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## **DO UNTO OTHERS...** By Donna Deos



Do Unto Others...

... As you would have them do unto you. That's a familiar quote, now isn't it?

Why would I bring this up now? Well, because as I write this it is just prior to the mid-term election. Yes, I do prefer to stay out of the political fray, however, as we know from 2 years ago – it got pretty ugly and has seemed to stay there. So, when you read this, the elections will be over, but no matter which way it goes, I think we all need to remember the golden rule listed above.

Let's face it, people are people. We come to be how we are through the lives we've led up until this point. Each and every one of us is unique. Sure, sometimes we can fall into groups or categories, but in that space we are still our own unique selves. Giving you confidence and control in life's toughest situations. Coll Now! Donna Deos, LLC Spiritual Teacher & Transitions Specialist Counseling, Coaching & Education for senior citizens and their adult children regarding the challenges of aging 1-855-772-2622

So, when you look at others, try not to judge. Try to just be a kind human being looking at another kind human being. Treat them with kindness as you would want them to do to you. Treat them with compassion as you would want them to do to you. Treat them with respect, positivity and loving thoughts and actions, as you would want them to do to you.

Sure, they may think, act and believe in ways that you do not. That does not make them wrong, bad, evil, stupid or anything less than what you are. They are just different than you. Treat them as you would want them to treat you.

We all have friends who we get to know, we enjoy them, we really admire them and we come to love them. Then, one day we find out they vote the opposite of what we do. Oh no, too late. We are already invested in them. Yikes! What will we do? Well, they made the same discovery at the same time that you did. How did they treat you - any differently? If yes, maybe you don't want to be their friend. If no, then there you go. This is another person who treats you as they would want you to treat them. Be the friend you would want to have.

Okay, it's that simple. Do unto others as you would have them do unto you.

Until next month, take good care of yourself and those who do not think, act or believe as you to. All my best,

Donna



Here's to another year of giving thanks for all our blessings.

Happy Thanksgiving wishes for everyone!

Hope this season is filled with lots of happiness and joy, wealth, and prosperity. May your home be filled with love on this wonderful occasion.

## MURDER MYSTERY PLAY & DINNER

The Bow Mills United MethodistChurch, 505South St., Bow, NH presents "And The Old Man Died" play and dinner on Friday, November 16, 2018 at 6:00 PM, and Saturday, November 17, 2018 with two shows: 12:00 noon and 5:00 PM.

The audience will be challenged to solve the "who done it," and a delicious meal will be served.

TICKETS: \$20/Adults; \$7/kids and 5 and under free (includes dinner, show and clues.) Reservations Required. Call 603-225-3219 or 603-496-4534.

## The Bow Heritage Commission Will Be Displaying Recently Received Native American Artifacts Saturday Nov 17th Thursday Dec. 13th Saturday Dec. 22nd 10 AM to 2 PM Downstairs at the

Baker Library Heritage Room



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