

# The Bow Times

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THE BOW TIMES

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FREE

## JASON SYVERSEN RUNNING FOR SENATE DISTRICT 16



Jason Syversen

Jason Syversen, a successful entrepreneur and resident of Dunbarton, announced his candidacy for state senate district 16 which includes Bow.

Syversen has a compelling life story, growing up in poverty, making his way through college and ultimately launching his own tremendously successful business, selling it and then retiring at 42 to focus on non-profit work.

Growing up poor gave Jason the drive and motivation to go to college and get a good job so he could provide for his family and escape the stress that financial scarcity creates for struggling families.

As a child, he learned important values of love and care for neighbors and living frugally, like when they needed to make scarce food items last a long time.

After graduating from college, he went through the BAE Systems inaugural engineering leadership development program, and was later recruited to work for the prestigious DARPA (Defense Advanced Research Projects Agency). At DARPA he managed almost \$100M in advanced research programs, particularly focused in cyber security.

In 2009, Syversen took the biggest risk of his life, leaving DARPA and starting Siege Technologies. He grew the business over 8 years and sold it in 2016. Syversen retired from business several years later, gave most of his money away to charity, and began volunteering as a leader in non-profit organizations.

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## EVELYN HATEM

### 2020 BGC Scholarship Recipient

The Bow Garden Club was thrilled to recently present Bow High School Senior, now grad Evelyn Hatem with their 2020 BHS Scholarship. The garden club's criteria for selecting their annual scholarship recipient is that the applicant must be "in good academic standing" and "plans to further their education within a college curriculum majoring in any one of the fields of Horticulture, Conservation, Environmental Science, Forestry, Plant Science or any related field."

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## HOPKINTON - CONTOOCOOK NEWS ON PAGES 15-16



Photo | Eric Anderson

## THE MUNICIPAL BUILDING WILL RE-OPEN TO THE PUBLIC ON MONDAY, JULY 13, 2020

### ON-LINE SERVICES

Please continue to use on-line Services when possible. This will help us to minimize foot traffic in the building, maximize social distancing and reduce the risk of exposure to both residents and employees.

Our online services may be accessed at any time via our website at [www.bownh.gov](http://www.bownh.gov) Simply navigate to the applicable Department page for a complete list of services and on-line transactions that are available.

### MAKING CONTACT US

You may call individual offices with any questions that you may have.

TOWN CLERK/TAX COLLECTOR - Call 603-223-3910

TOWN MANAGER'S OFFICE - 603-223-3910

FINANCE DEPARTMENT - 603-223-3915

COMMUNITY DEVELOPMENT DEPARTMENT - 603-223-3970

### ENTRANCES

The entrance for the Town Clerk/Tax Collector's Office, Town Manager's Office and Finance Department is located on the east side of the Municipal Building.

The entrance for the Community Development Office is located at the front of the building on the lower level. Both entrances are accessible.

### COMMUNITY BUILDING

Open for walk in business. Exercise classes are being held with a restricted number of participants in order to maintain 8' to 10' of separation as called for in the State Guidelines.

### BOW SAFETY CENTER

The Police Department, Fire Department and Emergency Management are open for walk-in business.

### DEPARTMENT OF PUBLIC WORKS FACILITY

Open for walk-in business.

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### DUNKLEE ROAD CLOSURE

The Dunklee Road Bridge will be replaced. Work will begin 7/20/2020 through late fall and Dunklee Road will be impassable to thru traffic.

Lakes Fuel Injection, Coastal/Quality Wood Priming, and the residence at 40 Dunklee may be accessed via 3A.

All other businesses on Dunklee may be accessed via River Road.



## WINNER OF 4 NH PRESS ASSOCIATION AWARDS

MONTHLY BOW TIMES IS DELIVERED TO 3,100 RESIDENTS AND BUSINESSES - FREE



## LOW TAXES ARE THE RESULT OF LOW SPENDING

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## TO OPEN OR NOT TO OPEN (AND HOW)?

by Fred Bramante

At a recent indoor Presidential campaign rally in Arizona, the Trump team made all attendees sign disclaimers saying they would not sue the campaign if they came down with the Coronavirus. In weeks, our superintendents and school boards in New Hampshire and beyond will be forced, in one way or another, to make potentially life or death decisions, for many, for the first time in their lives.

The virus is going to spread. NH students are going to be in contact with each other, and, despite best attempts to check temperatures, etc. there's a strong likelihood some spreading will occur. While young people have been the most resilient in dealing with Covid-19, the problem is the virus can easily spread to others, especially, older family members whose lives will be in danger caused directly by the opening of our schools.

Are our schools going to ask parents to sign documents that hold the districts harmless? I would venture to guess that the school administrators and school boards around the country are in contact with their lawyers asking how best to legally protect decision-makers in the school opening process from lawsuits based on the spread of the virus to older, more vulnerable citizens.

So what do we do? Of course we want our schools open, but at what cost? Are we willing to make the decision to open if the risk is 100 or fewer deaths statewide? Is the number 50 or maybe 25? Is it zero?

As of this writing, there have been 388 coronavirus deaths in NH. The vast majority (256) have been in Hillsborough County and are basically, two-thirds of the deaths in the state. Rockingham is second with 92 deaths. Beyond that, there have been very few deaths in the state. So do we close the schools in Hillsborough County, open on a part-time basis in Rockingham, and for the rest of the state, open the schools as normal?

While school administrators and school boards are deeply engaged in conversations about what to do, they are also getting advice from the Commissioner of Education and the Governor who are in turn getting advice from the federal government. When these deaths occur, as I'm betting they will, will there be a blame game as a primary defense by districts? "Don't blame us, the governor/commissioner/President made us do it."

Here's what I do know. The coronavirus has forced educators all over the United States to alter their delivery model.

## REMOTE LEARNING ISN'T WORKING FOR SPECIAL EDUCATION STUDENTS

by Michael Dennehy

We are over with remote learning in Bow for this school year. By many accounts, remote learning kicked off with a tremendously successful bang.

Department of Education Commissioner Frank Edelblut should be credited with pulling together a statewide plan, implementing it, and working round the clock to smooth out the wrinkles along the way.

However, in local school districts, as the majority of students have made the transition to remote learning, the children who arguably need the most help are now being left behind. Special education students, those children who have an IEP, who have a full-time or part-time Para educator, or who have physical, speech and occupational therapists, either no longer have these services at all or they are being delivered in a way that doesn't produce much benefit.

It's hard enough that our kids have lost the routine that they thrive and depend upon, but now children with special education services are told to get onto a laptop by themselves, view teachers or therapists through a screen and hope that it works out or has some value to it.

Speaking as a father of a child who depends on these services, and one who talks with other parents across the state in the same situation, working in person with a Para educator and conducting speech or physical therapy directly with a human is critical to learning successfully. In most cases, a service through a laptop screen just doesn't work.

While school districts should be commended for implementing remote learning at a rapid pace, they must focus on how students with special education services can learn with the same success as those without. These children are losing ground and waiting any longer will be detrimental, causing regression that could have long lasting impacts.

We all want to get back to the way things were but we cannot just pass the time and run out the clock until the end of the school year hoping that all of our children will just make it through. The outlook from many administrators appears to be, we will pick things up in September and make up for any lost time. As appealing as that outlook may be, it is an unacceptable approach.

Of course, remote learning provides challenges and for administrators this has been overwhelming. However, now is the opportunity for administrators to rise and shine. It is time to figure out how each student can learn best, rather than try to force a square peg into a round hole and hope for the best.

All children are different and all of our children deserve the best education possible. We are hopeful that school district administrators will rise to the challenge of delivering special education services successfully during this crisis.

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## SCHOOL RE-OPENING UPDATE

by Dean Cascadden, Superintendent of Schools

Almost everyone who knows what I do for a job asks me what our plans are for the fall for reopening schools, and my response is that they are flexible. In emergency response, there is a mantra that a plan is useless but planning is invaluable. We have to engage in planning to scope out the context and brainstorm responses but setting a plan is sometimes counter productive as conditions change and one has to react to unfolding issues. At SAU 67, we are in the midst of planning for reopening.

We are looking to state and federal guidance to help us but recognize that most of our decisions will be local. The federal guidance has shifted and is now focused on reopening schools physically as they are essential places for students to learn, socialize, and be cared for. The Center for Disease Control will be revising guidance to reflect this stance. As of today we are still waiting for the official release of guidance for NH that was developed by the NH School Transitioning Reopening and Redesign Taskforce (STRRT). It is now at the Department of Health and Human Services and will be reviewed by the Governor.

As I think about planning for reopening I foresee a flexible hybrid model, ready to go from full in-school with all activities, to full remote instruction, with steps in between. Social distancing, screening and PPE will be required when we are physically in buildings and the details of that will be developed from public health protocols.

Plans may not be the same for every school, grade, or person. Younger and needier students may be in with more frequency. Immunocompromised people or those with vulnerable family situations may need or desire more remote instruction programs. It is possible that there will be some flexibility and choice for each student or family.

We need to think of a hybrid model that can pivot quickly between in school and remote, and our remote instruction cannot just be a digital or recorded version of our face to face model. The State of NH is investigating adopting a statewide Learning Management Platform to manage all learning (in person and remote) so that transitions between remote and face to face would be seamlessly facilitated. When we moved to remote instruction last March, it was an emergency. We now have some time to work on redesigning our instruction more to facilitate this need.

We need to redesign, retool, and retrain for this new era of hybrid instruction. We need to look at what is best done remotely and digitally, what is best done in a face to face or in person setting, and design classes and instruction differently. Much of our professional development this summer has been on effective use of technology tools.

We will also be developing guidelines around screening, social distancing, sanitizing and use of PPE such as masks and shields. We are at the end of our first week of Extended School Year programming for certain special education students and we are implementing and evaluating policies and procedures. It was great to see students back in the buildings again. Teachers and students used shields, masks, and sanitizer while following protocols for pick up, drop off and how to move throughout the building. We also had increased cleaning and sanitization protocols. We will apply what we have learned this summer in developing our protocols for the fall. The more PPE we use, the less distancing we will have to enforce, allowing more people to come into the buildings.

Planning for sports and activities is part in process. We have some teams meeting and training this summer under guidance developed by the NHIAA. The sentiment from that organization and the association of athletic directors is to play as much as will be allowed by state and local decision makers. Although co-curriculars are not an essential part of an adequate education, they are very important to the healthy development of our students and we will try to make them happen as much as we can.

In making decisions we can never totally eliminate risk and need to recognize that there are varying levels of risk tolerance in our schools and communities. We will have to balance the benefits of being together with the risk of virus transmission, but now that we are five months into the pandemic, we may have a different perspective on that balance.

I hope this has been informative and helpful, and I wish you a restful summer. We will communicate our plans as they are developed. Just remember that all plans will be subject to change as the pandemic evolves and medical guidance changes.

(JASON SYVERSEN | CONT'D FROM PAGE 1)

As an entrepreneur and someone from outside of politics, Syversen won't be a typical candidate. He wants to inspire a new way of looking at our challenges in Concord. Using a technology term for his campaign, Jason will be running on '5G'.

1. We need to be Genuine and stop the political games
2. I'll Galvanize communities and bring people together
3. Let's promote Goodwill and inspire a better way
4. Develop Growth with a smart & innovative economy
5. Ultimately lead us to a more efficient, more ethical Government

Syversen believes it's wrong to allow and settle for blatant conflict in government. "Senator Cavanaugh is paid by a union to promote and vote for union legislation in Concord. That's wrong – plain and simple. It's time for voters to stand up, stop settling for politics as usual, and insist on doing things better. The citizens of senate district 16 can expect me to work for the best interests of their communities and everyone in the state of NH, not for special interest groups to pay my salary."

Syversen will fight against broad-based sales or income taxes and burdensome regulations that will hurt Granite Staters and New Hampshire businesses. He also believes it is time to develop a serious plan to help keep and attract the younger generation in the state and create more high paying jobs and businesses.

Jason is married to Bethanee, the best life partner imaginable, and has six children, two of whom are adopted.

(District 16 includes Bow, Candia, Dunbarton, Hooksett, and Manchester wards 1,2,12)

### Vacation Bible School



#### Hey Families, join us for BOLT – Virtual Vacation Bible School

Bow Mills United Methodist Church is offering its Vacation Bible School through a family friendly, three-day program that can be done at home. There is minimal preparation, easy to follow instructions, and a video that leads kids step-by-step through each day.

The time frame for this program is adjustable from 30 minutes up to 2 hours depending on the time spent and the choice of non-screen activities that work for you.

During BOLT, kids will participate in backyard games that serve as a catalyst for deepening their understanding of what it means to listen to, focus on, and follow Jesus.

If you are interested in this program, please contact us. This program is being offered at no cost, but registration is required.

Dates of this program will be from:

July 27 – July 31 from 9am – 12:00 Noon

Mon – Wed (27th-29th): Day 1-3 videos

Thurs & Fri (30th & 31st) – Live streaming interaction (optional)

Call 603-224-0884 for more information or visit our website at: [www.bowmillsumc.com](http://www.bowmillsumc.com) or e-mail [bowmillscym@gmail.com](mailto:bowmillscym@gmail.com). We look forward to hearing from you!



### THOUGHT FOR THE DAY

This country was founded by geniuses  
but it's being run by a bunch of idiots.

Sen. John Kennedy (R-La.)  
on a March 23 failed COVID 19 vote.







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## CIMOS IS NOW FLANAGAN'S SOUTHENDER DELI AND MARKET

Two Bow men who grew up in the shadow of Cimo's South Street Deli have bought it from John Cimikoski. Ian and Tynan Flanagan grew up in Concord's South End and have their childhood friend Dave Banzhoff as their cook.

Banzhoff graduated with a four-year degree from the Davis Culinary School at Southern New Hampshire University. He cooked at the Ritz, the Hilton and the Mount Washington Hotel. He's thinking Flanagan's Southender Deli and Market will offer more entrée-type foods for grab-and-go especially on the way home from work.

The refurbished market still has a pile of the current Bow Times on the checkout counter and hopes Bow employees heading home from Concord will come to South Street and Iron Works Road to get meals for dinner.

Of course, going north from Bow at breakfast or lunch time the Southender is a must stop convenient place to grab and go.



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## GETTING A MORTGAGE LOAN AND CHOOSING A LENDER: KNOW THE BASICS

Home Preparation is key to navigating today's housing market. The American Bankers Association offers the following tips to help prepare potential homebuyers:

### Know your own financial situation

Before you begin the home loan application process, determine what you can realistically afford. Take into consideration your credit score, how much debt you currently carry and what type of down payment you are prepared to make.

### Have your documents ready

While each bank may require different documentation, you may be required to furnish the following information depending on your employment and financial situation:

- Pay stubs
- Tax returns
- Financial statements (one that is less than 60 days old)
- Copies of additional monthly payments such as car loans, credit cards, and student loans; and
- Any other information (such as proof of additional income) that you think will help your banker to positively evaluate your credit request positively.

### Review the basics

Knowing the fundamentals of the home loan process is an excellent way to prepare to choose the right mortgage. Make sure you are familiar with interest rates, loan terms and additional fees associated with buying a home.

### Compare quotes

Beyond the interest rates, there are closing fees and points and commissions. You will want to compare these for all the lenders on your list. There are many calculators available online that will help you determine which loan provides the best value.

### Choose a trusted lender

Get references from family and friends and do your research. Call your local Better Business Bureau and ask if it has had complaints about any of the lenders you are considering. Keep in mind, federally insured banks are required to operate under a high level of regulatory supervision. A fully regulated bank may be your best choice.

### Read between the lines

Slick TV ads, telemarketers or door-to-door salespeople will often offer fast, easy loans for houses, cars and home repair, but not disclose all of the details. Read the fine print. If it sounds too good to be true, it probably is.

### Ask questions

When in doubt, ask for clarification from your lender. Discuss how long the loan process will take, how you will communicate – by phone or email, and who will service your loan.

Source: American Bankers Association

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## GIRLS ON THE RUN NEW HAMPSHIRE UNVEILS POWER UP ACTIVITY KIT

The kit provides 50 activities to keep rising 3rd-6th grade girls active and healthy

June 17, 2020 - Today, Girls on the Run New Hampshire unveiled the Power Up Activity Kit to help keep NH girls active and healthy through the summer while inspiring creativity, encouraging movement, and teaching new skills. The New Hampshire council is a leader in developing and delivering life-changing programs for girls through more than 140 sites across the state and has served more than 15,000 since it was founded in 2001.

After cancellation of schools, implementation of social distancing, and restrictions around large public events due to the coronavirus pandemic, the 19-year old nonprofit adapted quickly to alter its spring season to continue to deliver on its mission to inspire girls to be joyful, healthy and confident. This new offering by the nonprofit organization also delivers on that mission.

"Providing girls with opportunities to develop empathy, build resiliency, and identify and understand their values, choices, and emotions, are important now more than ever before," said Jennifer Hubbell, Executive Director of Girls on the Run New Hampshire. "It is never too early for girls to learn how to put these important skills into practice. This kit will help girls move, laugh and grow, and in the process find their inner girl power."

The at-home kit includes 50 activities to fuel girls' mind, body and spirit that emphasize the important connection between physical and emotional health. Each activity helps girls learn important skills such as how to cope when things get difficult, demonstrate care for self and others, and practice positivity. From the silly starters to the fun movement games and challenges, the activities were designed to get girls to laugh, create, and grow.

Available starting June 17 at this [LINK](#), the kit is \$49 and includes: The Power Up Activity Book, an exclusive GRL PWR t-shirt, Physical Activity Training Plan, Completion Certificate, and a few other fun surprises, delivered directly to her doorstep.

Girls on the Run NH is also raising funds to provide sponsored kits to girls within the community. Please visit our website to make a donation today.



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# DUNBARTON NEWS

By Nora LeDuc



**THE CURIOS ON THE COMMON**, thrift and gift shop, next to the Congregational Church in the Center has postponed its reopening. A future opening is planned and will be announced. Thanks for your support.

**RICK GOLDIN IN CONCERT** Tues. July 21 at the library. Great program for children of all ages! Music, singing and dancing, and all of Rick's Greatest Hits! At this point the program will be online, but they might be able to make this an outside drive up event. Keep fingers crossed! Please email [dunlib@gsinet.net](mailto:dunlib@gsinet.net) to register.

**READ TO DOGS** *Virtually* Thursdays July 23 (Jake) & July 30 (Mr. T.). Contact the library to register.

**DCC BOOK CLUB JULY**, they will read *Line Becomes a River* by Francisco Cantu. Discussion will be Thurs. Aug 6, 7pm either on Zoom or at the Vestry. Jennifer will host.

**FIRE DEPARTMENT NOTICE:** Fire Permits are required, application online only. <https://nhdflweb.sovsportsnet.net>

## LIBRARY'S SUMMER READING PROGRAM

Imagine Your Story—Re-imagined, is for all ages. The program runs until July 31. This is a virtual program to keep our community safe. Your reading time will be recorded on the platform READsquared <http://dunbarton.readsquared.com>. FMI contact the library.

**TOWN OFFICES ARE OPEN** for walk in business. Masks are required. Please use ENTER & EXIT doors as marked. To check their hours: Town Clerk: 774-3547x107, [townclerk@dunbartonnh.org](mailto:townclerk@dunbartonnh.org). Building Dept: 774-3547x106M, [inspector@dunbartonnh.org](mailto:inspector@dunbartonnh.org), Assessing/Administrative Office: 774-3540x105 or [townadminsitator@dunbartonnh.org](mailto:townadminsitator@dunbartonnh.org), Welfare Director: By Appt only 774-3547x101, [welfaredirector-tod@gmail.com](mailto:welfaredirector-tod@gmail.com), Dunbarton Police Policy of Operations 911 or 774-5500.

## DUNBARTON STUDENT NEWS

**SUZANNE ARALDI** President's List at SNHU | Music Education

**COURTNEY BAER** Dean's List at URI | PharmD program

**DANIEL BREault** Dean's List at University of Rochester | Optical Engineering

**BAILEY GAGNON** Endicott College | Double Major: Business Management & Marketing

**SYDNEY GAGNON** Stony Brook University | Graduated cum laude with Major in Business Management and Marketing, Minor in English

**EMILY LUDWIG** Deans List at UNH | Speech Pathology

**ANNA MICHAUD** Dean's List at Catholic University of America | Biology

**SYDNEY MILLS** Deans List at The University of Utah | Biology

**BAILEY NOVAKOSKI** Dean's List at UNH | Human Development & Family Studies

**JONATHAN ROUTHIER** Deans List at West Point Military Academy

**SAMUEL CHRISTY-RUBIN** UNH Dean's List | Majoring in Sociology

**SAVANNAH SPECKMAN** Dean's List at UNH | Majoring in The Arts: Studio Art/Art Education

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The Veggie Bagel: egg, spinach, tomato, peppers, bean sprouts \$ 5.25

The Breakfast Sandwich: egg, meat & cheese, sausage, bacon, ham or hash \$4.75

The Breakfast Burrito: Omelet style egg wrap Choose your meat \$4.75

Extra Toppings: tomato, onion, bell peppers, mushrooms,  
sprouts, olives, banana peppers, hot pepper relish



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## IT'S ALL ABOUT CHOICES AND THE NEXT STEP!

by Jim Olson

Anytime someone says to me "It's so hard to eat healthy!" I get it. There's temptation everywhere. We are busy and want convenience.

Other people might not have the same goals as you if those goals are around improving your health or weight loss. The truth...

**Choosing to eat healthy or better isn't hard.**

I bet you already know what to do. You know salad is a better option than potato chips. You know when you're out that the grilled chicken is a better choice than the fried chicken.

So why do we think it's so hard.

**I think there are a few main reasons:**

1. That it's hard is a story we have told ourselves for so long we actually believe it.
2. We are, as humans, wired to survive and be safe in case of any danger real or not. Our brain will have us crave fatty, salty, and sweet foods against our will to survive the worst possible threat our own brain will tell ourselves to believe. The main reason, we get our most energy from stored fat... store the fat to be safe.
3. We fall short on the follow through.

Physically stating you want to eat healthier or better is easy. Knowing which foods are the better choice can be difficult. I will help you with that as you keep reading.

Following through on putting the right choice into your mouth is the hard part. That requires dedication and commitment. If you are able to stick to it, you will have drastic results!

Let me help you simplify the process and set you up for success. Change your perspective of the story you tell yourself and you will get a different ending.



Jim Olson

Ask yourself, why not eat better? Why not feed my body to gain the maximum fitness result I want to achieve? Why not fuel my body with the healthy foods to burn calories and have the extra energy for my workouts and daily life? Keep it going and follow the next steps...

**PLAN** – Create your list of the foods you like to eat. Then, find out if they are the correct healthy choices. You need healthy sources of lean protein, complex carbohydrates, and other foods that are low in fat and high in fiber.

When checking your list, remember, it is not just the fridge you stocking. Think of your pantry, workout bag, office, or car for your meals on the go.

You will need recipes for easy meals that are not only tasty but a cinch to prepare. Need help, ask me or google it. Set aside a couple hours to carefully plan your menu and shop

**PREP** – In the beginning, set aside a half day to spend your time in the kitchen. Be sure to have enough storage containers ready to span the week. How many containers will you need? Roughly 42 will easily take you from breakfast to dinner each day of the week. There are 7 days in a week and your aiming for 4-6 meals and snacks a day.

Now get measuring, cooking, baking, broiling and grilling. Have a little fun and taste test your foods while filling your containers. Don't forget about prepping enough water for the week. Staying hydrated will help suppress young hunger.

**PRACTICE** – Practice, practice, practice and practice! The more you practice the process, the simpler your follow through gets. Soon, you will have this down to a science with delicious and tasty foods to eat no matter where you are at and what time of day.

You have a fitness routine born of dedication do the same for your diet. Stay committed and stay healthy, your body will thank you!

If you need help with these steps or just your next step, call or email right away to set you up for success!

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Jim

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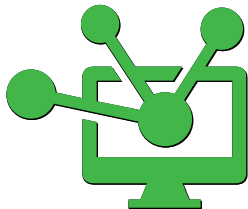




## Celebrating DEB BOURBEAU'S 20 YEARS OF SERVICE

Twenty years ago on July 27, 2000, The Bow Times ran the article on the left about Bow's new Human Services Director.

She is still on duty but the new and improved Bow Times will use her correct first name – Debra to thank her for her help to those in need.



READ THE BOW TIMES  
ONLINE – PAST AND PRESENT!

## Bow woman reaches out to area's needy



**Bow Human Services Director Deborah Bourbeau, of Bow, stocks canned goods for people who need assistance. (Michael Martinelli Photo)**

By MICHAEL MARTINELLI  
Staff Writer

BOW – Deborah Bourbeau, of Bow, enjoys helping people.

Not only has she worked for the Department of Health and Human services in Concord for 15 years, but she is also reaching out to her community as a part-time Bow Human Services Director.

"The experience has been excellent," said Bourbeau, "I

have received great support from the community as well as town support from selectmen and Town Manager Al St. Cyr."

Bourbeau started reaching out to those in need in the community in March, after former Human Services Director Evelyn Bechtel died unexpectedly during the winter.

Since then, Bourbeau has been familiarizing herself with programs and services such as Medicaid, food stamps and unemployment compensation.

She has also been meeting with people in town who need help.

"I meet with a single mom in town and assist her with food, utility and rent money," said Bourbeau. "I am also there to talk with her."

Bourbeau also meets with an elderly man, helping him to make sure his prescriptions are funded as well as making sure he has enough medicine.

"I help them out for the first 30 days and assist them further down the road, if needed, making them familiar with programs and services available," said Bourbeau. "It is important to also get out there and let people know that we are

here if assistance is needed."

Stocking food on the shelves is another task.

"Even my mother has come in and helped out," said Bourbeau.

She's already trying to get a start on the holiday season with food and clothes baskets.

The baskets are filled with an assortment of things from food and clothes to toys for the youngsters. Last year, there were 35 Thanksgiving baskets made and given out as well as 35 Christmas baskets.

The town hall also has a food and clothes drop-off.

"The holidays will be hectic," said Bourbeau.

A Bow resident since 1978, Bourbeau brings home the idea of helping others to her children.

"I wanted my family to realized that you should give back to the community."

Weekends and evening appointments really work out for Bourbeau because it is also conducive for the people she sees.

"It is rewarding to be able to help," said Bourbeau. "It is an awesome opportunity."

## TO OPEN OR NOT TO OPEN | CONT'D FROM PAGE 2



Distance learning is now a part of virtually every school in America's plan to educate their students into the foreseeable future. While the educational results of this initial nationwide experiment into distance learning are clearly mixed, one thing for sure has been proven. You can't spread the disease over the internet.

The decision is between marginal/ spotty educational results and no deaths versus questionably better educational results and some possibility of deaths. If it was clear that classroom learning was better than distance learning, that might tilt things in favor of traditional classrooms, but the results of classroom learning versus online learning do not show distinctly better results.

Conversely, a meta-analysis of 86 studies determined that students in on-line sections of a course generally score higher on standardized final exams than students enrolled in traditional classes. The reported difference was large amounting to half of a standard deviation. (Shachar and Neumann-2003). A more recent meta-analysis limited to 50 findings also confirmed that academic performance was higher in online versus traditional classes (Means, Toyama, Murphy, et al -2010)

So, if the results of 136 studies comparing traditional classrooms to online learning show online learning produces better results, doesn't this have us leaning toward relying more on online courses? The problem is that not all online experiences produce the same results.

With the vast majority of our educators relatively unskilled in teaching online, Zoom classrooms seem to be the default methodology. Most anyone, especially our parents who've watched their kids struggle in Zoom classrooms, realize that students can get bored in a Zoom classroom as easily as a traditional classroom.

But, there IS a better way. New Hampshire is fortunate to have one of the premier online learning platforms in the country called the Virtual Learning Academy Charter School (VLACS). It is, largely a one-on-one, mastery-based, face to face modality where students must achieve a minimum of 85% on every competency before they are allowed to pass the course. If every online experience was as good as VLACS, I'd be perfectly comfortable saying "let's do way more of this until the smoke clears." But, if it's largely Zoom classrooms, I don't feel the same.

This situation we find ourselves in is the pressure to open our schools. There are so many reasons to do so, good and bad, that go beyond student learning. I just pray that our education leaders make good decisions for the benefit of everybody involved.

*Fred Bramante is a former Chairman of the State Board of Education and the initiator of Competency Based Learning for New Hampshire.*



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## ON AGING – COMPLACENCY & SELFISHNESS

By Donna Deos

In the last issue we talked about Control Issues. This time I want to talk about complacency and selfishness. Why? Well, because some people are grasping for control and others are tired of the whole COVID, social distancing and mask thing all together. Who could blame them? Let's face it, we are told to stay 6 feet away from our loved ones and not hug them, then we can get within inches of a virtual stranger to give them our restaurant order or have them do our hair. It really does make little to no sense.

I understand why people are getting complacent and deciding the whole thing is hooley.

On the other side of it though is that people are still getting hospitalized, sick and some are still dying. Yes, most of those around here are our elderly in nursing care facilities. That still doesn't make it right or okay.

Those facilities were not letting family members in to see the residents. So, where did the COVID come from? It came from workers at the facilities – it had to. Where else would it come from? How did these workers get it and bring it in? Who knows?! You really don't know where people are going, what they are doing and who they are in close proximity to when they are not with you or at work.

You also don't know who the people they are in close proximity to are with when they are living their own lives.

Lots of people have divorce situations where the kids spend some time with one parent (who has a job, friends, family and a life within and outside of all of that) and then time with the other parent who has the same situation of their own circle of people and things they come in contact with.

The whole point is, the reason it spreads is because of all of these interactions. The reason we have been pretty untouched by all of this in NH so far is because we put the precautions in place when other states showed us it was necessary.

Getting complacent now is understandable, but it is not wise.

I know we all want to hug our loved ones. I know most of us really haven't felt a lot of pain, anguish or loss from COVID yet. This all leads us to be selfish and think "I'm going to start hugging my loved ones and living my life. Bring on the COVID. I'm not afraid of you. It's only killing old, sick people anyway."

This is the selfish attitude that only looks at YOU are not afraid of it. YOU are tired of taking precautions that appear to be for nothing. YOU want what YOU want. YOU are not thinking of your good friend with the elderly



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parents that could die from this. You stopped caring about things beyond yourself. Maybe, you never did. Maybe you thought this whole thing was malarkey from the start. So far, you can mostly claim to be right. But guess what? It won't last forever.

I know a 26-year-old who had COVID in January and was hospitalized 3 times for it. The hospital didn't know what they were dealing with because they didn't think COVID was here yet. This person lived, thank heavens, but their experience was horrible, painful, stressful, confusing and affected many other people aside from them.

The people in the nursing homes have families. These families love their elderly family in the nursing home. They don't think – oh, it was just another old person in a nursing home that died, no big deal. They think, Oh God, please don't let it be MY loved one in the nursing home who dies next.

The elderly are not the only ones being affected by this. You just don't hear about it in the media much, if at all.

I'm sorry to be more direct and less uplifting this month. I would just like everyone to please, think beyond yourself. Think of others and who they love. It's not that hard to wear a mask, to keep your distance, to still proceed with caution. If you knew someone that this actually affected, you would change your tune. Sadly, there's still plenty of time for you to experience this – unless you think about what I'm saying, look beyond yourself – or maybe look at yourself and think about your own 26-year-old child or grandchild. That could have been them in the hospital fighting to breathe. It still could be. Until there is a vaccine, which won't be until next year if we are lucky, there is still much to be concerned with rather than complacent about.

Selfishly, I want us to continue to see COVID have little to no impact in NH. Why? Because I look beyond myself and care about you and all of your loved ones. If we keep being conscientious we can keep evading the storm that has wreaked havoc on other parts of this country and the world.

Blessings, Donna

Donna Deos, LLC

SPRING  
2020

Congratulations  
Bow Students for Achieving  
Academic Excellence!

**Taylor Bennett**, a politics and history major, was named to the dean's list for the spring semester at Curry College.

**Colin Buck** graduated with a bachelor's degree in marketing from Assumption College.

**Ben Kimball** was named to the dean's list for the spring semester at Castleton University.

**Mac Kimball**, an integrated graphic design and media major, was named to the dean's list for the spring semester at Becker College.

**Olivia Joan Krause** was named to the dean's list for the spring semester at Boston College's Carroll School of Management. She is pursuing a bachelor's degree in management with a concentration in marketing and a minor in English.

**Samantha Perry** was named to the dean's list for the spring semester at Muhlenberg College.

**Richard Sullivan**, a criminal justice major, was named to the dean's list for the spring semester at Curry College.

## BOW SENIORS GRADUATE IN MANCHESTER

With what Superintendent Dean Cascadden calls the COVID Grinch at work, Bow's seniors graduated with ample distancing at the Fisher Cats' baseball field in Manchester.

Senior Class President Emma Wilke remarked that the class of 2020 grew up in the wake of the 9/11 attacks and ended with the COVID 19 lockdown and remote learning. She emphasized the importance of gratitude in the time of the pandemic, which meant the last months of the senior year were spent in online classes.

Collectively, the class won 12 state championships in sports, participated in over 7,000 hours of community service, and now, 80% of the Class of 2020 is set to go on to higher education.

"Pomp and Circumstances" played over the stadium's loud speakers as each graduate walked across home plate with their mask on to go into the unknown future with a unique graduation experience behind them.







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## WHO IS YOUR TRUSTED CONTACT?

by Dominic Lucente

***This vital investment account question should be answered sooner rather than later.***

**INVESTMENT FIRMS HAVE A NEW CLIENT SERVICE REQUIREMENT.** They must now ask you if you would like to provide the name and information of a trusted contact.<sup>1</sup>

You do not have to supply this information, but it is encouraged. The request is made with your best interest in mind – and to lower the risk of someone crooked attempting to make investment decisions on your behalf.<sup>1</sup>

Why is setting up a trusted contact so important? While no one wants to think ill of someone they know and love, the reality is that seniors have lost an average of \$50,200 to someone they know. And studies have shown that almost half of all seniors aged 65 and older manage their own finances. Statistically speaking, if you fall within this age range, you could be vulnerable to scams.<sup>1</sup>

**THE TRUSTED CONTACT REQUEST IS A RESPONSE TO THIS REALITY.** The Financial Industry Regulatory Authority (FINRA) now demands that investment firms make reasonable efforts to acquire the name and contact information of a person you trust. This person is someone that investment firms can contact if financial exploitation is suspected or they suspect the investor is suffering a notable cognitive decline.<sup>2</sup>

Investment firms may now put a hold on disbursements of cash or securities from accounts if they suspect the withdrawals or transactions amount to financial exploitation. In such circumstances, they are asked to get in touch with the investor, the trusted contact, and adult protective services or law enforcement agencies, if necessary.<sup>2</sup>

**WHO SHOULD YOUR TRUSTED CONTACT BE?** At first thought, the answer seems obvious: the person who you trust the most. Yes, that individual is probably the best choice – but keep some factors in mind.

Ideally, your trusted contact is financially savvy, or at the very least, financially literate. You may trust your spouse, your sibling, or one of your children more than you trust anyone else, but how much does that person know about investing and financial matters?

Your trusted contact should behave ethically and respect your privacy. This person may be given confidential information about your investments. Is there any chance that they, upon receiving such information, might behave in an unprincipled way?

It is encouraged that your family members know who your designated trusted contact is. That way, any family member who might be tempted to take advantage of you knows another family member is looking out with your best interest in mind, which may be an effective deterrent to elder financial abuse. It should be noted that the trusted contact may, optionally, be an attorney, a financial professional, or a CPA.<sup>1</sup>

**YOUR TRUSTED CONTACT IS YOUR ALLY.** If you are being exploited financially or could be at risk of such exploitation, that person will be alerted and called to action.

As the old saying goes, money never builds character, it only reveals it. The character and morality of your trusted contact should not waver upon assuming this responsibility. If given sensitive information about your brokerage accounts, that person should not sense an opportunity.

Now is the perfect time to name your trusted contact. Choose your contact wisely.

**Dominic may be reached at 603.645.8131  
or [Dominic.lucente@LPL.com](mailto:Dominic.lucente@LPL.com)  
[Dlucente.com](http://Dlucente.com)**

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Citations.

1 - CNBC, September 27, 2019

2 - FINRA, March 4, 2020

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**Oliver Wendell Holmes**

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- Please return ALL items to the outside Book Drop only. Items will remain on your card until the 72 hour quarantine has expired.
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### 'IMAGINE YOUR STORY'

#### SUMMER READING PROGRAM IS HERE!

This year, the library's summer reading program celebrates folk tales, fairy tales, legends and myths! Participating students can earn prizes by reading books and attending events at the Baker Free Library from June 29 through August 22. A separate program is also available for teens and adults.

To register for the Summer Reading Program or to learn more about the program, visit our website, [www.bowbakerfreelibrary.org](http://www.bowbakerfreelibrary.org)

**Take-Home Tinker Kits** Take home the materials and instructions for a fairy-tale inspired science experiment! These kits will be offered every other week, and will feature a different building or engineering project inspired by a popular tale. Some materials will be provided by the library, but experiments may also require items or ingredients found at home. Registration is required in order to reserve your kit. Please register for every kit you'd like to receive. Curbside pick-up can be arranged for those families who would prefer it.

**Take-Home Fairy Tale Crafts** Join us for a new craft every week, inspired by your favorite fairy tales and legends. These projects are designed for children entering grades K-5, but younger children may need assistance from a parent or caregiver. All materials will be provided by the library, except for craft supplies such as scissors, markers and glue. Registration is required in order to reserve your kit. Please register for every kit you'd like to receive. Curbside pick-up can be arranged for those families who would prefer it.

### VIRTUAL PROGRAMS

#### Lost in a Tale: A Virtual Escape Room

This year, the library's Escape Room is going virtual! Throughout the summer, visit the library's website to take part in a virtual adventure in Storyland. Participants will enter four different stories based on popular folk and fairy tales, and must find clues, solve puzzles and decipher codes to outwit the villains inside. Two stories are available now; new stories will be added in July. Accessible anytime from the library's website, or visit [www.sites.google.com/view/bflescaperoom/home](http://www.sites.google.com/view/bflescaperoom/home).

#### Bookaneers Book Club: A Virtual Middle-Grade Book Club

\*ONLINE. The library's middle-grade book club will meet virtually this summer, allowing readers to talk about any books they're reading and enjoying throughout the season. Registration is required in order to receive access to the meeting via Zoom. This program is designed for students entering grades 3-6. Thursday, July 16 and August 13 | 2:00PM.

#### Stories on the Wild Side: Presented by Squam Lake Science Center

\*ONLINE. Reading and science come together in this fun program blending storytelling and up-close encounters with three live animals. A naturalist from Squam Lakes Natural Science Center will read aloud short stories featuring animals and the natural world, and then introduce some of the story's wild characters. Featured animals may include an owl, a turtle, a skunk or a porcupine! The virtual format of this program will allow much closer access to the featured animals. Registration is required in order to access the show via Zoom. Please register on the library's website to reserve your spot. Thursday, July 30 | 5:30 PM.

#### New Hampshire Road Map of Legends and Tales

The library has put together a map of locations around the state of New Hampshire, each connected to a local tall tale, legend or myth! Explore the stories that make New Hampshire unique by taking a summer road trip, and learn more about each location before you go by visiting our website. The map will be available all summer long at [www.bowbakerfreelibrary.org](http://www.bowbakerfreelibrary.org). Earn a raffle ticket when you tell us where you visited.

#### LEGO Building Challenge

Take part in the library's LEGO building challenge by visiting our website and social media pages every other week. New building prompts will spark your creativity and challenge your building skills! Afterwards, share your creations online by tagging the Baker Free Library on Facebook and Instagram with #bflbuildingchallenge. Earn a raffle ticket for each submission.

If you have questions, concerns, or would like to offer any input about this year's program, please contact our Youth Services Librarian at [juliana@bakerfreelib.org](mailto:juliana@bakerfreelib.org)

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#### WHAT'S HAPPENING IN OLLI?

Jacki Fogarty

Reading the handwriting on the wall back in March, the Osher Lifelong Learning Institute (OLLI) at Granite State College started developing alternatives to classroom learning to finish out its Spring term. A robust catalog of 230 courses, so full of promise, was aborted less than a month after it started, delivering all or part of only the first 56 offerings. As it became evident that classroom learning was not coming back any time soon, OLLI staff began exploring how to leverage Granite State College's proficiency in online learning.

While staff members began putting together the tools and instructional materials to help members adapt to online courses, volunteer Curriculum Committees began working with course instructors to see who would be comfortable presenting their materials via Zoom. Within four weeks of the Big Shutdown, over 200 OLLI members attended their first Zoom class. The topic? How to use Zoom.

OLLI is a "learning-for-the-fun-of-it" program designed specifically for the over-50 population, the exact definition of the "most vulnerable" population that must be extra careful during this pandemic. So, even as stay-at-home requirements are being relaxed somewhat, OLLI and Granite State College determined that Fall term classes will also be offered remotely on the Zoom platform. Committee meetings and social events also are conducted remotely at least through mid-December.

There is no substitute for the joy of gathering in a room to enjoy the company of peers and OLLI members miss that experience terribly. But lifelong learners don't stop learning when one avenue of education is blocked. The love-hate relationship that so many people have with Zoom and other internet-based delivery systems exists in OLLI. Some members have adapted easily, but most have had to overcome a lack of confidence in their technology skills and equipment with some reluctance. But, to the surprise of many, Zoom is generally easy... and it's better than having no classes at all. One member wrote "on my first try, I was confused by the instructions and my inability to find the right answers. This time I simply clicked on the invitation and Presto!"

OLLI members from Bow have been at the forefront of supporting both classes and social events on Zoom. As OLLI has resumed a favorite social event, Mug 'n' Muffins, at which members are invited to bring their own muffins and cautioned about spilling coffee on their computers, neighbors have reconnected, sharing stories according to various themes of the events. Childhood traditions, favorite foods and restaurants and sports talk have offered laughs and new insights.

Fall term begins August 18 with registration for classes opening on August 3 at 9:00 a.m. To the surprise of no one, the course list is heavy on politics featuring the Electoral College, Picking the President, Restructuring America's Democracy, Current Events, Barriers to Voting, and even a late term course, The Election is Over: What Does it Mean?

Literature courses cover magazines, newspapers, poetry, novels and nonfiction works. The New Yorker: The Best Magazine in the World, stories from The Mountain Ear, two poetry classes including a reading by Alexandria Peary, New Hampshire's Poet Laureate, Sour Grapes: The Impact of Grapes of Wrath, and Hermit, Jeffrey Ryan's story of

Jim Whyte. And for those with a hunger to write, Diane King will help you Explore Your Creative Voice.

History courses, always OLLI favorites, will feature a sequel to Freedom Stories, Slavery in the Massachusetts Province of Maine, Civil War Soldier – Myth vs. Reality and Denmark and France under Nazi Occupation.

A wide variety of courses will include Learning Facebook, Exploring Japanese Art, Climate Change and its Impact on New England, Bridge for your Brain, Mindfulness, A Conversation About CBD, Organizing Your Records for your Family, Living with Bears, Forecasting the Weather, Buddhism, The Ethics of Compromise, Duke Ellington, Major Women in the Hebrew Bible, Pope Memorial SPCA and Passaconaway, The Merrimac Chief. And more... there are a total of 54 courses, all presented using Zoom technology.

Go to [olli.granite.edu](http://olli.granite.edu) for information on OLLI membership, classes and special events or call OLLI office at (603) 513-1377.



This is what OLLI courses look like nowadays. Presenter Cyrena Arnold, second row, second block, provided OLLI members all the tools available to become amateur weather forecasters.

## THE *Music* LADY FOR THE LOVE OF MUSIC



### A TRIBUTE THE CHORDETTES

Is there anyone who is reading this article who has not heard of The Chordettes' 1954 recording of the song, "Mr. Sandman?" It was a number one hit for an amazing seven weeks, and has been heard countless times in movies, on the radio, and on TV shows and advertisements over the last sixty years. The Chordettes were a popular American female singing quartet from Sheboygan, Wisconsin, who sang in barbershop style harmony with a doo-wap twist. After "Mr. Sandman," the group peaked into the top 40 hits nine more times, with such songs as "Lollipop," "Eddie My Love," and "Never On Sunday."

"Mr. Sandman" was released on the Cadence Record label. Cadence's founder, Archie Bleyer, was the orchestra conductor on the recording of "Mr. Sandman," and provided that instantly recognizable, rhythmic beat using his knees. He also was the deep voice answering "Yes" in the third verse.

The Chordettes appeared on American Bandstand in 1957 and they were inducted into the Vocal Group Hall Of Fame in 2001. "Mr. Sandman" has been proven by the test of time to be one of the most treasured "golden oldies" of the "Doo-Wap" era. Today we remember The Chordettes for their contribution in the evolution of American popular music.



# BOW GARDEN CLUB

by Joyce Kimball

## NATIONAL GARDEN WEEK ACTIVITY WAS A GREAT SUCCESS!

Members of the Bow Garden Club held a “drive-by” event for Bow youths on June 7th and 13th in recognition of “National Garden Week.” Bow families were encouraged to drive-through the Bow Community Center parking lot during pre-scheduled hours and pick up a planting kit for each of their kids, compliments of the Bow Garden Club.

“Potential young gardeners,” were invited to choose from one of several different colored plastic pots, each containing a pre-measured bag of potting soil and seeds to plant. Packets of flower, vegetable and herb seeds were available for them to choose from and instructions were included!

The event was extremely popular! 172 planting kits were picked up and taken home to plant in observance of “National Garden Week.” The garden club appreciated all participants’ respecting appropriate social distancing and wearing cloth masks.



Members Joyce Kimball (left) and Keryn Anderson wait for the next aspiring young gardeners to drive through.



## BGC WELCOMES POLLINATORS!

In recognition of “Pollinator Week” (June 22-28), the garden club recently planted seven (7) pollinator-attracting shrubs in a semi-circle at the front of the Town Gazebo. This project had been in the works for some time however the donations recently received by the garden club by way of its “Plant-Less Plant Sale” fundraiser made it possible for

us to proceed. “Pollinator Week” is an international celebration of the valuable ecosystem services provided by bees, birds, butterflies, bats and beetles and many garden clubs plan various pollinator-related projects to support its purpose around this time.

The Bow Fire Department volunteered to water our new plantings regularly on days without significant rainfall in order to give them a good start. Once established, they will be self-sufficient and we will all be able to enjoy vivid colors and rich green foliage throughout the growing season.

We can hardly wait for the bees, butterflies and hummingbirds to find our new garden! What a great thing to not only plant another Bow Beautification Garden, but at the same time to do something to help our very important pollinators!

## BOW ROTARY CELEBRATES 50 YEARS!



For the Rotary year of July 2020, through June 2021, the Bow Rotary Club plans a series of events to celebrate its 50 years of existence and service in the Bow community. All Rotary Clubs are part of Rotary International, which covers not only the United States, but 200 countries throughout the world with its 1.2 million members serving their respective communities in 35,000 Rotary Clubs.

### Part Two: “Service Above Self” and Fundraising

“Service Above Self” is the motto of Rotary International. It was inspired at the second Rotary convention in Portland OR in 1911 and became the official motto in 1989. Service Above Self is the true mantra of local Rotary Clubs everywhere.

Rotary evolved originally from being a club started by Paul Harris in Chicago 1905 so that local business professionals with diverse backgrounds could regularly meet and exchange ideas and form meaningful, lifelong friendships. Meetings “rotated” from member businesses and thus became the organizations name. This evolved into a local and worldwide opportunity for Rotary clubs around the world to bring peace, clean water and a better life for others in their community, state and world.

Each Rotary Club determines which projects (“Service”) it will take on. The projects are usually a mix of annual projects and projects to fill a specific community need or service. Some Clubs have been blessed with large endowments, and are able to make generous financial donations, while other clubs focus on fundraising and hands-on work projects.

For our Bow Club, the activities and fund raising has always been focused on the needs of the community. In the early days, it was things like hands-on shoveling roofs; painting projects; stacking wood; help for the elderly and roadside pickup; which we still do on Route 3-A today. It is now formally the “adopt-a-highway” program whereby the state provides the bags, safety vests and safety road signs.

However, some projects, such as our personalized story books for Bow and Dunbarton first graders and our Summer Concert Series at the town gazebo, require fundraising and sponsorships.

Over the years, we have employed many kinds of projects to raise funds. Early efforts included a “grocery marathon.” Club members sold tickets for the opportunity to take home all you could grab and carry to the check-out line in just five minutes at the grocery store. Ray Unger, a Concord resident, was the first winner.

1971 saw our first “Youth Auction,” with Rotary members collecting donations from living rooms, garages, barns and cellars. That auction was held at Dick Hanson’s barn on South St. (now Concord Group) as were most of the early auctions. Proceeds from these auctions were used to fund scholarships and athletic equipment for Bow students.

Other early fundraisers included a “Tea Sale” (through Elkin Coffee), pancake breakfasts, a “lunch wagon” at the Bow Spring Carnival, and a “Deer Pool Raffle,” giving prizes for guessing the numbers of deer taken in a year in Bow.

The Bow Rotary Club is always looking for people who want to give back to their community. Are you interested? The Bow Rotary Club, includes Bow and Dunbarton residents, anyone who works in Bow or any adjoining towns. We meet every Friday morning from 7:15 to 8:30 am at the Bow Old Town Hall on Bow Center Rd. We would love to see you there once we are back to meeting regularly. Currently our weekly meetings are held on Zoom and you are welcome to join us on Zoom in the interim.

Please check our website at [www.bowrotary.org](http://www.bowrotary.org) for our meeting schedule and details. Alternatively, you can contact our President, Matt Gatzke at: [msgatzke@gmail.com](mailto:msgatzke@gmail.com) or (603) 496-9044.





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## Hopkinton Real Estate Sales – JUNE 2020

ADDRESS	BEDROOMS / BATHS	SQUARE FOOTAGE	ACREAGE	PRICE
11 Sunset Drive	2 Bedrooms / 1 Baths	1,112 Square Feet	0 Acres	\$70,000
50 Sunset Drive	3 Bedrooms / 2 Baths	1,158 Square Feet	0 Acres	\$120,025
188 Pinewood Drive	2 Bedrooms / 1 Baths	1,753 Square Feet	.51 Acres	\$205,000
1549 Hopkinton Road	4 Bedrooms / 2 Baths	1,824 Square Feet	.25 Acres	\$270,000
64 School Street	4 Bedrooms / 2 Baths	1,876 Square Feet	.42 Acres	\$280,000
1385 Hopkinton Road	3 Bedrooms / 2 Baths	1,656 Square Feet	1.9 Acres	\$295,000
318 Dustin Road	3 Bedrooms / 2 Baths	3,232 Square Feet	3.3 Acres	\$324,900
1521 South Road	3 Bedrooms / 2 Baths	1,828 Square Feet	4.29 Acres	\$330,000
163 Little Frost Road	4 Bedrooms / 2 Baths	1,512 Square Feet	2.8 Acres	\$346,000
205 Spring Street	3 Bedrooms / 2 Baths	3,304 Square Feet	2.4 Acres	\$350,000
682 Jewett Road	3 Bedrooms / 3 Baths	2,180 Square Feet	1.1 Acres	\$372,000
913 Pine Street	4 Bedrooms / 2 Baths	2,300 Square Feet	5.2 Acres	\$390,000
158 Little Frost Road	4 Bedrooms / 3 Baths	2,515 Square Feet	3.08 Acres	\$435,000
138 Wildwood Drive	4 Bedrooms / 3 Baths	2,650 Square Feet	3.2 Acres	\$455,000

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## Welcome to the Hopkinton - Contoocook TOWN CRIER!

by Kathleen Butcher  
724-3452, [kathb123@comcast.net](mailto:kathb123@comcast.net)

► **OFFICE OPEN** – The Clerk/Tax Collector's Office is open for public walk ins. Until further notice, contact with all other departments is by appointment only. In order to minimize foot traffic in Town Hall, to maximize social distancing and to reduce the risk of exposure to both residents and employees, we strongly encourage residents to continue to make use of our online tools and "How To" documents which can be accessed online at any time via our website: [www.hopkinton-nh.gov](http://www.hopkinton-nh.gov). You must wear a mask to enter the Town Hall. Masks are available if you do not have one.

► **HOPKINTON LIONS CLUB** – normally raises funds for the Hopkinton Food Pantry by collecting money outside the Cracker Barrel and Colonial Village Supermarket in the Fall and Spring. This year they were unable to hold our Spring Fund Raiser or our Annual Yard Sale, which is another significant source of fund raising. To compensate for the cancelation of the Spring Fund Raiser, the Lions Club is asking Hopkinton residents for help. Please add what you can to the Food Pantry Lions jars in the Cracker Barrel and Colonial Village Supermarket. You also can mail a donation to Hopkinton Lions, PO Box 185, Hopkinton, NH 03229 - Checks should be made out to Hopkinton Lions Club.

► **THE TOWN** – playground, tennis courts and skate park are open. Social distancing guidelines need to be followed. The playground will not be sanitized, so please take your own precautions when using. The Rec Department still has a few open swim lesson slots for the summer. Please visit [www.HopkintonRec.com](http://www.HopkintonRec.com) to sign up.

► **THE LIBRARY** – is offering curbside pickup. The Library is phasing this in gradually, starting with items already in the building. You will place holds as before, by logging into the library's catalog. Please note that in June the Library switched to a new public online catalog, so it will look different. If you have questions, call 746-3663 or email us at [info@hopkintontownlibrary.org](mailto:info@hopkintontownlibrary.org). Initially we are limiting pickup to 3 items only per individual per week. You can also call to request specific items. If we do not answer the phone, please leave a message and we will get back to you. The Library will call or email you to let you know when your materials are available.

► **KAYAK & CANOE** – rentals are available at Kimball Cabins. To view the details and the schedule go to [www.hopkintonrec.com](http://www.hopkintonrec.com)

KATHLEEN BUTCHER 724-3452, [KATHB123@COMCAST.NET](mailto:KATHB123@COMCAST.NET)

## HOPKINTON POLICE DEPARTMENT

**JUNE 2020 7 Arrests 8 Accidents 408 Traffic Stops**

### ARREST LOG:

**06/02** Pamela Johnson, 56, of 85 Chemical Lane, Warner, was charged with Drive After Revocation/Suspension and Suspension of Vehicle Registration.

**06/03** Joseph Bond, 32, of 177 Robeson Street, Fall River, MA was arrested for Aggravated DUI and Open Container.

**06/04** Michael Duvall, 47, of 30 Granite Drive, North Hampton, was charged with Drive After Revocation/Suspension.

**06/11** Christian Stinchcomb, 23, of 12 Vernon Street, Keene, was charged with License Required; Operate without Valid License.

**06/14** Christoph Berger, 24, of 116 Sparhawk Street, Portsmouth, was arrested on a Warrant and Temporary Custody of Runaway.

**06/27** Katelyn Polonia, 29, of 99 Pine Ridge Road, Loudon, was arrested for Arson and Illegal Kindling of Fire.

**06/27** Norman Christopherson, 81, of 47 Meadows Drive, Contoocook, was charged with Criminal Trespass.



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Emily Campbell - Dean's List at Kutztown University

Grace Clark - Dean's List at St. Michael's College

Emma Fredyma - President's List at Plymouth State

Jalen Galan - Dean's List at University of New Hampshire

Payne Gould - President's List at Plymouth State

Sage Hubicki - President's List at Plymouth State

Autumn Hughes - President's List at Plymouth State

Daniel Kashulines - Deans' List at University of New Hampshire

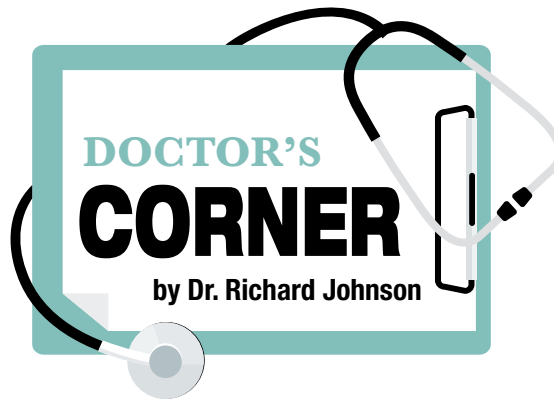
Emily Knowlton - Deans' List at University of New Hampshire

Jennifer Lewis - Dean's List at Keene State

Emmaleigh Sabol - President's List at Plymouth State

Rebekah Underwood - Dean's List at St. Michael's College

Clara Walling - Dean's List at Hamilton College



## I TRIPPED... WHO OR WHAT SHALL I BLAME?

During this difficult time of social distancing I had to come up with an activity that could give me some outside air, exercise, and be constructive while all the time staying away from everyone. I decided to construct a stone stairway; it was the perfect project to accomplish all of that. The other day I was retrieving some heavy stones from the woods on my property, and as I was carrying a heavy rock, I tripped, fell, and really bruised my lower leg, resulting in a golf ball size hematoma, pain and frustration. How did this happen? How could this have happened to me? Or, why did this happen? What, or who was to blame?

My first thought was that it was a branch on the ground that caught my foot. (Or was it my foot that caught the branch?). Maybe the cause of my fall was the heavy rock? (Or was the rock too heavy for me?). Perhaps the fall was totally the fault of the uneven ground I had to walk over. After all, if there had been a path with an even surface, I never would have tripped. Why hadn't someone created such a path, so that when I had to carry this rock, I would not have tripped and suffered an injury. Do you get my drift? I was looking to find 'fault' with someone or something. Those were my initial thoughts.

So the question is, why does that happen? Why do we look to 'blame' someone or some thing for our misfortune? Of course, there certainly are clear examples of legitimate 'blame.' The nor'easter that knocked out power for several days. The tornado that destroys a town. The corona virus that is taking lives. But for the vast majority of situations we do not have such a clear-cut cause and effect.

Blame is an excellent defense mechanism that we can use to preserve our own self-image. We don't want to deal with our own failings. Along with that thought is the reality that it is much easier to blame someone or something than it is to accept our own responsibility for a bad outcome. We might even take a more negative approach and use blame as a way to subtly attack someone. Let's face it; shifting the blame onto something or someone is the perfect maneuver to avoid having to deal with our own shortcomings, mistakes, or bad choices. When this becomes our default position, it develops into a victim mentality where one can never assume responsibility but is always looking to blame someone else.

There is a better way to deal with our accidents, mistakes, or and choices. My 80+ year old friend, Rodney Doucet, said it perfectly, "It affords me the opportunity to improve." He is right! In medicine we speak of these accidents, mistakes or bad outcomes as "sentinel events." The handling of a sentinel event seeks to understand how it occurred by looking at many different factors and from several different perspectives. We look not to blame, but to learn how to make something better and thus avoid a negative outcome in the future. We look to see what we could have done better, sooner, or differently rather than blame someone or something. I was trying to carry a rock that was too heavy for me, and I had not appropriately considered the rough terrain. I fell because of poor planning.

When we are dealing with a bad outcome, having our political discussions, and living in this pandemic let us all make an effort to follow Rodney's advice and seek to learn rather than blame.



**"In the practice of tolerance, one's enemy is the best teacher."**

The Dalai Lama



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### VIRTUAL OR IN-PERSON

Piano Instructor Kaitlyn Rush of the Trinity Music Academy will be holding summer piano lessons. Participants will have the option of going to the Trinity Music Academy for lessons or having virtual lessons in the comfort of their own home. We are offering 30 minute private piano lessons once a week.

Location:	Trinity Music Academy 80 Clinton St Concord
Day:	Session I - June 29 continuing to July 24 Session II - July 27 to August 21
Time:	Time is based on enrollment
Ages:	Kindergarten and older
Cost:	\$125 Bow Resident/4 Lessons \$130 Non Residents/4 Lessons
Instructor:	Kaitlyn Rush

Now accepting new students and continuing lessons for existing students. You need to have access to your own piano or keyboard for virtual lessons.

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# **BOW MEMORIAL SCHOOL HONOR ROLL Second Semester 2019-2020**



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Trevor Abel, Joseph Albushies, Leland Bourque, Carter Brennan, Anabelle Cattabriga, Preesha Chatterjee, Cole Cochrane, Ava Conlon, Angelo Constant, Andre Contreras, Sophia Coombs, Kayla Croscut, Harrison Denise, Barry Duffy, Alexandra Flynn, Adam Folsom, Abigale Foote, Jonathan Gancarz, Jaden Glace, Molly Grant, Ella Gray, James Green, Alexandria Insana, Patrik Jurcins, Ian Klements, Cooper Krause, Zoe Krukowski, Makaylie Laws, Mikayla Livingstone, Vivian Madden, Kathryn McCabe, Kathryn McGovern, Kristen McKeen, James Menezes, Kate Millerick, Jonah Pinard, Caly Poitras, Thomas Sargent, Catherine Snead, Bryana Szepan, Gabriella Tarsa, Claire Ulrich, Madelynn Winch.

## **GRADE 7 ~ HONORS**

Evelyn Abelli, Trevor Carter, Ethan Conway, Owen Cray, Gavin Currier, Cameron Fuchs, Jackson Hall, Jadyn Hervieux, Mallory Hinck, Zachery Ingram, Isabella Jones, Nathan Kiah, Jack Kohl, Brady Lover, Kylie McKee, Aidan McMahon, Grace Modzeleski, Maeve Nadzan, Jack Noce, Lauren Oppold, Hannah Panzino, Ryan Powers, Olivia Rodger, Evelyn Smith, Jameson Smith, Adam Valpey, Colette Vickery, Owen Webber.

## **GRADE 8 ~ HIGH HONORS**

Allison Alexakos, Kenya Alexander, Alexander Altman, Sabrina Bernard, Elias Berrigan, Alden Betterley, Aryaa Bhusari, Jessica Birnbaum, Elise Brady, Isabella Cannon, Aiden Ciminesi, Maya Clough, Addison Croscut, Hunter Duncan, Cameron Ekstrom, Maiya Foley, Jill Harpring, Emmett Hartford, Bridget Hilton, Emma Kelly, Kate Labrecque, Melanie Labrecque, Marissa Lafferty, Luke Laflamme, Eve Libby, Ryan McCabe, Gavin McCabe, Wesley Michaelis, Owen Miller, Leah Nagy, Kristen Perry, Adeline Pfeifle, Samuel Pingree, Joseph Place, Lauren Rapp, Aislyn Reed, Halley Reynolds, Sidney Roberge, Lily Roberge, Nicholas Robie, Ella Roos, Sophia Samsel, Tina Sarette, Olivia Selleck, Katie Semeraro, Alexander Sloat, Colby Smith, Ian Soucy, Olivia St. Onge, Juliette Tarsa, Anel van der Merwe, Amanda Vance, Julie Vose, Nikki Zheng.

## **GRADE 8 ~ HONORS**

Cole Ayers, Chloe Best, Rizelle Cayabyab, Ryan Clifford, Patrick Commerford, Taylor Crowell, Wyatt Davenport, Emily Desrochers, Charlotte Durant, Levi Furr, Sara Gagne, Sean Hoey, Maia Kimball, Aidan Labrecque, Dillon Lawrie, John Monroe, Kendall Murray, Brodie O'Neil, Amalia Orsmond, Anthony Ray, Sierra Speckman, Korbin Tassi, Jenna Van Dyke, Luke Virta, Lillian Wright, Lilianne Zanella.

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## **JUNE 2020 REAL ESTATE SALES IN BOW**

505 Hall Street	3 BR   2 BA	.14 acres	1183 sq ft	\$227,400
29 Logging Hill Road	2 BR   1 BA	2.30 acres	936 sq ft	\$249,000
34 Albin Road	3 BR   2 BA	1 acre	472 sq ft	\$275,000
9 Evangelyn Drive	2 BR   2 BA	CONDO	1423 sq ft	\$345,000
150 Page Road	4 BR   4 BA	2.97 acres	2673 sq ft	\$353,100
6 Abbey Road	3 BR   3 BA	2.04 acres	2219 sq ft	\$375,000
14 Tonga Drive	4 BR   3 BA	2.64 acres	2585 sq ft	\$400,000
1 Marions Way	2 BR   2 BA	CONDO	2126 sq ft	\$425,000
12 Heidi Lane	4 BR   3 BA	2.02 acres	3336 sq ft	\$438,000
98 Allen Road	4 BR   3 BA	2.13 acres	2710 sq ft	\$450,000
9 Kelso Drive	4 BR, 3 BA	1.7 acres	3292 sq ft	\$472,000
18 Wilderness Lane	5 BR   3 BA	3.45 acres	4689 sq ft	\$510,000
15 Hampshire Hills Drive	4 BR   3 BA	9.71 acres	3472 sq ft	\$520,000
4 Ogden Drive	4 BR   4 BA	2.54 acres	332 sq ft	\$585,000

## **JUNE 2020 REAL ESTATE SALES IN DUNBARTON**

White Tail Court	4 BR   3 BA	2.70 acres	2719 sq ft	\$535,000
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## OLIVIA KRAUSE EARNS FIRST HONORS

### NAMED TO DEAN'S LIST AT BOSTON COLLEGE

Chestnut Hill, Massachusetts.

Olivia Joan Krause, daughter of Dave and Karen Krause of Bow, was awarded first honors on the dean's list of academic excellence for the 2020 spring semester at Boston College's Carroll School of Management.

A junior at Boston College, Krause is pursuing a bachelor of science degree in management with a concentration in marketing, and a minor in English.



### Oral Surgery Practice Merges

We are pleased to announce the merger of the oral and maxillofacial surgery practice of Dr. Robert Kuepper D.D.S.

(RCKDDSOMS) with those of Dr. Nader Moavenian and Dr. Cameron Braasch of New Hampshire Oral and Maxillofacial Surgery (NHOMS). Dr. Moavenian started NHOMS twenty years ago, which has offices in Nashua, Manchester, and Salem, New Hampshire.

We are in the process of expanding our state of the art surgical facility at 5 Sheep David Road in Pembroke, NH. Our newly formed practice will provide the full scope of oral and maxillofacial surgery services with an emphasis on dental implant surgery. Dr. Kuepper will be joined in the Pembroke office by Dr. Moavenian and Dr. Johnathan Bean.

We look forward to providing the same excellent oral surgical care to our patients and thank you for your continued support in the coming years.

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Diplomate, American Board of Oral & Maxillofacial Surgery

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**ORAL AND MAXILLOFACIAL SURGERY SERVICES**



On Saturday, June 13th, Fish and Game officer Matt Holmes was seriously hurt when struck from behind by an OHRV. He was on Dummer Pond Road attempting to stop two other OHRVs for speeding, when a third OHRV came along and struck him. He was thrown from his own ATV and sustained some broken bones and had other issues. He was taken to Central Maine Medical Center in Lewiston. This could have been much more severe. We wish him a speedy recovery.



On June 9th, Governor Sununu stated that he would nominate Scott B. Mason, a dairy farmer from Stratford, N.H., as the next Executive Director of The New Hampshire Fish and Game Department. "Scott is a life-long outdoorsman with deep experience for the task at hand," said Governor Chris Sununu. The Executive Council will vote for confirmation.



**Executive Director**

This year Striper regulations are a one-fish retention between 28 and 35 inches. The reason for this limitation is to protect large spawn fish. Circle hooks are mandatory when using bait as they significantly reduce the rate of mortality.

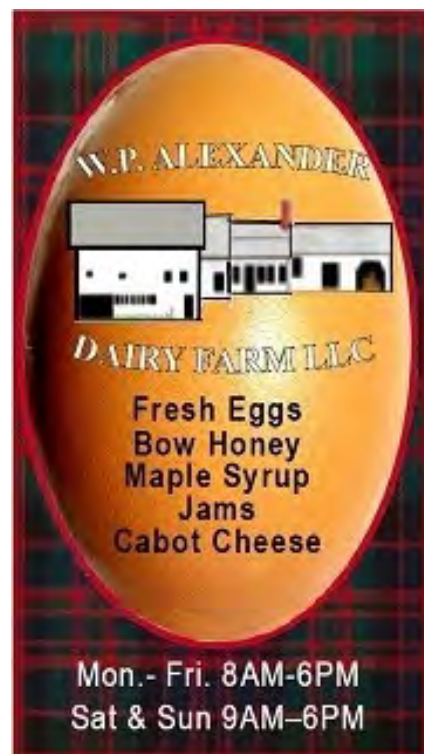


... The Striper report from Captain Matt Groves is a lot of smaller fish, along with bigger ones, are being caught with live Pogies's.



Note from the fly tying bench – it's not always good to modify a Trout or Salmon fly, however, there can be exceptions. I recently decided to add a sparkly underwing to one of my best Trout flies, the well known 88. Several of my friend's are using it now with amazing results!

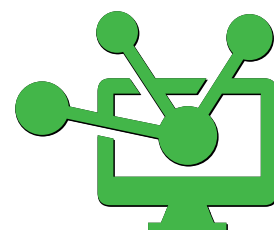
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# I LOVE TRUSTS - THEY ARE LIKE MAGIC.

BY BEN KINIRY, ESQ.

Previously, I was speaking to a group of other professionals at the Greater Concord Chamber of Commerce regarding the use of trusts, when the rather accurate title of this article flowed out of my mouth. It was then that I decided to educate you about the mysterious world of Trusts.

For simplicity sake, I would have you think of the Trust as an extension of yourself in that you want to block your assets from being utilized for things you don't agree with and would like your assets to be distributed for the better good of yourself and your loved ones, as dictated by you, even after you are incapacitated and in the eventuality of your death.

To understand trusts, we need to look back at the root of trusts. While attending the University of Connecticut School of Law, I assisted professor Robert Whitman, an expert in Trust law, with an article to be titled "Reducing the Need for Formal Trust & Estates Litigation," which discussed, in part, how trust law differs from contract law.

Professor Whitman's explanation to me at the outset of my research went something like this: Going back in time in Britain, if the husband/father/property owner had to go off to war, he would entrust his family and property to another man. This other man was entrusted with the greatest of responsibilities and was expected to perform at the highest of standards. In modern terms, the property would be said to be HELD IN TRUST. Professor Whitman's primary argument was, and likely still is, that Trusts are different from other contracts because the duty to the holder of the property is a significantly higher standard. In simplistic terms, compare a contract to paint your house with the facts state above, enough said.

Now at the risk of upsetting Professor Whitman, a trust looks very much like a contract in that it is a writing representing the terms of an agreement among various parties.

There are three basic parties to a trust. The person who transfers property into the trust (generally the person having the trust created) is known as the "grantor" or "trustor." The "trustee" holds legal title or interest and is re-



sponsible for managing, investing, and distributing the assets or property of the trust. The Trustee holds the property for the benefit of the "beneficiary." The beneficiary holds an equitable or beneficial interest and is the person who ultimately benefits from the creation of the trust.

What is the purpose of a trust? Believe it or not potential clients sometimes say "I want a trust, my neighbor has one and I want one!" My response is "what do you want the trust to accomplish?" Then there is that moment of silence... What you need to know is that a trust is designed to meet a goal or goals. When clients inform me of their goal(s) or what they are most concerned about, often the solution involves setting up a trust with terms to meet the goals and concerns. You will also want to understand that the trust terms, dictated by your stated goals, may continue after your (grantor's) incapacity and death.

So what will a trust do for you and your family? Depending on your situation, there can be several goals accomplished by establishing a trust. The most well-known benefit is avoiding the process known as probate. Certain trusts can also result in tax advantages both for the grantor and/or the beneficiary like income or estate tax savings, gaining a step-up in basis and the IRA Trusts discussed in a previous article. Also, they may be used to protect property from creditors, to help the grantor qualify for Medicaid, or simply to provide for someone else to manage and invest property for the grantor and the named beneficiaries (generally has to do with control).

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A revocable trust is sometimes referred to as a "living" or "inter vivos" trust. Such a trust is created during the life of the grantor rather than through a will. With a revocable trust, the grantor maintains complete control over the trust and may amend, revoke, or terminate the trust at any time. So, the grantor is able to reap the benefits of the trust arrangement while maintaining the ability to change the trust at any time prior to death. The disadvantage of a revocable trust is that the trust assets are countable to the grantor for purposes of determining Medicaid eligibility and does not provide protection against creditors or in the event of a divorce. The typical living trust terminates upon the death of the grantor and any property in the trust prior to the grantor's death passes to the beneficiaries by the terms of the trust without requiring going through the probate court process. This can save time, money and stress for the beneficiaries.

An irrevocable trust is created during the life of the grantor, who thereafter may not change or amend the trust. Any property placed into the trust may only be distributed by the trustee as provided for in the trust instrument itself. For instance, the grantor can provide that he or she will receive income earned on the trust property. An irrevocable trust that provides for the grantor to retain the right to income only is a popular tool for Medicaid planning.

A special needs trust can be created by the grantor during life or after death. Its purpose is to enable the grantor to provide for the continuing care of a disabled spouse, child, relative

or friend. The beneficiary of a well-drafted special needs trust will have access to the trust assets for purposes other than those provided by public benefits programs. Thereby, the beneficiary will not likely lose eligibility for benefits such as supplemental security income, Medicaid, and low-income housing. As discussed in a previous article, there are various types of special needs trusts.

Some other trusts used to aid clients on a regular basis are: for a child who will spend his/her inheritance faster than you can say "I wish I had set up a trust" (spendthrift trust), purpose of taking care of an animal you love (pet trust), benefitting a child addicted to drugs and alcohol (substance abuse trust), setting aside money for your grandchildren's educational expenses (education trust), to hold and manage a treasured family property for the benefit of your loved ones (family compound or water front property trust) and many more.

I encourage you to sit down with an Attorney at Laboe & Tasker to inform us of your goals and concerns and as a result you may very well see how a trust may be able to help you and your loved ones. What you learn may feel a lot like magic.

*The information provided in this article does not constitute legal advice.*

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# BOW POLICE LOG

by Chief Margaret Lougee

## JUNE 2020 ARREST LOG

**6/2** Patrick Nkurikyumwami, 22, Concord, received a summons for driving after revocation/suspension

**6/3** Zachary Sanborn, 28, Concord, was arrested on a warrant for a probation violation; Ryan Larocque, 44, St. Johnsbury, VT was arrested on a bench warrant for driving while intoxicated

**6/6** Jonathan Berube, 20, Taunton, MA was arrested for driving after revocation/suspension, and transportation of alcohol by a minor

**6/7** Clayton Duffin, 20, Salem, MA was arrested driving under the influence; two minors was taken into protective custody for intoxication; Kayla Fiasconaro, 19, Weare, was arrested for aggravated driving under the influence

**6/8** Jamie Sullivan, 32, Concord, was arrested for driving after revocation/suspension, and a warrant for a probation violation

**6/9** A juvenile was taken into protective custody as a runaway; Virginia Gilman, 42, Bow, received a summons for driving after revocation/suspension

**6/10** Tommy Rogers, 35, Boston, MA, received a summons for driving after revocation/suspension; Marc Cincotta, 60, Pembroke, received summonses for driving after revocation/suspension, and suspended registrations; April Gardner, 32, Concord, received a summons for driving after suspension/revocation; subsequent offense

**6/11** Madeline Lawrence, 30, Concord, was arrested for stalking, driving after revocation/suspension, and operating a motor cycle without a motorcycle license; Zachary Mullen, 21, Concord, was arrested on a warrant for criminal mischief; Eileen Crutchfield, 25, Concord, received summonses for driving after revocation/suspension, and suspended registrations

**6/12** Jessilyn Gasset, 19, Concord, was arrested for driving after revocation/suspension, suspended registrations, and transportation of alcohol by a minor; Catherine Garand, 29, West Lebanon, was arrested for stalking; Dana Osmer, 25, Canaan, was arrested for driving after revocation/suspension, and misuse of plates

**6/13** Ryan Johnston, 39, Bow, was arrested for driving after revocation/suspension; subsequent offense; Sara Zareas, 35, Gilford, was arrested on a warrant for possession of a controlled drug

**6/14** Alexis O'Hara, 20, Concord, was arrested for unlawful possession/intoxication; Hannah Moses, 20, Concord, was arrested for driving under the influence, transportation of alcohol by a minor, and possession of false identification

**6/15** Jesus Vanegas, 23, Revere, MA received summonses for operating without a valid license, and speeding

**6/17** Troy Roberts, 45, Bristol, was arrested on a warrant for failure to appear, and misuse of plates

**6/18** Michael Jutras, 20, Auburn, was arrested on a warrant for sale of a controlled drug; Caitlin Carr, 34, Bow, was arrested for domestic violence; simple assault, and resisting arrest/detention

**6/20** Adam Thompson, 43, Concord, was arrested for domestic violence; simple assault

**6/21** Goran Grgic, 27, Manchester, was arrested for driving under the influence, and speeding; Bruce Simmons, 37, Manchester, was arrested on an extraditable Marshal's warrant for a parole violation

**6/22** Michael Maynard, 56, Nashua, received a summons for criminal trespass; an adult was taken into protective custody for an involuntary emergency admission

**6/23** Tiffany Labonte, 29, Penacook, was arrested for possession of a controlled drug, and transporting drugs in a motor vehicle

**6/26** John Davis, 36, Warner, was arrested on a warrant for possession of a controlled drug

**6/27** Jared Dufresne, 22, Concord, received a summons for driving after revocation/suspension

**6/29** John Curley, 45, Laconia, received summonses for driving after revocation/suspension, and suspended registrations

## HATEM BGC SCHOLARSHIP | CONT'D FROM PAGE 1

Evelyn Hatem met the first criteria-good grades-hands down, and according to her teachers she earned high grades either at or near the top of her class, consistently through her high school years paving the way for her acceptance to Dartmouth College this Fall. She will be majoring in Environmental Science with a minor in Economics. Evelyn plans to use the knowledge she gains pursuing both of these disciplines toward a career as a policy advisor on environmental issues or to possibly continue her education and become an environmental lawyer. Wherever her educational road ultimately leads her, Evelyn wants to use her new-found knowledge to better understand how environmental issues such as erosion, pollution or ocean acidification can be addressed in ways to benefit our communities—and our country in both the short and long term.

The letters of recommendations received from Evelyn's teachers and principal commend her excellent leadership skills, her compassionate volunteerism and her curiosities about the world we live in. Evelyn hopes to make it just a little bit better as an environmentalist and we have no doubt that she will. "Congratulations Evelyn!"



The Armed Citizen® July 3, 2020A woman in Port St. Lucie, Fla., defended herself against a vehicular assault on the night of June 28, shooting the male driver through the windshield with her self-defense gun.

Police discovered there had been an argument between the man and a woman outside a residence. The man discovered two women unloading a car and attacked one of them. The other woman ran into the house, and a third woman returned with her, armed with a gun.

The armed woman asked the man to leave. Instead, the man got into his vehicle and drove toward the woman with the gun, hitting her with his vehicle. "As the vehicle approached the armed victim, the victim feared for her life and fired a round into the [driver's] chest through the windshield," police said. The man is expected to recover.

TC Palm, Port St. Lucie, Florida | 06/28/2020

## JULY SURVEY QUESTION

Have You Started to Get Out and About Again?

- ☐ Yes, with social distancing and other safeguards, like masks.
- ☐ Only when necessary.
- ☐ On a limited basis, mostly outdoors.
- ☐ No, it's not safe.
- ☐ I'm not sure.

Please go to **www.thebowtimes.com** to fill out your survey. Results are calculated by Survey Monkey not this paper.



# OBITUARIES



## DOROTHY H. BOURQUE

Dorothy "Dot" H. Bourque of Bow died June 17, 2020 at age 89.

She was born in Allenstown in 1930, the daughter of Ramon H. and Sarah (McConnell) Howard. She graduated from Pembroke Academy in 1949.

Mrs. Bourque was hired at the Concord Group Insurance Company as a file clerk in 1948 and worked her way up to become the company's first female vice-president by the time she retired in 1995.

Survivors include her son and daughter-in-law, Robert J. Bourque Sr. and Sharon Bourque, of Farmersville, Texas; five grandchildren and seven great-grandchildren; and many nieces and nephews. She was predeceased in 2011 by Gerard J. Bourque, her husband of 61 years.

She will be laid to rest with her husband in Blossom Hill Cemetery in Concord. Memorial donations may be made to Meals on Wheels in Mrs. Bourque's name.

## PATRICIA M. BRISSETTE

Patricia M. Brissette, 78, of Bow passed away peacefully in the company of her family and familiarity of her own home on June 22, 2020.

Patricia was born in Bell, CA, October 22, 1941, to Cecil Sherwood and Roma Montez Clark Randlett. She was raised in Southern California by her mother and stepfather, Robert Randlett, and moved to New Hampshire in the late 1950s. She graduated Concord High School Class of 1960 and she married Louis Brissette in 1963 at Immaculate Heart of Mary Church. She was one of the original Key Punchers with NHDOT at a time when computers were just being introduced. Patricia left the workforce after a few years to start a family with Louis and she flourished as a homemaker, lovingly tending to their four children and making the house a warm and welcoming home. Eventually, when the children were grown, Patricia returned to work outside the home as a Purchasing Agent with Pleasant View Center in Concord until retiring in 2003.

Patricia is survived by her beloved husband of nearly 57 years, Louis Brissette; her children, Pamela Brissette and husband Stephen MacMillin of Culver City, CA, Jacqueline Brissette of Bow, Sean Brissette and wife Linda of Hubbardston, MA, and Michael Brissette and wife Shanan of Pawtucket, RI.

In lieu of flowers please consider a memorial contribution to Freese Brothers Big Band Scholarship Fund, supporting young musicians across NH. Donations may be sent to Freese Brothers Big Band c/o Peter Imse, Treasurer, 609 Page Road, Bow, NH 03304, or online at PayPal.com, send to/in care of donations@freesebrothersbigband.com: please note donation "In Memory of Patricia Brissette."

## MARY LEE SIEL

Mary Lee Siel died peacefully at her home in Bow, after a period of declining health on June 25, 2020.

She was born in Walnut Springs, Texas on August 19, 1926, to Lonnie and Eula Sally (Chafin) Daniels. She was educated in Walnut Springs and in Philadelphia, where she graduated as salutatorian from South Philadelphia Girls High in 1943. She studied journalism at the University of Pennsylvania and studied voice with Stanley Muschamp. On her return to Texas, she worked as a legal secretary, part-time model with Neiman-Marcus, and performed operatic and classical music as a mezzo-soprano with the Downing-Walsh Singers.

She was working in federal civil service in a Combat Intelligence Unit at Sheppard Air Force Base in Wichita Falls when she met and married her boss, Vaughn Siel, a career airman, in 1949. She traveled with him to his various assignments until his retirement from the Air Force in 1963 from Hanscom Field, in Bedford, Massachusetts. They had grown to love New Hampshire and settled with their children in Pittsfield. There she was active in Republican politics, served on the Town budget committee and helped activate the PTA.

Mary Lee worked as a legal secretary in Manchester, and then served twenty years as civil legal clerk and accounting clerk in Merrimack County Superior Court, retiring in 1992.

Mary Lee and Vaughn moved to Bow in 1983 and worshipped at Trinity Baptist Church. They enjoyed playing scrabble and duplicate bridge until Vaughn's death in December 2008. Mary Lee was a lovely, and genteel lady, an excellent cook whose home radiated southern hospitality. She delighted in her grandchildren, their activities and accomplishments, and the loving care and support of her children. She was an avid reader and enjoyed participating in the Bible studies offered to the seniors at Trinity.

She is survived by her son, Lon Siel and his wife, Patti, of Hopkinton; two daughters, Georgia Lee Millot and her husband, Marc Dean, and Sally Lee Blanchard and her husband, Steve, both of Concord.

Mary Lee has requested that, in lieu of flowers, any memorial gifts be made to the TCS Scholarship Fund. Trinity Christian School, 80 Clinton Street, Concord, NH 03301.

## REOPENING OF PUBLIC BUILDINGS | CONT'D FROM PAGE 1

### BAKER FREE LIBRARY

The Library is open 10:00 a.m. to 6:00 p.m., Monday through Friday and 10:00 a.m. to 4:00 p.m. on Saturday. We are currently circulating materials through reserve pick up and closed-stacks requests. There is no browsing of the collection, public computer access, or access to study tables at this time. We are offering a virtual summer reading program.

### HEALTH AND SAFETY GUIDELINES

Please remember that COVID-19 is still in the community as facilities reopen; your cooperation maintaining social distancing and appropriate hygiene measures is appreciated. For your health, and the health of others, we recommend that you use hand sanitizer and wear a cloth face mask while in a Town building. If you do not have a face covering, masks and hand sanitizer they will be available at building entrances. Also, remember to follow CDC social distancing guidelines and stay 6' apart as much as possible. We want all Town employees and visitors to feel as safe as possible.

### PUBLIC BUILDING USE AND RENTALS

The Community Building, Old Town Hall and the Municipal Building remain closed for use by organizations, individuals, and public gatherings. This is subject to change depending on many factors, including State Guidelines, liability issues, and maintenance and sanitization requirements.

### PUBLIC MEETINGS

Executive Order #12 as issued by Governor Sununu remains in effect, which allows Board, Committee and Commission members to participate virtually. Please note that Town board, committee and commission meetings will continue virtually via Zoom. See meeting agendas on our website for instructions on how to access each individual meeting. The Town will continue to provide remote participation for citizens via Zoom for the foreseeable future.



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This three hour camp is geared toward the younger dancer.

**Week:** July 20, 21, 22, 23, 24  
**Time:** 9: 00 am—12:00pm  
**Ages:** 3-6 years old  
**Cost:** \$120 Bow Resident  
\$125 Non Resident  
**Location:** Dance Inspirations  
248 Sheep Davis Road  
in Concord  
**Instructor:** Dance Inspirations

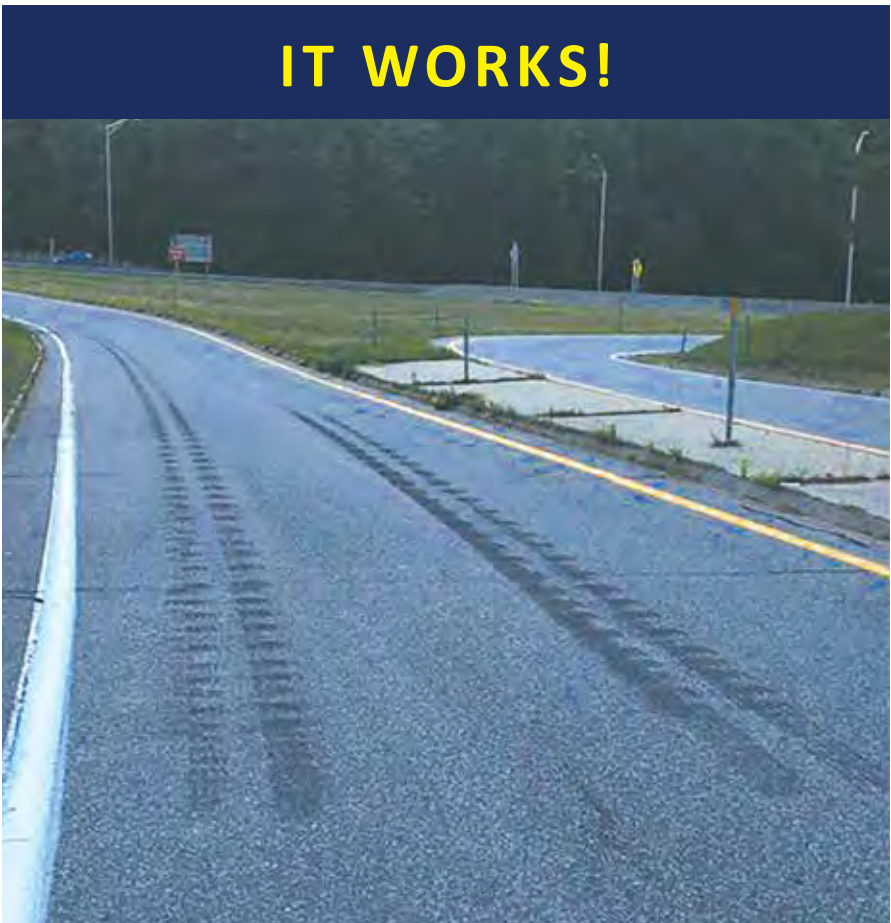


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This three hour camp is geared toward the slightly older dancer.

**Week:** July 20, 21, 22, 23, 24  
**Time:** 9: 00 am—12:00 pm  
**Ages:** Grades 1-6 Fall 2020  
**Cost:** \$120 Bow Resident  
\$125 Non Resident  
**Location:** Dance Inspirations  
248 Sheep Davis Road  
in Concord  
**Instructor:** Dance Inspirations

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