

The Bow Times

"Of the People, By the People, For the People"

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THE BOW TIMES

VOL 28, NO. 4 April 2021

www.thebowtimes.com

FREE

NO TO SB 2, YES TO BOW YOUTH CENTER

An overflow crowd of 537 voters debated the merits of changing town meeting to the SB 2 system of a deliberative debate on the budget followed by a vote weeks later. The proponents of change lost 426 to 111 at the March 17 meeting.

Moderator Peter Imse, recused himself from moderating the SB 2 debate due to his public opinion on the issue, argued with others that the tradition of the town meeting was too precious to lose. He and many others also said that the discussion that comes with a town meeting was invaluable to the process of voters making informed decisions on issues.

Others expressed concern that the deliberative session that is part of SB2 protocol could easily be "hijacked" by a small party of citizens, who could then drastically change the budget or warrant language before it could be presented to voters. Proponents of SB 2 argued that voters do not require a town meeting debate to be informed on issues. Due to the nature of the internet and the town's ability to post relevant information on its website, all the homework could still be done without the need for a town meeting, they argued. Additionally, town meeting and its long hours pose a difficulty for some residents, and changing to SB 2 would allow more people to vote and be engaged with the process, they said.

Voters not at the high school were allowed to come in to vote after watching the meeting via livestream.



The other major issue was whether to spend \$1,250,000 to purchase the privately run Bow Youth Center across the street from Bow Middle School. Younger parents advocated that it could attract young families to Bow while others argued it was an unnecessary expansion of government. The \$1,250,000 was approved. Photos by Eric Anderson.



HOPKINTON-CONTOOCH NEWS ON PAGES 9-11

SELECTMEN'S RACE RECOUNT STATUS QUO

In a recount of the March 9 contested race for a seat on the Board of Selectmen Matthew Poulin gained one vote as did challenger Jeffrey S. Levesque. The 409 to 403 result is the same as the 6 vote difference initially counted.

PRIMARY ELECTIONS ON APRIL 20

Due to the resignation of Samantha Fox as a State Representative there will be a party primary on April 20 at the Bow Community Building. Democrat Muriel Hall is running unopposed, while on the Republican side former Representative John Martin faces off with Christopher Lins. Merrimack County District No. 23 includes Bow and Dunbarton. The election will be on June 8.

DAGAVARIAN IS CITIZEN OF THE YEAR



Bow Community Men's Club President Richard Oberman presents the "Citizen of the Year Bowl" to Dik Dagavarian at Annual Bow Town Meeting March 16, 2021. Photo by Eric Anderson.

At this year's Bow Town Meeting, it was Men's Club President Richard Oberman's honor to present Mr. Dik Dagavarian the Bow Community Men's Club "Citizen of the Year" award for his outstanding support to the people of Bow. Throughout 2020 Dik supported numerous town activities and is a member of the Heritage Commission and Bow Community Men's Club. Dik is a quite and humble man willing to step up and fill any role needed by the club or the commission. He currently serves as the club's Treasurer.

What made Dik so worthy of this year's award was his efforts and support during COVID that shined a little light during dark times. During COVID the club had to cancel numerous fund raiser activities. Dik ensured Flags Across Bow not only continued, but expanded to make up for the lack of other events. He even extended the amount of time we displayed the flags to increase town morale. By ensuring the project's success, the club was able to double the amount of scholarships given to Bow High School seniors, support town projects, and fund the Scouts food drive. Thank you Dik Dagavarian for all you've done to support Bow and all you continue to do for our community!

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Publisher - The Bow Times, LLC
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Donna Deos and Jacki Fogarty
Photographs - Eric Anderson
Printer – Gannett Pub. Services

Mailing address for news or notices: 40 Stone Sled Lane, Bow
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EDITORIALS

KEEP THE PARTIES OUT OF BOW TOWN/SCHOOL ELECTIONS

The recent Selectman’s race on March 9 yielded a very disturbing mailed postcard by the Democratic Party’s Young Democrats on behalf of Jeff Levesque who lost to Matt Poulin. The mailer was signed by an Ashley Marcoux the Chair of the Young Democrats and paid for by them.

After a complaint was filed with the Election Law Attorney at the Department of Justice the result was a March 24, 2021, letter by him pointing out that the mailer on one side said vote February 9 and the other side said vote March 9 which could confuse some voters. The DOJ said that “accuracy of information within political advertising is important” and cautioned the Young Dems for the future.

The real issue though is why the party got involved at all in a local nonpartisan race, especially since Levesque claims he knew nothing about the mailer in the first place. Local citizen groups in Bow are free to chime in on the local races but to get political parties involved will lead to Blue or Red school board members, selectmen, library trustees, etc.

I hope this is the last outside party mailer for a local nonpartisan race in Bow.

*Chuck Douglas
For a free press, je suis Charlie*

LETTERS TO THE EDITOR

VOTER SUPPRESSION

Voter Suppression, what do those words mean to you? At Bow’s 2021 Town Meeting I personally witnessed 4 voters leave the meeting without casting a single vote, because they could not stay any longer. Was their vote suppressed? I think so, and I certainly could empathize with them. I needed to be up for work at 3:30 AM the next day. Voters should have a reasonable expectation that they shouldn’t have to wait two and a half hours to cast a single ballot nor should they have to spend the next work day severely sleep deprived. I came to the meeting intending to vote on every article, but I left feeling my votes were suppressed.

This year’s Town Meeting was a complete disaster. Not only were the voter’s health put at risk because of the pandemic, but it was very poorly planned, significantly adding to the health risk by keeping more people clustered together far longer than necessary. Why Moderator Imse chose to inconvenience the crowd and under plan is mind boggling, knowing the added health risk to those who turned out.

Anyone who didn’t have a 9-5 or a work from home schedule got no empathy from Imse and his poor time management. There was no reason at all why he couldn’t have initiated several town-meeting activates at or before the advertised start time of 6:30. The person of the year award unnecessarily seemed so rushed.

Did anyone else feel that we were being subjected to Kabuki Theater with the “turning over of the gavel?” To me that was a total head fake. Turning over gavel because he took a public stance on SB2 looks good, but the gavel was turned over to someone who has also taken the same public stance on SB2. So public that I passed his” SB2 No” sign on the way into the meeting. If Imse had any sense of awareness of impartiality his list of Assistant Moderators (those who count the votes), wouldn’t be mostly made up of SB2 opponents.

Some of those Assistant Moderators had a very public 3/10/2021 “My Turn” article in the Concord Monitor attacking SB2 and our selectmen. Interesting enough this is what they wrote in their column and I couldn’t agree more: “Unfortunately, in the midst of a pandemic, the citizens of Bow must now vote in person at the March 17 Town Meeting to be held at the high school. Only voters who show up at Town Meeting will be able to vote on this critical issue, as there will be no absentee or drive through voting.”

Instead of making SB2 worse like the last Democrat state legislature did, why doesn’t the new Republican legislature fix the Town Meeting form of government. Fix it to something we all can agree on and totally end voter suppression by giving everybody the right to vote by absentee and eliminate the requirement of attendance knowing every taxpaying register voter won’t be able to attend. No more opportunities for voter suppression.

Van Mosher, Bow, NH

68 UNIT RESIDENTIAL PLAN RAISED AT PLANNING BOARD

The conceptual consultation phase for a 68 unit residential site plan at 25 Page Road was initiated before the Planning Board on March 18. According to the Minutes of the session Craig Francisco from Bedford Design Consultants introduced himself as the representative for the developer and went over the displayed concept. Mr. Francisco went over the phasing of the project, the proposed number of units per each phase, well and septic allocations, proposed studies, etc. He then answered questions about various aspects of the proposal.

Chair Berube suggested the developer set up a neighborhood meeting to have a discussion with the concerned abutters and answer their questions. The developer was amenable to that idea. It was also noted that there are concerns with traffic and speeding in the area, groundwater quality and quantity, and the out of character density of the proposal.

There were two members of the public (one of them Ray Cote of Bow) who joined the Planning Board discussion and asked that the developer provide a more representative plan showing which abutting properties and houses would be affected and whether there would be a representation from a historical society as there is a historic sawmill on the property.

It was noted again that there was no application submitted to the Board and should one be submitted, there will be public hearings for every stage of the review process where all concerned parties will be able to voice their concerns and have their questions answered. The developer said that there is a lot of work that still needs to be done and he is open to discussion and receiving feedback, including holding a neighborhood meeting.

Christopher Lins

for NH State Representative

YOUR VALUES ★ MY VOICE

Bow & Dunbarton ~ Special Election
Primary Voting Day – Tuesday, April 20, 2021
www.chrislins.com

Why now? Why me? What’s in it for you?

In my 54 young years I have helped raise a blended family while also building a successful professional career and fighting cancer *twice*. I watch as our country becomes increasingly divided with a proverbial tear on my cheek.



We are spending money we do not have to pay for things that have little to do with us as a nation, as Bow or Dunbarton residents, and that serve little as investments in the American Dream.

I have always been a leader and an influencer. I care more about *doing the right thing, versus doing the popular thing*. Politics and public service are not popular things, but are my way of giving back to our community which has afforded myself and my family so much. The problem-solving engineer and the cancer-fighter in me refuse to surrender to widening division as the new normal. I want to contribute to the preservation of our timeless founding principles and bridge the gaps between left, right and center, for us and generations to follow.

A vote for me is a statement that *enough is enough* – it’s time for new energy and new passion for inspired leadership. I stand confidently to the right of the center aisle, a fierce defender of our Constitution and Declaration of Independence, still within handshake reach of the left in order to realize a vision of our collective brighter future. A vote for me is a declaration that *conservative voices* matter and that we deserve to be properly represented. *Your values, my voice!*

Paid political advertisement
 Paid for by Rebecca Compton, 2 Whittier Drive, Bow, NH



OPERATION DONATION TO FILL THE BOW FOOD PANTRY

The pantry needs:

- Jelly/Fluff
- Boxed Meals (Hamburger Helper/Velvetta)
- Baking mixes
- Condiments
- Salad dressing
- Mac and cheese
- Spaghetti
- Boxed Rice
- Boxed Potatoes
- Snacks (Crackers/protein bars/cookies)
- Personal Care Items (TP/Kleenex/Paper towels)
- Cleaning Products
- Laundry Detergent
- COVID Supplies (Masks/Clorox/Hand Sanitizer)



Collection Locations:

- Bow Town Hall
- Baker Free Library
- Bow High School
- Bow Middle School
- Bow Elementary School
- Bow Community Center
- Grappone Toyota, Ford and Honda

Collecting until April 17th!



**GIRL SCOUT
TROOP 12553**

THANK YOU FOR HELPING US! Kaylee, Liliane, Kylie and Imogen



WHY WATER MATTERS

Water is something that most of us take for granted. Yet there are roughly 800 million people who do not have access to clean water. This is a crisis that we cannot appreciate as we turn the faucet and take a drink or do a load of laundry. Fortunately there are organizations (see the list at the end of the article) that are working to remedy this. As I think about going to our cottage on an island off the Maine coast, I wonder if there is water in the tank. We collect rainwater from the roof for bathing and doing dishes or laundry. We also hand pump ground water from a well up to an attic tank so we can flush the toilets, and we carry potable water to our home from the island's central 'purification' plant. Using three types of non salt-water helps me appreciate the need to 'conserve'. Although 71% of the earth's surface is covered with water, only 3% of the earth's water is "fresh" and only 0.5% of the water is fresh and available for use.

Water is essential for all life even though it does not provide any calories, protein, or vitamins. At birth we humans are about 78% water by weight, and as adults we are about 60% water by weight. Our brains contain the most water: 75-80% by weight. We lose about 1.5 quarts of water per day through sweat, respiration and urination. If we are exerting ourselves, or if the ambient temperature is elevated, we could lose as much as 1.5 quarts per hour.

So what is water and why might it be such an important factor in maintaining life, as we know it? It is amazing that two very light things, hydrogen and oxygen, which are gases at room temperature combine to form one of the heaviest, water, which is a liquid at room temperature. Because water is a polar molecule (the positive and negative charges are unevenly distributed) it acts as a polar solvent, allowing it to dissolve many important nutrients and chemicals. Water is known as the 'universal solvent'. The bent shape of the water molecule allows it to be attracted to either the positive or negative charge on a solute. It is the weaker hydrogen bond between the hydrogen of one water molecule and the oxygen of another that holds water together, yet there are about 20% of free water molecules that can react with other substances. Water has a surface tension (you can float a pin on its surface and it makes a meniscus); this allows water to transport many important substances to and from our millions of cells and allows water to move up the roots and stems of plants and through the smallest blood vessels in our bodies. (Enough of the science already!)

Eight hundred million people do not have access to clean water. As a result, the UN estimates that 850,000 die every year. The WHO estimates that by 2025 half of the world's population will be living in water-stressed areas. What are the health risks? Diarrhea from cholera, dysentery, hepatitis A, typhoid and polio. When water is scarce, hand washing and sanitation are not practiced leading to an increase of disease and death.

You can make a difference by conserving water, and by supporting organizations that are working to ensure that all of us on the planet have access to clean water. Here are some (there are many more) of these organizations.

Water Aid, Water.org, Charity:Water, UNICEF, Water for Good



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Concord Coalition to End Homelessness TALENT SHOW – JOIN US MAY 1ST

Watch the Talent Show Live or Live Streamed

Don't miss the Concord Coalition to End Homelessness Talent Show the evening of May 1, 2021, from 7:00-8:00 PM. You'll be dazzled by the performances of six local acts that have made it through the elimination rounds and are ready to be judged by local celebrities.

Watch the show at The Bank of NH Stage, or online from the comfort of your living room.

Due to Covid protocols, seats at the Theater are limited. The event is anticipated to sell out. Tickets are available through the Capitol Center for the Arts. Your thirty five dollar general admission ticket price includes refreshments from The Concord Food Co-op and O Steak and Seafood. A cash bar will also be available. The doors open at 6:00 PM.

New this year, the Talent Show will be live streamed on the CCEH home page and on Concord TV Public Access Channel 22, for Comcast customers in Concord. The pre show starts at 6:40. Watching the show virtually is free. But since this event is put on to raise very needed funds, CCEH hopes that viewers will consider making a donation to the Talent Show Fundraiser. The show will be very fast moving. If you do want to miss a moment of the show, go to concordhomeless.org, Talent Show, to make a donation for your virtual ticket.

Whether you're sitting front stage at the event, or watching online from your living room, you too can be a judge by casting an online vote for your favorite performance. A \$5 donation is suggested for each vote. To see all the acts visit concordhomeless.org.

CCEH is nearing 75% of its Talent Show fundraising goal of \$40,000. Over \$30,000 has been raised from 35 local businesses that sponsored the event. The Concord Eye Center, Concorde Food Coop, Hotel Concord, Bob Mariano Chrysler, jeep doge, and Merrimack County Savings Bank, have graciously sponsored at the Palladium level and St. Paul's School at the Gold sponsorship level.

\$10,000 still to go. CCEH hopes to raise an additional \$10,000 dollars through generous donations to view the show and for those wishing to participate in buy-a-vote.



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Anytime is the right time to begin teaching children about money! April 22 is "National Teach Children to Save Day!"

AGES K-12:

- Talk openly about your values and experiences with money. Encourage them to ask you questions, and be prepared to answer them – even the tough ones.
- Explain the difference between needs and wants, the value in saving and budgeting and the consequences of not doing so.
- Do your children get an allowance? Have them save at least a small portion each week. The THREE JARS METHOD, one for spending, one for saving and one for charitable contributions is a good way to encourage a sense of responsibility.
- Open up a savings account at your local bank for your children and take them with you to make deposits. Children can learn how to be hands-on in their money management.
- Be an example of a responsible money manager by paying bills on time, being a conscious spender and an active saver. Children tend to emulate their parents' personal finance habits.

COLLEGE AND BEYOND:

- You are responsible for your finances and you should act accordingly by creating a realistic budget or plan and sticking to it.
- Watch Spending. Pace spending and increase saving by cutting unnecessary expenses like eating out or shopping so that your money can last throughout the semester.
- Use Credit Wisely. How you handle your credit in college could affect you well after graduation. Shop around for a card that best suits your needs.
- Ask your bank. What services could you be using? Mobile banking, balance alerts and identity theft protection to name a few.
- Apply for scholarships and look for student discounts. There's a lot of money available, you just have to look for it.
- New is Out. Try buying used books or better yet, ask if there are e-books available for your course.
- Put limits on your entertainment budget. What activities are free? Are you using your meal plan if you are one?
- Don't just trust anyone with your money. Be skeptical of classmates, friends or salespeople that have ideas for your money.
- Save. Things happen, and it's important that you are financially prepared when your car or computer breaks down or when you have to buy that unexpected bus ticket home. No matter how small the amount you should start putting some money away immediately.
- Ask. This is a learning experience, so if you need help, ask. Your parents or your banker are a good place to start and remember the sooner the better.

For some fun resources and worksheets see: <https://www.aba.com/advocacy/community-programs/consumer-resources/kids-money>
 Source: American Bankers Association

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**VOTE JOHN MARTIN
FOR STATE REPRESENTATIVE**

PRIMARY DAY – APRIL 20, 2021
20+ year resident of Bow Married to Carol Martin
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Criminal Justice and Public Safety Committee
Retired NH DOC Unit Manager
Retired US Army First Sergeant – 100% disabled Vietnam Veteran
Former NH Justice of the Peace New Hampshire Certified Public Manager
Served 3 years on Bow Public Safety Building Committee

“I am committed to preserving the quality of life in NH and preserving your rights as a citizen of NH and the United States. I want to maintain civility in debates in the State House. In the midst of the ongoing pandemic the needs of small businesses must be met, and this is not the time to raise their taxes or impose more regulatory burdens on them.

Paid Political Advertisement
 Paid for by Carol Martin, 96 Woodhill Rd, Bow, NH Fiscal Agent

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MARCH 2021 REAL ESTATE SALES IN BOW

ADDRESS	BEDROOMS / BATHS	SQUARE FOOTAGE	ACREAGE	PRICE
974 Route 3A	NA	NA	1.36 acres	\$102,500
61 Dicandra Drive	2 Bedrooms 2 Baths	1008 Square feet	Condo	\$225,000
57 Dicandra Drive	2 Bedrooms 2 Baths	1008 Square feet	Condo	\$235,000
36 Logging Hill Road	3 Bedrooms 3 Baths	1783 Square feet	Condo	\$245,000
616 Page Road	3 Bedrooms 3 Baths	2340 Square feet	1.1 acres	\$317,000
6 Essex Drive	3 Bedrooms 3 Baths	2874 Square feet	2.08 acres	\$460,000
106 Knox Road	4 Bedrooms 3 Baths	3500 Square feet	3.28 acres	\$670,000

MARCH 2021 REAL ESTATE SALES IN DUNBARTON

NO MARCH SALES IN DUNBARTON

Sales Data for March 2021 provided by the NHMLS.

Travel Time WITH CHASE & BUD: COVID PASSPORT?

It’s been just over a year since the pandemic barged into our lives, creating havoc in our daily routines, and bringing travel to a full stop around the globe. Since then, I have written about everything from how to cancel trips and get refunds to how to keep abreast of emerging travel protocols and restrictions. I’ve even given advice on how to re-build your Bucket List for future travel and how to plan and execute a pandemic-style road trip.

But you may have noticed that Travel Time has been missing the last couple of issues. Why? Bud and I have not been on a plane since returning from two weeks in Aruba in 2019. Our travel has been restricted to road trips back and forth to Florida, with all attention on staying safe—wearing masks, eating outdoors only, sanitizing everything in sight. How do you write about travel when you are not actually travelling—aside from all the above? The logical answer is you don’t. You take a temporary hiatus. So that’s what I’ve done.



Bud and I enjoyed posing with sea lions in 2008 on Kangaroo Island off the southern coast of Australia. We’re hoping to hit many more beaches around the world in the months and years to come.

able to start booking and traveling, Travel Time will be back full bore. In the meantime, we’ll be polishing our Bucket List, reviving vacation plans that we’ve had to cancel and dreaming of far-flung places. We hope you will too!

There are signs of hope. After vaccination successes, the CDC has eased testing and quarantine protocols for domestic travel—great news! But there are still confounding variables. The COVID-19 variants remain a threat. And how will vaccination status be incorporated into travel? Vaccination “passports” seem logical, similar to the smallpox and yellow fever vaccination documents that have been required around the world for decades. Governments and companies have been working on the idea for months, but there are significant logistical and political hurdles.

How sure am I that travel will be back? 100%! And when we’re able to start booking and traveling, Travel Time will be back full bore. In the meantime, we’ll be polishing our Bucket List, reviving vacation plans that we’ve had to cancel and dreaming of far-flung places. We hope you will too!

IT'S TIME FOR YES!

by Jim Olson

Ever heard of the word *infobesity*? Infobesity: excessive quantity of daily information. Great word, right? It encompasses everything we feel about the confusing overload of information on the internet.

Why talk about infobesity? I have been thinking about the one glaring problem with the fitness industry today. This one problem caused me to leave the fitness industry in 2001, when it was obvious that fitness was more about mimicking the supermodels, rather than actually helping anyone achieve their true fitness goals. This is ever so true with the prevalence of the one-size fits all fitness approach. Which is a problem, so common, that deserves its own word.



FITIGUE Trying the one size fits all model and... surprise, failing at it. Shouldn't your personal fitness journey be about you? Your individual goals? Your needs? And fit into your lifestyle?

Are you Fitigued? Maybe you need a place that is always focused on your next step, rather than trying to fit you into a false idea of healthy.

Pause for a moment... because you have to ask yourself... is the fitness journey you are currently on... about your individual goals?... or is your current fitness journey about fitting into a mold? Answering that one specific question changes everything. Because fitness is one of the most personal decisions you can make. That one actively affects every aspect of your life.

Maybe you need to become a little more intimate with your fitness journey and own your results? Maybe you need a coach who is committed to your success? A coach who works with you by your side and helps you stay motivated and accountable to your action steps in successfully achieving your goals?

Maybe we have the Team of coaches that are waiting to help you every step of the way!

I built Individual Fitness to be different. I built Individual Fitness to actually help people succeed and sustain their results. To help people just like you, to finally live an active healthier lifestyle with their fitness, nutrition, and mobility goals. Providing a foundation of freedom to do what they want, how they want, and when you want. Simply put, we do this by listening to you, then creating and teaching you your individualized plan.

If you are suffering from a case of Fitigue and are ready to experience the Individual Fitness difference, we would love the opportunity for a conversation... that could possibly change your life.



Jim Olson

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- Fitness assessment
- A personalized cardio program prescribed how you need it to be
- A personalized mobility and stretching program to help you move easier
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Apply Today

IndividualFitnessllc.com/30



ZONING ORDINANCE AMENDMENTS APPROVED

At the March 9th official ballot part of the annual town meeting, Bow voters approved all seven of the Planning Board's proposed amendments to the Bow Zoning Ordinances. Photos by Eric Anderson.

24TH ANNUAL FALCONS BOOSTER CLUB GOLF TOURNAMENT

**Thursday, June 24, 2021 at 9:00 AM
BEAVER MEADOW**

1 Beaver Meadow Drive, Concord

Registration: 8:30 - 9:00 AM

**Shotgun Start
Scramble Format
Putting, Longest
Drive & Closest to
the Pin Awards.
Continental Breakfast
& Lunch Included**



**Sponsors and foursome Golfers are needed!
Register at www.bowboosterclub.com**



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*the buying and selling of
seeds & plants in America*

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"SEATS" ARE LIMITED & REGISTRATION IS REQUIRED
Please email: president@bowgardenclub.org

Come explore the history of seed and plant commerce in America and the people who sought to satisfy the "gardening bug" within us all. Get to know the people behind the evolution of America's plant industry. Learn of Presidents, Ambassadors, a Commodore, and even those with a proverbial "brown thumb" who have influenced our gardening history in unique ways. Utilizing contemporary accounts, drawings, lithographs and photos throughout his presentation, our presenter will take you on an illustrated journey of the scientific advancements and cultural shifts of our plant world, creating a fascinating story leading up to today's more modern methods of breeding and marketing plants.

Presented by **Kevin Bragg**, owner of Canterbury Plantation and Fine Gardening Services in Canterbury, NH. With 30 years in the horticultural industry and a NH lineage of ten generations back to the Isles of Shoals, Kevin enjoys combining his passion for plants and history and exploring the relationships between them.

BOW GARDEN CLUB NEWS

by Joyce Kimball

A \$1,000 BOW GARDEN CLUB SCHOLARSHIP is available for a graduating senior entering college who is in good standing and is planning to further their education by majoring in horticulture, conservation, forestry, plant science or any other related field.

To download the application visit the Bow Garden Club website at: www.bowgardenclub.org, through the BHS Guidance office or by contacting BGC Scholarship Chair Debra Wayne at debrawayne@comcast.net or 715-1466. The deadline for applications is April 30.

The annual Bow Garden Club **SPRING PLANT SALE** will go on! Please save the date of Saturday, May 29th from 9 a.m. to Noon in your calendars!

This year the plant sale event will be held outdoors at the Bow Community Center, on the edge of the parking lot near the pond. Pop-up tents will be utilized to shelter the plants – and patrons if necessary – as this will be a "Rain or Shine event!"

Sign up for the club's Virtual Evening Event, on May 10th for **"OF PLANTS, PACKETS, POTS & PROMISES"** presented by Kevin Bragg, owner of Canterbury Plantation and Fine Gardening Services of Canterbury. The event is free and open to everyone.

Register in advance so all interested parties can be accommodated. Information to the right within ad.





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Hopkinton Real Estate Sales – MARCH 2021

ADDRESS	BEDROOMS / BATHS	SQUARE FOOTAGE	ACREAGE	PRICE
68 Apple Tree Lane	4 Bedrooms 2 Baths	2,152 Square Feet	1.38 Acres	\$359,000
67 Main Street	2 Bedrooms 3 Baths	2,797 Square Feet	1.2 Acres	\$367,000
251 Wildwood Drive	4 Bedrooms 3 Baths	2,432 Square Feet	3.365 Acres	\$475,000
359 Kast Hill Road	3 Bedrooms 2 Baths	2,592 Square Feet	7.16 Acres	\$519,000
162 Barton Corner Road	4 Bedrooms 4 Baths	5,116 Square Feet	33.16 Acres	\$ 8 6 9 , 0 0 0

Sales Data for March 2021 provided by the NHMLS.

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Mary Cowan



Calvin Herst



Suzanne Zellers-Beck



Sandy Heino



Molly Hardenbergh



Rolf Gesen

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Granny Chic Boutique – Vintage chic, everything unique

GRANNY CHIC BOUTIQUE CELEBRATES OPENING AT 902 MAIN STREET IN THE VILLAGE OF CONTOOCCOOK

Adding to the growing trend of resale shops, Granny Chic Boutique has opened in the Village of Contoocook. On Friday March 26th at 9:30am the Contoocook Chamber of Commerce officially welcomed the new shop to the Town of Hopkinton with a Ribbon Cutting ceremony.

Granny Chic Boutique celebrates fashion, style, and craftsmanship from a variety of eras and genres. Owner, Elizabeth Catalena loves to find cool and unique items that express individualism – and now she is ready to offer her passion to the public through her new shop in Contoocook.

Ms. Catalena points out that many people “appreciate and identify with many types of fashion.” Her offerings are the kind that “never go out of style – flattering designs, beautiful craftsmanship, and quality fabrics.”

Fellow shop owner LeeAnne Vance of Indigo Blues & Co. is “excited to have another fun and interesting shop in Contoocook Village adding to the charm and idyllic New England setting.

Visit Granny Chic Boutique’s website at: www.grannychicboutique.com



The Contoocook Chamber Board welcoming Liz Catalena’s new shop **Granny Chic Boutique** to Contoocook Village’s Main Street. From left to right: Brian Cressy, Meredith Lee, Traci Pettengill, Liz Catalena (Owner), Jennifer Mock, LeeAnne Vance.



Welcome to the Hopkinton - Contoocook TOWN CRIER!

by Kathleen Butcher
724-3452, kathb123@comcast.net

TWO VILLAGES - ONE HEART

► **TWO VILLAGES ART** The gallery doors at Two Villages Art Society in downtown Contoocook is opening for the first time in 2021. The opening show, No Straight Lines: The Nature of Hope, will be on display April 9-April 30. The gallery is open Fridays 5-7 and Saturdays and Sundays 10-2. To learn about the artists and their creative process, visit www.twovillagesart.org.

► **HOPKINTON SOCCER CLUB** will be hosting in-town soccer this spring. Open to all Hopkinton children in grades 3-8. No practices during the week, so players can participate in other spring sports. Head to www.HopkintonSoccerClub.com for details and to register. Registration closes April 30.

► **SUMMER OF FUN** The Hopkinton Town Library Summer of Fun. The theme this summer: Hello Hopkinton! Celebrating Our Community. Programs for: Children entering kindergarten and younger, children entering 1st and 2nd grade, children entering 3rd -5th grade, children entering 6th grade and up. Two Sessions! Sign up for one or both. June 29-July 16 and July 27-August 13. Registration will begin online on Tuesday, June 1st. Interning Opportunities are available for children entering 6th grade and up. We're working to make the Summer of Fun a fun and safe experience for children and families, so we'll be including a combination of virtual and in-person programming. As always, there will be reading, crafts, and programs, a Summer Quest, and Story Walk™. More information will follow!

The Hopkinton Town Library is open Tuesday and Friday from 10am-12n and 2-5pm. And Saturday from 10am to 1pm. Please call to reserve your half hour slot. If capacity has not been reached, walk ins are still welcome. Please wear masks covering nose and mouth. Information regarding youth programs and story hours can be found by calling the library or contacting Leigh Maynard at lmaynard@hopkintontownlibrary.org. The library can be reached at 746-3663. Up to date information available on the website - <https://www.hopkintontownlibrary.org/>

► **A PHOTOGRAPHER'S EYE** Photography by Jeff Schapira. Stop in the library to check out the show or view Jeff's photographs on line: www.hopkintontownlibrary.org/gallery.html.

► **MAKING YOUR MARK ART CAMP** The St. Andrew's Making Your Mark team has begun planning the 9th season of Making Your Mark Art Camp. The dates will be July 19 - 23, whether in person at the Hopkinton parish house or remote via Zoom. All rising 4th, 5th and 6th graders are welcome to apply by picking up an application in the church office or emailing Vickie Haines inpattern77@gmail.com. As in past years there is no camp fee, simply a child's desire to share in a week of creativity, companionship, and fun in a safe and welcoming atmosphere. Any questions? Please email lucyrichton@gmail.com or pammuelier7@gmail.com.

► **SCHOOL REGISTRATION** Registration for the 2021/2022 school year is now taking place at Harold Martin School. Call the school office at 746-3473 for registration information. Preschool for children who will be 3 and 4 years *on or before* September 30th. This is a tuition based program and enrollment is filled by lottery. Kindergarten is for children who will be 5 years old *on or before* September 30th. First grade is for children who will be 6 years old *on or before* September 30th.

► **WORK SONG FARM** Work Song Farm has opened their CSA registrations for the 2021 season. Full and half shares are available. Information at: www.worksongfarm.com/join-our-csa.



► **CONTOOCCOOK FARMERS MARKET** is open year round. Check out HarvestToMarket (harvesttomarket.com) and place your order by Wednesday midnight for pick-up on Saturday from 10-Noon at the Depot. Stay up to date by visiting the Facebook page Contoocook Farmers' Market.

► **GILDED FERN FARM** is a family operated fromagerie, creating artisan cheeses with milk sourced from dairies whose animals are fed and cared for in the traditional manner, free from stress, and without supplemental hormones or antibiotics. Gilded Fern Farm is located at 258 Dustin Road. The Farm Store is open year round from 7am to 7pm or order on line - <https://gildedfernfarm.com/> and for more information or their Facebook page.

► **BEECH HILL FARM** has a fully stocked inventory of their own pasture-raised, all natural Angus beef and pork, and maple syrup. Please call us at (603) 223-0828 to place an order and we will schedule a pick up time with you.

► **COVID CALL FOR ART** The Hopkinton Town Library Gallery Committee is seeking two and three dimensional artwork created during the pandemic by artists aged 15 to 115 for a show in September and October this year. Please submit photos of your work to info@hopkintontownlibrary.org by July 6 th including your name, a description of your medium and dimensions of your work.

► **FREE TAX HELP** Volunteer tax preparers will be at the Library Community Room on Wednesdays and Thursdays. Appointments are required, to request an appointment for free tax help go to nhtaxhelp.org (preferred method). You can also call 211. The library cannot schedule your appointment. Free tax preparation is available to all ages and occupations. Returns cannot be filed with rental income, self-employed individuals with a loss, employees, inventory, or home office deductions. Other limitations may apply to your circumstances, an appointment is not a guarantee that the volunteers can prepare your return.

► **HOPKINTON REC DEPT** The Hopkinton Recreation Department is accepting applications for summer employment! More information can be found at www.HopkintonRec.com

► **WRITING CAMP** Writing Camp for 3rd grade through high school. Can attend one or both weeks. June 28th - July 2nd and/or August 16th-20th. May be virtual or hybrid or in -person. Contact Joan Follansbee (joanfollansbee1970@gmail.com) or Trish Walton (trishwalton65@gmail.com). \$140 half day, \$190 full day.

► **BUDGET COMMITTEE POSITION** The Town of Hopkinton is seeking candidates for the position of Minute Taker for the Budget Committee. The Budget Committee normally meets on the second Wednesday of the month at 5:30 pm. at the Hopkinton Town Hall May through November, and weekly during December and January. The Budget Committee is currently meeting virtually.. For more information: <https://www.hopkinton-nh.gov>

► **ROAD CLOSURE** Briar Hill Road between Old Stagecoach Road and Patch Road will be CLOSED beginning on Tuesday, April 13 through Friday, April 23. The fourth of four culverts is being replaced.

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HOPKINTON ART EXHIBIT PRESENTS
A VISION OF HOPE AND RESILIENCE

APRIL 9 – APRIL 30
 FRIDAY 5:00 – 7:00 PM
 SATURDAY & SUNDAY 10:00 AM – 2:00 PM

“No Straight Lines: The Nature of Hope” features thematic groupings of photographs and paintings drawn from the natural world, focused on growth, decay, and resilience in changing conditions.

The images are presented by painter Ann Saunderson and photographers John Hoglund and Sher Kamman who collaborated with Rick Lugg to pull the show together.

The theme of hope grew out of the artists’ post-Covid work and thought process, says Hoglund. “We wanted to have hope as the focus of the show rather than the disaster of the world. We hope gallery visitors come away with a sense of the joy of nature.

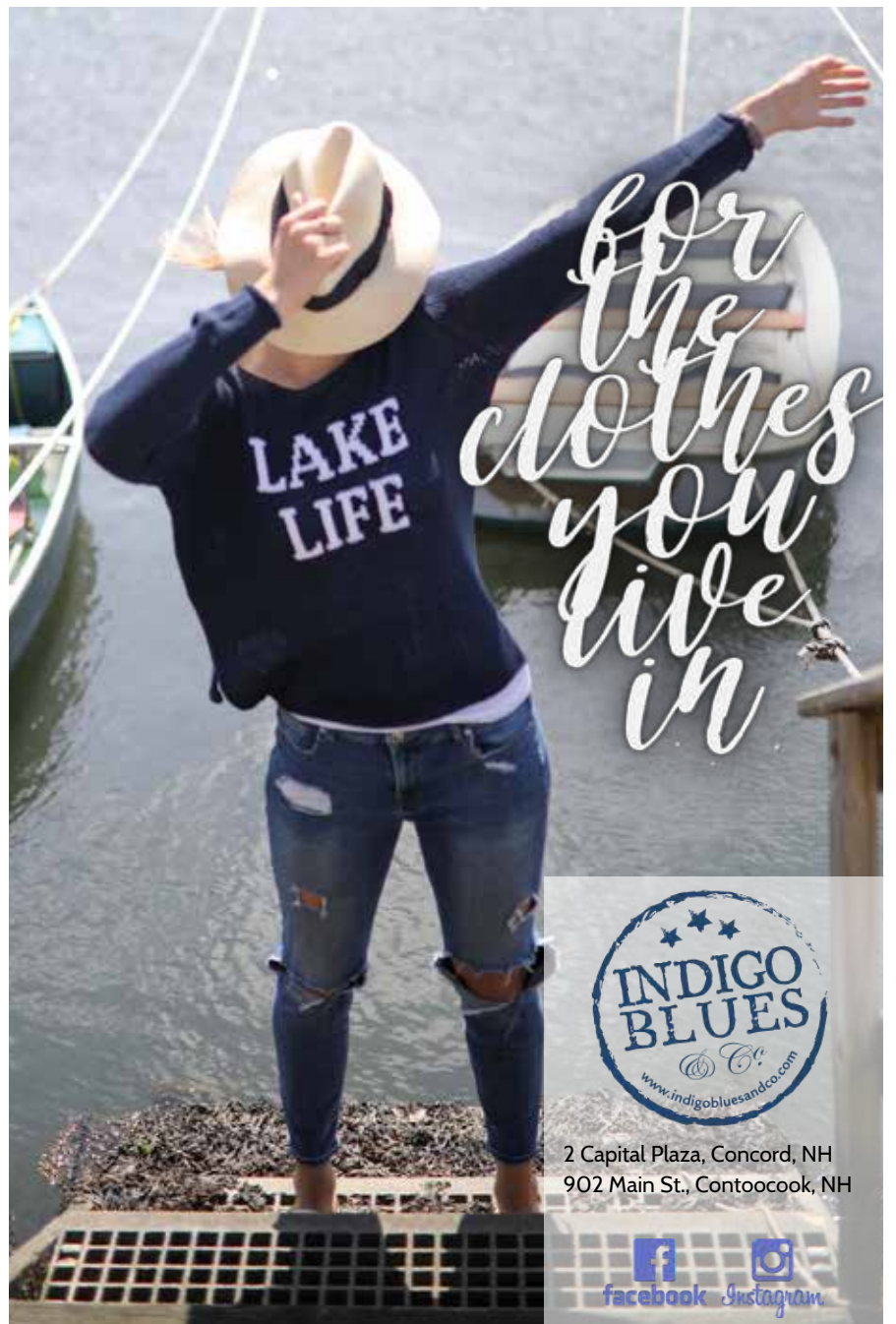
Visit www.twovillagesart.org for more information.



Pre-Covid: Artists making selection of work to display in the exhibit.



Post-Covid: Artists work to prepare the gallery for the show.



YIANAKOPOLOS RANKS 2ND AT URI

In 2016 Hopkinton Senior Henry Yianakopolos played football in the Hillsboro-Deering-Hopkinton Cooperative Football program. It helped set him on a path to a starting role in college as a starting defensive safety at the University of Rhode Island. Now a junior, Henry ranks second on the team with 19 tackles for a rejuvenated URI team.

Henry says he sacrifices nights out for his goal of being a good student and football player. Hopkinton is proud of him as are his parents Steve and Denny Yianakopolos of Hopkinton Village.



HOPKINTON POLICE DEPARTMENT

MARCH 2021 STATS AND ARREST LOG

4 Arrests 3 Accidents 353 Traffic Stops

03/23 Raymond Gilmore, 52, of Cedar Hill, Texas was charged with Simple Assault; Physical Contact or Bodily Injury.

03/28 Keyara Gethers, 24, of 71 Middle Street, Manchester, was charged with Criminal Trespass.

03/31 Thomas Pliscosky, 41, of 807 Kearsarge Mountain Road, Warner was arrested on Warrant.

Cory Hendricks-Russo, 26, of Groton, MA was arrested for Drive After Suspension/Revocation, Transport Drugs in Motor Vehicle and Controlled Drug: Marij>1oz or Hash>5gms.

LIFE INSURANCE WITH EXTENDED-CARE RIDERS

by Dominic Lucente

As conventional extended-care policies grow costlier, alternatives have emerged.

The COVID-19 pandemic has changed extended-care policies. While the specific policy information varies from company to company, in general, the pandemic has made it more difficult to qualify for extended-care policies. This can be particularly challenging if you're in a high-risk group.

Around 7 out of every 10 seniors are projected to need extended care during their lifetime, and many of these medical needs aren't covered by Medicare, Medicaid, or standard health insurance. Unless you have made arrangements for extended care, you are choosing to self insure should you require this type of assistance.¹

With the added restrictions that make it more difficult to qualify for a stand-alone policy, hybrid policies that combine life insurance and extended-care policies have gained traction. Some people are choosing to go this route over traditional extended-care policies. In 2019, over 250,000 hybrid policies were sold, compared to just 55,000 in stand-alone extended-care policies.^{2,3}

Several factors will affect the cost and availability of life insurance and extended-care insurance, including age, health, and the type and amount of insurance purchased.

Life insurance policies have expenses, including mortality and other charges. If a life insurance policy is surrendered prematurely, the policyholder also may pay surrender charges and have income tax implications.

You should consider determining whether you are insurable before implementing a strategy involving life insurance or extended-care insurance. Any guarantees associated with the policies are dependent on the ability of the issuing insurance company to continue making claim payments.

What is a hybrid policy? Hybrid extended-care policies combine life insurance with extended-care coverage. As with a standard extended-care policy, the earlier you start paying premiums for one of these hybrid insurance products, the more manageable the premiums may be. You may need to pass medical underwriting to qualify for coverage. The encouraging news here is that some people who are not healthy enough to qualify for a stand-alone extended-care policy may qualify for a hybrid policy. Under one of these hybrid policies, if you never spend down the extended-care benefits the policy may be structured to transition to a life insurance policy with a death benefit payout. Some traditional extended-care policies operate on a "use it or lose it" basis, so if you never touch it, you may not see any money back.^{2,3}

Many extended-care hybrid policies are funded in one lump sum, which may influence a buyer's decision. Some extended-care policies sold in the 1990s and early 2000s have seen double-digit premium increases, putting pressure on the owners to manage payments. However, current analysis shows that this was the result of an error of assuming only 30% of people with extended-care policies would use them.^{2,3}

Are these hybrid policies just mediocre compromises? They have detractors as well as fans, and the detractors cite the fact that a stand-alone extended-care policy generally can be structured to provide more attractive benefits than a hybrid policy. They also cite their two sets of fees, per their two forms of insurance coverage.^{2,3}

As always, if you have any questions about how extended-care factors into your estate strategy, I'm always available to discuss it with you.

**Dominic may be reached at 603.645.8131
or Dominic.lucente@LPL.com
Dlucente.com**

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Citations

1. MarketWatch.com, February 19, 2021
2. Money.com, October 5, 2020
3. BusinessInsider.com, February 22, 2021



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ALL POSITIVE THOUGHTS

By Donna Deos

Okay, after last month's rant, I thought I'd head back to my normal self and look at the positives in life.

Sure, lots of things have gone crazy and people are feeling it, but at least we are still feeling! Most of us are still tasting and smelling too! I asked my daughter what I should write about this month. She was about to head back to Minnesota after spending 3 months here with us. She said, I think you should write about how important it is to spend quality time with those you love while you can.

You don't always get to be close and enjoy each other.

She's absolutely right. Her living half way across the country and in such a turbulent city does make you realize how precious the times you have together are. Just being able to hug the in-laws again now that they are vaccinated is a wonderful thing to be grateful for too.

My mother always said "You're going to miss me when I'm gone." She usually said that when we were teasing her about something or disagreeing about something. She was absolutely right. I do miss her when she's gone. I miss her a lot – all of the time.

The positive side of that is I know she's passed away, about 6 and a half years ago now, but she is still very much with me all of the time. I say things or do things she would have done and the family says "Okay Laverne." It makes me smile and keeps her close to my heart, and close to theirs. They occasionally call me "Joe" when I'm standing there watching them do something. My dad was very good at supervising. Our family tends to include our deceased loved ones with us in our daily interactions in this way. It might sound weird to you, but it works for us.

We may not have the ones we love with us as much as we would like, but we certainly have lots of ways to think of them, reach out to them and show them they will always matter to us.

So, whether your loved ones are close or far – here or there – getting along or estranged there is nothing more important than the fact that they are your "LOVED ones."



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I know our important people can push us and test us and stress us out at times. I have often said "My mom knows how to push all of my buttons because she's the one who put them there." We all do this to our closest people. We don't mean to, it just is.

How about we try to start recognizing that and calling it what it is. When you realize you are pushing someone's buttons and upsetting them, call yourself out on it and apologize. "I'm sorry I am pushing your buttons, I had a very stressful day and I shouldn't be taking it out on you." You'll be surprised the reaction you get. Nobody sees that one coming and it can really turn things around quickly.

Likewise, if they are pushing your buttons you can say – "wow you really got me good with that one, where's this coming from? Did I do something to upset you? If so, I am sorry."

Most of the time we cruise around on auto pilot inadvertently playing out the roles we always have. This makes the same old same old happen all over again. Next time you realize you are stuck in that cycle, try using a different reaction and see what happens. You can take a negative and switch it into a positive.

And, Starsea was right, we need to spend more time loving our loved ones while we have them. You don't get that time back and you will miss them when they are gone!

**Wishing you all positive thoughts and loving interactions,
Donna**



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Children's Theatre Project Summer 2021

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AUG. 1 - 6

Ages 8 - 14

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Heraclitus

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DUNBARTON NEWS

By Nora LeDuc



◆ **VIRTUAL READS TO DOGS** at the library will host Jake and Pat on Thur. Ap. 22 and Lily and Liz on Thur. May 13. Please call the library to schedule your child's 15 mins of virtual reading during the 3pm to 4pm scheduled times.

◆ **DRUG TAKEBACK DAY** The Dunbarton Police Department will once again be participating in the Drug Enforcement Administration's (DEA) National Prescription Drug Takeback Day. The event will take place on Sat, Ap. 24th from 10am to 2pm at the Dunbarton Police Department (18 Robert Rogers Road). Residents can turn in their unused, unwanted, or expired medications, no questions asked. They are unable to accept needles or liquids. The proper disposal of medication helps reduce unauthorized access, theft, abuse and damage to the environment. FMI contact Sergeant Chris Remillard at chrisremillard@gsinet.net or (603) 774-5500 or https://www.deadiversion.usdoj.gov/drug_disposal/takeback/

◆ **CURIOS ON THE COMMON** across from the town hall has reopened. The Curios is a Non-Profit Thrift & Gift Shop created to benefit the Dunbarton Congregational Church and the immediate community. Full of small and large treasures, you'll never know what you'll find! Covid health precautions will be followed. Usual hours are Wed & Sat 9am to 4pm, depending on volunteer availability. To confirm hours, volunteer, or donate unique and/or gently used items : 603-774-COTC (2682) or curios@dunbartonucc.org

◆ **FRIENDS OF FORGOTTEN CHILDREN** food pantry located at 224 Bog Road, Concord, serves 23 towns in Merrimack County and Dunbarton is one of them. They are open on Thur, 9am to 11:15am (closed for lunch 11:15am to noon) and noon to 7:00pm. A household can come once a month for food. During COVID, they are not verifying income eligibility. First time clients should bring proof of residency for each member of the household. Under COVID, clients do not come into the building, so once you arrive at the location, you will call their phone, 753-4801 and someone will take your information and the food will be brought outside. They also have a clothing pantry and on good weather days, they will put the clothing outside for anyone to take.

◆ **THE TOWN OFFICE NOW OPEN** to the public per order of the Board of Selectmen. The TOWN CLERK'S OFFICE will continue to be open BY APPOINTMENT ONLY for transactions that cannot be competed on line or through the mail. Face Masks/coverings are required when entering the building. All are asked to honor social distancing recommendations.

◆ **DCC BOOKCLUB** This month the DCC Book Club will read An American Marriage by Tayari Jones. Discussion is Thur. May 6 on Zoom, 7pm to 8:30pm. Hosted by Eleanor

◆ **LIBRARY BOOK GROUP** This month the Library Book Group will be reading To the Bright Edge of the World by Eowyn Ivey. Discussion at noon on Zoom, Wed May 19.

THE Music LADY FOR THE LOVE OF MUSIC

A TRIBUTE TO KATY PERRY

Kathryn Elizabeth Hudson was born in 1984 in Santa Barbara, CA to "born again" Pentecostal parents. As a child, she was not allowed to watch TV, could not eat Lucky Charms cereal because "luck" reminded her mother of Lucifer, and had to refer to deviled eggs as "angeled" eggs. At age five, she began singing in her parents' church. As she became a teenager, she sneaked to her friends' houses to listen to pop music CD's, and evolved from singing Christian music to singing pop music.



Katy Perry

In 2001, she changed her name from Katy Hudson to Katy Perry so that she wouldn't be confused with the actress, Kate Hudson. Perry was her mother's maiden name. She became established as

a pop superstar with her controversial breakout song, "I Kissed A Girl And I Liked It." Her powerful contralto voice, her wigs and her colorful, outlandish outfits set her apart from many other singers. She wrote most of her own music, made music videos, and recorded very successful albums. Her album, "Teenage Dream," went to #1 on Billboard's Hot 100 Songs and generated five #1 hit singles. The only other album to achieve that distinction was Michael Jackson's "Bad" album. "Roar," "Last Friday Night," and many other songs were mega hits for Katy. Today she has a reported net worth of \$300 million.

In 2013, she was offered \$20 million to be a judge on "American Idol," but she declined. Today, she is a judge on the current season of "Idol," along with Lionel Richie and Luke Bryant, and she is being paid \$25 million. These three judges are highly entertaining and offer great musical insights into every contestant. Tune in to a Sunday night episode of "Idol" and you will see Katy in her full glory with her wigs and zany outfits. Even though Katy is a wildly successful song writer, recording artist and has a one-of-a-kind costumed image, she maintains a "down home" naturalness as a human being. She has a sincere human interest in others and wants the best for each of the contestants. She has not let Hollywood go to her head and she relates to fans from every walk of life. "I get drunk, I pick my nose, I swear and I fart! I don't care, I'm not planning to become President of the United States." That's Katy!

the Community Players of Concord

The Community Players of Concord NH's Children's Theatre Project is pleased to offer our 25th season summer theatre camp, August 1st through 6th, 2021, on the grounds of the Kimball-Jenkins Estate in Concord.

This camp is being offered to young actors 8-14 years of age. A maximum of 25 spots will be available. Campers will be encouraged to choose musical numbers (solos, duets, or trios) they have always wanted to perform, as well as to explore characters in a variety of self-chosen monologues and scenes! Performance pieces and short plays will also be provided for anyone wishing to make use of them.

Camp tuition for Players members is \$200.00. Non-members \$225.00. Limited financial assistance is available through the Jakob Murray Lange Memorial Scholarship Fund and the Spirit of Molly B Memorial Fund.



For more information, a detailed schedule, & registration form, visit www.communityplayersofconcord.org



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FOURTEEN COMMON REASONS TO DO ESTATE PLANNING

Hello fellow residents of Bow and surrounding areas. I hope this writing finds you to be well given how the last year of our combined lives have been impacted, in one way or another, by the COVID-19 pandemic.

The last year is certainly a concrete illustration that things don't always go as we plan. We don't get to choose when bad things will happen, to include disability or death. It is a reminder to us all that the best time to plan is now, right now, if we want to control what happens if we should become disabled or worse.

With the massive ongoing effort to vaccinate our citizens, some of us are now starting to believe that life will move forward, which means that we should move forward with planning for the future.

If you have been thinking about your future in the contexts of estate planning and asset protection, below are reasons for doing so.

1. Designate who will manage your affairs if you become disabled and when you pass away.
2. Plan for Medicaid and its impact on your estate if you must go into a nursing home.
3. Avoid probate, during your lifetime and when you pass away.
4. Protect children from prior marriage if you pass away first, or even if you do not.
5. Protect assets inherited by your heirs from lawsuits, divorces, and other claims.

6. Impose discipline upon children (and/ or grandchildren) that may not be capable or experienced in managing money or have substance abuse issues.
7. Provide for special needs/disabled children and grandchildren.
8. Ensure that a specific portion of your estate gets to grandchildren, charities, etc.
9. Protect a portion of your estate if you pass away first and your surviving spouse remarries.
10. Address different needs of different children.
11. Prevent or discourage challenges to your estate plan.
12. Reward/encourage heirs who make smart life decisions and prevent the depletion of your estate from those who do not make smart choices.
13. Assure an education for children/grandchildren, despite what they (or their parents) dream of doing with the inheritance.
14. "Brady-Bunch" family estate planning: assure the stepparent does not spend your children's inheritance and/or provide for a spouse without sacrificing the intended legacy for the children of a prior marriage.

If you have been considering creating or amending your estate plan, then I earnestly encourage you to contact us to set up a time for a good conversation.

The information provided in this article does not constitute legal advice.

TOWN OF BOW PUBLIC NOTICE

New Hampshire law requires that the Supervisors of the Checklist verify the checklist every ten years. Any person on the checklist who has not voted in the past four years must re-register to remain on the checklist. The Supervisors are sending notice letters to these voters at the address the voter provided when registering.

The Supervisors of the Checklist for the Town of Bow will hold a session for reregistering voters who have not voted since April 1, 2017, accepting applications for new voter registration and accepting requests for the correction of the checklist on:

Date: Tuesday, April 20, 2021 Time: 7:00 am – 6 pm



Location: Bow Community Center, 3 Bow Center Rd.

Applicants for registration who possess proof of their identity, age, citizenship, and domicile should bring that proof when they come to register. Qualified applicants who do not possess proof or who do not bring proof with them may still register if they sign an affidavit attesting to their qualifications for identity, age, and citizenship, and/or domicile.



PAWS FOR COMPASSION BRUNCH A VIRTUAL EVENT!

SUNDAY, MAY 2, 2021 at 11:00 am

Emcee: NH Humorist / Storyteller - Rebecca Rule
Live Entertainment: Comedian / Musician - Don White

One ticket purchase gives you access to the full event from any electronic device. Enjoy our event with host Rebecca Rule, get a sneak peek of behind the scenes at the shelter, hear about our exciting new project and end with an exclusive live performance with comedian/musician Don White!

**To register and purchase tickets please go to our website at:
www.popememorialsPCA.org/animal-brunch**



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popememorialsPCA.org

BOW POLICE LOG

by Chief Margaret Lougee

FEBRUARY 2021 ARREST LOG

03/05 Randall Hamilton, 57, Fremont, was arrested on two counts of possession of a controlled drug, and transporting drugs in a motor vehicle

03/06 Scott Roberts, 53, Bow, was arrested for driving after revocation/suspension, and operation with expired license; Neena Lorette, 29, Laconia was arrested on an electronic bench warrant for operating without a valid license

03/07 Timothy Barton, 28, Loudon, was arrested for operation with expired license; Carlos Zamban, 57, Concord, was arrested for driving after revocation/suspension, subsequent

03/12 Zachary Markva, 31, Franklin, MI, received a summons for operation without a valid license; Tara Daoust, 39, Laconia, was arrested for driving after revocation/suspension, subsequent, transporting drugs in a motor vehicle, and three counts of possession of a controlled drug; An adult was taken into protective custody for drugs

03/13 Richard Wilusz, 63, Concord, was arrested for driving under the influence, and open container; An adult was taken into protective custody for an involuntary emergency admission

03/14 A juvenile was arrested for disobeying a police officer, and operation without valid license; A juvenile was taken into protective custody for alcohol; Nathaniel Volkmann, 18, Manchester, received a summons for improper person operating vehicle; An adult was taken into protective custody for alcohol

03/17 Robert Maxwell, 35, Franklin, NC, was arrested for driving after revocation/suspension, and two electronic bench warrants for; driving after revocation/suspension and transporting drugs in a motor vehicle

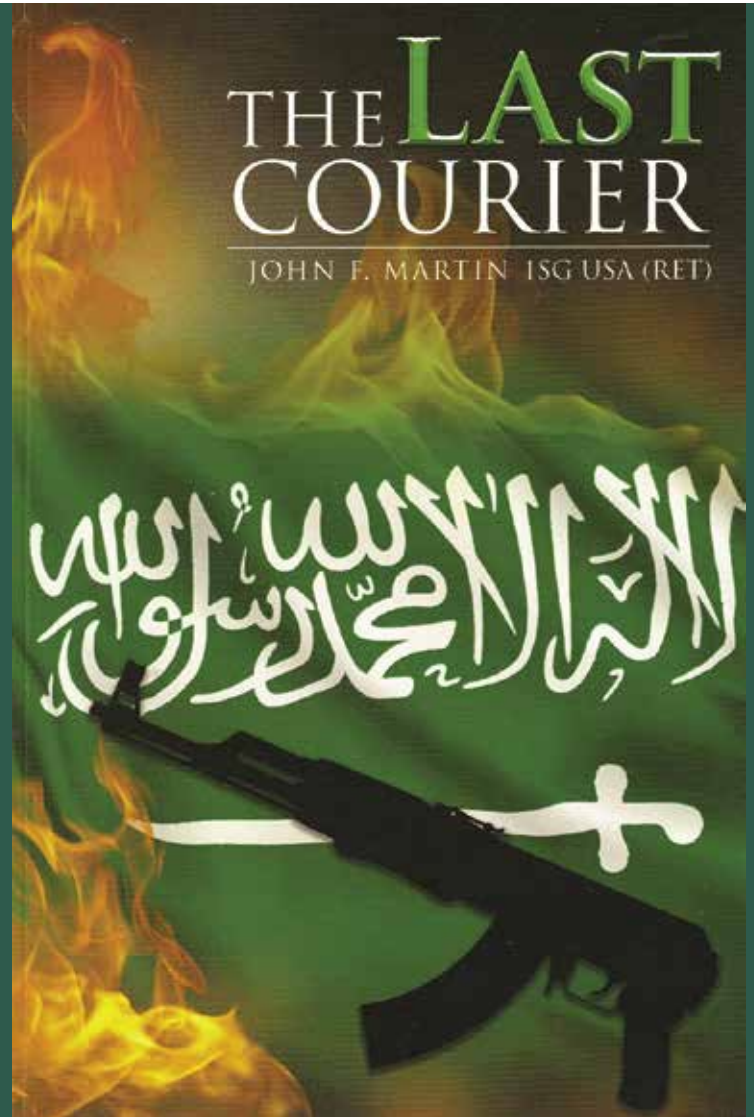
03/20 Daniel Reyes, 38, Manchester, was arrested on five counts of domestic violence simple assault with bodily injury, and domestic violence criminal threatening; Corinne Bender, 37, Franklin, was arrested on a warrant for two counts possession of a controlled drug

03/22 Scott Murphy, 48, Bow was arrested for criminal trespass

03/25 Paula Poole, 54, Concord was arrested on an electronic bench warrant for receiving stolen property

03/27 Samantha Stanford, 28, Pembroke, was arrested on an electronic bench warrant for operating without a valid license; Kevin Kenneson, 31, Northfield, was arrested for driving after revocation/suspension, subsequent

03/28 Two juveniles received summonses for unlawful possession/intoxication; One juvenile was taken into protective custody



THE LAST COURIER

A thrilling story of what happens when the war on terror visits a small New England town.

Bow resident, John Martin has re-released the fourth novel in his "Deployment" series. ***The Last Courier*** is a fast-paced adventure that begins with the raid that killed the world's most wanted terrorist and launches one last assignment for his last courier. It sweeps across the Middle East and Europe, to North America and into New Hampshire, where a dedicated group of soldiers must determine the threat and take steps to stop it. From the streets of Concord to the Canadian border, the chase is intense and deadly, until the final showdown with the terrorist and his allies.

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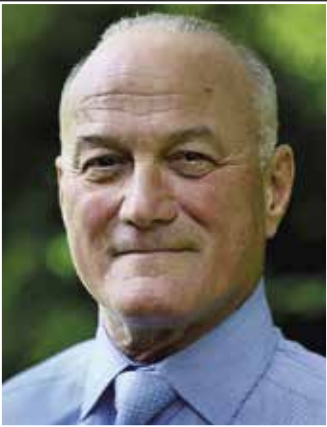
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OBITUARIES



DOROTHY ANN AYOOB

Dunbarton – Dorothy Ann Ayoob, 73, passed away peacefully in her sleep on April 1st, 2021. Dorothy was brought up in Dunbarton by her parents, the late Maurice and Erma Hodgman. She was a longtime resident of Concord, where she raised her family, before returning to Dunbarton in her golden years.

Dorothy had a love for the outdoors and felt most spiritual and happy when out in nature. She loved going for walks in the woods, visiting lakes, and picking wild blueberries. She loved her family deeply and fiercely, and her greatest joy was being a mother and grandmother.

She is survived by her two daughters, Cathbin Kondo and Justine Parmelee; her grandchildren, Eisenhower and Edison Kondo, and Robin and Benjamin Parmelee; her sisters Gloria Howard, Barbara Bedard, and Belinda Laurie; and several nieces, nephews, friends, and loved ones.

Memorial donations may be made to the Concord Regional Visiting Nurse Association, to whom her family will be forever grateful for their compassion and care.

PETER B. CARLSON

Peter B. Carlson (78), of Bow passed away on March 18, 2021, from complications resulting from congestive heart failure.

Peter was born in Concord, February 25, 1943, the son of Bertil G. and Louise M. (Bullard) Carlson.

Peter attended Concord High School (Class of '61) and the University of New Hampshire, graduating with a degree in Business Administration in 1965. He served in the US Navy Reserves. Peter worked for the State of New Hampshire for over 30 years, first at the Department of Revenue Administration and then the Department of Transportation. Peter was an avid basketball player and fan, especially for his favorite team, the Duke Blue Devils.

Peter was also a professional musician, first playing saxophone with his father's band and later on the electric bass guitar. Peter's electric bass career began in the early 60's with the Avanties and spanned many decades which included such bands as The Movers, Rhumboogie, and Roxanne and the Voodoo Rockers, to name a few. The Movers went on to win the 1995 International Blues Band Competition in Memphis, Tennessee. Peter's proudest job was being a stay-at-home dad for his three daughters who were the light of his life and his joy.

He leaves behind his beloved wife of 35 years, Susan, and his daughters Stephanie, Kristin and Sarah.

The family would like to express their deepest thanks to the staff at Concord Hospital ICU for their tremendous kindness and support.

In lieu of flowers, memorial contributions may be made to the Pope Memorial SPCA- 94 Silk Farm Road, Concord NH 03301; or Alzheimer's Association – PO Box 96011, Washington DC 20090-6011.

LINDA P. HALL

Linda P. (Knapp) Hall, age 77, of Bow, passed away March 27, 2021, after a heroic battle with cancer.

Linda was born in 1943, in Old Town, Maine. She graduated from Old Town High School and studied Early Childhood Education at the University of New Hampshire. She moved to Merrimack, NH, after marrying and remained there for 54 years, raising her four children and serving as Deputy Town Clerk and Tax Collector for the town for 17 years. In addition, she spent 17 years at the Merrimack PTA Kindergarten as associate teacher and program director. Linda is survived by her parents, Arthur and Alvina Knapp of Bradley, Maine; her sister, Carol (Jack) Resemini of Long Island, N.Y.; her children, Lisa (Christine) Hall, Christopher (Stephanie) Hall, Kasey (Paul) Massaro, and Stephanie Hall and her grandchildren, Rebecca, Gianna, Dominic, Rob, Ryan, and Greer.

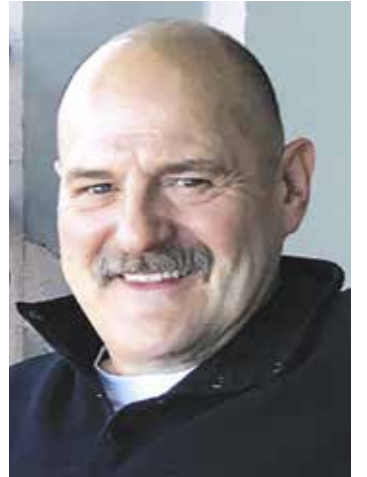
In particular, her family will remember her as their gentle but strong mother and Nana who was always ready to give advice or to just listen, who laughed with her family and was most happy when everyone was in the same room, and who had an endless suppose of love and acceptance.

SERVICES: A celebration of life will be planned when it is safe to do so.

Should you wish to memorialize Linda, please consider a donation to the Brain Injury Association of New Hampshire (<https://bianh.org/>) or your local ASPCA. To leave an online condolence, please visit rivetfuneralhome.com.

PHILLIP H. GAIGE

Philip H. Gaige 62, of Bow, passed away unexpectedly on April 3, 2021. Born and raised in Concord, he is survived by his beloved wife Pattie (Clay) Gaige and adored cat Munson. Additionally, he leaves behind a sister, Holly Wentworth and her husband John of Concord, and brother Stephen Gaige and his wife Robin of Dover, all of New Hampshire, nieces, nephew, cousins and dear friends. He was predeceased by his parents, Earl H. Gaige and Julia (Holley) Gaige.



The 1978 Concord High School graduate made a home in Bow with Pattie for 30 years. Phil had a special eye for fine arts and focused his career in art and photography. He worked at McGowan Fine Arts for many years, and most recently Rowland Studio Art Gallery, both in Concord. If he didn't have a weekend wedding to photograph, he could likely be found at the New Hampshire Motor Speedway (NHMS), shooting a race or vintage auto collection. Along the way he and Pattie spent a year in Las Vegas, Nevada with their shared interests in arts and motor car racing, and a lifetime learning all lyrics of his all-time favorites, The Rolling Stones.

Phil loved all things sports! He was a natural athlete and displayed his abilities from an early age. He followed in his mother's footsteps as a champion candlepin bowler, and won the New Hampshire State championship for Boutwell's Bowling Center several times in his teen-aged years.

Winter found Phil on the slopes from Ragged to Cannon mountains, with his fellow skiers known affectionately as the "Rag-geezers", and summers on the Loudon Country Club course, golfing with great friends. He treasured his camping trips to Lake Umbagog with his brother and nephew. And every Thursday night, you could find him with the Pool gang enjoying a beer and a game. True to his New England roots, he always cheered for the Bruins, Sox, Celtics, and Patriots.

The world has lost someone truly special, and his vibrant smile will be forever missed. Pattie and his family invite friends to join us celebrating his life, with one last round at Loudon Country Club, Route 106 in Loudon NH. on May 22, 2021 from 11am-2pm.

In remembrance of Phil's well-lived life and his spirit, donations are encouraged to the Boys & Girls Clubs of Concord, www.centralnhclubs.org.



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PHASE 4 REOPENING GUIDELINES

Starting Monday, April 5th, the Library moved to Phase 4 of our Reopening Procedure. The library stacks are now open for browsing. Public computer use, individual study tables, and passport services will require booking appointments in advance. To view our guidelines prior to your visit, go to our website www.bowbakerfreelibrary.org. Continue to follow State of NH guidelines at the Library. We look forward to seeing you! For info, contact us at (603) 224-7113.



These are just two of the many of the photos currently on display in the exhibit area at the Baker Free Library. Photos by Eric Anderson with consultation with Bow Architect Tom Wilson, with earlier research provided by former Bow resident Jonathan Holdsworth. The exhibit is a combined project of both the Baker Free Library and the Bow Heritage Commission.

THE BARNS OF BOW

The Barns of Bow, presented by Bow Heritage Commission Photographs and Artifacts, will be displayed through May in the Baker Free Library's Art Gallery. Photographs of Bow's barns along with artifacts and history relevant to each barn are available to view. Learn more about the Heritage Commission and their mission by visiting their website, www.bownh.gov/396/Heritage-Commission.

ADULT CRAFT KITS

Register to receive a take-home craft kit. A new craft with supplies and directions are featured monthly. May's Craft Kit is Patriotic Wreath. Visit our website to register in our online calendar. June's Craft Kit is Polka Dot Stemless Wine Glass. Visit our website to register in our online calendar. Supplies are limited and registration is required. For more information, contact Betsy at betsy@bakerfreelib.org.

ADULT BOOK GROUPS

At this time, the Adult Book Groups and White Rock Whodunits for the month of April will not be meeting in person, however the copies of "The Children's Act" by Ian McEwan will be available for Book Talk members to pick up at the Circulation Desk mid-April. Please contact Amy at amy@bakerfreelib.org with any questions.

CREATIVE KITS FOR KIDS

In April, our Creative Kits explore the science and diversity of rivers, ponds and streams. Projects from all of our previous kits are archived on the "For Kids" page on the library's website. In May, we'll journey around the world to learn about new countries and cultures. Take part in crafts and activities that will have you traveling the globe! Interested? Sign-up for a kit on the library's calendar any time after April 15. Kits are available for children aged 3-7 and 8-12. ***PLEASE NOTE:** May's Creative Kit will be the last monthly take-home kit for children. In June, the library will transition its programming to our annual Summer Reading Program. For more information in the next newsletter or contact Juliana at juliana@bakerfreelib.org.

VIRTUAL STORYTIME

Thursdays at 10:30am Via Zoom. Join us each week for new stories and songs as we meet via Zoom. Storytimes are designed for children aged 3-5, although all ages are welcome to attend. To access this month's program, email juliana@bakerfreelib.org. ***There will be a short storytime break during the last week of April**, with no meeting on Thursday, April 29. If you're interested in participating in the weekly Virtual Read-Aloud every Thursday at 10:30am contact Juliana at juliana@bakerfreelib.org to get the link!

FIRST CHAPTER FRIDAYS

Every Friday, listen to the first chapter of a middle-grade book read by our youth services librarian. This weekly podcast will introduce a range of recommended titles for readers aged 8-12, and include a mix of genres and topics. New recordings will be posted every week, and can be accessed anytime through our website. Listen on your schedule, and reserve the books you like most! New episodes will be posted on our website every Friday in April, chosen to coincide with our Creative Kit's theme of the month. Have a title, author, or topic to suggest? Email juliana@bakerfreelib.org.



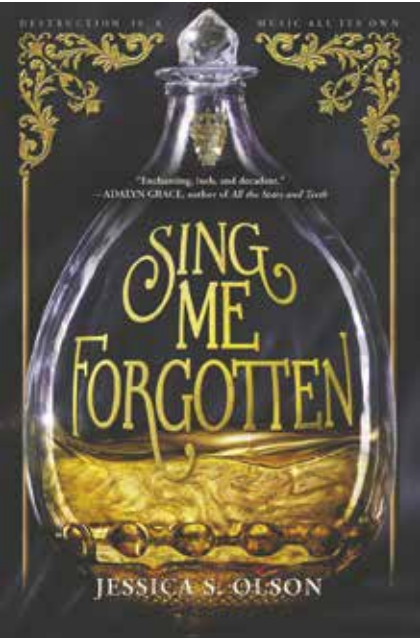
SING ME FORGOTTEN by Bow HS Grad Jessica S. Olson hits Best Seller List

Bow High School alumna Jessica S. Olson recently published her first novel, *Sing Me Forgotten*, which has already soared to the top of Amazon charts and reached best-seller status.

On Wednesday, March 24, Jessica was a virtual guest speaker at the Speaker Series at Bow High School, sharing her success and inspiring future writers at her alma mater. Jessica S. Olson who claims New Hampshire as her home, now resides in Texas with husband and their three wild—but adorable—children, dreaming up stories about kissing, and magic.

BOOK SUMMARY: Cast into a well at birth due to a damning facial disfigurement and the signs of a dangerous, outlawed ability—the power to manipulate memories—Isda was saved and sequestered away by the owner of the city's opera house. Imprisoned in opulence and always out of sight, she works for the opera to keep ticket sales high by manipulating the minds of patrons and performers. But when she meets Emeric Rodin, his charm and his angelic voice upend her solitary world—especially when she discovers clues within his memories to a way to finally break free of her gilded prison. But the price of freedom is steeper than Isda could ever know. For even as she struggles with her growing feelings for Emeric, she learns that in order to take charge of her own destiny, she must become the monster the world tried to drown in the first place. This haunting, seductive tale flips the script on one of the most beguiling love stories ever told, proving that power is an infinite resource inside yourself, and your value doesn't decrease based on someone's inability to see your worth.

Sing Me Forgotten, a young adult novel, is a genderbent re-telling of the classic, Phantom of the Opera is her debut novel.



BOW COMMUNITY MEN'S CLUB

Flags Across Bow Enrollment Form 2021

Members of the Bow Community Men's Club will place the "Stars & Stripes" on your property near the end of your driveway at least three days prior to each of the following patriotic holidays of 2021: Memorial Day, Flag Day, Independence Day, Labor Day through 9-11, and Veterans Day. We will remove the flag three days after each holiday and reinstall it for the next holiday. Your payment of \$40 will be used to support the Boy and Cub Scouts, Scholarships for Bow HS students, and charities within our community.

The US made flags measure 3'x5' and are made of 2-ply spun polyester with sewn stripes and embroidered stars, and will be mounted on a 10 foot pole and inserted into a 10 inch high ground spike.

There are two options to enroll:

You may send a check payable to the "Bow Community Men's Club" with this form to:
Dik Dagavarian, 2 Bela View Drive, Bow, NH 03304-4600 Phone: (603) 856-7268

Or you may enroll on-line and pay \$41.50 via PayPal at the link on our website
www.bowmensclub.org

Name
Street Address
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Email Address

Place an "X" below for your preferred flag location. Please identify any underground utilities, sprinklers, or other buried items in the vicinity of flag locations.

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Website: www.bowmensclub.org. Email: info@bowmensclub.org



BOW | HOPKINTON HIGH SCHOOL NEWS UPDATE

ALL-STATE SPORTS AWARD WINNERS NAMED

Basketball players named to their respective First Team rosters were Bow Junior, Matt Lamy (D-II boys) & Hopkinton Junior, Brandon Elrick.

D-II girls' basketball had the most capital area representation with Bow Sophomore, Alex Larrabee.

For D-II boys, Bow Senior, Shaun Lover, earned an Honorable Mention.

Hopkinton Senior, Owen Milchick was named to the D-III Second Team.

Spots on the DIII All-Defense Team were claimed by area players: Milchick and Hopkinton and Senior, John Jacobsen.

For the D-III girls, Hopkinton Senior, Maorgan McGrath was named to the Second Team.

Hopkinton Junior, Kally Murdough was named to the All-Defense Team and earned an Honorable Mention.

BOW SENIOR WINS \$5K NATIONAL HONOR SOCIETY SCHOLARSHIP

The National Honor Society (NHS) is excited to announce that Jack Roberge, a senior at Bow High School, has been selected as a finalist and winner of a \$5,625 NHS Scholarship. Roberge was chosen from nearly 10,000 applicants. The NHS Scholarship program is supported by NHS's parent organization, the National Association of Secondary School Principals (NASSP).

When Roberge learned his high school didn't recycle, he founded and became president of his school's Environmental Conservation Club. His passion for sustainability practices has led to community trash cleanups and his school's first-ever recycling program. In 2020, Roberge also started Writing for Justice, a virtual college-essay editing service that donates all proceeds to Black Lives Matter.

"For 100 years, we have recognized our outstanding students for their hard work and dedication to their communities," said NASSP CEO Ronn Nozoe. "In the midst of a global pandemic that has disrupted almost all facets of everyday life, it's inspiring and uplifting to see the incredible work of our students who strive each day to make sure their communities are a better place for all. We're proud to invest in Jack's future and the other talented and compassionate leaders."

NHS is awarding \$2 million in scholarships to 600 high school seniors this year based on their demonstrated work to support the four pillars of NHS membership: scholarship, service, leadership, and character. While 575 semifinalists receive \$3,200 scholarships, the 24 finalists receive \$5,625.



Nellie Doughty
NMLS ID: 170344



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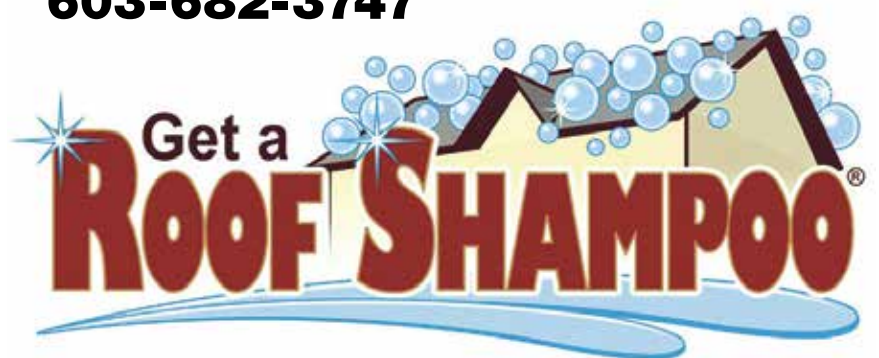
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BOW ROTARY CLUB CELEBRATES 50 YEARS!

For the Rotary year of July 2020, through June 2021, the Bow Rotary Club had planned a series of events to celebrate its 50 years of existence and service in the Bow community. All

Rotary Clubs are part of Rotary International,

which covers not only the United States, but in 200 countries throughout the world with its 1.2 million members serving their respective communities in 35,000 Rotary Clubs.

WHAT ARE INTERACT AND EARLYACT CLUBS?

Rotary's purpose of connecting people through service projects isn't limited to just adults. Interact Clubs are sponsored by a local Rotary Club, and they bring together high school students to develop leadership skills while discovering the power of serving others above yourself. EarlyAct Clubs are also sponsored through Rotary and provide similar opportunities for children in grades 5 – 8. Fortunately, our Bow students have both clubs available to them.

Rotary Club members work with Bow High School teachers to mentor and guide Interactors as they identify and carry out service projects to benefit their community and the world. Despite the virus, Bow High School Interactors baked pies for the Friendly Kitchen, and had a very successful "Flamingo Flocking" campaign. They are currently working on a virtual 5 K Run to be held this spring. In past years, among other projects, they have run the Mr Falcon contest, organized a talent show for one of the summer concerts at the gazebo, and sung carols at Havenwood. Interactors conducted a Sock Drive for the Homeless jointly with our EarlyAct Club. Twice a year, they also do roadside pick-up on five routes in Bow: particularly at the parking lots around the high school, but also parts of Bow Center Road, Knox Road, White Rock and Logging Hill.

Just like Rotary Club members, Interactors are expected to show up when they've made a commitment, to understand what "all hands-on deck" means for participation in a project, and to find joy in service to others. Approximately 20 students are members, and membership in Interact is open to all Bow High School students through an application process.

Our EarlyAct Club began in 2016 at the Bow Middle School and has made a tremendous impact on the community in five short years. Approximately 18 energetic and committed young members meet weekly and are engaged in a number of community and worldwide service projects. In recent years, these students have conducted book and clothing drives for the disadvantaged and sponsored two very successful "Pennies for Polio" campaigns, raising significant sums to help Rotary International fight polio worldwide. Hands on activities have included making box lunches and "Linus blankets" for the homeless, baking goodies to be sold at the annual Bow Rotary Car Show, and selling birdseed wreaths to help finance their charitable giving program. Note that for each of the five years this Club has existed, it has made consistent donations to St Jude's Hospital for Children and to Pure Water for the World, the charities being selected by the students. Many EarlyAct members go on to become members of Interact. Membership in EarlyAct is open to students in grades 5 – 8, through an application process. Both Clubs are always looking for young people who want to help others, and who expect they will have fun doing it.

The Bow Rotary Club is always looking for men and women who want to give back to their community. Are you interested? The Bow Rotary Club, which includes Bow and Dunbarton residents, anyone who works in Bow or any adjoining towns. We meet every Friday morning from 7:15 to 8:30 am at the Bow Old Town Hall on Bow Center Rd. We would love to see you there once we are back to meeting regularly. Currently our weekly meetings are held on Zoom and you are welcome to join us on Zoom in the interim.

Please check our website at www.bowrotary.org for our meeting schedule and details. Alternatively, you can contact our President, Matt Gatzke at: msgatzke@gmail.com / (603) 496-9044 or email bowrotary@gmail.com.

Pick up a copy of **The Bow Times** at one these 28 locations!

Baker Free Library	Flanagan's South Ender Deli
Blue Seal Feeds	7 Eleven on 3A
Bow Mobil	Hampton Inn
Bow Recreation Building	Individual Fitness
Bow Town Offices	Johnson Golden Harvest
Chen Yang Li	Lakehouse Tavern
Colonial Village Supermarket	Merrimack Co. Savings Bank
Cracker Barrel-Hopkinton	Nina's Bistro, Hall St., Concord
Concord Chamber of Commerce	Pages Corner Store
Concord Food Co-Op	South Street Market
Crust and Crumb	Sugar River Bank, Concord Hts.
Dimitri's Pizza	Tucker's Restaurant
Dunbarton Town Office	Veano's, Manchester St.
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COVID 19 **RISES IN NH!**

As of April 11, 2021

New Hampshire had 415 new cases of COVID-19.
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Dunbarton	8 active cases	175 total
Hopkinton	7 active cases	249 total

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