost me?" and those who have survived a probate process and firmly state "do what is necessary so my children do not have to go through PROBATE!" (no they don't really say "Probate" generally it is something more *spirited*). Note the latter of the two did not mention fees, and yes, this really happens!

This may sound like self-serving doom and gloom, and yes, many families go through the process without issue (there is still the time and money aspects). So don't go by my opinion alone. I encourage you to talk with your neighbors, find one who has experienced Probate and there is no doubt they will work tirelessly to convince you to plan ahead (unless they want to read your probate file) as there is a clear winner. Enough said.

In the end, in my opinion, it is a disservice to your loved ones not to have an estate plan and as part of the planning the discussion of avoiding Probate should occur, as well as the many other topics discussed in this series of articles here in the Bow Times.

All things considered, most people would choose establishing a proper estate plan today so that their loves ones reap the benefits of doing so tomorrow.

The information provided in this article does not constitute legal advice.

## EAGLE SCOUT PROJECT TURNS 40 AT RICHARD HANSON MEMORIAL RECREATION AREA



Paul Violette with family on the Anniversary of the Picnic Shelter.

This past August, the picnic shelter in Gergler Field at the Richard Hanson Memorial Recreation Area celebrated a bittersweet anniversary. It turned 40 years old. Constructed in 1982 by Eagle Scout Paul Violette, the anniversary was bittersweet because of its planned demolition later this year in order to make way for enlarging the fields. Paul and his immediate family, to include some who helped build the structure in 1982, toasted the 40th anniversary of his Eagle Scout project during a private ceremony in July.

Many members of the Bow community were involved with its construction to include familiar last names from that time period: Gergler, Godbout, Hanlon, Hirsch, Huff, LaPierre, Lehoux, Patoine, and Violette.

In the fall of 1981, Bow resident and Troop 86 Boy Scout Paul Violette was looking for a worthy idea for his Eagle Scout project, the last step before attaining Eagle Scout. His dad suggested constructing a picnic pavilion at one of the ball fields at the Richard Hanson Memorial Recreation Area. As a past president of the Bow Pioneers Snowmobile Club, he had seen the need for a shelter for organizations to gather; the Bow Pioneers had regularly held their spring picnics at Elm Brook State Park because no suitable shelter existed to accommodate their outings.

Paul proposed the idea to Mr. Jim Gergler, Chairman of the Bow Recreation and Parks Department, and he agreed the project would be a benefit to the town. The local community donated many resources for the project: the Bow Pioneers Snowmobile Club, the Bow Women's Club, the Bow Men's Club, the Bow Rotary Club and others provided funds and materials.

The construction began in earnest in April, 1982 with the sinking of donated telephone poles at the designated site. Boy Scouts from Troop 86 and Troop 75 built the trusses for the structure. Bow residents helped with the heavy lifting as the trusses were hoisted upon the beams extending across the poles. Over the course of 4 months, Paul and other Boy Scouts and friends hammered on the roofing boards, stained the entire shelter, and nailed on the roofing shingles. The project concluded in August 1982 and took over 364 hours to complete.

No one ever expected this Eagle Scout project to last so long. However, as the Bow Recreation and Parks Department chairman Michael Blake said in a letter to Violette after the completion, "It will last years and provide recreational enjoyment for the people of Bow which will always be appreciated." He was right. And it did just that.



## DUNBARTON NEWS



**NO SCHOOL** Wednesday, November 23, is Teacher Professional Day. Town offices and Schools will be closed for Thanksgiving on Thursday, November 24 and Friday 25.

**DCC BOOK CLUB** will meet Thursday, December 1, at 7pm to 8pm on Zoom to discuss the book *A More Perfect Union: A New Vision for Building the Beloved* by Adam Russell Taylor. FMI or link, contact Barb at 496-3253.

**DUNBARTON HISTORICAL SOCIETY** Help Preserve a Piece of Dunbarton's History: The Dunbarton Historical Society needs \$100,000 to accomplish the remaining work to complete the Hugh Jameson Cape built in Dunbarton circa 1758. The cape started life at Flintlock Farm and relocated to the Dunbarton Historical Society's restored building on Route 13 in North Dunbarton. The funds will be used to construct a climate-controlled space to safely preserve and display the town's historic papers and cloth collections. When complete, the house can teach children, friends, and visitors what some of the earliest homes built by the settlers of Dunbarton were like. The workforce will be primarily volunteers. This is a 501(c) (3) nonprofit organization, so your donation to the Jameson Cape Fund is tax deductible. Please choose your level of donation listed on: [www.facebook.com/DunbartonHistoricalSociety/photos/a.459879067465217/5577233542396385/](https://www.facebook.com/DunbartonHistoricalSociety/photos/a.459879067465217/5577233542396385/) FMI contact Alison Vallieres, President, at 603-774-3681 or [fancyiris@gsinet.net](mailto:fancyiris@gsinet.net).

**TOWN HALL CONSTRUCTION UPDATE:** Good News! Paving has begun – first coat is on an at this time. The second is almost complete. PLEASE stay off the area. Stripes will be put down sometime soon. All sub-contracted work is stalled until late November due to the elevator installation delay. Major electrical/fire panel work and the fire suppression system is on hold. Do Not drive up to the entrance or park in the parking lot. Curbside service at the library continues.

**GLUTEN FREE BAKING** for Everyone! with Leslie Cercier the "Organic Gourmet" This Virtual/Zoom Program is scheduled for Tues, Dec 6, at 6:30pm. Hosted by Leslie Cercier. email [dunlib@gsinet.net](mailto:dunlib@gsinet.net) for the Zoom link. Join "The Organic Gourmet" farm to table chef, cooking teacher, and cookbook author Leslie Cerier to learn about the full spectrum of gluten free flours: their flavors, nutrition, and versatility. Leslie will demonstrate a pastry recipe and also talk about how to prepare delicious, gluten free pastries: cookies, pie crusts, cakes, cupcakes, muffins and more. Discover: The Sweeteners and Healthy Fats to Use, How to Make your own Nut Flours, and Much More. Time is scheduled for Q&A.

**LIBRARY BOOK GROUP** will hold their No Book Party on December, 21 at Noon. FMI [dunlib@gsinet.net](mailto:dunlib@gsinet.net).

Nora LeDuc  
[dtowncrier@gmail.com](mailto:dtowncrier@gmail.com) • 603-774-3141

## DUNBARTON POLICE DEPT

### ARRESTS & OFFENSES

*Dunbarton Police Officers handled various arrests/incidents leading to charges/offenses during the month of October which include, but may not be limited to:*

**DRIVING WHILE INTOXICATED:** An adult male was charged with driving with driving while intoxicated following a motor vehicle rollover.

**ARREST WARRANT-OTHER AGENCY:** An adult male was taken into custody on another department's arrest warrant for criminal mischief as well as an electronic bench warrant for non-appearance in court on a violation level offense.

**SUSPENDED REGISTRATIONS 1:** An adult male was charged with suspended registrations following a traffic stop.

**SUSPENDED REGISTRATIONS 2:** An adult female was charged with suspended registrations and operating without a valid license following a traffic stop.

**DOMESTIC VIOLENCE:** An adult female was charged with domestic violence – assault, simple assault and criminal mischief following a domestic disturbance investigation.

**CONDUCT AFTER AN ACCIDENT:** An adult female was charged with conduct after an accident following a hit and run crash involving property damage. an arrest.



### NATIONAL COFFEE WITH A COP DAY

The Dunbarton Police Department participated in National Coffee with a Cop Day Wednesday, October 5, at the School Street Café.

Residents had an opportunity to enjoy some delicious coffee and pastries and chat with local police officers. Everyone was given a complementary Coffee with a Cop coffee mug!

We would like to thank the School Street Cafe for hosting, and all the folks who helped promote the event and stopped by to say hello. Until next time stay well and keep safe!

Dunbarton, N.H. 03046

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# Starry Starry Weekend

**Holiday Shopping ★ Artisan Craft Fairs ★ Special Events**

<b>Friday, December 2</b> <b>10 AM - 8 PM</b>	<b>Saturday, December 3</b> <b>10 AM - 8 PM</b>	<b>Sunday, December 4</b> <b>10 AM - 5 PM</b>
--------------------------------------------------	----------------------------------------------------	--------------------------------------------------

Stroll through Contoocook Village, shop our local stores and pop-up shops, relish the holiday lights aglow, take in the sounds of joyful holiday music, enjoy the beer garden, join us for our Magic Evening in the Park, and soak in the Holiday cheer!

 Details, times & more, visit:  
[ContoocookChamber.com/StarryStarryWeekend](http://ContoocookChamber.com/StarryStarryWeekend)

## STARRY STARRY WEEKEND

### HIGHLIGHTS:

#### BEER GARDEN

Enjoy a craft beer featuring Concord Craft Brewery, sponsored by Maple Row Management in the Roundhouse Workshop Boxcar Pub, sponsored by Greenblott & O'Rourke!

#### FOOD

Warm up with a cup of mac & cheese, corn chowder or chili in a bread bowl, or a loaded baked potato from Mink Hills Catering!

Treat yourself to homemade candy apples, cake pops, cotton candy, cookies and MORE from the Vintage Candy Cart and Ashley's Sweet Treats!

Enjoy a FREE cup of hot cocoa while taking in the holiday magic with the DUNKIN' Hot Cocoa Bar!

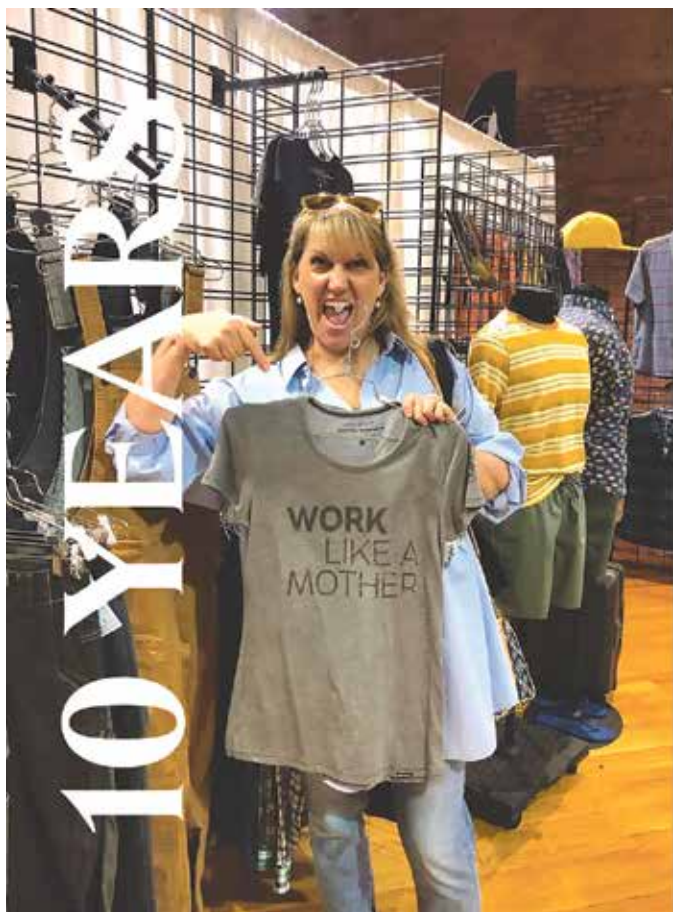
#### MAGIC HOUR

**5:30 PM** Santa & Mrs. Claus arrive at the Park! They will say hello as they make their way to the gazebo, handing out homemade cookies (lovingly made by Witching Hour Provisions). Bring letters for Santa, he'll be collecting them!

**6:00 PM** The River Brass Trio will be playing Christmas Carols, as we gather together and watch the Christmas Tree be lit!


**6:15 PM** Take photos in the Gazebo with Santa & Mrs. Claus!

**7:00 PM** Wave goodbye to Santa and Mrs. Claus, then head over to the Passenger Car and enjoy a reading of the Polar Express!



**10 YEARS**

**GOING STRONG**



902 Main Street – **Contoocook**  
2 Capital Plaza – **Concord**

# 5 ways to give

November 29, 2022



1. Give Time
2. Give Voice
3. Give Money
4. Give Goods
5. Give Kindness

**GIVING TUESDAY**

[www.hopkintonrec.com](http://www.hopkintonrec.com)

## ADULT WINTER WELLNESS WORKSHOP WITH ESSENTIAL OILS

November 30  
1-2:30 pm

Space is limited. Register today!



[www.hopkintonrec.com](http://www.hopkintonrec.com)





## HOPKINTON - CONTOOCCOOK TOWN CRIER

by Kathleen Butcher  
724-3452, kathb123@comcast.net

### TWO VILLAGES ♥ ONE HEART

**CONTOOCCOOK-CARRY COMMUNITY FUND** is accepting donations of seasoned wood for our community's Wood for Warmth program. For donations of cordwood, please call Mary at 603-568-2783. For more information see [www.cccommunityfund.org](http://www.cccommunityfund.org).

**CONGRATULATIONS** to Hopkinton High's Girls Cross Country team, NHIAA Division III 2022 Cross Country State Champions! This is the third year in a row that the team has brought home the State Championship plaque.



**THE HOPKINTON TRAIL** descriptions and maps are on the Conservation Commission website: [www.hopkintonconservationland.org](http://www.hopkintonconservationland.org). While late fall is a great time to hike, remember that hunting season has begun and all walkers should consider wearing bright colors when on the trails. Deer season for regular firearms runs from November 9 through December 4 this year. Hopkinton's conservation lands are primarily managed as multi-use land which means hunting is allowed on most properties. Town Forests where hunting is NOT allowed include Kimball Lake, Hawthorn Forest, Brockway Preserve, and the Beyer property next to Smith Pond Bog. Our trails require frequent maintenance due to blow downs and increasingly extreme weather events. We have active trail stewards (frequent walkers who monitor sections of trails and report maintenance requirements) and an informal trail crew. If you are trail users and are interested in either steward responsibilities or opportunities as "crew" to assist with maintenance, please contact [cleve.kapala@comcast.net](mailto:cleve.kapala@comcast.net). Thank you to all the volunteers who have worked to improve our trails this season. Enjoy our great trail network and be safe in the woods!

**DO IT FOR A GOOD CAUSE** What are you doing early Thanksgiving morning? Running, jogging, or walking for a great cause here in Hopkinton sounds like a great way to start your day! All funds go directly to support our Hopkinton Human Services Dept. that serves our Hopkinton families in need this holiday season. Pre-register for 'early bird' discount. [www.HopkintonRec.com](http://www.HopkintonRec.com)

**THE LIONS CLUB** has a long standing tradition of raising funds to provide needed services in our community. These include: 1) Eyesight screening in schools to detect and refer students for eyeglasses (providing financial assistance for many), 2) Winter clothing drive for children and adults, 3) Scholarships for Hopkinton High School students, 4) Support for Got Lunch and Senior Lunch, and 5) Support for Northeast Deaf and Hard of Hearing and Future in Sight. In the past few years our ability to sponsor fundraising events has been dramatically limited. To kick off the upcoming holiday season we are asking for donations of \$15 - or more if you choose - for a Be Kind, Give Thanks sign to be placed on your lawn or at your business. To get your sign delivered please contact Marge Doscher at 603-496-8388 or email [erbuddy@comcast.net](mailto:erbuddy@comcast.net). On behalf of all Lions, we THANK YOU for your generous and ongoing support.

**EVERY TUESDAY 5%** of proceeds from sales at Indigo Blues & Company, Maple Street Mercantile, and Witching Hour Provisions will be donated to local Hopkinton non-profits. November recipient is Operation Christmas.

**SENIORS** There are many 50+ Active Living Programs at the Hopkinton Rec Department. The Slusser Center offers in person dining for Wednesday Senior Lunch. A \$5 donation is requested. Information at (603) 746-8263 or [www.HopkintonRec.com](http://www.HopkintonRec.com). Feel free to stop in the Slusser Center Monday-Friday from 9:00- 4:00 for a tour and to pick up a full list of programs.

**DIAL-A-RIDE** is open for rides for Hopkinton/Contoocook residents for medical appointments, dental, physical therapy, radiation and chemotherapy and any other errands such as shopping, banking and barber or hairdresser appointments. The office hours at the Slusser center are Monday, Wednesday and Friday 10 AM to noon. Call 603-746-4357 to schedule an appointment or to volunteer.

**CONTOOCCOOK FARMERS' MARKET** is open Saturday 9-noon inside Maple Street School. Stay up to date by visiting the Facebook page Contoocook Farmers' Market. SNAP/EBT gladly accepted.

**OHANA YOGA** is now offering in-person classes again. Until our permanent space is finalized we will meet at St. Methodios Faith and Heritage Center at 329 Camp Merrimack Road in Contoocook. We will be meeting in the downstairs chapel at the retreat house. Drive all the way around to the back of the retreat center where there is a paved parking lot. Enter through the double doors and go to the right. You can use the elevator or the stairs to the lower level. Bathrooms are easily accessible. All Monday through Friday classes will be held at the center. In-person classes can still be accessed via Zoom. Sundays will continue to be on Zoom only. You can sign up for any classes on our website [www.ohanayoganh.com](http://www.ohanayoganh.com)

**BREAKFAST WITH SANTA** Come join the Hopkinton Recreation Committee volunteers in December for the 17th Annual Breakfast with Santa! Santa comes to town on December 3rd and wants to meet our Hopkinton families (and their pets too!) Take pictures with Santa, drop off your wish list, enjoy a delicious pancake breakfast and make holiday crafts. All proceeds go directly to the Hopkinton Human Services Dept. to support Hopkinton families in need during the holiday season. Thank you HR Clough for your financial support! Then on December 10th, come decorate gingerbread houses with the Recreation Department. Spaces are limited so please register online early to secure your spot. This program fills up quickly! Full details are online at: [www.HopkintonRec.com](http://www.HopkintonRec.com).

**CONTOOCCOOK ARTISANS HOLIDAY CRAFT FAIR** is moving from Hopkinton to Contoocook this year and will be held in the E.W. Montgomery Event Center at American Legion Post #81, located at 169 Bound Tree Rd, Contoocook. This annual craft fair features 35 juried artisans and will be held on Friday, December 2 from 10am-7pm, Saturday, December 3 from 10am-5pm and Sunday, December 4 from 10am-2pm.

Please visit Contoocook Artisans on Facebook for more information.



HOLIDAY  
CENTERPIECE  
WORKSHOP  
WITH MARILYN  
Ages 18-99

**DECEMBER 5 AT 2:30 PM – SLUSSER CENTER**

Make your own Holiday Centerpiece  
with fresh evergreens, decorations and a candle.

\$20 per registration fee. Space is limited so register early at

[www.hopkintonrec.com](http://www.hopkintonrec.com)





# COWAN & ZELLERS

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Serving Hopkinton and Surrounding Communities.



Hopkinton Real Estate Sales – OCTOBER

ADDRESS	BEDROOMS / BATHS	SQUARE FOOTAGE	ACREAGE	PRICE
1399 Briar Hill Road	3 Bedrooms   1 Bathrooms	2,120 Square Feet	0.91 Acres	\$250,000
772 Farrington Corner Road	2 Bedrooms   1 Bathrooms	1,164 Square Feet	0.91 Acres	\$350,000
73 Cedar Street	3 Bedrooms   3 Bathrooms	1,532 Square Feet	0.46 Acres	\$380,000
531 Bound Tree Road	3 Bedrooms   2 Bathrooms	1,770 Square Feet	1.39 Acres	\$415,000
318 Dustin Road	3 Bedrooms   2 Bathrooms	3,232 Square Feet	3.3 Acres	\$440,000
1688 Hatfield Road	3 Bedrooms   3 Bathrooms	2,464 Square Feet	1.5 Acres	\$560,000
524 Putney Hill Road	3 Bedrooms   3 Bathrooms	2,800 Square Feet	1.8 Acres	\$925,000
1030 Briar Hill Road	5 Bedrooms   5 Bathrooms	4,900 Square Feet	47 Acres	\$1,450,000

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Rolf Gesen



Suzanne Zellers-Beck



Sandy Heino



Molly Hardenbergh

THE AREA'S #1 INDEPENDENT REAL ESTATE COMPANY

Based on combined Real Estate Sales in Merrimack County, MLS for 3 years 2018 – 2020!

## HOPKINTON POLICE DEPT.

**12 Arrests 5 Accidents 201 Traffic Stops**  
**OCTOBER 2022 ARREST LOG**

**10/02** Kelly Hescock, 43, of 6 Reynolds Drive Apt 1, Brattleboro, VT was arrested for Drive After Revocation/Suspension; DUI, Disobeying an Officer, Controlled Drug: Schedule 1-4; Possession, Controlled Drug: Control Premise Where Drugs Kept and Deal/Possess Prescription Drugs.

**10/07** Forrest Morse, 37, of 177 Old Henniker Road, Hillsboro, was arrested on Warrants; Maverick Grant, 30, of 387 Liberty Hill Road, Henniker was arrested for DUI.

**10/11** Allen Whitcomb, 69, of 70 Woodhill Village, Henniker, was arrested for DUI Aggrvtd 0.16+, Obedience to Police Officer and Resist Arrest/Detention.

**10/14** Joseph Stanley, 39, of 320 Keene Road, Antrim, was arrested for DUI, Endangering Welfare of Child and Uninspected M/V.


**10/20** Matthew Dewitt, 45, of 985 Jewett Road, Hopkinton, was arrested for DV; Simple Assault; Physical Contact.

**10/21** Michael Gariepy, 41, of 916 Pine Street, Hopkinton, was arrested on a Warrant.

**10/22** Blair Foss, 32, of 773 Silver Street, Manchester, was arrested for DUI and Fail to Maintain Minimum Speed.

**10/27** Peter Labounty, 56, of 223 Main Street, Hopkinton, was arrested for DUI.

**10/29** Jesse Lavoie, 20, of 15 Preston Street, Hillsboro, was arrested for Transport Alcohol By Minor, Transport Drugs in M/V, Possess/Use Tobacco Product By Minor and Open Container; Joshua Owen, 8, of 87 Reservoir Road, Deering, was arrested for Unlawful/Possession Intoxication, Possess/Use Tobacco Product By Minor, and Open Container; Rafael Ortiz, 32, of 165 Pawtucket Street, Lowell, MA was charged with Drive After Revocation/Suspension-subsqt.



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At RBC Wealth Management, our goal is to build relationships based on trust and provide advice backed by over 100 years of experience and integrity. Our knowledge and vision can help you achieve your financial goals and enjoy what matters most to you.


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## BOW POLICE LOG

### OCTOBER 2022 ARREST LOG

**10/3** Eric Hague, 42, Bow, arrested for driving after suspension-subsequent; Samson Ndayambaje, 31, Concord was on an electronic bench warrant for failure to appear

**10/8** Robin Milonas- Lafollette, 37, Goffstown summoned for driving after revocation or suspension and operating without a valid license

**10/10** Tresor Ndutiye, 22, Concord summoned for driving after revocation or suspension and operating without a valid license

**10/13** Michael Hartley, 60, New Ipswich, arrested for stalking violation of a court order

**10/14** Nathaniel Webb, 31, homeless, arrested for breach of bail

**10/15** Peter Emanuel, 60, Bow, arrested for breach of bail

**10/19** James Mihelidakis, 36, Bow, arrested for two counts of cruelty to animals

**10/20** Jason Sergeant, 48, Concord, arrested for driving after suspension; Crystal Labelle, 40, homeless, was arrested for operating without a valid license

**10/22** Hannah Routhier, 22, Strafford, arrested for domestic violence stalking, and breach of bail

**10/22** Zachary Gilbert, 34, Rochester, arrested for reckless conduct with a deadly weapon, aggravated DUI- attempt to elude police, disobeying a police officer, three electronic bench warrants for non-appearance in court, two other agency warrants for theft by unauthorized taking and failure to pay restitution.

**10/23** Henry Ladd, 56, Bow, was arrested for criminal trespass and prowling

**10/24** Lewis Jenna Jr., 42, Concord, arrested for receiving stolen property, and two counts of resisting arrest; Jerry Turner, 35, Loudon, arrested for receiving stolen property and possession of controlled drugs

**10/26** Lorin Gerlack, 43, Franklin, arrested for four counts of possession of a controlled drug; after an accident and operating while a habitual offender

**10/27** Brandon Douglas, 20, Allentown, arrested for driving after revocation or suspension subsequent; Jade Markham, 25, homeless, arrested on three electronic bench warrants for failure to appear

**10/28** George Renfro, 32, Hooksett, arrested on an electronic bench warrant for non-payment

**10/30** Allison Jivery, 22, Dover was summoned for driving after revocation or suspension, subsequent



BOW ATHLETIC CLUB & BOW POLICE DEPARTMENT

## 14<sup>TH</sup> ANNUAL BOW TURKEY TROT FEAST MODE 2022

**WOBBLE BEFORE  
YOU GOBBLE!**

**THURSDAY, NOVEMBER 24**

**55 FALCON WAY, BOW**

**8:00 AM START TIME**

**FOR ALL EVENTS.**

Race Packet may be  
picked up *before* or  
day-of the race  
at Bow HS.

**5K-Adult  
\$35**

**5K-Youth  
\$25**

**5K-Kids  
\$15**

**Same-day  
Registration  
begins at**

**7:00 AM**

**Price increases  
by \$5 on race day.**

Register at <https://runsignup.com/Race/Register/?raceld=120620>



We had a great turnout at **National Coffee with a Cop** event on October 5th at the Baker Free Library.

We wish to thank everyone who stopped in to chat and have some coffee with us. A big thank you to Baker Free Library for allowing us use of their room, and to

Flanagan's South Ender for providing us with great tasting coffee. We plan to hold several of these events throughout the year to get to meet with community members.

## BOW HIGH SCHOOL ROBOTICS CLUB TO HOST TOURNAMENT

For the first time, Bow High School will host a Vex Robotics Tournament. We've named it the Bow Bot Bout, and it will take place on January 7, 2023. We have slots for 24 teams, and expect six of those slots to be filled with Bow teams.

The Club needs volunteers as judges and scorekeepers who will complete training via an online training program setup on the VEX Website. Completing the training takes a few hours.

If anyone is able and willing to help, please contact Pam Cafasso or call the main office of the high school at 603-228-2210 and leave a message with your name, contact information, and the role in which you are interested. Everyone is welcome to come by and cheer on the teams!



A group of **Bow High School Students** will make you laugh as they tackle the unpredictable journey of Improv!

**WHEN:** Thursday, December 8th from 630 to 7:30 PM

**WHERE:** Bow High School Auditorium

**TICKETS** \$5 at the door.

Proceeds for this event go to the Bow Parents of Performing Students organization which provides scholarships and support for music and theatre programs for all grade levels at Bow Schools.



It's not too early to think about

# Holiday Messages!



Let us build a holiday ad for you in the November and December issues of The Bow Times.

Email Nadeane at:  
Nmannon1@comcast.net

## BAKER FREE LIBRARY HOSTS BUSINESS EXPO

Saturday, October 15, Bow businesses set up displays at Baker Free Library for potential customers to connect with Bow businesses. Shown below is Grappone's Larry Haynes who also serves as Vice Chairman of the Bow Business Development Commission.



### RESPONSE ACTIVITY LOG OCTOBER 2022



- 27 Basic Life Support Transports
- 23 Advanced Life Support Transports
- 28 Non-Transport Care Refusal
- 0 Paramedic Intercepts
- 15 Fires/Hazardous Conditions/Alarms
- 15 Service Call Incidents/Good Intent
- 12 Overlapping Incidents
- 108 Total Calls for the Month

## Thanksgiving Safety

The kitchen is the heart of the home, especially at Thanksgiving. Kids love to be involved in holiday preparations. Safety in the kitchen is important, especially on Thanksgiving Day when there is a lot of activity and people at home.

- Stay in the kitchen when you are cooking on the stovetop so you can keep an eye on the food.
- Stay in the home when cooking your turkey and check on it frequently.
- Keep children away from the stove. The stove will be hot and kids should stay 1 metre away.
- Make sure kids stay away from hot food and liquids. The steam or splash from vegetables, gravy or coffee could cause serious burns.
- Keep the floor clear so you don't trip over kids, toys, pocketbooks or bags.
- Keep knives out of the reach of children.
- Be sure electric cords from an electric knife, coffee maker, plate warmer or mixer are not dangling off the counter within easy reach of a child.
- Keep matches and utility lighters out of the reach of children — up high in a locked cabinet.
- Never leave children alone in room with a lit candle.
- Make sure your smoke alarms are working. Test them by pushing the test button.

### Did you know?



Unattended cooking is the leading cause of fires and injuries in Canada.

**Have activities** that keep **kids out of the kitchen** during this busy time. Games, puzzles or books can keep them busy. Thanksgiving conversation starters and holiday-related Mad Libs can keep kids entertained for hours. Kids can get involved in Thanksgiving preparations with recipes that can be done **outside** the kitchen.





**Please visit our Online Calendar to sign up for upcoming programs and events.**

### **Author Talk with Mike Pride Thursday, Nov. 17th | 6:30pm**

Join us as local author and historian, Mike Pride discusses his newest Civil War book *No Place for a Woman Harriet Dame's Civil War*. No Place for a Woman draws on newly discovered letters written by Harriet Dame and includes many rare photographs of the soldiers who knew Dame best, of the nurses and doctors she worked with, and of Dame herself. This biography convincingly argues that in length, depth, and breadth of service, it is unlikely that any woman did more for the Union cause than Harriet Dame. Mike Pride will be signing copies of his book after the presentation.

### **Present Moment, Prolific Moment: Using Mindfulness to Write (Virtual Program) - Monday, Nov. 28th | 6:30pm**

Through mindfulness, we can reduce our writing apprehension and the writing blocks that come from future- or past-oriented thinking. Every moment can become a prolific moment: we can write more quickly and with greater ease of mind. In this presentation, Alexandria Peary, NH State Laureate will discuss writing tools that emerge when present time is highlighted: impermanence, audience demons, monkey mind self-talk, and preconceptions about writing ability and writing task. Participants will learn basic strategies to incorporate mindfulness into their writing lives. This program is funded by the New Hampshire Humanities. New Hampshire Humanities programs are made possible in part by a grant from the National Endowment for the Humanities. Registration is required to receive the Zoom link. Visit our Online Calendar to register.

## **CHILDREN'S PROGRAMMING**

### **Shimmy & Shake Storytime Tuesdays at 10:30am**

Encourage school readiness with a Storytime for active bodies and minds! Each class includes music, instrument play and movement activities, and ends with a family dance party. Designed for Ages 3-5, but siblings are welcome to attend.

### **Toddler Time - Thursdays at 10:30am**

Explore a new topic each week through stories, songs and rhymes, and engage in literacy activities designed to spark your child's imagination. Each storytime ends with open play time, allowing families to meet and socialize. Designed for 18 Months - 3 Years, but siblings are welcome to attend.

### **Homeschool Meet-Up - Friday, Nov. 18th | 10:00-11:30am**

A drop-in program for homeschooling families! This casual, drop-in gathering is intended to provide a social outing to both caregivers and their children. Exchange ideas, discuss curriculum, work on projects and portfolios, and meet new friends! Simple crafts and activities will be provided by the library, and families are invited to bring any projects or activities they would like to work on. Registration is not required.

### **Magic Treehouse Book Club - Monday, Nov. 21st at 3:30pm**

Travel the world and explore new time periods with books from *The Magic Tree House* series. Copies of the book will be provided by the library. Recommended for readers in Grades 2-4. Registration is required each month.

### **Page Turners Book Club - Thursday, Dec. 1st at 3:30pm**

A book club for readers in grades 5-8. Read any book of your choosing based on a monthly prompt, then share your book with other readers! Enjoy snacks, crafts and activities at every meeting while exploring new topics and genres. Registration is recommended.

### **Art • Lab - Wednesday, December 14th at 3:30pm**

A monthly program for artists and makers in Grades K-4, in the company of a caregiver. Listen to a new story each month, then explore sensory, engineering and process art activities with materials provided by the library. Registration is required each month.

### **Polar Express Holiday Party**

#### **Saturday, December 10th | 10:30am-12:00pm**

Wear your pajamas and hop on board to hear *The Polar Express*, read by Santa and Mrs. Claus! After the story, enjoy a cup of hot chocolate while making a holiday craft. And don't forget to bring your Wishlist - you'll have a chance to meet Santa and Mrs. Claus and take a holiday picture! Registration is not required, but supplies are limited.

## **ADULT PROGRAMMING**

### **Spark! Adult Craft Club - Tuesday, Dec. 6th | 6:00pm**

Calling all crafters! Join us the first Tuesday of every month to work on your art in the company of friends. Amelia will prepare a brief 30 minute art exercise to SPARK! your creativity, then provide the space for you to complete your specific craft projects and socialize with fellow makers and DIYers. Miscellaneous materials will be provided for those looking to try something new.

### **Holiday Voices Concert - Wednesday, Dec. 7th | 7pm**

Step into a winter wonderland and enjoy the sounds of the holidays with Manchester Community Music School's *Holiday Voices* concert. Ensemble includes Donna Lombardo (voice), Hailley McConnell (voice), Adriana Ruiz (voice), Justin McCarthy (piano) and Ashley Freeman (violin). Registration is required to reserve your seat. Visit our Online Calendar to register.

### **Beat the Librarians Trivia Night**

#### **Thursday, December 8th | 6pm**

Join us at Litherman's Limited in Concord to test your trivia skills. Create a team of 4-6 players, and compete against a group of librarians made up of staff from the Baker Free Library and Concord Public Library. Bookish trivia will appear alongside questions about science, sports, pop culture and more. Prizes for the winning team!

### **Adult Book Talk - Tuesday, Dec. 13th | 12:30pm & 6:30pm**

The Adult Book Talk Group takes place on the second Tuesday of November. We will be discussing *Everything Inside: Stories* by Edwidge Danticat. Copies of the book are now available at the Circulation Desk to check out.

The **White Rock Book Group** will be meeting at the White Rock Senior Center on Dec. 20th at 1pm.

**Love mysteries?** Contact Amy at amy@bakerfreelib.org to learn about the mystery-themed book club, the Whodunits! The Whodunits' next meeting is at White Rock Senior Center on Dec. 6th at 1pm.

## **IN THE GALLERY**

### **November Exhibit: Dave Kobrenski - Oct. 31 – Dec. 3rd**

Dave Kobrenski is an artist, musician, and the author of three books, including his most recent book, a narrative memoir titled *Finding the Source*. Between 2001 and 2016, Dave traveled extensively in West Africa to study traditional music with master musicians. As an artist, Dave conveys his love for culture and diversity in his vivid portrait drawings and rich watercolor paintings. His artwork can be seen in his first two books, *Djoliba Crossing* and *Drawing on Culture*.

# GIVING TUESDAY

**GIVING TUESDAY**  
**Tuesday, November 29th**

The Baker Free Library Foundation's primary annual fundraising campaign will be starting this month on Tuesday, November 29th. Giving Tuesday is a global movement that encourages charitable giving during the holiday season. The goal is to help people who need it most during the holiday season when many people have less than they had before. All donations go to support the Baker Free Library. This is a powerful way to contribute directly to your local community!

**Please visit our website at  
bakerfreefoundation.org for further information.**



## 5 RETIREMENT CONCERNS TOO OFTEN OVERLOOKED

Provided by Dominic Lucente

### Baby boomers entering their “second acts” should think about these matters.

**Retirement is undeniably a major life and financial transition.** Even so, baby boomers can run the risk of growing nonchalant about some of the financial challenges that retirement poses, for not all are immediately obvious. In looking forward to their “second acts,” boomers may overlook a few matters that a thorough retirement strategy needs to address.

**RMDs.** The Internal Revenue Service directs seniors to withdraw money from qualified retirement accounts after age 72. This class of accounts includes traditional IRAs and employer-sponsored retirement plans. These drawdowns are officially termed Required Minimum Distributions (RMDs).<sup>1</sup>

**Taxes.** Speaking of RMDs, the income from an RMD is fully taxable and cannot be rolled over into a Roth IRA. The income is certainly a plus, but it may also send a retiree into a higher income tax bracket for the year.<sup>1</sup>

Retirement does not necessarily imply reduced taxes. While people may earn less in retirement than they once did, many forms of income are taxable: RMDs; investment income and dividends; most pensions; even a portion of Social Security income depending on a taxpayer’s total income and filing status. Of course, once a mortgage is paid off, a retiree loses the chance to take the significant mortgage interest deduction.<sup>2</sup>

**Health care costs.** Those who retire in reasonably good health may not be inclined to think about health care crises, but they could occur sooner rather than later – and they could be costly. A report by HealthView Services found that even with additional insurance coverages such as Medicare Part D, Medigap, and dental insurance, a healthy 65-year-old couple can expect to pay almost \$208,000 out-of-pocket for their healthcare expenses.<sup>3</sup>

**Eldercare needs.** Those who live longer or face health complications will probably need some long-term care. One month’s stay in a private room in a nursing home costs an average of \$9,000 nationally, so it’s important to consider these when preparing for retirement. Long-term care insurance is expensive, though, and can be difficult to obtain.<sup>4</sup>

One other end-of-life expense many retirees overlook: funeral and burial costs. Preparing to address this expense may help surviving spouses and children.

#### Rising consumer prices.

Historically, healthcare costs inflation has risen between 1.5-2 times the Consumer Price Index. For a 65-year-old couple, this equates to an additional projected \$85,917 in lifetime retirement healthcare costs. Retirees would be wise to invest in a way that gives them the potential to keep up with increasing consumer costs.<sup>5</sup>

**As part of your preparation for retirement, give these matters some thought.** Enjoy the here and now, but recognize the potential for these factors to impact your financial future.

**Dominic may be reached at 603.645.8131  
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Dlucente.com**

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#### Citations.

- 1 thebalance.com/required-minimum-distributions-2388780 [1/14/22]
- 2 www.investopedia.com/articles/retirement/12/will-you-pay-taxes-during-retirement.asp [7/31/22]
- 3 https://hvsfinancial.com/wp-content/uploads/2020/12/2021-Retirement-Healthcare-Costs-Data-Report.pdf [2021]
- 4 www.genworth.com/aging-and-you/finances/cost-of-care.html [2022]
- 5 hvsfinancial.com/wp-content/uploads/2022/03/HVS-Data-Report-Brief-0312222.pdf [2022]

THIS COULD BE WHEN EVERYTHING



With a fun-filled summer behind you and surrounded by the beautiful fall leaves in transition, what better time to consider making an important decision about your financial future? Is it time to finally let a professional help you strategize for your retirement and family financial goals? Or perhaps get a second opinion on your current plan?

For more than 60 years Northeast Planning Associates has been helping clients plan for their future...  
**and all the changes of life's seasons.**



**Dominic M. Lucente, CFP®, RFC®**  
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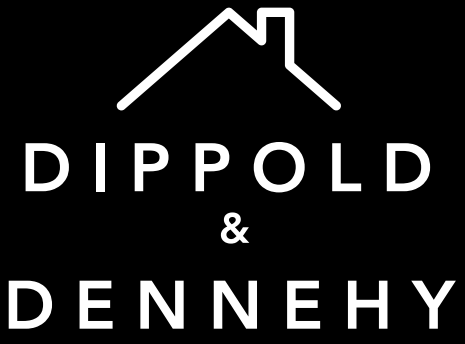
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OCTOBER 2022 REAL ESTATE SALES IN BOW

ADDRESS	BEDROOMS / BATHS	SQUARE FOOTAGE	ACREAGE	PRICE
955 Route 3A	2 BR   1 BA	1260 Square Feet	1.17 Acres	\$360,0000
2 Lincoln Drive	3 BR   1 BA	1894 Square Feet	1.14 Acres	\$420,000
8 Betty Lane	4 BR   3 BA	2910 Square Feet	1.4 Acres	\$450,000
32 Stone Sled Lane	2 BR   3 BA	2132 Square Feet	CONDO-shared acreage	\$480,000
18 Ridgewood Drive	4 BR   2 BA	2572 Square Feet	1.41 Acres	\$500,000
38 Evangelyn Drive	3 BR   2 BA	2266 Square Feet	CONDO-shared acreage	\$565,000
18 Tonga Drive	3 BR   5 BA	3826 Square Feet	2.12 Acres	\$580,000
63 Peaslee Road	5 BR   4 BA	4463 Square Feet	1.24 Acres	\$850,000
27 Dunbarton Center Road	4 BR   3 BA	5549 Square Feet	5.02 Acres	\$930,000

OCTOBER 2022 REAL ESTATE SALES IN DUNBARTON



ADDRESS	BEDROOMS / BATHS	SQUARE FOOTAGE	ACREAGE	PRICE
1108 Gorham Pond Road	3 BR   3 2 BA	1664 Square Feet	6.9 Acres	\$382,000
19 Kelsea Road	3 BR   3 1 BA	1584 Square Feet	1.02 Acres	\$390,000
1066 Gorham Pond Road	4 BR   3 2 BA	2072 Square Feet	5.01 Acres	\$579,900

Sales Data for OCTOBER 2022 provided by the NHMLS.

THE NUTCRACKER



Bow and Hopkinton Youth to Perform Coveted Roles in the Palace Theatre’s Upcoming Production of The Nutcracker.

Aiwa Berrigan, Arianna Mistretta, Adia Madden, Athena Santini and Nell Porter to perform along with a cast of professional guest artists and other area youth in the Palace Theatre’s upcoming annual production of the timeless classic, *The Nutcracker*, in six magical performances from Friday, November 18th through Sunday, November 20, 2022.

Eighteen-year-old Aiwa Berrigan attends Bow High School and will perform the coveted role of the Sugar Plum Fairy in this years’ production. Aiwa will also perform the roles of Dew Drop Fairy, Snowflake in Snow Scene, and Flower in Waltz of the Flowers. Aiwa has been dancing for eleven years and has trained with Eastern Ballet Institute, Boston Ballet and has spent the last two years training with Southern NH Dance Theater.

Sixteen-year-old Hopkinton youth, Adia Madden will perform the roles of Chinese Soloist, Mouse, and Mirliton Ensemble, along with fellow Hopkinton resident, eleven-year-old Athena Santini performing as Party Girl, Soldier, and Candy Cane. Nell Porter, a ten-year old from Bow will perform the roles of Baby Mouse and Polichinelle.

This holiday classic is a tradition for the whole family to enjoy. The 22nd annual production of *The Nutcracker* will be performed Friday, November 18th through Sunday, November 20th. For showtimes and ticket information please call the Palace Theatre Box Office at 603.668.5588 or visit [www.palacetheatre.org](http://www.palacetheatre.org).





## OBITUARIES

### MARIE EVELYN BURNS

Marie Evelyn (Duggan) Burns, 87, of Bow, widow of Roger Burns, died on September, 30, 2022, in Concord. She was born in Everett, Mass., on April 3, 1935, daughter of Robert and Marie Duggan.

She lived in Hillsborough, Laconia, Gilford, and Bow.

She is survived by her siblings Tess Brodrick and Jim Duggan, her daughters Peggy Dellert and husband Gary of Sutton, Karen Mumford and Doug of Folly Beach, South Carolina, her grandchildren Jessi Dellert, Shannon Parker and her husband Ryan, Willem and Spencer Meredith, and her great-granddaughter Ruby Mae Parker.



### DR. ROBERT CIMIS JR.

It is with deep sadness that we announce the passing of Dr. Robert Cimis Jr. Bob passed away on October 21, 2022 after a courageous battle with Early Age Onset Alzheimer's Disease.

Bob was born July 07, 1966 and grew up in White River Junction, VT. He graduated in 1984 from Hartford High School and went on to attend Hobart College obtaining a degree in Biology. He then went on to Dartmouth Medical School where he obtained his MD. After medical school Bob completed a fellowship in Gastroenterology at Lahey Hospital in Burlington, MA. From there he practiced as a Gastroenterologist at Cheshire Medical Center in Keene, Carolina East Medical Center in New Bern, NC, Concord Gastroenterology in Concord, and Littleton Regional Healthcare in Littleton, NH.

Bob was kind, loving and compassionate and always had time to help others in need. He was known as the doctor that every nurse wanted to work with because of his patience and kindness. His good humor and smile could light up a room. He was especially grateful for his good friends. Especially his friend Jim, who spent endless hours with Bob giving him the quality and dignity that he so deserved during his last year of life.

He is survived by his best friend and the love of his life, Karen Cimis and his beloved son, Kyle Cimis; his stepsons, Michael Cram, Mathew Cram and Ryan Cram; his grandson Nicholas Cram; his mother, Sheila Cimis; his brothers, Andrew Cimis and his wife Michelle, Michael Cimis and his wife Crista; numerous nieces and nephews; and his golden retriever "Buddie". He is predeceased by his father Dr. Robert Cimis Sr.

Bob considered his son, Kyle, his greatest accomplishment in life. The two spent many hours prior to his illness playing basketball, skiing, and fishing together. Bob loved the outdoors, home projects, and traveling with his family. He also loved karaoke, especially James Brown, Bob Marley, and Dave Matthews. It was often said that his James Brown karaoke impression was the highlight of any party.

In lieu of flowers or donations, Bob would want you to cherish your family and make the most of every minute you have together.

Bob requested that there be no services and his family be able to grieve with privacy during this difficult time.

### DOUGLAS T. GILES

Douglas T. Giles, of Hopkinton, passed away October 15, 2022, at the age of 66. Doug was the son of the late Paul and Priscilla Giles of Concord, NH. He was predeceased by step brothers Ronald Giles and Norman Giles, and nephew, Daniel Giles.

Doug is survived by his wife Margaret Doscher of Hopkinton, step daughters Michelle Doherty, Jackie Dube, Rachel Redman and their husbands. Doug was adored by his seven step grandchildren.

Doug also leaves behind his sister Debbie Lincoln and her husband Earl Lincoln, sister-in-law Sandra Giles, cousins Judith Signor and Kristie Krebs, Nieces, Donna Ayoub, Wendy Cook, Laurie Belanger and nephews Alan Giles and Thomas Giles and many longtime friends.

Doug was a 30 year veteran of the Concord Fire Department, loved his work and the deep associations he made through the fire service. Doug was a skilled firefighter, knew his craft and was responsible for mentoring many young folks through the beginning of their career.

In lieu of flowers, donations can be made in Doug's name to the Concord Firefighters' Relief Association, 150 North State Street, Concord, NH 03301 or to the Alzheimer's Association at alz.org.

### JAMES CHARLES "JIM" PITTS

Former Bow Town Administrator James Charles "Jim" Pitts, 78, of Franklin, passed away on September 23, 2022, at home surrounded by his loving family after battling 16 years of Agent Orange Cancer. Born in Hope, AR on July 31, 1944, he was a son of the late Frank and Dorothy (Bundy) Pitts. He shared 33 years of marriage with his wife, Sheila (Bechard) Pitts.

He proudly served twenty years on active duty in the U.S. Army as a commissioned officer, retiring in 1987, with the rank of Major.

He served as the Administrative Services Officer in Merrimack, City Manager in Franklin, and Town Administrator in Pelham and Bow. He loved his work in municipal government and was proud to serve his local communities, even helping after his retirement.

Jim is survived by his wife, Sheila N. Pitts; his son, Kenneth P. Pitts and his wife Katherine; daughter, DeAnn M. Pitts; stepdaughters, Michelle M. Thorp and her husband Daniel, Lisa A. Couture and her husband Michael, Lynn A. Buchanan and her husband Timothy; his brother Don Pitts and his wife Cindy of Blanco, TX; his sister, Marisha Morgan of Houston, TX and his brother-in-law Wayne Bechard and his wife Ania of Westford, MA.

### EDWARD W. SPURR

Edward W. Spurr (Ted), of Contoocook, 77, died in his sleep at home on October 17, 2022, with his family nearby. A long-time resident of Contoocook, Ted was born on February 17, 1945, in Orlando Florida, the son of the late Edward W. and Eleanor Spurr.

He graduated from University of New Hampshire in 1969 with Bachelor's and Master's degrees in Zoology.

Ted worked at New Hampshire Fish and Game for 23 years first as a Marine Biologist, then Supervisor of Fisheries Research and finally as Administrator for Special Projects. One of his proudest achievements was leading a coalition, against tremendous political pressure, for the removal of Sewall's Falls Dam on the Merrimack River and purchase by the state of much of the area for a boat ramp and recreation area.

Ted was a devoted husband, father, and grandfather. He enjoyed traveling with his wife, woodworking, photography, gardening, history and sharing his love of the outdoors with his children and grandchildren.

Ted is survived by his loving wife, Ann F. Spurr of Contoocook, two sons; David Spurr and his wife Sheila of Shaftsbury, Vermont and William Spurr and his wife Brook of Dover, and 4 grandchildren; Nicholas, Elliot, Avery, and Elizabeth.

For those who wish, memorial contributions may be made to New Hampshire Fish and Game, Nongame and Endangered Species Program or Doctors Without Borders.





## ALL HAIL CABERNET SAUVIGNON... “KING” OF THE RED WINES

This Holiday Season let us all rejoice and raise a glass of Cabernet Sauvignon, the most well known and top selling red wine varietal in our country. There are lots of reasons why people love this great varietal for its big, lush, round mouthfeel, soft or bold tannins, black fruits with loads of spice characteristics, which vary from different regions and winemaking styles. It is easy to drink and pairs well with most hearty dishes that are perfect for this time of the year. Holiday Rib Roast, Chili con Carne, Grilled Ribeye, Braised Short Ribs, Beef Stew, Portobello Stuffed Mushrooms, Meatloaf and Gravy, or Tasty Sliders for football games on Sunday afternoon. Are you hungry and thirsty yet?

Make sure you have a big red wine glass, a cozy fireplace going, and your food cooking while sipping. These wines are sure to please for the season of giving, and fun times with family and friends.

Dining out at a nice restaurant? It is one of the top selling wines and will fetch the highest price tag on the menu by the glass or bottle, with options to choose from usually. A couple of restaurants in Concord carry nice Cabernet selections with a shout out to Revival, Angelina's and O Steaks and Seafood. Here are my favorite Cabs as I call it for short, yet each has a unique style and price range, as they are from different growing regions and soil types and climates in California.

Wonder why prices have gone up? There is always the global economy situation, but fires have had an unfortunate impact on the wine industry in California and Oregon, which is known for its fine Burgundian style Pinot Noir from the Willamette Valley.

Pinot Noir is the lightest of the red grape varietals and perfect for Turkey at Thanksgiving for those that like a lighter style, plus it goes well with all the fixings.

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#47011 Freemark Abbey, Napa Valley, CA  
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#38888 Justin, Paso Robles, CA  
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#24286 Kendall-Jackson Grand Reserve, Sonoma  
\$25.99 – 22.99 Save \$3 per bottle

#46934 Silver Palm, North Coast, CA  
\$19.99 – \$15.99 Save \$4 per bottle

# 24646 Three Finger Jack, Lodi, CA  
\$19.99 – \$16.99 Save \$3 per bottle

#25524 Z. Alexander Brown, North Coast, CA  
\$18.99 – \$15.99 Save \$3 per bottle

\*November Sale Pricing until November 27th, 2022

Happy Holidays ~ Annie



Annie Kenney is a Sales Manager for MS Walker Wines & Spirits in Bow, where she has been passionate about her career for the last 19 years. Wine and Spirits Education Trust Level 2 Certified and a proud Board Member of the New Hampshire Lodging & Restaurant Association.

Anni, a lover of fine wines and spirits, resides in Bow, with her daughter Lexi and her fiancé Brock.

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