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BANK SMART, BANK EASY AND BANK SAFE IN 2023!

You can easily make the transition to digital banking to enhance your ability to manage your finances and enjoy the freedom that it affords. We offer a variety of ways to help you understand and manage your financial life with ease and accuracy. Look no further than your Hometown Bank!

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Digital banking with Sugar River Bank's Money Manager feature makes managing your money easier with our straightforward tools to help you achieve your financial goals. Create budgets, track spending and earnings, monitor credit card and account balances and view investments in one easy-to-read, color-coded chart. Our cashflow calendar helps you view your monthly spending requirements and helps you gauge other spending throughout the month. You can pay off debt or save for a special vacation. Whatever your personal goals are, our digital banking apps can help you achieve them. To assist you even more, we have a short video-link on our website as well as a downloadable PDF on how to use the Money Manager feature.

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The encrypted security feature means your private information remains that way; private. At Sugar River Bank, we take your privacy and protection seriously. You can set up alerts and use them as additional protection against fraud on all of your financial accounts; including accounts from other institutions. The easy-to-read app interface makes tracking your transactions across all your accounts simple and straightforward. Monitoring your accounts on a regular basis is a positive step you can take to further protect yourself against fraud. Our website, sugarriverbank.com, has additional links and resources for you to learn about money management and fraud protection.

As your Hometown Bank we continually strive to make banking better, safer and easier. We value all of our customers, digital or walk-in, and that's why we offer superior customer service. If you love our in-person customer service then you'll feel right at home banking digitally with us too. We have dedicated staff ready to assist you as part of our digital banking experience. If you haven't given Sugar River Bank a try then come in and see us, visit our website at sugarriverbank.com or follow us on Facebook and, experience Your Hometown Bank difference.



HAPPY NEW YEAR!

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QUIZ 2023

We began January 2022 with a stimulating game, and I thought it would be 'fun' to start the new-year with a repeat quiz, but with a new cast of characters; mixing the history of some well-known people with their medical diagnoses. I will give you some key details, and you will try to identify the famous, but ill, person. The answers are at the bottom of the article.

Giving credit where credit is due: my selections have come from the work of Thomas Meissner, MD:

CASE 1: He is a composer. While playing Sonata No 2 Op 35 in a private concert in 1848 he abruptly stopped his performance and left the room. He had seen creatures emerging from the piano and was frightened. The medical thought is that he suffered from temporal lobe epilepsy.

CASE 2: Another famous musician. He suffered from migraine-like headaches, dizziness and olfactory hallucinations. In 1937 he was taken unconscious to Cedars of Lebanon Hospital in Los Angeles. He had significantly elevated blood pressure and was found to have a glioblastoma multiforme in his brain. Five hours after surgery he was dead.

CASE 3: Not known as a musician, but as a famous artist. He sharpened the lead painted brush bristles by using his lips, and he held the paint covered handles in his mouth. In the 1800s he also could have consumed lead in the water from lead pipes, tobacco and coal dust. Accumulation of lead in his body caused peripheral neuropathy. There remains much speculation about his eccentric personality.

CASE 4: He wrote the outline to his famous work on the Scottish Hebridean island of Jura in 1946. For eighteen months, without electricity and warm water, he lived and wrote in that cold and damp climate. He was coughing up blood, feverish and losing weight. His literary work was published in 1949, and he died 6 months later. His underlying medical condition was tuberculosis.

CASE 5: Despite having survived oral cancer for 16 years, this physician (1856-1939) kept working and seeing patients past age 80. He had major parts of his right maxilla, mandible, and soft palate removed. Eating and talking were difficult.....as was the smoking of his beloved cigars (which might well have been the etiology of his oral cancer!).

CASE 6: During his imprisonment for "sexual offenses" from 1895-1897 this Irish playwright developed an abscess in his right ear. In 1900 the infection had spread to his mastoid. He was housed and cared for at the Parisian Hotel d'Alsace and was visited 68 times by an ENT specialist. Eventually, under chloroform anesthesia, a radical mastoidectomy was performed in the hotel room. He died 10 weeks after entering the hotel from meningoencephalitis.

CASE 7: This famous actor (1907-1979) had a lobe of his left lung and four ribs removed in 1964 to treat a golf ball sized cancer. In 1978 he had open heart surgery to replace his mitral valve. Then, a year later, he was emaciated and had abdominal pain. He underwent a 9-hour operation for stomach cancer. His children donated a large amount of money to the UCLA Medical Center in Los Angeles, which became a renowned cancer research center that bears his name.

ANSWERS: Case 1: Frederic Chopin; Case 2: George Gershwin; Case 3: Vincent Van Gogh; Case 4: George Orwell; Case 5: Oscar Wilde; Case 6: Sigmund Freud; Case 7: John Wayne.

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