



# The Bow Times

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THE BOW TIMES

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FREE

## SCHOOLS ARE OPEN... BUT TRAVEL WILL LEAD TO QUARANTINES



by Dean Cascadden

We're coming to the end of our sixth week of school and it has been good to see the students back, the sports teams competing and the kids playing.

We spent all summer working on the Green Plan to open and we opened in almost full capacity. We have worked on improving the program for the Full Time Remote students and now have Edgenuity (a digital instruction package) in place for grades 6-12, and are still working to improve that component of the plan.

As a whole, we have focused on in person students. We have problem-solved and emphasized mask-wearing and the use of other PPE, maintaining distancing, the completion of the Daily Screening tool, having people stay home when symptomatic including exclusion, quarantining and self-isolation, and clarifying rules and implementation of these new protocols.

We now see the need to focus on better implementation of the Integrated Model for students and staff who will be absent on an intermittent basis. One of the issues we have had is technology. As we opened, our schools' WI-FI systems became overloaded but we have found a solution. We have a large quantity of donated Kinects cameras that we are in the process of deploying along with a hard wired connection to dedicated computers.

Once these are in place, we will have better technology for doing remote and in person instruction at the same time. To date, this has been frustrating with dropped connections and difficulty with connections to Google meets. We also need to focus our teaching model so that it is the same for both environments to make transitions better. We are not there yet, but are going to focus on it in the coming weeks.

**Cascadden Schools Are Open | 6**

## NATIONAL SMALL BUSINESS GROUP ENDORSES SYVERSEN FOR STATE SENATE

The National Federation of Independent Business (NFIB), has endorsed State Senate candidate, Jason Syversen of Bow for election to the Senate/ District 16 which includes Bow, Hooksett, Candia, and Manchester Wards 1 and 2.

The group for decades has only supported pro-business candidates.

NFIB Leadership Council member, Ray Pinard, announced the endorsement of Syversen for election stating that his commitment to work positively on small business issues has been "demonstrated by his own small business experience and his public statements that he has the backs of small business owners in the state of New Hampshire."

Pinard continued, "Having been a small business owner, Syversen understands the small business community. He lived the challenges of the small business person in NH and understands both the highs and lows entrepreneurs experience on a daily basis."

Senate candidate, Jason Syversen said, "I am proud to receive NFIB's endorsement in the race for State Senate in District 16. Small business is the backbone of New Hampshire's economy."

Syversen continued, "Growing our state's economy and creating opportunities for good paying jobs will be my top priority as state senator. Providing tax relief and reducing regulations will empower our small businesses to grow and create jobs for Granite Staters, especially for the communities in District 16."

## WINNER OF 6 NH PRESS ASSOCIATION AWARDS

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## HOPKINTON-CONTOOCOOK NEWS ON PAGES 19-20



**GENERAL ELECTION – TUESDAY NOVEMBER 3, 2020**  
**BOW COMMUNITY CENTER, 3 BOW CENTER ROAD, BOW**  
**7:00 AM – 7:00 PM**

**VOTER REGISTRATIONS:** Last day to Register to Vote at the Town Clerks office before the General Election is 10/28/20 by 9:30 AM. You can always register to vote on Election day at the polls. Any Bow resident who is at least 18 years old, or who will be 18 on or before the next election day, may register to vote in person at the Town Clerk's Office at 10 Grandview Road. You must bring a photo ID and if you do not have proof of residency and/or citizenship you can sign either a Domicile Affidavit or Qualified Voter Affidavit. Please call the Town Clerk's Office if you have any questions on the type of documentation required at 603-223-3980 or email [mnaik@bownh.gov](mailto:mnaik@bownh.gov).

**REGISTERING ABSENTEE (BY MAIL):** Due to Covid-19 you may request absentee voter registration forms and instructions from your clerk while requesting an absentee ballot. They will be mailed to you. Supervisors of the Checklist must review and approve your application. Supervisors are meeting on 10/28/20 between 9:00 -9:30 AM. You are registered to vote when the supervisors approve the application.

**General Election | 3**



## VIRTUAL BUSINESS-TO-BUSINESS EVENT

Bow would like to invite Bow businesses to a VIRTUAL Business to Business Networking Event. It will be a great opportunity to network in a virtual setting during business hours. Join the Bow Business Development Commission on Wednesday, Oct. 28 from 4-5 p.m. via Zoom. We have a condensed program with two short presentations by the Bow Police Department on business safety and smaller, break-out, networking sessions. Winners will be drawn for door prizes throughout the event. To join send an email to [asnegach@bownh.gov](mailto:asnegach@bownh.gov) and you will receive a link for the meeting (make sure to check junk mail). Please meet your fellow business owners in-town, on-line and learn more about business safety.

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OF LOW  
SPENDING**

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**Editorial Endorsements by Chuck Douglas**

**IF YOU WON'T VOTE FOR TRUMP-SPLIT YOUR BALLOT**

By now it's obvious that President Trump has blown himself up giving Joe Biden a double digit lead. His trifecta started with two recent tax returns when he denied he only paid \$750 in income tax a year. Millions of his voters pay at least 20 or 30 times that in taxes. His denial was not followed by his disclosure of the returns, which is the only way to prove he is right, so the controversy continues.

Next came the debate that showed an out of control bully ranting like he was at a rally. Biden won due to Trump's repeated interruptions and unpresidential conduct.

Finally, we have the Pied Piper of Contagion luring the great unmasked into COVID. Turns out the antimask White House is a superspreader. We remember the great debate sneer that every time you see Biden "he's got a mask on." Joe won that I.Q. test.

After an airlift to the hospital and a platoon of doctors giving him drugs you and I could never get, Trump is back using his thumbs to tell us "Don't be afraid of COVID." Unfortunately, 210,000 Americans will never hear his inspiring advice.

So as a lifelong republican, I will put country first, as Cindy McCain recently did, and will vote for Joe Biden and not for chaos without kindness.

**VOTE FOR CHRIS SUNUNU**

Next on the ballot is Governor and here I am back to a Republican candidate.

Governor Chris Sununu has made it clear he will make COVID decisions that are science-based, not what he might wish for (over by Easter, it will disappear miraculously, we'll have a vaccine soon, etc.). Rather than make stuff up he usually appears on TV with state epidemiologist Dr. Benjamin Chan whom he listens to for good reason.

Dr Chan teaches at Dartmouth Medical School and is board certified in both Public Health and Infectious Disease. When he and the Governor come on WMUR-TV in the afternoon you readers can see two men who know the three C's of crisis management: Be candid, Be clear, Be consistent.

We don't get false promises or wild guesses but, rather, candid messages of what we need to know and not what they wish would happen.

Unlike President Trump's classic words on January 18 "We have it totally under control," we don't get false promises from our Governor and the New Hampshire team.

Whether one agrees with every decision the Governor has had to make regarding this invisible enemy, we know he has been clear, concise and consistent.

He has taken responsibility and has easily earned your vote.

**COUNTY ATTORNEY-PAUL HALVORSEN**

As the third largest county in the State, Merrimack County needs a felony level prosecutor who believes in the work they do for the people. Incumbent Democrat Robin Davis falls well short of that mark.

For years Attorney Davis was a public defender and when she won on a write-in two years ago she never made the transition to working with the police not against them. She disbanded a special unit for rape and assault victims that had been formed by 27 towns and Concord in 2015 for the very purpose of creating the Merrimack County Advocacy Center.

The attorneys in it were fired and the police officer assigned as lead investigator was forced to leave due to a hostile work environment. The toxic workplace was confirmed by an outside investigation that cost the county thousands of dollars.

As a result of the current failure to treat rape and assault victims the way the Advocacy Center's trained staff used to do, 13 women have complained to the Coalition Against Domestic and Sexual Violence. Amanda Grady Sexton of the Coalition confirmed that in the 17 years prior to Robin Davis only one person complained to the Coalition about the County Attorney's Office.

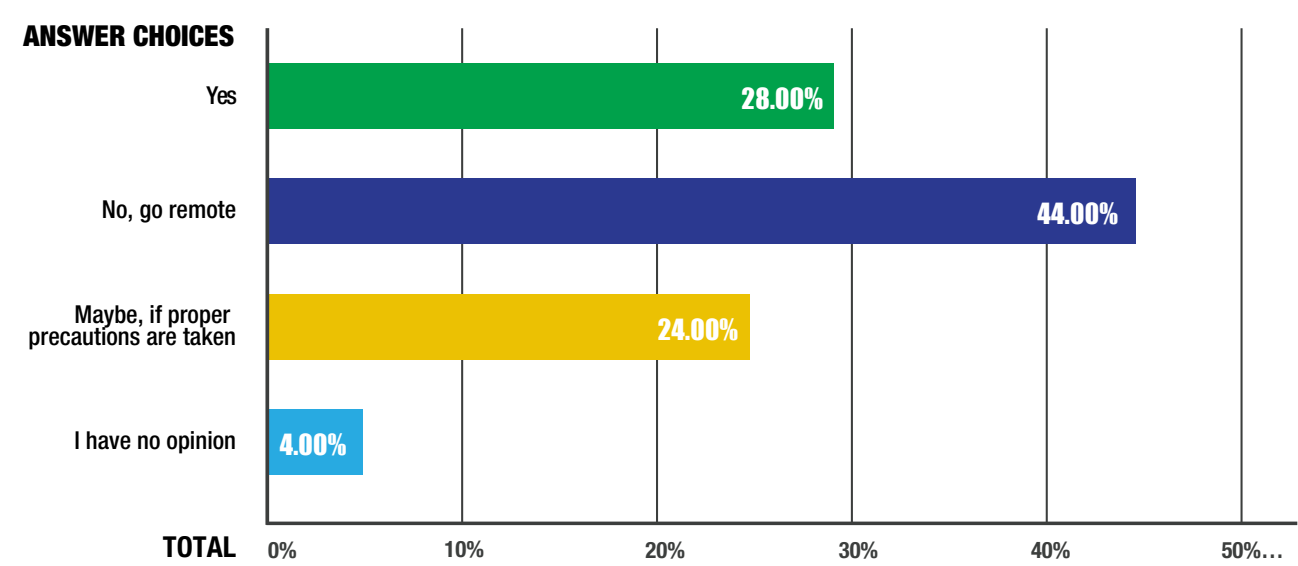
Luckily the answer for our county is Concord's lead prosecutor, Paul Halvorsen. For 17 years Paul has handled thousands of cases for Concord. He has twice served in elective office as a City Councilor and had 21 years of military service along with Graduate degrees in Forensic Science and Public Administration.

Prosecutor Halvorsen has been endorsed by the Concord Police Supervisors Association and the NH Trooper's Association.

For the victims of crime Robin Davis needs to go back to defending criminals.

**Endorsements | 3**

**RESULTS OF AUGUST SURVEY – Should Bow Schools Reopen for Non-Campus Classes?**





## ENDORESMENTS | from page 1

### JASON SYVERSEN FOR STATE SENATE

This year represents a rare opportunity to elect a unique candidate for state senate representing Bow, Hooksett, Candia, and part of Manchester.

Jason Syversen grew up in poverty and worked his way through college. He knows first hand the challenge of putting food on the table and making ends meet.

He and his wife Bethany, married for 23 years, have six children.

After college Jason was given a tremendous opportunity working for DARPA (Defense Advanced Research Project Agency) in Washington DC, which makes pivotal investments in breakthrough technologies for national security.

Jason then started his own business in Manchester in 2009, grew it to almost 40 employees and then sold it in 2016. Jason knows how to meet a payroll, how to care for employees and what it takes to make a business successful in New Hampshire.

Rather than retire on his business earnings at 40, Jason started dedicating his life to helping 7 non-profit organizations in the state spending almost every day helping them grow and serve more people.

Jason understands New Hampshire's economy. And he has a passion for helping people with his extensive non-profit work.

The incumbent, Kevin Cavanaugh, twice voted for an income tax but Governor Sununu thankfully vetoed the bill.

Cavanaugh, as the Assistant Manager for the IBEW Union filed a disclosure stating that 5% of his job responsibilities are for direct lobbying. So he's getting paid as a state senator to lobby his own legislative body for his union. Wow!

Cavanaugh is vehemently opposed to giving parents the choice of which school to send their children. Cavanaugh supported reducing penalties for drug dealers and voted to reduce the right of gun owners. Kevin Cavanaugh is also in support of legalizing prostitution in New Hampshire. I didn't think even the most liberal of Democrats could support such a radical proposal, but Cavanaugh was one of only 3 Democratic Senators to support this ridiculous idea.

Let's clean up the state senate and elect someone who will work for all of us and vote for Jason Syversen.

## PRESIDENTIAL ELECTION



## GENERAL ELECTION | from page 1

**COLLEGE STUDENTS:** If you are a college student away from home, who is not registered to vote, contact the Town Clerk's Office for an Absentee Voter's Registration Packet. You can call the office at 603-223-3980 or email [mnaik@bownh.gov](mailto:mnaik@bownh.gov).

**VOTING ABSENTEE:** Absentee Ballots have come in. Absentee ballots can be picked up from your Town clerk's office up until the day before the election. Over 1200 ballots were mailed out on 9/28/20 for all the requests we had on file. Call our office if you have not received your ballot.

Request your absentee ballot from your town as early as possible. Absentee ballot request forms can also be found on the Town of Bow website on the Elections page or use the link here <http://bownh.gov/747/Vote-by-Absentee-Ballot> or at the NH Secretary of State website at <http://sos.nh.gov/>.

**New rules allow any NH voter with COVID-19 concerns to request an absentee ballot for the 2020 elections. Concern for Covid-19 is one of the reasons on the form. On the ballot return affidavit envelope sign under Physical Disability.**

**Only one postage stamp is required to return the absentee ballot.**

Ballots can be returned by 5:00 pm on Election day at the polls by the voter with an ID at the designated drop off or has to reach us by mail by 5PM on election day. *A family member can bring the ballot in on election day with an ID and fill out the delivery agent form.* It is the voter's responsibility to have the ballot back to the Bow Town Clerk's office in time for your vote to be counted. To increase the likelihood the absentee ballot arrives on time and to assist with an expected high volume of absentee ballots, we recommend mailing it at least two weeks before the election. After 5 days, check the voter information lookup, absentee ballot link, to see if your clerk has received the request and mailed the ballot.

**TRACK YOUR BALLOT AT:** <http://app.sos.nh.gov> Covid-19 related voting instructions from the Secretary of State at <http://bownh.gov/DocumentCenter/View/4824/COVID-RELATED-VOTING-INSTRUCTIONS>.

**If you have any questions, please call the Town Clerk's office 223-3980 or email me at [mnaik@bownh.gov](mailto:mnaik@bownh.gov).**

## TOWN OF BOW COVID-19 VIRUS ELECTION DAY PROCEDURES

1. **Everyone** who enters the polling place, including voters, election officials, poll workers, challengers and observers **must wear a mask.** Persons who do not have a mask will be provided one.
2. Voters who refuse to wear a mask or cannot wear a mask may register to vote and may vote from their vehicles using the Outside Absentee Voter line on the Knox Road side of the Community Center. To get there, follow the signs at the east end of the parking lot.
3. Voters who wish to drop off a completed absentee ballot on election day may do so from their vehicles using the Outside Absentee Voter line.
4. Registered voters will enter the Community Center by way of the new doorway that has been installed in one of the old Fire Department garage doors.
5. Unregistered voters will enter the Community Center by way of the main entrance facing Bow Center Road.
6. All persons must use hand sanitizer as they enter and as they exit the polling place.
7. All persons within the polling place must practice social distancing.
8. Voters may only use the open voting booths and voting screens.
9. Voters should discard their single-use pencils and protective mats as they exit the polling place.
10. **If you cannot make each of the following statements, please do not enter** the polling place and, instead, use the Outside Absentee Voting line:
  - I have not been in close contact with a known confirmed or suspected case of COVID-19 within the last 14 days;
  - I have not traveled out of New England overnight or hosted overnight guests from outside of New England within the last 14 days, OR I have done so but took a COVID-19 test 72 hours after my return or exposure and received a negative result;
  - I am not experiencing any respiratory symptoms including a runny nose, sore throat, cough, or shortness of breath, or any new muscle aches or chills, or any new change in sense of taste or smell;
  - I have not had a fever or felt feverish in the last 72 hours.

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He's leading us through it,  
and he'll bring us back.

*Sununu...has handled the COVID-19 crisis with such skill and care that his Democratic rivals are leaving people laughing. To contend, as Dan Feltes [does], that Sununu has done little and done that poorly in the pandemic is absurd.*  
New Hampshire Union Leader

*Particularly refreshing has been his insistence on being guided by data and the advice of public health officials, and he has been mindful of coordinating with neighboring states...*  
The Keene Sentinel

Chris  
**SUNUNU**  
Governor

- ✓ Secured tens of millions of PPE for New Hampshire
- ✓ Disbursed nearly \$543 million for emergency financial relief to individuals, non-profits, health care providers, and businesses affected by COVID-19

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# JASON SYVERSEN FOR STATE SENATE

## A NEW LEADER

March 11, 2020

# State Senate Democrats Pass Income Tax (HB712)

## NEW HAMPSHIRE CAN'T AFFORD AN INCOME TAX

**//** *I'll join with Governor Sununu to stop the income tax! We'll grow the economy without taxing your wages and without taxing small businesses.* **//**



## No political games

## No income tax

## REAL SOLUTIONS

# JASON

## SYVERSEN

### STATE SENATE

*Endorsed by Governor Sununu*



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## NATIONAL CYBERSECURITY AWARENESS MONTH

October Is National Cybersecurity Awareness Month and is a collaborative effort between government and industry that raises nationwide awareness of cyber crimes and prevention every October.

Every day, thousands of people fall victim to fraudulent emails, texts and calls from scammers pretending to be their bank. The American Bankers Association want to change that by raising awareness among banks and their customers of best practices for phishing defense.

Banks are suffering significant monetary and reputational losses from these increasingly sophisticated scams targeting their customers. In fact, the Federal Trade Commission's 2019 report on fraud estimates that American consumers lost a staggering \$1.48 billion to phishing scams in 2018. The problem has only grown worse during the COVID-19 pandemic, given the increased use of online and digital banking tools.

Here are some types of questions banks would never ask you in a text, email, or unsolicited phone call. If someone contacts you for this information, it's a red flag you're being scammed.

### BANKS WILL NEVER:

- Ask for your account number in an email
- Ask you to click a link in a text message
- Call to verify your account number
- Ask you to provide confidential information like your PIN, SSNs, names addresses or passwords in a text or email
- Use scare tactics like an email pressuring you to respond
- Ask you ridiculous, funny or game-type questions to get you to answer, especially on social media

### WHAT SHOULD YOU DO?

Report it to the FTC at [ftc.gov/complaint](https://ftc.gov/complaint). Forward phishing emails to [spam@uce.gov](mailto:spam@uce.gov) – and to the company, bank, or organization impersonated in the email.

You also may report phishing email to [reportphishing@antiphishing.org](mailto:reportphishing@antiphishing.org). The Anti-Phishing Working Group, a group of ISPs, security vendors, financial institutions and law enforcement agencies, uses these reports to fight phishing.

Visit [Identitytheft.gov](https://identitytheft.gov). Victims of phishing could become victims of identity theft; there are steps you can take to minimize your risk.

For more information about phishing, visit <https://www.consumer.ftc.gov/articles/how-recognize-and-avoid-phishing-scams>

Source; American Bankers Association

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- universal access to health care
- measures to end the opioid crisis
- maintaining our strong public schools
- diversifying energy sources
- ways to lessen gun violence
- improved roads, electrical grid and transportation system
- taxes: fair, and fiscally sound with a good return on investment
- protect NH's environment and recreational activities
- liveable wages and paid family leave



**Working Hard.  
Working Smart.  
Working for You.**

Paid for by Gary Woods/Gary Woods, Fiscal Agent/38 Evangelyn Drive, Bow 03304

### CASCADDEN SCHOOLS OPEN | from page 1

As an administrative team we are focusing on what Yellow or Orange will look like specifically for students and staffing. In general, the levels are:

- **Yellow** (reduced capacity): two groups (alphabetical by Last Name) alternating between on-site and remote learning <Mon. & Tues. // Thurs. & Fri.>; All remote on Wednesdays to allow for deep cleaning of facilities.
- **Orange:** remote instruction for all except for priority students, as determined by educational and family needs. Students will be supervised by available staff, and most instruction will be remote, even for students in school.

Decisions on changing color levels will be based on community COVID levels and school identified cases, but also may come as a result of not having staff to supervise students effectively, especially critical staff such as administrators and nurses.

### HOLIDAY AND TRAVEL

One factor that could come into play is school holidays and travel. We have Columbus Day Weekend, Veteran's Day, Thanksgiving and Christmas on the horizon. November 3 is the election and there will be no school to have parent teacher conferences remotely.

These school holidays have traditionally been heavy travel times. Our present protocol is if you have traveled outside of New England (NH, VT, ME, CT, RI, MA) in the last 14 days, you must stay home. This is from the state of NH guidance that may change in the coming weeks, but was verified this week by Dr. Chan from DHHS. This quarantine cannot be shortened by a negative COVID test.

Some districts are planning to go fully remote after Thanksgiving, and I prefer not to make that decision until data would demand it. However, that means I have a big ask of our community: Please consider your travel plans, especially around these school holidays. If a person travels outside of New England, they must not come to school for 14 days. I believe we have seen that our students and families appreciate being in school, and we have positive and happy students. I cannot demand this of our students or staff, but I do ask that you consider your travel plans carefully in light of this issue.



## TIPS TO AVOID HOLIDAY WEIGHT GAIN

by Jim Olsonby Jim Olson

With the holidays approaching, many of us find ourselves surrounded by festive food and the subsequent concern of weight gain. Studies have shown that the typical American may gain two to seven pounds over the six-week holiday season.

We may also find it harder to maintain our exercise program with all the holiday parties, shopping and travel. In addition, many people have much more stress during the holiday period, which can result in overeating as a “feel good” response.

The best way to avoid gaining weight over the holidays is to eat in moderation, keep a consistent exercise program and try these 10 tips to avoid holiday weight gain.

**1. Stick to a regular routine with sleep and exercise.** Many times feeling tired or stressed is mistaken for hunger.

**2. Watch your alcohol intake.** Alcoholic beverages contain “empty calories,” offering little to no nutritional value and contributing to excess weight gain. Try having a seltzer with a lime twist or a glass of water between alcoholic



Jim Olson

drinks to help cut calories and remain well hydrated.

**3. Eat a small, healthy meal before party time.** It's a common misconception that you will lose weight by skipping meals. The truth is your metabolism slows down causing you to store body fat if calories are too limited for too long. Another negative result is that you are more likely to binge later at night resulting in greater weight gains.

**4. Don't stand by the food at the party.** You will be less likely to partake in unconscious snacking all night if you instead move, mingle and socialize with friends.

**5. If you're hungry at the party, reach for the vegetables (without the dip), fruit or rye crackers.** If you do host a party have plenty of water and low-calorie snacks available.

**6. Eat slowly.** It takes about 20 minutes for the stomach to register a “full” sensation and signal the brain that it's had enough. Slow down and listen to your body.

**7. Set goals and keep a food diary.** Plan your weekly food intake and calorie count to include those treats or Christmas cookies in your diet—in moderation, of course. Don't totally avoid sweets and holiday food; just plan for it and eat more fruit and vegetables during the week to allow for this. With this plan you can also avoid the guilty feeling afterward that can add to your stress level.

**8. Eat protein.** Quality protein includes lean meats, seafood,

chicken, turkey, eggs, yogurt and low-fat cheeses. Protein will help you feel full and control your appetite.

**9. Stay consistent with your workout routine.** Don't fall prey to the excuse that you'll get back on track after New Year's Day or when the weather warms up again. You may need to modify your program for the busy holidays. Do what you can, but keep it up, trying new fitness activities and cross training to keep things fresh and fun. Seek out a professional to help you with your program if you need motivation.

**10. Always remain positive.** If you do have a “bad” day, don't worry or stress about it. Just get back on track the next day.

Maybe this can be the year your New Year's resolution doesn't include dropping those extra holiday pounds. If I can help you in any way with your fitness please let me know and I would be happy to help you in any way that I can.

Committed to Your Fitness,  
Jim

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- AFRAID OF THE THOUGHT OF WEARING A BATHING SUIT? •

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# Travel Time WITH CHASE & BUD

## TRAVEL INSURANCE UPDATE

Travel insurance is a dry and incredibly detail-driven subject, but it's always been a good idea for travelers to be insurance-savvy. In today's pandemic-centric world, understanding travel insurance is not just a good idea, it's one of the most critical components of planning your trip.

COVID-19 hasn't changed the basic parameters of travel insurance. There are two basic types. Cancel For Any Reason (CFAR) insurance, where you pay a higher premium (about 10-15% of trip cost) and you can recoup some of your trip costs if you decide not to go for "any reason." Sounds great, but there are restrictions and you never get it all back.

The second type is a Named Peril policy and runs 5-8% of trip cost. These policies list very specific situations in which claims will be reimbursed—and always have a host of "exclusions" which are not covered as well as standard restrictions governing who is eligible, when eligibility begins and ends, what components of your trip might be covered (trip delay, interruption, baggage loss) and more.

Which is best for you? Begin by thinking about the two things you are trying to protect—your health and your money. CFAR policies allow you to bail on a trip no matter what your concern. Have a cold? Been exposed to someone who was exposed to someone who tested positive? No problem. You will likely only get 60-75% of your outlay, but better than nothing.

Named Peril policies are trickier and generally cover "unknown" events or situations. Once an event is "known" it won't be covered. The World Health Organization declared COVID-19 a pandemic on March 11, 2020. Policies purchased after that date would automatically exclude subsequent pandemic-related claims—regardless of whether you were aware of the declaration or not. Of course, pandemics are normally on the list of exclusions anyway, along with civil unrest and other calamitous events.

Sound complicated? Yes! And clearly this column can only cover the bare bones of travel insurance. It is urgently important that you read every line of every policy before you purchase it. Compare policies (insuremytrip.com, 800 487-4722, has a good online comparison tool) but also call and talk to the agents. They are knowledgeable and speak in laymen's terms.

But doing your due diligence should involve a few more steps.

Determine the refund policies of all the vendors and services involved in your trip before you buy insurance. Hotels, transportations, tours, guides—everything. Even the credit card you are using. Many in the travel industry are so desperate for bookings that they have relaxed their refund policies to the extent you may not need travel insurance—you'll get 100% of your costs back in cash or credit up to the day you depart.

Watch the calendar for two critical dates. First, you must buy the policy within a certain date of the original booking—often 10-14 days. You can't book a trip and then wait a month or two to insure it. Second, all policies have refund terms—you have 10-14 days to reconsider your purchase and get the premium refunded.



Bud and I spent a month in Egypt and Kenya in 2012, just as the Arab Spring protests and uprising were winding down. Luxury tour prices were down 60% and we enjoyed unparalleled access to iconic sites like Luxor, Abu Simbel and the Great Pyramids. A very friendly local dressed Bud up in Arab garb at Giza.

Watch the repatriation coverage if you are sick/hospitalized. Often the policy will only commit to get you to the nearest "appropriate" hospital. They determine which one and it doesn't have to be your home hospital. Note that some companies like Medjet Assist (medjetassist.com) offer memberships that DO get you to your home hospital. Medjet Assist is now even offering COVID-19 "isolation pod" transport within the 48 states, Mexico, Canada, and some Caribbean countries.

Let's say you buy insurance; your trip is cancelled, and all the vendors refund your money—without your having to submit a claim. The insurance company should refund your premium. If your trip is postponed, the insurance company should migrate the policy to the new dates.

Check out the insurance company. How have they handled claims so far? Google works, but don't forget the NH Insurance Department.

Their mission is to promote and protect the public good. Visit their website for travel insurance info (search at nh.gov/insurance) or give them a call at 602 271-2261 to find out how many complaints have been filed against a given company.



by Peter Imse, Moderator

The COVID 19 virus continues to be a threat to our community. It is contagious and it can kill. All experts agree, however, that the community spread of the virus can be controlled or limited by various protective measures, the most important of which are social distancing, frequent handwashing or sanitizing, and the wearing of masks that cover our noses and mouths.

After much thought, and based upon review of all of the available data, including the advice of Dr. Benjamin Chan, the State Epidemiologist, I have decided that all voters, election officials and poll workers must wear face masks while in the polling place. Those who cannot or will not wear a mask will have two alternatives to both register to vote and to cast their ballots in the elections. First, they may register to vote, request and cast an absentee ballot in advance of the elections. Second, they may use the Outside Absentee Voting option of RSA 659:20-a, which previously has been available only to voters with unexpected disabilities on election day, to both register to vote and to vote.

Voters who cannot or will not wear a face mask and wish to use the Outside Absentee Voting option will be directed to drive to the marked door on the Knox Rd. side of the Community Center, where they will be met by designated poll workers. Voters will be given an application for absentee ballot, an absentee ballot, and an absentee ballot affidavit envelope. The voters will complete the absentee ballot application, fill out the ballot and seal the ballot in the affidavit envelope all while staying in their cars, and then return everything to the poll workers when they are done. In a similar manner, individuals who wish to register to vote but cannot or will not wear a mask will be given the necessary application forms to fill out in their cars, and will be asked to provide the usual information that is required for all persons who are registering to vote.

Travel Talk has a new name and a new look! From now on we'll feature an image from our past travels.

It's a bit of nostalgia for the world of travel that used to be, but also perhaps inspiration for the world of travel that is surely yet to come.

Next month: a detailed report of our road trip back to Florida.



# Join the Bow Solar Challenge

Granite State Solar is proud to call Bow our home, so we're making solar more accessible than ever for our neighbors. Our goal: to help 50 homes or businesses go solar by the end of the year.



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## THE BOW SOLAR CHALLENGE



Granite State Solar is proud to call Bow its home and want to make it easier for our neighbors to go solar with us. So, we have started the **Bow Solar Challenge**. Our goal for the Bow Solar Challenge is to get

50 homes or businesses in Bow to go solar by 12/31/2020. And to reach this, we will be offering special reduced pricing for projects installed in Bow.

As a local business, we feel a responsibility to help our community. The best way to do so is by making our services more accessible than ever. Building solar arrays makes the grid that we all rely on more resilient and reduces our town's dependence on fossil fuels. We believe that taking care of our planet should start in our own backyard—it's why our own offices are powered with solar.

We recognize that this pandemic tightened everyone's belts, but the beauty of solar is it will help people save money. Instead of sending money to the utility month after month, solar payments are an investment. Once a system is paid off, which can typically be accomplished in 10 years, Bow properties will be powered by free, renewable energy from the sun. And, instead of fluctuating electric bills, solar customers who finance through our partners, VSECU and Merrimack Savings, can enjoy consistent, low payments—a welcome nugget of predictability during an unpredictable period of our history.

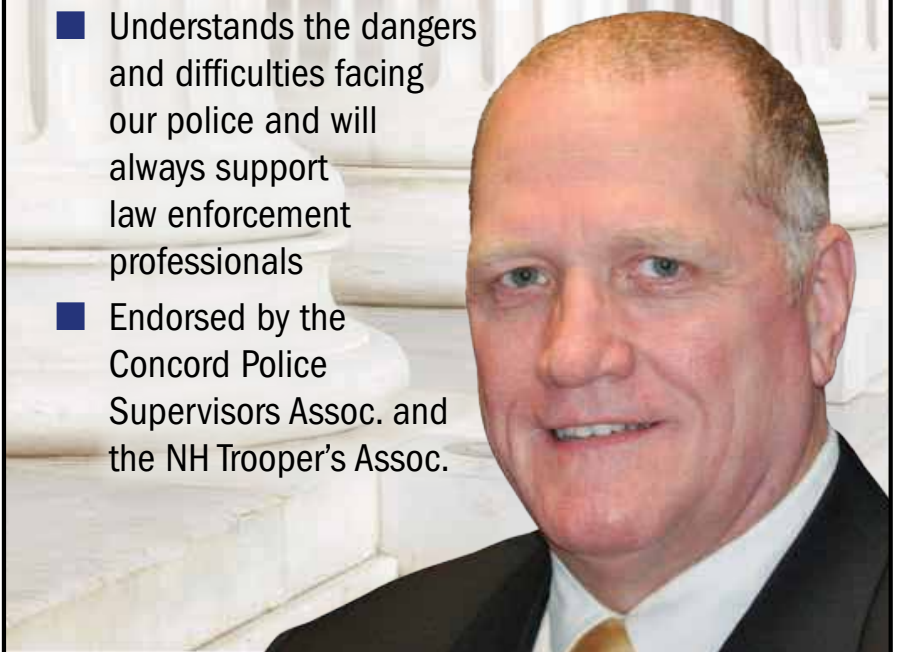
Supporting the community that supports us is our priority. We care about our customers not only because our business depends on it, but more importantly, but because it's also the right thing to do. Our dedication to providing a positive customer experience has been part of our ethos since we started in 2008 and we look forward to meeting the energy needs of our neighbors.

Alan Gauntt, Owner and CEO, Granite State Solar  
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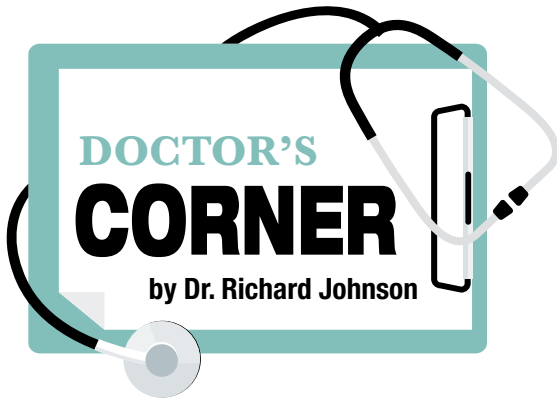
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## A PERSPECTIVE ON HUMAN DEATH AND COVID 19

It would be a grave mistake to read this article and think that I do not believe that the more than 200,000 US deaths (986,000 world wide) from COVID19 is a horrible tragedy for all, especially for those who have lost loved ones in this ongoing pandemic.

I do, however, want to step up to the 10,000 foot level and make a couple of observations and then try to bring it down to how we as human beings live our lives. I am well aware that I have selected items to make my point, and you might prefer looking at different data. That said let's take a stab at it.

As of 2018 about 700,000 people have died from the HIV epidemic in the US, and 33 million have died worldwide. The H1N1 virus (Spanish Flu) in 1918/1919 took 675,000 American lives, and 50 million died worldwide. In 1952 more than 3,000 people in the US had died from the poliovirus. It is estimated that 90% of Native Americans died from the smallpox virus. In the early 1900s Typhoid claimed more than 12,000 lives per year. In 1957 the H2N2 flue caused 116,000 deaths in the US. In 2009 there were over 12,000 deaths from H1N1 flu in the US.

UNICEF says that some 3.1 million children worldwide die from under-nutrition each year.

New estimates put the death toll from our Civil War at 750,000. The number of American lives lost in: WWI (320,000). WWII (1,076,000). Korean War: (more than 128,000). Vietnam War: (211,454)

In 2016 the CDC reported 623,471 legal abortions in the US. In the years 1978 through 1997 there were 1 million abortions each year. It has been estimated that in the US from 1970 through 2016 over 47 million babies growing in the 'protected' environment of the womb were killed. Worldwide, from 2010-2014, the Guttmacher Institute estimates there were 56 million abortions each year.

Wikipedia lists more than 70 events labeled as genocide events, which have taken over 100 million lives.

Some 60 million Africans died as a result of the slave trade (war and destruction in Africa, slave ships, camps at both ends of the sea journey, and murder while a slave).

I have spent my professional life as a physician trying to bring healing to people suffering from illness and injury. And that was a full time job. But what about the unbelievable loss of life at the hands of those who have the power, and claim to have the 'right', to decide another persons fate. Far more humans have died at the hands of another person, than from disease or famine or injury. I ask myself: "Have I fought for the victims of that kind of injustice?"

For those who believe we humans are the pinnacle of the evolutionary process, or for those who believe we humans are God's creation... we have not done well when it comes to treating our own species. I am unaware of any other species that treats its own kind the way we humans do. "When it comes to murderous tendencies, humans really are exceptional" (*Nat. Geographic* Sept 2016). Disease we can fight with medicine and vaccines. How we treat humans from conception to natural death takes a change of heart, a commitment to protect the life and rights of others. My challenge to you is: **"What will you do?"**

## THE Music LADY FOR THE LOVE OF MUSIC



## A TRIBUTE TO CHARLIE CHAPLIN

One of the most memorable characters ever created in the silent film industry was Charlie Chaplin's the "Tramp." With his small mustache, wearing a black suit with baggy pants and a derby hat while twirling his cane, the "Tramp" was a gentle man, who lived in a world of poverty and was often treated badly, but remained kind and upbeat. It is said that his humor did not come from bumping into a tree, but from his lifting his hat to the tree in apology. Chaplin himself was born into a life of poverty, but the creation of this character, along with many other movie roles, won Charlie Chaplin world-wide acclaim, and made him such a wealthy man that by 1918, at age 30, Chaplin was able to build his own Hollywood studio.

Chaplin proved to be a multi-talented genius in every aspect of movies and the theater. He was a rare comedian who could not only finance and produce all his films, but he was also the author, actor, director and soundtrack composer. After all, he owned the studio and had complete control over the many movies he made. He became very wealthy and lived in a mansion in Hollywood.

Most of the music he composed served merely as a background for all his silent films. But a few of his compositions were masterful enough to stand on their own, and to stand the test of time.

The song entitled "Smile" is considered by many to be one of the most brilliant songs ever written. Chaplin composed this masterpiece in 1936. The words of the song send a message of cheer, because there is always a brighter tomorrow, as long as you just smile.

Chaplin also wrote the Petula Clark hit "This Is My Song." Despite the fact that Petula Clark never liked this song, it was one of her top selling recordings in 1967.

"There's Always One You Can't Forget" and "You Are My Song" are two other Chaplin compositions that have sold many recordings, but are lesser known.

Today we pay tribute to Charlie Chaplin, the composer, not just because of the quantity of songs he wrote, although he did write the scores for many Hollywood films. We honor him today for giving us the song "Smile," an everlasting gem that rises to the top tier of all songs written in the 20th century.

When you next have the opportunity to enjoy listening to the silky smooth marriage of music and lyrics of "Smile," close your eyes and picture the "Tramp" as he waddles off into the sunset optimistically to continue his journey.

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# FAMILY DYNAMICS & MULTIPLE GENERATIONS

By Donna Deos

Family Dynamics and Multiple Generations are two really big topics. Perhaps we'll take them individually and then talk about them together.

Family Dynamics are how we relate to each other within our respective families. We have our immediate families: parents, children, siblings; and we have our extended families: aunts, uncles, cousins, nieces and nephews, in-laws, etc.

Since families are made up of lots of individuals, there are many opportunities for interesting dynamics!

We each have our own personalities, preferences, hot buttons and ways we think things should be done. Sometimes these things align and sometimes they do not.

Families tend to have collective beliefs and values on things too. Of course, not everyone agrees, but there do seem to be trends in behavior, belief and even ways of communicating within families.

When we are growing up we learn the way our family tends to lean, think and do things. Because we are a group of similar individuals with collective belief systems, we tend to think our way is the right way and that other ways are wrong.

The funny thing is everyone else feels that way about their familiar belief systems and ways of doing things too.

When we are kids and go to a friend's house we start to learn that not everyone does things the same way. Sometimes we learn good things from this, sometimes we are shocked, awed and perhaps even scared at what we learn. Some families find yelling at each other to be acceptable communication. Some do not. Some pray before each meal and some do not. The differences go on and on.

If you come from a quiet non-aggressive family visiting a boisterous, rowdy and perhaps confrontational one can be quite the surprise. I am sure the reverse is true as well. Throughout all of this we learn and grow. We find new ways of doing things and develop into our own unique person.

Eventually, we find someone we love, want to be with and raise our own family with. This person could come from a very different background and belief system, which poses its own challenges. These are not insurmountable but do require compromise and bending on both sides for it to be successful.

Now, let's throw some different generations into the mix. Persons of the current generation tend to be very different from their parents and wayyyyy different from their grandparents. Still, each generation believes in the way they do things to be the right and best way. Watching other generations do it very differently can be stressful and frustrating.

Imagine being 3 of those different generations living in the same household! I have been there, done that twice in my life. Once growing up with my Grandmother living with us (boy did us rambunctious kids stress her out!) and later



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with my daughter and I living with my parents. I can honestly tell you so far from my experience being the middle generation is the hardest. I have absolutely no intention of doing it again at the high end!

I think being the oldest generation and watching all that goes on nowadays, and knowing you have little control to help out (because they mostly don't want your input, because they are convinced their way is right) to truly be the hardest.

Generations are so very different these days. My grandparents were turn of the century children who were having children during the great depression. My parents were post-depression era children. They then raised us at a time and in a town where money was more prevalent and kids were more indulged. Other kids, that is! My parents were still living post-depression era lives due to family beliefs and learned behaviors from their lives. They were also older when they had us, which also contributed to the differences.

At any rate, the point is, we are all who we are. We got there through our life experiences and our personal choices. No one way of doing things is the only right way. Life is about learning compromise and working together. It is about loving and supporting each other as best we can. Sometimes that means spending less time together.

If your kids and grandkids drive you nuts – join the club! We drive them nuts too. It has been going on like this for longer than we all know. If you don't enjoy spending time together because it is too stressful, then don't! You do have control. You can decline the invites and you can withhold giving invites. You can also discuss why there aren't many invites.

Just because you are family doesn't mean you have to take on things that make you unhappy. It also doesn't mean you have to bite your tongue and hold things in. Honesty about how you feel and why you are making the choices you do will help others start to realize their "only true right way" isn't really all they think it is! It is not until we learn how our actions affect others that we can truly learn and grow from that information. You can't fix what you don't know is wrong.

Here's hoping you cannot relate to this month's article at all!

Wishing you peace and happiness, Donna

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SEPTEMBER 2020 REAL ESTATE SALES IN BOW

ADDRESS	BR & BA	ACREAGE	SQ FEET	P R I C E
5 Evergreen Drive	3 BR   3 BA	1 acres	1580 sq ft	\$320,000
88 Bow Bog Road	3 BR   2 BA	1.7 acres	2254 sq ft	\$340,000
41 Stone Sled Lane	2 BR   2 BA	CONDO	1628 sq ft	\$365,000
3 Essex Drive	3 BR   3 BA	2.23 acres	3664 sq ft	\$381,300
12 Windchime Drive	2 BR   2 BA	CONDO	1732 sq ft	\$400,000
34 Putney Road	4 BR   2 BA	3.6 acres	2434 sq ft	\$405,000
4 Rosewood Drive	4 BR   3 BA	2.62 acres	2849 sq ft	\$410,000
15 Parsons Way	3 BR   3 BA	1.46 acres	2062 sq ft	\$452,900
44 Albin Road	4 BR   4 BA	1 acre	3417 sq ft	\$457,500
2 Sharon Drive	4 BR   3 BA	2.35 acres	3780 sq ft	\$490,000

SEPTEMBER 2020 REAL ESTATE SALES IN DUNBARTON

NO SALES REPORTED FOR SEPTEMBER

BOW ROTARY CELEBRATES 50 YEARS!



For the Rotary year of July 2020, through June 2021, the Bow Rotary Club plans a series of events to celebrate its 50 years of existence and service in the Bow community. All Rotary Clubs are part of Rotary International, which covers not only the United States, but 200 countries throughout the world with 1.2 million members serving their respective communities in 35,000 Rotary Clubs.

Bow Rotary's International Service and Projects

Bow Rotary has been participating in international programs and projects since the early 1990's. Our first international service project was a medical eye project in Tobago. This project wet our appetite for serving others in poor countries. From there, we participated in our Rotary District's first project in Danli, Honduras in 2001, led by Bow Rotarian Chris Parkinson. Over the past 19 years, we have completed 28 mission trips to Danli and 6 to San Pedro Sula. Hosted by local Rotary clubs in Honduras, our purpose has been to provide medical and dental treatment and supplies; build and repair schools; provide school uniforms and supplies; support Pure Water For The World projects and ship medical equipment and supplies. Since the beginning, our Rotary District, supported by Concord Hospital, as well as local doctors and dentists have seen 26,000 patients, transported 12.5 tons of medical supplies, built 8 new schools and repaired 19, and installed 2100 water filters.

One of the Rotary Foundation programs we have participated in was Group Study Exchange (GSE). GSE is where 4-5 young professionals with similar professions and who are not Rotarians, are led by one Rotarian. The GSE team visits a Rotary district in another country for up to 30 days and the other country likewise sends their team to our district. The purpose is to exchange professional ideas, learn about the exchange county and to help promote world peace and understanding. Bow's Charter member, Past President and Past District Governor, John Lyford, led our first GSE team to India. Since then, we have two other members who have led teams to Turkey and the Dominican Republic.

Another one of the Rotary Foundation programs is Youth Exchange. In this program, one Rotary district takes in exchange students from around the world for the school year. The students are current high school seniors or have just graduated. They live with one or more local club host families for their stay and attend local high schools. Bow Rotary participated in this program for years and typically had the student stay with three different families during their stay.

Rotary Foundation's matching grants: Bow Rotary initiated a \$56,000 matching grant to introduce E-Learning at primary and secondary schools located in western suburbs of Mumbai India as well as in rural areas on the outskirts of Mumbai City. E-Learning strengthens the educational experience through improved materials. The major beneficiaries of this project would be students enrolled at the schools that have been identified on the basis of economic status of the families to which the students belong.

Bow Rotary also participated in a Rotary global matching grant sponsored by the Wallingford Vermont club that raised \$87,500 to purchase a Pediatric Bronchoscope System for the Tygerberg Children's Hospital near Cape Town, South Africa. In South Africa, pediatric lung diseases, including tuberculosis and HIV associated respiratory illness, are the leading cause of death in children.

As with other organizations, due to Covid-19 we have been meeting via Zoom for the past few months instead of in person. It is at least good to see member's faces, but we are all really looking forward to the day when it will be safe again to meet at the Old Town Hall in person.

The Bow Rotary Club is always looking for people who want to give back to their community. Are you interested? The Bow Rotary Club, which includes Bow and Dunbarton residents, anyone who works in Bow or any adjoining towns. We meet every Friday morning from 7:15 to 8:30 am at the Bow Old Town Hall on Bow Center Rd. We would love to see you there once we are back to meeting regularly. Currently our weekly meetings are held on Zoom and you are welcome to join us on Zoom in the interim.

Please check our website at [www.bowrotary.org](http://www.bowrotary.org) for our meeting schedule and details. Alternatively, you can contact our President, Matt Gatzke at: [msgatzke@gmail.com](mailto:msgatzke@gmail.com) or (603) 496-9044.

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## Talking Trash

by Danielle Ruane

### TOO TOXIC FOR TRASH? BRING IT TO HOUSEHOLD HAZARDOUS WASTE COLLECTION DAY

The Towns of Bow and Dunbarton are holding their annual Household Hazardous Waste Collection Day and Electronics Collection for residents on Saturday, October 31, 2019 from 8:30 a.m. to 1:00 p.m. This year the event will be at a new location, which is the Bow Department of Public Works at 12 Robinson Road, Bow. Bow and Dunbarton residents should bring their household hazardous waste to the event to safely dispose of harmful materials. Acceptable items to bring include oil based paints and solvents (no latex paint), used motor oil, antifreeze, transmission fluid, swimming pool chemicals, insecticides, fluorescent light bulbs, batteries, household chemicals and propane tanks. Please do not bring latex paint, explosives, asbestos products or prescription drugs. This year again there will be a company collecting electronics and computer items for free, or a modest fee depending on the item. There will be new protocols to address COVID-19 this year, and all residents must remain in their vehicles during the collection, place all household hazardous waste items in a pick-up bed or trunk of car, and wear a face covering when communicating with workers and volunteers while in their vehicle.

Please bring all of your household hazardous waste and electronics waste to the event. According to the New Hampshire Department of Environmental Services, the average household throws 15.5 pounds of hazardous materials into the trash each year. Many common household products contain hazardous substances. These materials are hazardous because they contain chemicals that are corrosive, explosive, reactive, flammable, poisonous or toxic. It is important to dispose of hazardous materials properly to protect the town's groundwater and ensure the safe disposal of chemicals.

A list of acceptable and unacceptable materials can be found at <https://www.bownh.gov> or email [bowrecycles@gmail.com](mailto:bowrecycles@gmail.com).



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# ANNUAL FINANCIAL TO-DO LIST

by Dominic Lucente

## Things you can do for your future as the year unfolds.

What financial, business, or life priorities do you need to address for the coming year? Now is an excellent time to think about the investing, saving, or budgeting methods you could employ toward specific objectives, from building your retirement fund to managing your taxes. You have plenty of choices. Here are a few ideas to consider:

**Can you contribute more to your retirement plans this year?** In 2021, the contribution limit for a Roth or traditional individual retirement account (IRA) is expected to remain at \$6,000 (\$7,000 for those making “catch-up” contributions). Your modified adjusted gross income (MAGI) may affect how much you can put into a Roth IRA. With a traditional IRA, you can contribute if you (or your spouse if filing jointly) have taxable compensation, but income limits are one factor in determining whether the contribution is tax-deductible.<sup>1</sup>

Remember, withdrawals from traditional IRAs are taxed as ordinary income, and if taken before age 59½, may be subject to a 10% federal income tax penalty starting again in 2021. Roth IRA distributions must meet a five-year holding requirement and occur after age 59½ to qualify for tax-exempt and penalty-free withdrawal. Tax-free and penalty-free withdrawals from Roth IRAs can also be taken under certain other circumstances, such as a result of the owner’s death.<sup>2</sup>

Keep in mind, this article is for informational purposes only, and not a replacement for real-life advice. Also, tax rules are constantly changing, and there is no guarantee that the tax landscape will remain the same in years ahead.

**Make a charitable gift.** You can claim the deduction on your tax return, provided you follow the Internal Revenue Service (I.R.S.) guidelines and itemize your deductions with Schedule A. The paper trail is important here. If you give cash, you should consider documenting it. Some contributions can be demonstrated by a bank record, payroll deduction record, credit card statement, or written communication from the charity with the date and amount. Incidentally, the I.R.S. does not equate a pledge with a donation. If you pledge \$2,000 to a charity this year but only end up gifting \$500, you can only deduct \$500.<sup>3</sup>

These are hypothetical examples and are not a replacement for real-life advice. Make certain to consult your tax, legal, or accounting professional before modifying your record-keeping approach or your strategy for making charitable gifts.

**See if you can take a home office deduction for your small business.** If you are a small-business owner, you may want to investigate this. You may be able to write off expenses linked to the portion of your home used to conduct your business. Using your home office as a business expense involves a complex set of tax rules and regulations. Before moving forward, consider working with a professional who is familiar with home-based businesses.<sup>4</sup>

**Open an HSA.** A Health Savings Account (HSA) works a bit like your workplace retirement account. There are also some HSA rules and limitations to consider. You are limited to a \$3,600 contribution for 2021 if you are single; \$7,200 if you have a spouse or family. Those limits jump by a \$1,000 “catch-up” limit for each person in the household over age 55.<sup>5</sup>

If you spend your HSA funds for non-medical expenses before age 65, you may be required to pay ordinary income tax as well as a 20% penalty. After age 65, you may be required to pay ordinary income taxes on HSA funds used for nonmedical expenses. HSA contributions are exempt from federal income tax; however, they are not exempt from state taxes in certain states.

**Pay attention to asset location.** Tax-efficient asset location is one factor that can be considered when creating an investment strategy.

**Review your withholding status.** Should it be adjusted due to any of the following factors?

- You tend to pay the federal or state government at the end of each year.
- You tend to get a federal tax refund each year.
- You recently married or divorced.
- You have a new job, and your earnings have been adjusted.

These are general guidelines and are not a replacement for real-life advice. Make certain to consult your tax, human resources, or accounting professional before modifying your withholding status.

**Did you get married in 2020?** If so, it may be an excellent time to consider reviewing the beneficiaries of your retirement accounts and other assets. The same goes for your insurance coverage. If you are preparing to have a

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new last name in 2021, you may want to get a new Social Security card. Additionally, retirement accounts may need to be revised or adjusted?

**Are you coming home from active duty?** If so, go ahead and check on the status of your credit and any tax and legal proceedings that might have been preempted by your orders.

**Consider the tax impact of any upcoming transactions.** Are you planning to sell any real estate this year? Are you starting a business? Might any commissions or bonuses come your way in 2021? Do you anticipate selling an investment that is held outside of a tax-deferred account?

Vow to focus on your overall health and practice sound financial habits in 2021. And don’t be afraid to ask for help from professionals who understand your individual situation.

**Dominic may be reached at 603.645.8131  
or Dominic.lucente@LPL.com  
Dlucente.com**

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### Citations

1. thefinancebuff.com, August 12, 2020
2. usnews.com, February 12, 2020
3. irs.gov, April 3, 2020
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5. msn.com, August 19, 2020





October is the busiest season of the year – birds, duck, deer, and soon moose. Reports from the North country indicate that the grouse season is excellent.

Most crops are abundant, and acorns are plentiful. One archery hunter I spoke with said he wished he'd worn a hard hat in his tree stand instead of a soft cap as so many acorns were falling.

Notes from the fly shop... Trout season for reclaimed trout ponds is over. We wonder why some fly patterns work great in some ponds and not so good in others.



Why do Rainbow and Brown hit different flies from Brook trout? It could be water clarity, food source, or other reasons. These questions make game more interesting plus keep us busy at the fly tying bench.



To-date, deer registered from archery seem to be average or slightly above last season. Deer weight appear to be better than last season. I believe that if we get good weather for muzzle and rifle, we should have an excellent harvest.

Remember to treat your firearm as if it's always loaded! The muzzle should always be pointed in a safe direction. Be sure to always let someone know where you are hunting and when you expect to be return.

I know most have G.P.S and cell phones, but I would not go into the woods without a good compass and a headlamp. In this state we have a motto,

“Live Free or Die,” do as the Fish and Game recommends – wear your hunter orange!

One additional and very important thing, when you see trash in the woods, though it may have been tossed there by someone else, take a minute to put it in your pack and get it out of there. Please respect the landowner's property.

Mr. Scott Mason has been confirmed as the Fish and Game Director by the NH Executive Council, a position formerly held by Mr. Glenn Normandeau.

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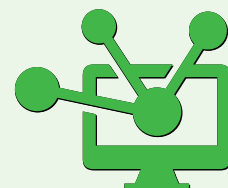
## BOW INTERACT CLUB DISINFECTANT DRIVE



The Interact Club at Bow High School will be hosting a drive to collect disinfectants, such as hand sanitizer and wipes, for those who do not have access. Anyone who would like to donate can drop the items they wish to donate off in the collection boxes that are located in the humanities classrooms. The drive will run through the month of October.

**READ**

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## DUNBARTON NEWS

By Nora LeDuc



**DUNBARTON LIBRARY** At the time of this news release, the Dunbarton library's Phase Three, limited *In and Out* Browsing Services, continues to be offered inside the building. 30-minute appointments may be made by phone or email. Appointment hours will be Tuesday-Friday, 10:00am to 4:00pm, and Saturday, 10:00am to 2:00pm. Please note that there will be no public seating or tables for meeting until further notice. No-Contact Curbside Pick-ups will remain available, and are strongly encouraged.

**ABSENTEE BALLOT** If you would like to obtain an Absentee Ballot and haven't applied yet, you may do so at the Dunbarton Town Clerk's Office 8:00 am to 4:00 pm, Monday through Thursday or by mailing or emailing a completed application to the Town Clerk. [http://dunbartonnh.org/images/2020\\_-\\_Absentee\\_Ballot\\_Application\\_-\\_COVID.pdf](http://dunbartonnh.org/images/2020_-_Absentee_Ballot_Application_-_COVID.pdf)

**READ TO DOGS** Read to Dogs Virtually is back at the library. You must register to participate. Kids in Grades 1 to 4 who register will have a 15-minute VIRTUAL session with a dog of their choice. Next Sessions will be Oct 22 with Murray and handler Liz, Nov 5 with Lily and handler Liz, & Nov 19 with Mr. T and handler Nancy. Slots available from 3pm to 4pm. Please contact the library to reserve your spot.

**DCC BOOK CLUB** During Oct the DCC Book Club will read *Holy Envy* by Barbara Brown Taylor. Discussion is scheduled for Thurs. Nov 5 on Zoom.

### NATIONAL PRESCRIPTION DRUG TAKEBACK DAY

The Dunbarton Police Department will once again be participating in the Drug Enforcement Administration's National Prescription Drug Takeback Day. The event takes place on Saturday, October 24, from 10:00 am to 2:00pm at the Dunbarton Police Department (18 Robert Rogers Road). Residents can turn in unused, unwanted, or expired medications, no questions asked. They are unable to accept needles or liquids. The proper disposal of medication helps reduce unauthorized access, theft, abuse and damage to the environment. Any questions about the event may be directed to Sergeant Chris Remillard at [chrisremillard@gsinet.net](mailto:chrisremillard@gsinet.net) or (603) 774-5500 or by visiting: [https://www.deadiversion.usdoj.gov/drug\\_disposal/takeback/](https://www.deadiversion.usdoj.gov/drug_disposal/takeback/)

**PARENT TEACHER CONFERENCES** will be held at the Elementary School, Tuesday, November 3. There is NO SCHOOL that day. Monday, November 10 will be Early Release Day for Parent Teacher Conferences. Tues. Nov. 11 No School for Veterans' Day.

**ELECTION DAY** November 3rd! Polls open 7:00 am to 7:00 pm or until everyone in line has voted.

**VIRTUAL BREWING** in New Hampshire: An Informal History of Beer in the Granite State from Colonial Times to the present. Presented by Glenn Knoblock and Sponsored by New Hampshire Humanities will be Thurs., Nov. 12, 2020, at 7:00 pm via Zoom. Please contact the library closer to the date for your Zoom link.



## BOW'S LORI FISHER WINS AWARD

Each year the New Hampshire Library Trustees Association (NHLTA) recognizes outstanding service by the state's public libraries. Not surprisingly given this extraordinary year, NHLTA received a number of impressive nominations. To meet the shifting demands imposed by the pandemic, libraries had to adapt quickly, shifting the way they conduct business and coming up with new ways to serve their communities.

Lori Fisher of Bow is now with the New Hampshire State Library and won the Dorothy M. Little Award. This award is presented to an individual who has demonstrated extraordinary, sustained public library advocacy and activism on a local, regional and state level.

## SARAH BROWN HONORED WITH TOURISM AWARD



Sarah Brown of Bow received an award last month from the Granite State Ambassadors for her work blogging to promote our State.

Granite State Ambassadors (GSAs) are volunteers, industry professionals, and residents of New Hampshire who have been trained and certified as NH information specialists who welcome the world to New Hampshire. You can find them at visitor centers, special events, chambers, and many other locations throughout the state. In their role

as the friendly, knowledgeable face of New Hampshire, GSA volunteers strive to help every person they meet have the best New Hampshire experience possible.

Recently, NH Granite State Ambassadors hosted its Annual Awards Event at Cathedral of the Pines in Rindge, where almost 100 NH tourism volunteers were recognized for their efforts.

This year's Blogger Award recipient was Sarah Brown. Sarah volunteers regularly at the Manchester-Boston Regional Airport, and also at the State House where she conducts tours. She was an avid follower of the Museums Trail in 2019, writing many wonderful blog entries about her museum visits around the state. She also shared great reviews of several virtual tours this year. All her writings greatly enhance the information in the NHGSA newsletter and on the website.

## TRACEY TARR RAISES FUNDS TO FIGHT CANCER

Bow resident, Tracey Tarr, participated in the Boston Marathon® Jimmy Fund Walk presented by Hyundai to give back to Dana-Farber after she was diagnosed with a rare form of cancer in 2016.

"I am so fortunate to live in New England and to be able to get ongoing care and regular treatment at Dana Farber, and most fortunate that there is a specialty team with expertise in the rare type of cancer that I have," Tracey writes. "Each month when I round the corner onto Yawkey Way, I am filled with gratitude about the care I can receive, as well as a strong sense of positivity and well-being because of the wonderful team that is with me for the long haul."

Tracey first started walking in the Jimmy Fund walk in 2019, with her family and a few friends. "I love walking and it is my favorite form of exercise," Tracey writes. So the Jimmy Fund Walk was a natural fit! "This year I walked in our home town with my 2 youngest (seniors in high school) and one of my adult sons and his friends participating with us virtually from Brooklyn, NY." Tracey walked with her team, Hitting the Tarr on October 4.

"Joining in the Jimmy Fund Walk is a meaningful way for my family and me to feel that we can contribute something for all I have and continue to receive," Tracey emphasizes.





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## QUOTE FOR THE DAY

“Facts are stubborn things; and whatever may be our wishes, our inclinations, or the dictates of our passion, they cannot alter the state of facts and evidence.”

John Adams, Founding Father and President

## HOPKINTON POLICE DEPARTMENT

### SEPTEMBER 2020 STATS

4 Arrests   12 Accidents   430 Traffic Stops

#### ARREST LOG:

**09/12** Sarah Warner, 31, of 563 Kearsarge Ave, Hopkinton, was arrested for DV; Simple Assault; Physical Contact.

**09/13** Kathy Day, 40, of 9 Penwood Drive, Penacook, was charged with Drive After Revocation/Suspension and Suspension of Vehicle Registration.

**09/13** Allen Reed, 39, of 253 Little Tooky Road, Hopkinton, was arrested for Drive After Revocation/Suspension: DUI and Open Container.

**09/28** Adam Montecalvo, 49, of 193 Agnes Street, Manchester, was arrested for Drive After Revocation/Suspension – subsequent.

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## Hopkinton Real Estate Sales – AUGUST 2020

ADDRESS	BEDROOMS / BATHS	SQUARE FOOTAGE	ACREAGE	PRICE
170 Deer Path Drive	3 Bedrooms / 2 Baths	1,568 Square Feet	0.01 Acres	\$ 80,000
238 Fire Pond Road	3 Bedrooms / 2 Baths	1,848 Square Feet	0 Acres	\$110,000
117 Maple Street	3 Bedrooms / 2 Baths	2,268 Square Feet	0 Acres	\$210,000
205 River Grant	2 Bedrooms / 2 Baths	1,232 Square Feet	14.0 Acres	\$210,000
1002 Hatfield Road	3 Bedrooms / 3 Baths	2,232 Square Feet	3.0 Acres	\$247,500
810 Putney Hill Road	1 Bedrooms / 2 Baths	1,400 Square Feet	2.1 Acres	\$397,000
257 Gould Hill Road	3 Bedrooms / 3 Baths	2,362 Square Feet	3.1 Acres	\$435,000
123 Taylor Road	4 Bedrooms / 3 Baths	2,436 Square Feet	2.76 Acres	\$459,450
225 Wildwood Drive	4 Bedrooms / 3 Baths	2,650 Square Feet	6.88 Acres	\$460,000
1488 Hatfield Road	3 Bedrooms / 3 Baths	2,805 Square Feet	12.6 Acres	\$517,900
1290 Hatfield Road	3 Bedrooms / 3 Baths	2,293 Square Feet	5.01 Acres	\$569,000
774 Dolly Road	3 Bedrooms / 3 Baths	2,926 Square Feet	9.3 Acres	\$575,000
329 Currier Road	4 Bedrooms / 4 Baths	3,521 Square Feet	8.2 Acres	\$575,000
1105 Hopkinton Road	4 Bedrooms / 4 Baths	3,934 Square Feet	12.2 Acres	\$629,900

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## Welcome to the Hopkinton - Contoocook TOWN CRIER!

by Kathleen Butcher  
724-3452, [kathb123@comcast.net](mailto:kathb123@comcast.net)

► **CONTOOCCOOK FARMERS' MARKET** is open Saturdays 9-12 behind the Train Depot in Contoocook. Please wear a mask. Many local vendors every Saturday.

► **HOPKINTON NATURE WALK** was created by Emma Rothe, a Girl Scout and a member of the HHA class of 2020. The trail winds through the woods next to the Story Walk, and features many informational signs about local plant life. Thanks Emma!

► **HAWKS FACE MASKS** are now available. 15% of online sales are donated to the Hopkinton Hawks Booster Club. Please support your Hawks! <https://stores.teamfitter.com/HHBC/shop/home>.

► **THE HOPKINTON TOWN LIBRARY** welcomes you to walk-through opening. Limited Hours BY APPOINTMENT. Call 746-3663 or email [info@hopkintontownlibrary.org](mailto:info@hopkintontownlibrary.org). Tuesday 10AM-Noon (Seniors Only) and 3- 5 PM (Open to all) , Friday 10AM-Noon (Families Only) and 3 – 5 PM (Open to all), Saturday 10AM–1 PM (open to all) (STARTING 9/12). Maximum of Fifteen Patrons in the building at a time. Pre-Registration Requested. Patrons can reserve ½ hour time slots. If capacity hasn't been reached, walk ins welcome. Please continue to use the external book return box. Masks are required per the recommendation of the Town of Hopkinton Health Officer. Please Respect Social Distancing! Stay Six Feet Apart. Limited Computer

Use Available BY APPOINTMENT Call 746-3663 or email [info@hopkintontownlibrary.org](mailto:info@hopkintontownlibrary.org). Two Public Computers available for up to one hour. (Can be extended if no one waiting). Photocopier and Fax Machine Available Curbside Pickup will continue 10AM-5PM Tuesday through Friday 10AM-1PM Saturday. Tables, Study Rooms and Meeting Rooms unavailable until further notice.

► **BEECH HILL FARM** corn mazes are open through Halloween. October is the last month of the season at Beech Hill Farm and Ice Cream Barn. The farm is open noon -7pm on the weekend and 2-7pm on weekdays.

► **THE HOPKINTON TOWN CLERK** office mailed out absentee ballots to voters who had submitted absentee ballot requests for the General Election on November 3rd. You can mail, fax, or hand deliver the completed form to the Town Clerk. If you mail or fax your request, an absentee ballot will be mailed to you. If you hand deliver your ballot request to the Town Clerk Office, you can pick up an absentee ballot, vote, and turn in your completed ballot to the clerk in a one-stop visit. If you have any questions about voting, please call the Town Clerk at 746-3180.

► **PROPANE SALE** on Saturday October 24th 9:00am-12 noon. Sponsored by the Hopkinton Lions Club at H.R. Clough 76 Pine St. \$10/tank. 20lb tank max.

► **SCARECROW CONTEST** Use your imagination to make the most creative scarecrow. Displays will be located at Dimitris, the Colonial Village, The Fire Station and Bate Building. Top 3 scarecrows will be presented with ribbons. A choice of a \$50 gift card to Dimitris or Colonial Village will be awarded to the winner. 2nd and 3rd place will receive \$25 gift certificates to either Dimitris or Colonial Village.

There is NO cost to enter the contest. For more information, registration entry due dates and construction rules go to: [www.hopkintonrec.com](http://www.hopkintonrec.com)





# BOW POLICE LOG

by Chief Margaret Lougee

## SEPTEMBER 2020 ARREST LOG

**9/1** Thelma Goduti, 50, Manchester, was arrested for stalking; An adult was taken into protective custody for an involuntary emergency admission

**9/4** Megan Blackler, 23, Franklin, received a summons for driving after revocation/suspension; Ramadhana Kiki Idrisa, 34, Concord, was arrested for operating without a valid license, and a warrant for simple assault

**9/5** Kathleen Laforge, 64, Bow, received summonses for disorderly conduct; Eric Blackburn, 55, Concord, was arrested for disobeying an officer, and driving after revocation/suspension

**9/6** Mompokpo Amegnra, 28, Concord, received summonses for driving after revocation/suspension and suspended registrations; Patrick Davis, 30, Manchester, was arrested for criminal threatening and criminal mischief

**9/8** Michael Jutras, 20, Auburn, received summonses for driving after revocation/suspension and suspended registrations

**9/9** John Pollard, 45, Hooksett, was arrested for driving under the influence

**9/1** Moises Basilio Marquez, 23, Lowell, MA was arrested for aggravated driving under the influence

**9/14** Zachary Person, 38, Bow, was arrested for possession of a controlled drug, and two warrants for failure to appear

**9/15** Zachary Labrecque 32, Manchester, was arrested on two bench warrants for driving after revocation/suspension and receiving stolen property; Kristopher Martins, 30, Bow, was arrested for domestic violence; simple assault, and domestic violence; obstructing report of crime/injury; a minor received a summons for possession of marijuana

**9/16** Joseph Thorpe, 23, Epsom, received a summons for reckless operation

**9/18** An adult was taken into protective custody for an involuntary emergency admission; Kaulana Simino, 31, Newport, was arrested for possession of a controlled drug X2, and a warrant for possession of a controlled drug

**9/20** Christopher Flippo, 42, Bow, received a summons for operating without a valid license, Luis Ramirez, 51, Concord, was arrested for driving under the influence

**9/21** John Dickinson, 55, Danbury, received summonses for driving after revocation/suspension and suspended registrations

**9/22** Roseann Hoyt, 53, Bow, was arrested for simple assault X2, and mutual combat, Brian Sarabia, 43, Hillsboro, was arrested on a bench warrant for suspended registrations

**9/23** Phyllis Preston, 73, Manchester, received a summons for mutual combat

**9/27** Kristopher Estey, 38, Concord, received a summons for driving after revocation/suspension

**9/28** Bianca Berryman, 28, Concord, was arrested on a warrant for possession of a controlled drug

**9/29** Cody Denofrio, 33, Charlestown, received summonses for criminal mischief, and disorderly conduct.



## Town of Bow Trick or Treat

**Saturday, October 31st from 5:00 - 8:00 pm**

To maintain Trick or Treat in the safest way during the pandemic, the Town of Bow is offering the following safety guidelines:

If you do not wish to have your home participate in giving out treats, simply dim your lights or post a sign.

### HOMES PARTICIPATING IN TRICK OR TREAT SHOULD:

- Give out ONLY wrapped items
- Give out items outside, on a table, keeping 6 foot distance, or behind a storm door
- Replace treats before each visitor or group
- Do not hand treats directly to children
- Put out hand sanitizer
- Create one way traffic flow

### TRICK OR TREATERS SHOULD:

- Trick or Treat in small groups, preferably with family members and within your own neighborhood.
- Avoid large groups and going inside any homes.
- Carry hand sanitizer, gloves are not recommended
- Wear protective masks (may be a part of the costume if its cloth)

If you are uneasy about getting treats door to door, you can always just provide your own. Then you can still go door-to-door and hand them out to your own children at each stop.

Guidelines may be adjusted at any time based on updated recommendations from the CDC and/or state .



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# OBITUARIES



## DORIS BOURBEAU

Doris Bourbeau, of Bow, passed away peacefully on September 23, 2020, at the Jack Byrne Center in Lebanon at the age of 79. Doris was born on June 17, 1941, in Manchester, to Elijah and Cecile (Larochelle) Parrott. She attended Manchester and Hooksett schools.

Doris worked along side her husband for over 30 years as the office manager at their family owned business, Coles TV-Video in Concord. Doris enjoyed spending time with her family and friends. She enjoyed walking on the beach and sunsets on Marco Island, walks with her dog and traveling.

She is survived by William, her husband of 61 years, two sons, William W. Bourbeau, and his wife Rene, of Atlanta, GA, and Michael Bourbeau, and his wife Debra, of Bow; five grandchildren, Melissa Valence, and her husband, Nathan, of Bow; granddaughter, Megan Castelot, and her husband, Joseph, of W. Lebanon; grandsons, Jack and Luc Bourbeau, of Atlanta, GA; and granddaughter Ava Bourbeau, of Atlanta, GA; and three great-grand children.

In lieu of flowers, donations may be made to Jack Byrne Center, 154 Hitchcock Loop Road, Lebanon, NH 03756.

## ROBERT JOHN CADIERO

Robert John Cadiero, 86, of Bow passed away in his home surrounded by his family on September 12, 2020. He was born in Malden, MA, the son of the late Manuel and Margaret Cadiero. He moved to Bow in 1973 with his wife and two daughters.

Known as "Bob" by many, he was a social butterfly and enjoyed sparking up a conversation with anyone. He was known for making the best Portuguese Sweet Bread. He made hundreds of loaves and loved to give them to his family, friends and neighbors. He especially loved to spend time with his family and enjoyed all their visits to Florida.

He was married to Catherine "Kay" for 54 glorious years, she was his greatest love. They enjoyed wintering in Punta Gorda, Florida for 25 years together. After Kay's passing, he met his second great love, Miss Nancy. Bob and Nancy bonded over the loss of their spouses and created a beautiful companionship.

Bob was a kind man who was loved by so many. He was an amazing father, Papa and Great Papa. He was so happy to be able to bond with his great grandson, Walker. He called him "my boy." He had many friends, who will surely miss his spunky/sassy personality and his perfect mustache. He was simply the best and his life lessons, recipes and love will be carried on forever.

He is survived by two daughters, Robin Gagnon of Henniker and Roberta Gray and her husband David of Myrtle Beach, SC, a granddaughter Nicole Morse, her husband Brandon and great grandson Walker of Atkinson and a grandson Jason Gagnon of Lee.

In lieu of flowers, donations can be made in his memory to CRNA Hospice Program, 30 Pillsbury St., Concord, 03301.

## ARVLYNNE LUNDIN FERRELLI

Arvlynne (Bud) Lundin Ferrelli of Bow passed away on September 10, 2020. She was born July 5, 1947, in York Harbor, Maine and grew up in South Berwick, Maine. She was born to Dr. Arvid R. Lundin and Sheila F. Lundin.

Bud was married to her true love, Michael G. Ferrelli on January 11, 1969.

Bud was employed by Northeast Electronics, Northern Telcom, and Exacom, from which she retired. Throughout her life, Bud remained passionately devoted to her family, to her friends, and to her job. She worked tirelessly to put her two daughters through college, while working full time, and being the full time caregiver of her husband. Bud's favorite word was "integrity," and her favorite phrase was "kindness matters." She lived her life according to these two principles and was a true friend to all.

She was the very proud grandmother (Grandy) of Maxwell Phillips, Alexander Phillips, Amelia Phillips, and Eoin Stanton.

Bud is survived by her two daughters, Angela (Matthew Phillips of Warner and Alexandra (Thomas Stanton) of Manchester; her middle sister, Julianne (Richard Rain); her brother and sister-in-law, William Ferrelli and his wife, Anne of South Carolina; and brother-in-law, Jerry Croteau of North Carolina.

She is predeceased by her husband, Michael G. Ferrelli; her older sister, Suzanne and her sister-in-law, Nancy Ferrelli Croteau.

In lieu of flowers, Bud asked that donations be made in her memory to Live and Let Live Farm at <https://www.liveandletlivefarm.org>, a charity that was near and dear to her heart.

## NANCY R. GAGNON

Nancy R. Gagnon, 78, of Bow, passed away on September 9th, 2020 at Concord Hospital after a period of declining health. She was the widow of the late Arthur Leo Gagnon who died on March 6th, 2020. They were married for 61 years.

She was born in Nashua, on October 7th, 1941, to the late Ruth (Bourdon and Arthur H. Ledoux, Sr. She was raised in Nashua and attended Nashua High School. Nancy and her late husband Arthur were the owners of Willow Pond Nursery in Merrimack for many years.

Nancy served on several organizations over the years: she was the president of the Merrimack Republican Women's Club, a State Representative for Merrimack and Litchfield from 1975 – 1980, and was proud to be the first woman to be elected onto the Merrimack Board of Selectman and served a term as chairman of the board. Additionally, she was a nearly 20-year Breast Cancer Survivor.

Nancy will be forever loved and remembered by her three sons, A. David Gagnon of Penacook, Perry Gagnon and his wife Jody of Lisbon, Lee Gagnon and his wife Judy of South Sutton; a daughter, Melissa and her husband Rick Paquette of Bow; Nancy will also forever be remembered and loved by her sister-in-law, best friend and her children's second Mom, Lynn (Gagnon) Palermo, 9 grandchildren whom she adored immeasurably; 5 great-grandchildren; three beloved brothers, R. Bruce Ledoux, Barry Ledoux, and Brian Ledoux; her only sister and best friend, Michelle "Mikki" Stitham, along with many many nieces and nephews who remember her with warm hearts.

In lieu of flowers, the family has requested memorial contributions be made in the name of Nancy Gagnon to support the Payson Center for Cancer Care at Concord Hospital. Contributions can be mailed to Concord Hospital Trust, 250 Pleasant St., Concord, NH, 03301 or made online at [ch-trust.org](http://ch-trust.org).

## JANE MARSHALL

Jane Marshall, of Bow, beloved mother, grandmother and great-grandmother passed away recently following a brief illness, after an evening surrounded by loved ones.

Jane lived much of her life in the Concord area, working at Concord Hospital. In her later years, Jane resided in Ocala, Florida before moving back to Bow to be near family. Jane was an avid reader and enjoyed dancing, skiing, golf, crafts and travel while maintaining her home with great pride. She was an active church member both in Concord and in Florida.

Family was of the utmost importance to Jane. She was very proud of her 12 grandchildren and 21 great-grandchildren. She enjoyed watching them grow and keeping track of their activities and interests.

Jane was predeceased by husband Charles Marshall and by son John William Drewry.

She leaves behind daughter Sharon Blake and husband Bruce, as well as sons Tim Strople and wife Michelle, Mark Strople and wife Stephanie, as well as Rand Strople and wife Cathy; stepsons Chuck and Dale Marshall and Abby Whitson. Jane will be interred with her husband Charlie at the Veteran's Cemetery in Boscawen.

A celebration of life will be announced at a later date. In lieu of flowers, donations may be made to Cornerstone VNA, 178 Farmington Rd, Rochester, NH 03867.

## BRADLEY WINFIELD PARKER

Bradley Winfield Parker died suddenly on September 28, 2020, at his Bow residence.

Bradley grew up in Littleton, the son of Winfield Parker and Nila (Warren) Parker, both deceased. Brad is survived by his brother Warren Parker, niece Lisa (Parker) Magoon and husband Bob Magoon, Grandniece Rebecca and Grandnephew Ross, their children and many cousins. He is also survived by his two close friends Diane Bazydlo of Bow and Kathy Douff of Chichester.

Brad was employed by New Hampshire Police Standards and Training for many years as a driving instructor and training director. He was so proud that no police officer that he had trained had lost their life in a traffic crash.

From an early age, Brad was a musician. He was a composer, singer/songwriter, performing and recording artist of Country Western, folk and Americana music. He had three Number 1 hits on the Indie World Charts and was often heard on internet and conventional radio stations. His soul was that of a musician, and he can now be heard at Heaven's Door.

In lieu of flowers, donations may be made to the following non-profit organizations for the care of rescued animals: Pope Memorial SPCA of Concord, 94 Silk Farm Road, Concord NH 03301.

## ALLEN RAYMOND SINCLAIR

Allen Raymond Sinclair, 83, of Bow, passed away on September 23, 2020. Allen was born on May 21, 1937, in Concord, to the late Quincy and Gertrude (Foote) Sinclair. He attended Concord High School, graduating in the class of 1957. Allen married his high school sweetheart Sheila Ann Rabbitt. Many fondly remember Allen from his service at the Concord Fire Department and from his time spent as the owner and proprietor of Ordway's Market. When not working Allen enjoyed golfing, fishing and putting around in the home and garage that he designed and built. In addition to his parents, Allen was predeceased by his son Steven Jay Sinclair, his brothers Arthur, Robert, Conway and Richard.

He is survived and will be missed by his wife Sheila, his daughter Kimberly Neale and her husband Timothy of St. Cloud, FL, his granddaughter Brandi Lynn and Christopher Mayville of Lorton VA, his grandson Cory Steven Neale of Becker, MN, his great granddaughter Norah Mayville and his sister Georgiana Joaquin and her husband Edward of Concord. Those who wish to make a memorial contribution may do so the Concord VNA and Hospice House.



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**HIGHER BUSINESS TAXES –** Both HB 2 and HB623 called for an increase in the BPT and BET. You pay BET even when you are not profitable. In the case of the BET it would have increased by 12.5%. Democrats felt that “businesses could afford it.” Just imagine what 2020 would have looked like if Democrats would have been able to institute their higher taxes on businesses that ended up struggling to survive just months later? All three of our liberals voted for higher business taxes.

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JOHN MARTIN

RAY PLANTE

MARIYA MARKOVA

John Martin has served Bow as a member of the Public Safety Building Committee. John served as a State Representative for the Bow-Dunbarton district during the 2015-16 session, sitting on the House Criminal Justice and Public Safety committee as the Republican committee whip. Martin served 29 years on active and reserve duty with the US Army in such wide flung areas as Vietnam, Central America, along the Mexican border, and in East Africa. He also retired after a 20 year career with the NH Department of Corrections ending as a Unit Manager. He is a graduate of the University of Massachusetts.

Ray Plante was born and raised in Upstate NY where he earned his Bachelor of Science from SUNY Plattsburgh. Ray enlisted in the Army National Guard as a Military Police Officer and was commissioned as a 2nd Lieutenant as an Army Aviator. Ray has held various full-time and part-time positions throughout the Army National Guard to include Operations Officer for a Domestic All-Hazard Response Team and is now on his 3rd Company Command. Ray previously worked for 5 years for Verizon and is a licensed real estate agent and owns his own property rental business.

Dr. Mariya Markova of Bow, is a professor of Leadership and the CEO of the Coaching and Leadership International Academy, LLC. She believes in local control of education beginning with parents, teachers and administrators. She believes in directing market forces to promote a better economy that enables the personal and economic advancement of all NH residents and citizens.

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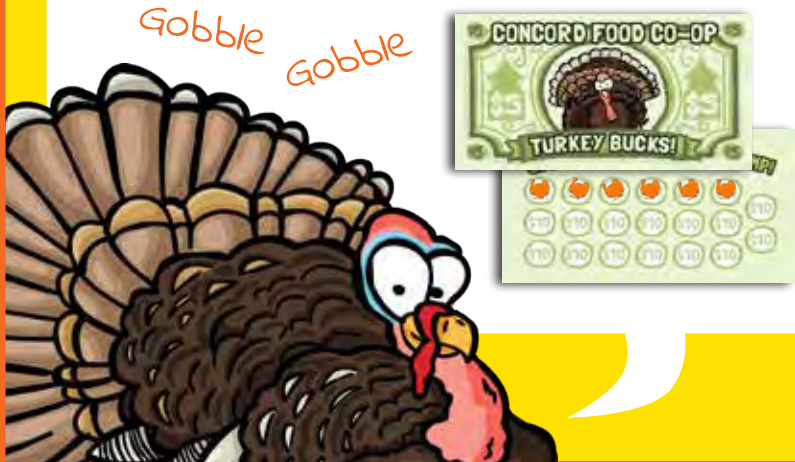
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