



#### **AFRICAN AMERICANS IN MEDICINE**

We celebrate Black History month every February, and since I am writing this piece in February, I thought it most appropriate to take a look at some highlights from the history of African Americans in medicine. African Americans make up 13% of our U.S. population, but only 7.3% of the students in medical school are African American and only 5% of practicing physicians are African American. An interesting 2018 statistic is that 53% of the African American physicians are female, whereas only 34% of the White physicians are female.

#### We are familiar with some of the African American heroes of today:

Dr. Mae C. Jemison: She was the first African American female astronaut.

Dr. Paula Mahone and Dr. Karen Drake: They were part of the team involved in the delivery of the McCaughery septuplets in 1997.

Dr. Ben Carson: He was director of pediatric neurosurgery at Johns Hopkins. In 1987 he led the team of 70 who in a 22-hour surgical procedure separated Siamese twins joined at the heads

Dr. David Satcher: He was a director of the CDC and then became the 16th Surgeon General of the U.S.

But who were the pioneers? Who were some of the first African Americans who broke barriers and entered the medical profession? In no way can I do justice to or fairly list these heroes, but here is a brief introduction to some of the key players.

Dr. Alexa Irene Canady: In 1981 she became the first female African American neurosurgeon in the US.

Dr. Clarence Sumner Green, Sr: He was the first African American certified by the American Board of Neurological Surgery in 1953.

James Durham became known as the first African American physician in the US. He did not earn a medical degree, but was an assistant to physicians, and after buying his freedom from slavery, established a medical practice in New Orleans during the latter half of the 1700s.

Dr. Rebecca Lee Crumpler was the first African American woman to earn a medical degree in 1864. She worked in MA and VA.

Dr. James McCune Smith: In 1837 was the first African American man to earn a medical degree. He was denied admission to US schools, so went to Scotland for his education. He practiced in NYC.

Dr. Myra Adele Logan was the first African American woman to perform open-heart surgery. She worked at Harlem Hospital in NYC.

Dr. Nathan Francis Mossell: In 1895 he co-founded, in Philadelphia, one of the first black hospitals in the U.S.

Dr. Vivien Theodore Thomas: In 1944 at The Johns Hopkins Hospital, he helped devise surgery to correct tetralogy of Fallot (a congenital heart defect).

Dr. Louis T. Wright: In the early 1900s, while working at Harlem Hospital, he was a pioneer in antibiotic research.

Dr. Daniel Hale Williams III: In 1893, he was one of the first physicians to perform open-heart surgery in the U.S.

Dr. William Augustus Hinton: In 1936 he was the first African American physician to publish a textbook (Syphilis and Its Treatment).

Dr. Charles Richard Drew: He was a pioneer in developing blood banks and was the first director of the American Red Cross Blood Bank.

Dr. Austin Maurice Curtis, Sr: He was, for 25 years, a professor of surgery at Howard University.

Mary Eliza Mahoney: She was the first African American professional nurse in the U.S.And the list goes on; we thank all of the African American physicians who continue to advance the medical profession and provide excellent care to thousands of individuals.

## BOW COMMUNITY MEN'S CLUB

#### Flags Across Bow Enrollment Form 2021

Members of the Bow Community Men's Club will place the "Stars & Stripes" on your property near the end of your driveway at least three



days prior to each of the following patriotic holidays of 2021: Memorial Day, Flag Day, Independence Day, Labor Day through 9-11, and Veterans Day. We will remove the flag three days after each holiday and reinstall it for the next holiday. Your payment of \$40 will be used to support the Boy and Cub Scouts, Scholarships for Bow HS students, and charities within our community

The US made flags measure 3'x5' and are made of 2-ply spun polyester with sewn stripes and embroidered stars, and will be mounted on a 10 foot pole and inserted into a 10 inch high ground spike.

There are two options to enroll:

You may send a check payable to the "Bow Community Men's Club" with this form to: Dik Dagavarian, 2 Bela View Drive, Bow, NH 03304-4600 Phone: (603) 856-7268

Or you may enroll on-line and pay \$41.50 via PayPal at the link on our website **www.bowmensclub.org** 

Name
Street Address
Town
Contact Phone
Email Address

Place an "X" below for your preferred flag location. Please identify any underground utilities, sprinklers, or other buried items in the vicinity of flag locations.

Your Driveway	

**Your Street** 

Website: www.bowmensclub.org. Email: info@bowmensclub.org



# SENIOR TAKE-OUT TUESDAYS

A New Program for Bow Seniors

#### **WHEN**

Tuesdays from 10-11am

#### **WHERE**

Bow Parks and Rec 3 Bow Center Road Bow, NH 03304

#### WHAT

Seniors age 60+ who live in Bow are eligible to order nutritious frozen or shelf-stable meals. Seniors must stop in to the Bow Community Center to pick up their meals on Tuesdays each week.

### PLACE YOUR ORDER

To order enough meals for the week, just fill out a weekly order form and submit in person or email to Bow Parks and Rec no later than 4:00 PM on Tuesdays for the following week.

#### **HOW TO APPLY**

Individuals will need to complete an application which is available from Bow Parks and Rec

### FOR INFORMATION

Contact Bow Parks and Rec at (603) 223-3920 or parksandrec@bownh.gov

#### COST

\$2.00 donation per meal is appreciated to support the program.

### GRACIOUSLY SPONSORED BY

